# <u>guidetoGleneagle</u>

SEPTEMBER 5, 2017 GLENEAGLE'S STUDENT VOICE SINCE 1997 VOLUME 21, ISSUE 1







CHRISTINE CHOE PHOTO

### Talons unite to promote school spirit

**ROARING SCHOOL SPIRIT:** In October, Talons celebrated spirit week in participating in various spirit activities and games such as tug-of-war, breakfast pancakes, wheelbarrow races, and dressing in different spirit colours based on their grade level. A grade 12 student posed under the Grad 2017 flag, with other two grade 12's, as they celebrated their grade's victory in the student council's hosted tug of war competition. A grade 11 is showing off her stylin' pose, bottom right, and three grade 12 student at the top right, celebrated school spirit.

## Talon tips, tricks on surviving, thriving during high school years

Think about how you want to end

your high school career and what you

should do to make it happen. You are

the one who has the power to decide

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3:45 - 4:50

**TIANA ZHAO** *Edge columnist* 

What exactly is high school? Of course, high school is those four years between middle school and university, but it is also the first step towards the future.

Almost every student feels lost once in a while throughout their high school career. On a smaller scale, they are not sure which class to take, which activity to join, or which sports to try. On a greater scale, they don't know which career path to pursue and what kind of adult to become.

However, there is one thing that to always remember: be yourself.

You are not a version of someone else, nor a puppet who does everything people tell you to do.

If you are an art lover, why hesitate to sign up for music, arts and drama courses?

No one else has the power to decide which classes you are going to take.

If you are interested in fundraising, why let geometry and arithmetic stop you from joining different clube? No one is forcing you to be a math

genius.

If you are a sports person, why let narrative and persuasive essays end the possibility of you showing your potential in a sports team? No one is demand-

ing you to get an A on those essays if the best you can possibly get is a B.

your life. "

Some people say that high school is all about succeeding and getting into a good

3:45 — 4:58

university, but it is really about making good memories and good times that will last forever.

Remember this: high school is about you and only you. Don't do something just be-

cause of your parents or because you think it is good for university application. Instead pursue your passions.

—Tiana Zhao If there's nothing that you Edge columnist think you are enthusiastic about,

then why not try different things and explore your interests during high school?

Join clubs, try sports that you enjoy, take courses that ignite your passions. High

school isn't really that hard and confusing.

Think about how you want to end your high school career and what you should do to make it happen. You are the one who has the power to decide your life.

There is a Chinese proverb which says "if we do not change our direction, we are likely to end up where we are going." So, when you feel tired, stressed, frustrated or hopeless, ask yourself: how do I want to end my high school career?

There is a bigger world out there. Bigger than getting the highest mark in class, getting on the honour roll, going to prom, and bigger than high school.

It won't matter if you are the prom queen, the top score on the team, the lead in the high school musical, or the biggest nerd.

The key thing is find out who you are: be that person and get the best out of your time in high school.

### BELLSCHEDULE—

#### Block | Regular M/W/F **Early Dismissal** Block | C-L T/Th Block | Assembly 8:00 - 9:208:00 — 9:10 8:00 — 9:13 8:00 - 9:059:25 — 10:45 9:10 - 10:152 9:15 - 10:269:18 - 10:312 10:50 - 12:1010:31 — 11:42 10:36 — 11:06 Assembly 10:15 - 11:30Cust. Learning 11:42-12:22 LUNCH LUNCH 12:10 - 12:5011:11— 12:24 11:30 - 12:10LUNCH 12:24 - 1:0412:55 - 2:1512:27 - 1:3712:15 - 1:202:20 - 3:401:42 - 2:521:09 - 2:221:25 - 2:303:45 - 5:053:55 - 5:052:27 - 3:405 2:35 - 3:405

### **ONtheCALENDAR**

UNLIECALENDAR	
SEPTEMBER 5	Wings only
SEPTEMBER 14	Senior Sail
SEPTEMBER 15	School Photos
SEPTEMBER 18	CL Time Begins Tuesdays / Thursdays
SEPTEMBER 20	Meet the Teacher
SEPTEMBER 22	District Pro-D Day
OCTOBER 9	Thanksgiving / Class not in session
OCTOBER 12	Interim Reports

### **Club**Collection

#### Art Club

A place where artists of all levels can get together to share and contribute their skills.

#### Book and Beyond

Help people enjoy reading while interacting with others who like to read.

#### **Business Club**

Make some pocket money and improve your marketing abilities.

#### Canadiana

International students can immerse in Canadian culture.

#### Debate Team

Learn to persuade and debate with your peers in a structured setting.

#### Free the Mind

Promote mental wellness while organizing fundraisers, events, and workshops.

#### HYPE Club

Bring change to the community by helping homeless youth get back on their feet.

#### Improv Club

Train and improve improv skills in a fun and inclusive environment.

#### **Intramurals**

Compete against other teams in a multitude of sports throughout the year.

#### Key Club

Build leadership by planning various events for various causes, all for youth.

#### LGBTQ+

Gleneagle embraces students of all orientations and gender. Share your experiences in a supportive and inclusive environment.

#### Math Contest Club

Improve your math skills by participating in national and global math contests.

#### Me To We

Responsible for building a school in Ecuador and spreading education as a solution.

#### Rubik's Cube Club

Learn and improve rubik's cube skills while interacting with new people.

#### Science Club

Come to share your common interest in science and have fun while you're at it!

#### Ski and Snowboard

Hit the slopes and enjoy up to three trips to nearby mountains, including Whistler.

#### Slam Poetry Club

Write and perform poetry in a safe and supoprtive community.

#### Social Justice Club

Discuss social issues and connect with others who want to make a difference.

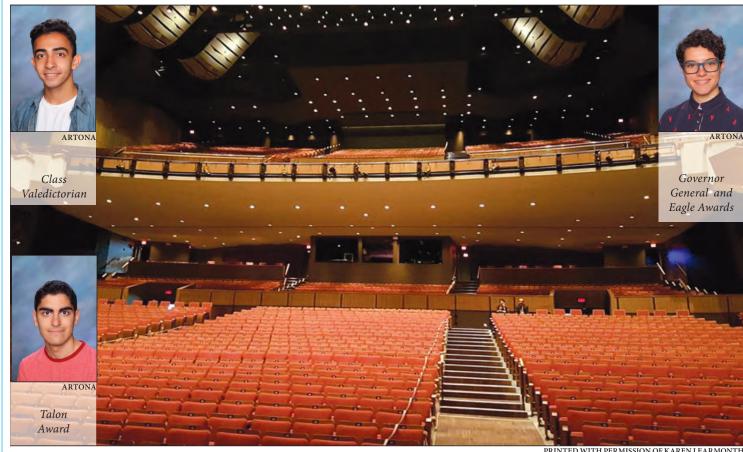
#### Student Council

Help build school spirit, partake in events like the Winter Formal and Spirit Week.



### Always in your corner

GUARDIANS OF GLENEAGLE: Here to help you when you need them are Ken Cober, principal, and Christine Potter-Smith and newly arrived Kim Cuellar, both vice principals. Occupying the other half of the main office are the counsellors who help with course selection, aspects of daily school life, and even personal issues. Students can also see youth workers specialized in helping those of indigenous, Chinese, and Korean backgrounds as well as the work experience counsellor. The Career Centre, also located in the counselling area, is available for information about universities, scholarships and bursaries, jobs, and volunteer opportunities. The library, opposite the main office, has a wide variety of reading resources, as well as computers, printers, and even charging stations for student use.



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### Awaiting the future

**READY, SET, GRAD!:** Empty seats stand ready to welcome the graduating class of 2017 at the commencement ceremony on June 18 at Vancouver's Queen Elizabeth Theatre. Family, friends, and faculty were present to congratulate and commend the grads for their outstanding achievements including a grade 12 who received the Talon Award for exemplary leadership and extracurricular involvement. Another grade 12 student received the Governor General's Bronze Medal, awarded to the grade 12 student with the top overall academic grade percentages in all four years of high school and was named top all-round student with the Eagle Award, for excelling in at least four of five categories: academics, athletics, visual and/or performing arts, leadership, and service. The ceremony closed with a valedictory speech delivered by a grade 12, who was selected by student vote to represent the class of 2017.

### **Talon**Spirit

Being a Talon means being part of something big. Each year at Gleneagle is filled over **50 SPECIAL EVENTS** designed to build community, school culture, and Talon spirit.

### Fal

New Talons start the school year with the **GRADE 9 PANCAKE BREAKFAST** organized by Con-X. Grade 12 students have **SENIOR SAIL** and **GRAD PHOTOS.** 

The **FALL MUSIC CONCERT** is just one of the four performances by our international award-winning music program.

Student Council hosts their FALL SPIRIT WEEK, and students get a chance to compete in the HALLOWEEN COSTUME SHOW.

**REMEMBRANCE DAY** and **MOTIVATIONAL SPEAKER** unites students at assembly.

Me to We hosts their annual **COFFEE HOUSE** event to raise funds for a water project in Ecaudor.

### Winter

Theatre students prepare and compete at the annual **METFEST COMPETITION.** 

Student council heats things up with the yearly **WINTER FORMAL DANCE**.

In the spirit of giving, the SHARE SOCIETY PROJECT ANGEL TOY DRIVE support families in our community.

Just before the Winter Break, there is the CHRISTMAS MUSIC CONCERT.





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### 20 years, 181 championships

OVERCOMING HURDLES TO REACH SUCCESS: A formal grade 12 student, as a part of the graduate class of 2017, earned a pretigious track and field scholarship to the University of Idaho after being an active member of the Gleneagle athletics department for four years. Teams have won 18 provincial titles, 19 district titles and 28 Fraser Valley banners in the school's 20 year history. With a 2005 BC School Sports award for Most Outstanding Sports School, Gleneagle is the place with the most comprehensive sports program offerings. With comprehensive on-site training facilities and a dedicated coaching staff, athletes can excel and achieve great success in all three seasons of competition.

### **Fall Sports**

#### **Cross Country**

Cross country is a sport that trains as a team, but at the end of the day, it is up to every individual to compete solo in races. The grade 11 girls, and grade 10 boys won a distric trophy.

#### Field Hockey

Girls field hockey finished 7th in the province. Field hockey is a fast and exciting team sport.

#### Soccer — Boys Jr. & Sr.

The competition is fierce for Gleneagle boys soccer. Tryouts will be held to determine who will be stepping up to defend Talons pride on the pitch.

#### **Swimming**

This team trains at the nearby CCAC. Opportunities exist for both individual and IM swimmers, as well as beginners. The swim team took several top ten finishes at BC championships.

#### Volleyball — Boys Jr. & Sr.

Boys volleyball players are in attendance at both practices and games to work as a team towards bettering their play.

### Volleyball — Girls Gr. 9, Jr. & Sr.

Three different teams for girls volleyball. This allows for different skill levels that can be properly worked with and developed. Each team offers opportunity for growth, learning and loads of exercise. The girls takes fourth in distict final.

### Winter Sports

### Basketball — Boys Gr. 9, Jr. & Sr.

Competing both in our home gym, and across the district, boys' basketball offers three teams who train hard and play harder on the court.

#### Basketball — Girls Jr. & Sr.

The girls will be working to build up this program and compete for a spot in the tough Fraser Valley leagues.

#### Wrestling

Wrestling at Gleneagle involves all grade levels and genders. Training starts in the fall, but competition begins in the winter. This strong athletics program is rewarding, with a grade 11 wrestler that took the fourth placing in the province last season.



RENEE BOLDUT PHOTO

**TUSTLING TALONS:** Two grade 12's students powerfully practice.

### **Spring Sports**

#### **Badminton**

Open to all grade levels, the players train together and compete distictwide.

#### Golf

This team yet individual sport is open to new members.

#### Netball — Girls Jr. & Sr.

Netball is an exciting and competative sport, they had an amazing season with the junior girls placing second at provincials, and they are lookinhg to win the provinical title this year.

#### Rugby — Boys Jr. & Sr.

Both teams offer a challenge unlike any other with a strong and reputable history.

#### Rugby — Girls Jr. & Sr.

A sport that is both mentally and physically challenging, girls rugby offers the opportunity to delve into this exceptional sport.

#### Soccer— Girls Jr. & Sr.

A packed and dynamic season is in store for those who join Gleneagle's only female soccer team.

#### Tennis

Hard and fast, all are welcome to tryout for this expetional team.

#### Track and Field

Everyone on the team gets the opportunity to compete at the districts, Fraser Valleys and beyond.

### **ProgramPack**

#### Art Department

With JumpstArt, Art Careers 12, and Headstart in Art programs, there are numerous opportunities to develop visual art skills.

#### COAST

This education experience for grade 10 students develops leadership, environmental ethics, and outdoor skills.

#### Con-X and Leadership

Contribute to the school culture and causes you believe in, while gaining valuable and life-changing insight into leadership.

#### **Culinary Arts**

The chef training program helps students acquire job-ready skills to enter the industry, or pursue further specialization.

#### Drama & Musical Theatre

Discover the power of acting as a means to achieve profound personal growth. Following last year's record breaking *Shrek: the Musical,* this year's *Beauty and the Beast* will be even bigger. Auditions happen in early September for both the May musical and Metfest's *Avenue Q* 

#### Hairdressing Program

Do you have a dream of opening your own salon? Learn how to cut, style, and colour in this one year program.

#### Journalism

Imagine being the student voice of Gleneagle? Join the journalism program and become part of the award winning tradition of The Edge.

#### **JumpstART**

This thematic Humanities and Fine Arts grade 9 program is where students are given the chance to think outside, inside, and around the box.

#### Music Program

This award-winning music program offers courses ranging from guitar to performance-based choir to jazz band as well as concert band classes.

#### Stage Craft & Theatre Production

Get a chance to design and build sets, create technical props, do sound design and mixing, run a lighting board, and support actors in the performance of shows.

#### TALONS Program

The only program of its kind in the district for gifted learners in grades 9 to 12, focuses on the Autonomous Learner Model.

#### Work Experience 12

This program that allows students to experience work in a field of their choice.

#### Yearbook

Take photos around the school and design pages for the yearbook to put a personal and creative stamp on the year.

The PUPPY DE-STRESSER and the KARAOKE NIGHT come in January to ease the pressure of exams.

The **TALENT SHOW**, sponsored by Musical Theatre, is a great event that showcases numerous talented Talons.

Student Council has another SPIRIT ASSEMBLY and the ever popular VALENTINE CHOCOLATE & FLOWER DELIVERY in February.

The annual MURDER MYSTERY FUNDRAISER has teachers taking on

acting parts for a dinner with sinister results to raise funds for the Musical Theatre program.

### **Spring**

The GALA JAZZ DINNER followed only a few days later by the SPRING MUSIC CONCERT starts this season. The SLEEP OUT FUNDRAISER for homeless youth and the TALK TO ME EVENING that focuses on anxiety and mood disorders, puts the spotlight on helping others.

Grade 12's have **EXIT INTERVIEWS** and all students have the **VOLUNTEER FAIR** to get involved in the community.

The TERRY FOX ASSEMBLY & RUN happens in April.

**SISTER ACT**, this year's musical, takes the stage in May with six evening performances.

June has the GRADE 12 GIRLS SLUMBER PARTY, another SPIRIT WEEK, the GRAD DINNER AND DANCE, followed by the PAC supported AFTERGRAD.



The year ends with the
COMMENCEMENT CEREMONY at the
Orpheum Theatre, the TED X YOUTH
SPEAKING EVENT, and
the YEAR END MUSIC
CONCERT

## Fulfilled time at Gleneagle means embracing change

Edge columnist

High school. Some people are excited about it, and some people are terrified of it.

There are factors that make high school seem like a terrible environment, such as raised expectations and higher stress levels.

Although students are often pressured by parents to do nothing but study hard and to ultimately get into a good university, this way of thinking will not create a desirable time at high school.

While academics are important, getting involved in the assortment of activities offered will allow you to further enjoy your experience at Gleneagle.

There is a broad spectrum of extracurricular activities available. The Me to We club holds several fundraisers throughout the year to build a school in Ecuador, while Canadiana is a great way for international students to familiarize themselves with Canadian culture.

Clubs are not the only things

offered at Gleneagle. Sports are a huge part of this school's culture: whether it is basketball, rugby, or the hugely successful field hockey and netball teams, there is a sport available for everyone.

For new students, the choices can be a bit overwhelming. The questions you often ask yourself are "Where will I fit in?" or "What if I'm not good enough?"

No one truly knows the answers to these questions until they have sampled everything offered.

It is normal for choices to change. Change is something that everyone will experience at some point in their high school years. It is scary and you will feel unsure at first, but in the end, your experiences will help you develop into the best version of yourself.

So, stop worrying about how you are going to survive the next four

As a student entering my third year at Gleneagle, I can guarantee that if you get involved in activities that pique your interest and embrace change, you will have a fulfilled high school experience.



With another school year upon us, *The Edge* asked students and staff:

"If you could go back to the first day of high school and give yourself a piece of advice, what would it be?"

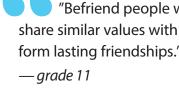
ARTONA

Enjoy exploring the school community! Don't confine yourself to anything!"

— grade 10



"Befriend people who share similar values with you to form lasting friendships."



Get involved with the community! School clubs and sport teams can help you make new friends and find your passion."

— *grade* 12



Get involved. Don't be afraid to take risks. Be confident."

> -Brian Unger history teacher

Enjoy high school, be outgoing, and don't hesitate to try new things."

grade 10



"Don't be afraid of change. You will change throughout your time here, but it's all a part of growing up.

— grade 11

Diversify your high school life and don't be afraid to fail. Nothing is impossible until you try it!"

— grade 12



Be yourself and build connections, then the rest will be easy."

-Adam Hayes leadership teacher

Pay attention in class and do your homework!"

– grade 10



Explore all your options! Find your passion and stick to it."

— grade 11

Don't be afraid to be yourself, and find the people who love you for it."

— grade 12





Don't be afraid to ask questions. The library is always open for you!"

—Jo-Anne Leblond librarian

### theEdge

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Since 1997, The Edge has been the independent voice of the students of Gleneagle Secondary: 1195 Lansdowne Drive, Coquitlam, BC, Canada, V3B7Y8 604.464.5793 / 604.937.8054.fax / theEdge@SD43.bc.ca

The Edge is a member of the Quill and Scroll Society and has been been recognized with International First Place Awards (1999, 2003, 2009, 2010, 2011, 2012, 2013, 2014, 2016) and George H. Gallup Awards (2000, 2001, 2002, 2004, 2005, 2006).

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