



SHELLY ZHOU AND KENDRA SEGUIN PHOTO

## Talons unite to show school spirit

**SPIRIT WEEK SIZZLE:** Throughout the year, Gleneagle hosts many spirit weeks with a variety of coinciding events. Left: Members of Gleneagle’s vocal jazz sing at the school’s annual carnival, where there are also club-run games, food, and performances. Top right: **Elisa Testa** and **Cassidy Toomey**, both alumni, see double during twin day. Bottom right: **Megan Kenney-Spence**, grade 12, shows off her spirit by sporting her grade colour.

# Testing high school waters better than diving into deep end

**AMANDA DING**  
Edge columnist

High school is a time when many students start new trends, clubs, or even new lives. Incoming students can often find exciting communities to join.

In addition to a variety of clubs and sports, Gleneagle offers many distinct programs and academics such as journalism, musical theatre, and Con-X.

With a lot of choices available, it is not hard to find a new group of friends and be a part of the school community.

However, with many programs, it can be overwhelming for new students to find specific places in the school to call home.

Many seniors and teachers give similar advice to new high school students: get involved within the school, join clubs, be a part of a sports team, and maintain a study schedule.

Even though these are all great things and a sure path to success in the future,

the workload and commitment from middle school to high school is huge a leap.

In the final year of middle school, many are unsure of which programs or clubs in high school would help them with their goals for the future, and some have not even considered what career they wish to pursue. By getting over involved, students may struggle to stay committed.

Adjusting to secondary school life can be difficult. Students must adjust to many new expectations and responsibilities: having different students in each class, bringing devices like laptops, and making academic choices. With a big school like Gleneagle, even finding where classrooms are can be a challenge. On top of all those things, there is the

pressure to get involved in the school.

As a result, grade 9’s need to thoughtfully consider their criteria for joining a club. Will it look good on a resume? Will it offer a broader experience? Will it help to build the school community?

Instead of trying to join every club or program possible, it may be better to test the secondary school waters than to jump right into the deep end.

It is important to learn more about a program, the time commitment it requires, and what it has to offer. By thinking ahead, new grade 9 students can make more meaningful and manageable connections to their new school community.

On Club Day, it may seem overwhelming to choose a club to join. However, many senior

students understand this challenge. It never hurts to inquire more about an unfamiliar organization, and it can help make decisions that will open a new chapter in secondary school life.

Secondary school should not be a race to pile on workload and bring overwhelming pressure and stress.

It might seem tempting to branch out in diverse areas and explore all the different communities of Gleneagle, but sometimes, it is better to take things slowly to truly reflect on the impact someone’s actions within the school can do.

High school can be intimidating; everything is documented on a transcript and may determine the future of many students.

However, by slowing down on applying for all of the available clubs and sports teams, it is easier to make long-lasting relationships in one or two interesting clubs.

Getting involved in clubs is great for a transcript, but creating memories in those clubs is most important.

“ Instead of trying to join every club or program possible, it may be better to test the secondary school waters than to jump right into the deep end.”  
—Amanda Ding  
Edge columnist

## BELLSCHEDULE

Period	Regular M/W/F	Early Dismissal	Assembly
1	8:00 — 9:20	8:00 — 9:12	8:00 — 9:00
2	9:25 — 10:45	9:17 — 10:29	9:05 — 10:05
3	10:50 — 12:10	10:34 — 11:46	10:10 — 11:10
LUNCH	12:10 — 12:50	11:46 — 12:26	11:10 — 12:30 / Assembly 12:30 — 1:10 / Lunch
4	12:55 — 2:15	12:31 — 1:43	1:15 — 2:15
5	2:20 — 3:40	1:48 — 3:00	2:20 — 3:20
Y	3:45 — 5:05	3:53 — 5:05	3:25 — 4:25

## ONtheCALENDAR

SEPTEMBER 3	School starts — Wings only
SEPTEMBER 12	Senior Sail
SEPTEMBER 13	School Photos
SEPTEMBER 20	Pro-D Day / Classes not in session
SEPTEMBER 27	Terry Fox Run
OCTOBER 14	Thanksgiving / Classes not in session
OCTOBER 18	Photo Retakes / Classes not in session
OCTOBER 25	Pro-D Day



ProgramPack

Art Department

With JumpstArt, Artistic Practice 12, and Headstart in Art programs, there are many opportunities to develop visual art skills.

COAST

This education experience for grade 10 and 11 students develops leadership, environmental ethics, and outdoor skills.

Con-X and Leadership

Contribute to the school culture and causes you believe in, while gaining valuable and life-changing insight into leadership.

Culinary Arts

The chef training program helps students acquire job-ready skills to enter the industry, or pursue further specialization.

Drama & Musical Theatre

Discover the power of acting as a means to achieve profound personal growth. Following last year's *West Side Story*, this year's *Legally Blonde* will be even bigger.

Journalism

Imagine being the student voice of Gleneagle? Join journalism and become part of the award winning tradition of The Edge.

JumpstART

This thematic grade 9 program is where students are given the chance to think outside, inside, and around the box.

Music Program

This award-winning music program offers courses like guitar, performance-based choir, jazz band, and concert band classes.

Stage Craft

& Theatre Production

Get a chance to design and build sets, create props, do sound design and mixing, run a lighting board.

TALONS Program

The only program of its kind in the district for gifted learners in grades 9 to 10, focuses on the Autonomous Learner Model.

Work Experience 12

This program that allows students to experience work in a field of their choice.

Yearbook

Take photos around the school and design pages for the yearbook to put a personal and creative stamp on the year.



Always in your corner

**GUARDIANS OF GLENEAGLE:** Here to help you when you need them are **Ken Cober**, principal, and vice principals **Mike Chan**, **Kim Cuellar**, and **Kelly Zimmer**. Occupying the other half of the main office are the counsellors who help with course selection, aspects of daily school life, and even personal issues. Students can also see youth workers specialized in helping those of Indigenous, Chinese, and Korean backgrounds as well as the work experience counsellor. The Career Centre, also located in the counselling area, is available for information about universities, scholarships and bursaries, jobs, and volunteer opportunities. The library, opposite the main office, has a wide variety of reading resources, as well as computers, printers, and even charging stations for student use.



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Snapshot of success

**SELFIE-REFLECTION:** **Jeffrey Guo**, alumnus, takes a selfie with **Ken Cober**, principal, on stage at the Queen Elizabeth Theatre on June 15. The commencement ceremony celebrated the graduating class of 2019, where students were presented with their diplomas and listened to speeches. Family, friends, and faculty were present to congratulate and commend the grads for their outstanding achievements. Notably, **Renée Boldut** received the Talon Award for exemplary leadership and extracurricular involvement. **Aileen Zhang** received the Governor General's Bronze Medal, awarded to the grade 12 student with the top overall academic grade percentages in all four years of high school. **Liz Gilder** was named top all-round student with the Eagle Award, for excelling in at least four of five categories: academics, athletics, visual and/or performing arts, leadership, and service. The ceremony closed with a valedictory speech delivered by **Ben Sigerson**, who was selected by student vote to represent the class of 2019.

TalonSpirit

Each year, there are over **50 SPECIAL EVENTS** designed to build community, school culture, and Talon spirit.



Fall

Grade 12 students have **SENIOR SAIL** and **GRAD PHOTOS**. The **FALL MUSIC CONCERT** is one of four performances by Gleneagle's award-winning music program.

Student Council hosts **FALL SPIRIT WEEK**, and students compete in the **HALLOWEEN FASHION SHOW**.

**REMEMBRANCE DAY** and motivational speakers unite students.

Grade 9 students partake in **TAKE OUR KIDS TO WORK DAY**.

Me to We hosts their **COFFEE HOUSE** to raise funds to support education in Tanzania.

Winter

Theatre students prepare and compete at the annual **METFEST COMPETITION**.

Student council heats things up with the yearly **WINTER FORMAL DANCE**.

In the spirit of giving, the **SHARE SOCIETY PROJECT ANGEL TOY DRIVE** supports families in the community.

Just before winter break, there is the **CHRISTMAS MUSIC CONCERT**.





ClubCollection

Business Club

Make some pocket money and improve your marketing abilities.

Debate Club

Practice public speaking skills and have the opportunity to compete in tournaments.

Green Team

Promote environmental sustainability in the school and community.

Gender Sexuality Alliance

A safe and positive space for members of the LGBTQ+ community and allies for discussion, activism, and building community.

Improv Club

Train and improve improv skills in a fun and inclusive environment.

Japanese Cultural Club

Learn and discuss traditional and modern Japanese culture.

Key Club

Build leadership by planning various events for various causes, all for youth.

Math Contest Club

Improve your math skills by participating in national and global math contests.

Me To We

Support education in Tanzania by hosting a variety of fundraising events.

Outdoor Club

Participate in numerous exploration trips while connecting with nature and peers.

Photography Club

Learn how to use the cameras and understand advanced photography.

Rubik's Cube Club

Learn and improve Rubik's Cube skills while interacting with new people.

Student Council

Help build school spirit by planning events like the Winter Formal and Spirit Week.

Take Action Club

Share culture and develop a sense of multiculturalism within the school.

Youth Wellness Association

Help with causes surrounding mental health and wellness by planning various events and workshops.



TalonPride

The year ends with the COMMENCEMENT CEREMONY at the Queen Elizabeth Theatre, and the YEAR END MUSIC CONCERT.



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22 years, 194 championships

WINDWARD: Elena De Frutos Guerra, grade 11, takes a breath while swimming a long lap. The Gleneagle swimming team is coached by Mark Tustin, PE teacher. The training typically occur between 5:30 a.m. and 7:00 a.m. each practice day. The team has been a consistent performer, competing at the provincial level nearly every year. Last year, swimmers went to the B.C. High School Championship, and placed third in the relay race, and fifth, seventh, and eighth in individual competitions.

Fall Sports

Cross Country

Cross country is a sport that trains as a team, but at the end of the day, it is up to every individual to compete solo in races.

Field Hockey

Girls' field hockey finished top in the district. Field hockey is a fast and exciting team sport.

Soccer — Boys' Jr. & Sr.

The competition is fierce for Gleneagle boys' soccer. Tryouts will be held to determine who will be stepping up to defend Talons pride on the pitch. Last year, young talented players played for the senior team. The coaches are looking for more of the same.

Swimming

This team trains at the nearby CCAC. Opportunities exist for both individual and IM swimmers, as well as beginners. The swim team dominated the Fraser Valleys, and they took third place in the relay race in provincial.

Volleyball — Boys' Gr.9, Jr. & Sr.

Boys' volleyball players attend both practices and games to work as a team towards bettering their play. The team consists of many young players and welcome new members at every level.

Volleyball — Girls' Gr. 9, Jr. & Sr.

There are three different teams for girls volleyball. This allows for different skill levels to be properly worked with and developed. Each team offers opportunities for growth, learning and loads of exercise. The girls took fourth in the district final last season.

Winter Sports

Basketball — Boys' Gr. 9, Jr. & Sr.

Competing across the district, boys' basketball offers three teams who train hard and play hard on the court.

Basketball — Girls' Jr. & Sr.

The girls will be working to build up their abilities and compete for a spot in the tough Fraser Valley leagues. The girls won the Archbishop Classic tournament and Samuel Robert Technical tournament last season.

Wrestling

Wrestling at Gleneagle involves all grade levels and genders. Training starts in the fall, but competition begins in the winter. Aileen Zhang and Kitty Yang, both grade 12, placed top five in their respected weight classes at the Fraser Valleys last year.



KENDRA SEGUIN PHOTO

TUSTLING TALONS: Kitty Yang, alumni, brings her opponent to the ground.

Spring Sports

Badminton

Open to all grade levels, the players train together and compete district-wide.

Golf

This team, yet individual, sport is open to new members. Junior golf claimed the district title last year.

Netball — Girls' Jr. & Sr.

Netball is an exciting and competitive sport, and one of Gleneagle's strongest and most successful athletic programs. Last year, the junior girls won the district and provincial title as defending champions.

Rugby — Boys' Jr. & Sr.

Both teams offer a challenge unlike any other with a strong and reputable history.

Rugby — Girls' Jr. & Sr.

A sport that is both mentally and physically challenging, girls' rugby has a long and successful history at Gleneagle with several district and provincial titles in the books. Senior girls won two district titles last year and are in the top 5% of teams in BC.

Soccer — Girls' Jr. & Sr.

A packed and dynamic season is in store for those who join the girls' soccer team.

Table Tennis

Hard and fast, all are welcome to tryout for this exceptional team.

Track and Field

Everyone on the team gets the opportunity to compete at the districts, Fraser Valleys and beyond.

Student Council has the ever popular VALENTINE CHOCOLATE & FLOWER DELIVERY.

Con-X's SLEEP OUT FUNDRAISER raises awareness of youth homelessness.

Students in the TALONS program host GLENFEST, where students across the district showcase their talents.



Spring

The SPRING MUSIC CONCERT starts this season.

The TALK TO ME EVENING focuses on

anxiety and mood disorders. Grade 12's have CAPSTONE PRESENTATIONS. The VOW OF SILENCE raises awareness for missing and murdered indigenous women and girls.

"LEGALLY BLONDE" takes the stage in May. Dancers in the district compete in WE DANCE OFF.

June has the SPRING CARNIVAL, another SPIRIT WEEK, the GRAD DINNER AND DANCE, followed by the PAC supported AFTERGRAD.



# Compass, map to find way through first year of high school

ALEX ZHANG  
Edge columnist

Transitioning from middle to high school can feel like jumping out of the proverbial frying pan and into the fire. However, apart from a larger school and more difficult classes, not much will change.

The main hurdle incoming students must overcome demands personal responsibility and initiative in choosing their own path.

High school is made for students to explore. There are opportunities to immerse and distinguish oneself within the school community. Students are now in charge of their future, challenging themselves with various programs, and reaching new heights in their own personal achievement.

This may seem like a lot, but there are countless aids, such as this newspaper guide, or the office staff, and even senior students, can guide new students through these four years.

Next week, club day will be held in the gym, where Gleneagle clubs will showcase their programs. Students are encouraged to join

one or more clubs that best suit their interests.

Student council hosts events as well such as the spring carnival and spirit week.

“Get involved” is an overused expression, but only because it’s true. During these four years, sample the options, get informed, apply for student council, and try-out for athletic teams.

Like a compass and map, planners and calendars are great resources to help keep track of what’s to come. The school website, along with the school app, both offer up to date calanders with events.

Keep in mind that there are four whole years of high school to experiment with different programs in order to find what feels right. There’s no need to rush.

However, high school is also not the time to relax. The point of school is to help students build competencies for adulthood, such as time management, social skills, and leadership.

High school may be tough for some, and it’s easy to get lost, but with a little guidance, these four years will make up some of life’s fondest memories.



## TALONSTalk

With another school year starting, *The Edge* asked students and staff: “If you could go back to the first day of high school and give yourself a piece of advice, what would it be?”

“Keep up on assignments and don’t take things too seriously. Have more fun.”

—Adam Miller  
English teacher

ARTONA

“Don’t try to please everyone.”

—Mimi Kim  
Gleneagle alumnus

ARTONA

“Know your schedule and take a deep breath, everything will be all right”

—Mike Chan  
vice principal

ARTONA

“Be aware if your joke is funny or not.”

—Rowan Adrian  
grade 10

ARTONA

“Go reach out and make new connections. Don’t stay enclosed to your friend group.”

—Misha Popovich  
grade 11

ARTONA

“Just be yourself, smile and have a good time. Go with the flow.”

—Josh Laughlin  
grade 12

ARTONA

“Organize your stuff, especially in OneDrive. You need to organize everything.”

—Vincent Huang  
grade 10

ARTONA

“Do your work because if you keep saying you would and never do, people will lose trust in you.”

—Monica Guo  
grade 11

ARTONA


“Try to get as much work done in class or else you’ll procrastinate.”

—Lauryn Lee  
grade 12

ARTONA

“When working on a group project, be a cog in the workforce.”

—Yu-Heng Lim  
grade 10

ARTONA

“Try to be nice to all the teachers. They’re struggling and they have a life outside of school too.”

—Taranom Asadi  
grade 11

ARTONA

“Teachers are not as scary as you think. They’re all nice people.”

—Daylen Sawchuck  
grade 12

ARTONA