



*"Once a Talon...Always a Talon!"*

**GLENEAGLE TALON TALK**  
**DAY 1 – Tuesday, September 9, 2025**

**THE EAGLE'S NEST WILL BE OPEN**  
*Tuesday, September 9, 2025*  
**LUNCH MENU**

**Soup** Ratatouille  
**Entree** Teriyaki burger with togarashi fries  
**Dessert** NY cheesecake with chocolate sauce

**Student Bell Schedule**  
**2025-2026**

Monday		Tuesday	Wednesday	Thursday	Friday
EARLY DISMISSAL BELL SCHEDULE		REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE
BLOCK		REGULAR (80 minutes)	EARLY DISMISSAL (60 minutes)	Assembly Schedule (60 minutes) These dates will be announced as assemblies occur	
X		7:36 – 8:56	7:55 – 8:55	7:55 – 8:55	
1		9:00 - 10:20	9:00 - 10:00	9:00 – 10:00	
2		10:25 – 11:50	10:05 – 11:10	10:05 – 11:05	
Assembly				11:05 – 12:25	
LUNCH		11:50 - 12:30	11:10 - 11:50	12:25 – 1:05	
3		12:35 – 1:55	11:55 - 12:55	1:10 – 2:10	
4		2:00 - 3:20	1:00 – 2:00	2:15 – 3:15	
5		3:25 – 4:45	2:05 – 3:05	3:20 – 4:20	

**ATTENTION: ALL STUDENTS**

**WELCOME**

Ms. Tsamkiranis, Ms. Mao, Ms. Tan, Ms. Nguyen

**QUEBEC TRIP**

Are you interested in travelling to Quebec in February 2026? We will fly to Quebec for 6 days to see the Carnaval, go snowshoeing, try traditional foods, sightsee, and visit Montreal. If interested, **see Madame Lee in room 219 for more information.**

**GLENEAGLE SCHOOL CLOTHING SALE IS ON NOW!**

This year we are offering the largest variety of Glen Gear — hoodies, T-shirts, baseball caps, crew necks, and more! Visit [www.gleneagle.org](http://www.gleneagle.org) and click on Quick Links > School Clothing to place your order. ⌚ Hurry — the **deadline to order is September 14th!** Don't miss your chance to gear up and own some Gleneagle Swag!

## MOVIE CLUB

Movie club is running in room 111 at lunch - come watch movies on the big screen and unwind.

## GRADE 12'S

### ATTENTION ALL GRADE 12'S!

Attention grade 12's!!! If you have not bought your tickets for Sr. Sail, please do so ASAP as the cutoff date is fast approaching to ensure we have enough sales. Tickets can be bought on school cash online. **Any questions see Mrs. Demonte**

## CLUBS

### MATH CONTEST CLUB

Are you interested in challenging yourself with problem solving and math contests this year? The math contest club is now open for fall contest sign-ups! **If interested, you can find our posters around the school. Scan the QR code, fill out the form to sign-up. Registration closes on October 4<sup>th</sup> so don't miss out!**

## SPORTS

### BOYS VOLLEYBALL INTEREST MEETING!

Any Boys in Grades 9-12 that are looking to play Volleyball this Fall are to attend an interest and info session this **Wednesday, September 10th at 4pm in the main gym. If you have any questions, email Mr. Comeau or see him during non-teaching hours. GO TALONS!**

### BOYS SOCCER

Attention all boys interested in trying out for our soccer team. We will hold **tryouts starting TODAY (Tuesday) right after school on our field. You must bring soccer boots, shin pads and water with you. See Coach Abbinante and Coach Kennedy if you have questions.**

### JR. & SR. GIRLS VOLLEYBALL

Attention all girls interested in trying out for this year's jr. and sr. girls volleyball teams. We will be having a brief **meeting TODAY, Tuesday at the beginning of lunch in GYM C.**

### LUNCH TIME OPEN GYM SPORTS!

Hey Gleneagle! Lunch time open sports is back! Come down to the main gym to work on your skills for volleyball, basketball, badminton, and other sports. No food or drink please! You must be in appropriate active wear and footwear. Space is limited, so arrive early. Open Gym sports will take place Monday-Friday between Intramural leagues, and then only Wednesdays and Fridays during Intramural leagues. **Any questions, see Mr. Comeau in the PHE Office.**

### ATTENTION ALL STUDENT ATHLETES IN GRADES 9-12!

The Fall sports season is upon us and it's time to get yourselves registered for anything you want to get involved in!

- Junior/Senior Boys and Girls Volleyball
- Cross Country (all grades)
- Aquatics (all grades)
- Girls Field Hockey (all grades)
- Boys Soccer (all grades)

Use the QR Codes located in and around the Main Gym and on the Athletics Information loop on the TV above the entrance to the MPR to connect yourself to the Microsoft Form to get started. **Coaches will be having interest meetings in the coming days so please listen to the Talon Talk and follow @gleneagleathletics on Instagram for all the latest information you need to join a team.** If you have any questions, please see Mr. Comeau in the PHE Office during non-teaching times or email him directly. GO TALONS!

## POST-SECONDARY & CAREER RESOURCES

### CAREER ADVISOR'S MICROSOFT TEAMS PAGE

Attention Grade 12's. The Post Secondary and Career Advisor Team's page is now up and running. Look for important dates and information regarding University, College, and all other post secondary institution admission, programs and updates. **Send Ms. Milde [cmilde@sd43.bc.ca](mailto:cmilde@sd43.bc.ca) a message on Teams with any questions, or pop by my office right next to room 225.**