



“Once a Talon...Always a Talon!”
GLENEAGLE TALON TALK
DAY 1 – Monday, December 1st, 2025

THE EAGLE’S NEST WILL BE OPEN
Monday, December 1st, 2025
LUNCH MENU

- Soup** Potato and leek with smoky pancetta
- Entree** Linguini in a mushroom Alferdo sauce with parmesan garlic toast
- Dessert** Mable Bundt cake with chocolate frosting

Student Bell Schedule
2025-2026

Monday	Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X	7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1	9:00 - 10:20	9:00 - 10:00	9:00 – 10:00	
2	10:25 – 11:50	10:05 – 11:10	10:05 – 11:05	
Assembly			11:05 – 12:25	
LUNCH	11:50 - 12:30	11:10 - 11:50	12:25 – 1:05	
3	12:35 – 1:55	11:55 - 12:55	1:10 – 2:10	
4	2:00 - 3:20	1:00 – 2:00	2:15 – 3:15	
5	3:25 – 4:45	2:05 – 3:05	3:20 – 4:20	

ATTENTION: ALL STUDENTS

WELCOME
Ms. Zamani, Ms. Abaei, Mr. Smalley, Ms. Davis, Ms. Nejad, Ms. Von Riesen, Ms. Kiya, Ms. Duarte, Mr. Gosling, Mr. Rogula, Ms. Mao, Ms. Nguyen!

SEMESTER 2 COURSE CHANGES
If you are hoping to change something in your schedule for semester 2, there will be an opportunity to submit requests through a **MS Form** in the last week of semester 1 classes. **Please do NOT contact your counsellor individually to ask for changes. Check your counsellor’s Team on January 12th for a post about course changes and a link to the Form.**

WINTER FORMAL TICKET SALE IN THE FOYER
Hey Talons, Winter Formal is coming up on December 10th from 6pm – 8pm in the gym! There will be food, games, and a DJ so don’t miss out on the fun and buy your tickets now! Sold in the foyer for \$20!!

ATTENTION ALL GRADE 9's

You are all invited to attend the COAST Information Meeting on Wednesday, December 3rd in the COAST Room (104). Application Forms and Brochures are now available in Room 104. A short video and Ex-Coast students will be available to answer questions at the meeting next week.

ATTENTION ALL ANIMAL LOVERS!

Staff in room 119 are collecting towels, blankets and animal accessories to help with our furry friends over the holidays. Any donations can be dropped off in room 119 until Friday December 12th. **If there are any questions, please check in with Ms. Young in room 119.**

ATTENTION ALL ATHLETES!

If you're interested in improving your speed, agility, coordination and quickness as well as work on your strength in the weight room, come to the gym **WEDNESDAY AND FRIDAY MORNINGS 8:00 AM**. Mr. Quinto and special guests from in and around the community will help you achieve your athletic goals!

ATTENTION ALL STUDENTS!

Starting **today until December 12th**, our senior Leadership Class is proud to bring back Project Angel. In the foyer, you'll find a decorated Christmas tree filled with ornaments, but these aren't just any ornaments. Each one represents a local child, and their Christmas wishes this year. Project Angel is a schoolwide toy drive. Bring new, unwrapped gifts to support your local children in need- **PLUS** the class that brings in the most gifts by Dec. 12th wins a PIZZA PARTY on the 17th, so swing by the foyer, choose a wish and donate a toy!

PLEASE AVOID WEARING OR USING SCENTED PRODUCTS WHILE ON CAMPUS

A reminder to all students to please avoid wearing or using scented products while on campus. Fragrances can cause allergic reactions or health issues for some members of our community. Thank you for helping us maintain a safe and inclusive environment.

CLUBS

MUSICIANS NEEDED!

TODAY is the LAST day to sign-up to perform at the Coffee House on December 12. If you have musical talent, **sign-up via the link in our bio or QR codes around the school TODAY!**

POST-SECONDARY & CAREER RESOURCES

POST SECONDARY AND CAREER ADVISOR

Grade 11 and 12 students are invited to join my TEAMS page. Look for important information regarding University, College, and technical school presentations, admission deadlines and program updates. Important upcoming scholarship information is posted as well as volunteer and work opportunities.

For an appointment, please email Mrs. Milde cmilde@sd43.bc.ca