



JAZZING THINGS UP: The music department showcases their talent at this year's first concert, including senior jazz band members as three grade 12s take up their instruments to start the year off on a high note.

Fall concert showcases *Talon-ted* musicians

CLAIRE MOON
Staff reporter

The music of eastern Canada filled the air on Wednesday as Gleneagle's musicians showcased their talent at the fall concert in the MPR. All five branches of the music department performed.

"We actually have a sort of theme for this concert, which is songs from eastern Canada," said **Joanna Giannopoulos**, grade 12. "One of our songs was called Canadian Folk Song Rhapsody, and as its title says, it's a compilation of a bunch of Canadian folk songs."

The junior, senior, and jazz bands, choir,

and vocal jazz, have been practicing for over a month to prepare for this performance.

The repertoire of the band and vocal group was quite distinct this year, especially senior band.

"Some of the songs we played had very specific melodies and were easy to catch on to, while others were more technical and required lots of practice," said Giannopoulos. "But we have a very strong group this year, so that made it easier."

Many students were new to the music program this year. "The new students have really stepped it up," said **Eddie Trovato**, music department director. "The grade 9's, especially, are always in for a bit of a shock

when they go into this first concert, since Gleneagle's music program is so fast-paced. But, they adjusted quickly and learned quickly, and the results of their work really showed in the concert," added Trovato.

"There was a lot of spirit, with the amount of new musicians," said **Esther Cha**, grade 10. "We had a great turnout, and it's nice to see all of the parents and other family members in the audience."

"The concert definitely brought a sense of community within the music program, as it always does," commented Giannopoulos. "We all share the same love for music, and we were all trying our best to produce the best concert possible."

Halloween hijinks raise school spirits

TIANA ZHAO
Staff reporter

Students will get a double dose of school spirit as Halloween approaches as leadership students are hosting the annual haunted house and fashion show.

"They choose a school event that they would like to plan. I help them with it, but it's basically them organizing things," said **Joanna Horvath**, leadership teacher.

Horvath's leadership class planned the Halloween haunted house that started yesterday and continues today in room 203 at lunch.

The event is to boost school spirit and raise money for the BC Children's Hospital.

Students who participated in past years were excited for this year's event.

"[Last year's haunted house] was pretty successful because the mood was well created by how it was decorated," said **Sophie Zhou**, grade 11.

Students who had never participated in haunted house in Gleneagle were looking forward to this event.

"I haven't been to the school haunted house before. But, yeah, I think it would be more fun," said **Beatriz Roque**, grade 12.

Leadership students in block four are in charge of the annual fashion show at lunch in the gym on Monday, October 31.

Teacher judges will score contestants' costumes on stage performance, creativity, effect, and originality.

Prizes are in four categories: spooky, funny, group and best character.

Each category is limited to five to eight students. Interested students registered yesterday, and can also sign up today at lunch in the MPR.

"It helps improve school spirits by students showing some costumes. It's basically a fun event," remarked **Iris Yao**, grade 12 student and committee head for the Fashion Show.

"It is also to fundraise for the SHARE food bank, in terms of cash donation," added Yao.

The Gleneagle art club made banners, posters for the fashion show and signs for donation to SHARE food bank.

Last year, many students competed in the fashion show.

"It was great to see those costumes. Some were even home-made. It really showed the creativity of the school," remarked Roque.

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PROVINCIAL EXAMS REMOVED FROM CURRICULUM: Though some students seem happy with the new curriculum, it could have a negative effect on them.

4

FENTANYL CRISIS: The Fentanyl crisis has hit BC hard with 222 deaths from January to June 2016.



7 FIELD HOCKEY: The girls field hockey team has remained undefeated this year, and is going on to Fraser Valleys.



ONtheCALENDAR

- | | |
|----------------|---|
| OCTOBER 28 | All Star Poetry Slam |
| NOVEMBER 2 | Grade 9 Take Your Kids To Work Day |
| NOVEMBER 7 | UBC information night |
| NOVEMBER 11 | Remembrance Day — school closed |
| NOVEMBER 14 | Curriculum Implementation — school closed |
| NOVEMBER 22 | Term One Report Cards Go Home |
| NOVEMBER 12-18 | Grad Photo Sessions |



Trump rises then falls, Clinton near victory in US election spectacle

BRAEDEN MANDRUSIAK
Staff reporter

The United States political landscape is changing dramatically, and the driver behind that change is none other than **Donald Trump**. He is singlehandedly altering the American political system to a point of no return.

People everywhere should be worried about Trump possibly winning the election because his platform and discriminatory comments will provide more harm than good.

This is not only to America, but to the world as a whole, his poor diplomacy, and the increase of racial tensions amounts to a loss of humanity.

10 months ago, Trump's candidacy was the laughing stock of the election. However, he managed to spellbind Americans with his "You're fired" attitude and television star persona, showing political correctness isn't what the U.S. needs to succeed internally and on the world stage.

Trump has outlasted seasoned politicians. And, where many would have perished from his comments and antics, Trump triumphed to clinch the republican nomination, largely because his charisma, wealth, and blunt approach swayed people onto his side.

Trump's views have however gone too far for many. His comments on women, immigration, and Muslims have received disapproval from both democrats and republicans. Yet his supporters idolize and even act upon his comments, who, in turn, hurt and berate Muslims, trounce Hispanics at rallies, and commit other heinous acts against individuals and minorities, forwarding Trump's ideals.

Trump's platform is comprised mainly of isolationism, protectionism, and racism. Whether it's building a wall between Mexico and the US, revoking citizenship from US residents, or changing any trade deals that don't put America first.

57 high-ranking Republican officials won't be voting for Trump, and eight additional Republicans are casting their votes for **Hillary Clinton**, showing the division of the Republican party.

Clinton, however, is no saint, and the term "Crooked Hillary" may have some merit. Like Trump, Clinton stretches the truth to achieve what she wants to hear, and an example of that would be when she exemplified her denial for supporting the Trans-Pacific Partnership, even though she evidently backs the trade deal.

The world already has enough problems, and it definitely doesn't



need to worry about a Trump presidency, assuming that a Clinton presidency would be the lesser of two evils.

When voting, people often look at the personality of a candidate rather than their policy, which is a concept seen among Trump and Clinton supporters.

Most of the exchanges between the two candidates don't include any issues that would impact the average American, instead focusing on the social media accounts of each candidate or how the media is to be blamed for everything.

The presidential election will be held on November 8, which will be

decided before the next edition of the Edge is printed.

Despite Trump's wish to withhold whether he'll accept the result of the election, may the most qualified woman win the White House, and, in turn, "make America great again," for everyone's sake.

TRUMPTASTIC QUOTES

Donald Trump has never been shy about voicing his opinion. Here are only a selection of his quotable quips

“ If [Hillary Clinton] gets to pick her judges— nothing you can do, folks. Although, the Second Amendment people [those who support gun ownership]. Maybe there is. I don't know.” (Public Rally, August 9th, 2016)

“ There is something on that birth certificate— maybe religion, maybe it says he's [Barack Obama's] Muslim, I don't know. Maybe he doesn't want that. Or, he may not have one.” (‘O'Reilly Factor’, March, 2011)

“ If I were running ‘The View’, I'd fire Rosie O' Donnell. I mean, I'd look at her right in the fat, ugly face of hers, I'd say ‘Rosie, you're fired.’”(Fox News, 2006)

“ All of the women on ‘The Apprentice’ flirted with me — consciously or unconsciously. That's to be expected.” (‘How to Get Rich’, 2004)

“ When Mexico sends its people, they're not sending the best.... They're sending people that have lots of problems and they're bringing those problems with us. They're bringing drugs. They're bringing crime. They're rapists... And some, I assume, are good people.”(Presidential announcement speech, June 16th, 2015)

“ My IQ is one of the highest — and you all know it! Please don't feel so stupid or insecure; it's not your fault.”(@realDonaldTrump, 2013)

“ Yeah, [Ivanka's] really something, and what a beauty, that one. If I weren't happily married and, ya know, her father...” (‘Rolling Stone’, September 2015)

“ I would bring back waterboarding and I'd bring back a hell of a lot worse than waterboarding.” (Republican debate in Manchester, New Hampshire, February, 2016)

“ 40 Wall Street actually was the second-tallest building in downtown Manhattan.... And now it's the tallest. [Donald Trump bragging about his building following the 9/11 attack on the World Trade Center]”(‘WWOR-TV’, September 11th, 2001)



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TO TEST OR NOT TO TEST - THAT IS THE QUESTION: *The elimination of the provincials exams may mean less work for students, but is it really in their best interests in the long term?*

Provincial exam extermination will do students more harm than good in end

ALIROD AMERI
Edge columnist

A few months ago, as part of the BC ministry of education’s new curriculum, provincial exams were officially removed. This was welcomed by many students, especially those in their junior grades: Who wouldn’t want fewer exams?

Starting next school year, students in grades 10-12 will no longer write any provincial exams. Instead, exams will be replaced with assessments in core math and literacy skills for the graduation program.

The ministry has not yet released specific details on the nature of these assessments. Although most students are excited to see these changes, the removal of provincial exams will have negative consequences.

Provincial exams serve as an assessment of a student’s learning, relative to the prescribed learning outcomes of a specific course. As a standardized test, the exams are the same throughout all of British Columbia regardless of school or teacher.

Provincial exams ensure fairness and accountability in the education system. Provincial exams are also advantageous for students as they create two separate components of a student’s final grade: the mark on the provincial exam and

their classroom mark. Students who are failing a class or those who want to improve their course mark can use their provincial exam mark to improve their grade, instead of having to retake an entire course. Additionally, exams can also be rewritten, giving students the opportunity to improve their mark if they are not satisfied.

“While provincial exams can be stressful and time-consuming, they do prepare students for the future.”
—Alirod Ameri
Edge columnist

prepared to take on the challenges and difficulties they will inevitably face. According to The Fraser Institute, Gleneagle students, on average, scored 73 percent on the exams, and only around six percent of people failed the exams. The difference between school and provincial marks is only around 3 percent, indicating that provincial results are generally a good reflection of a student’s progress. The exams are not designed to be overly difficult and are not hard to prepare for with the right methods.

Photo removed as per SD43 Policy

There are a wide variety of resources and past exams available on the Ministry’s website as well as the school library for student use. In addition, the questions on the exam follows a predictable format that remains unchanging. In reality, a set of five exams written over three years with little impact on the final mark is minor compared to the amount of standardized testing students in countries such as the U.S. and U.K. Even in Alberta, every grade 12 student has to write a government exam worth 50 percent of their mark in every academic subject. While the ministry of education is well intentioned in their decision, these changes will inevitably compromise the educational opportunities available to students.

While provincial exams can be stressful and time-consuming, they prepare students for the future, especially those heading to post secondary. In college and university, marks are almost entirely based off of testing. Final exams are worth much more than a mere 20 percent of the final mark, and post secondary institutions will not make any exceptions. While placing less of an emphasis on testing promotes small class sizes and makes school easier, the standardization of assessments will be eliminated. The elimination of provincial exams does not prepare students for the future. Simplifying the education system will only create a generation of young adults who are ill

TALONSTalk

With a new curriculum in the works, The Edge asked: “How do you feel about the elimination of provincial exams?”

“I think it’s a good idea because the provincials place everybody under the exact same criteria. People have different learning styles.”
—grade 10



“As bias is natural in all human beings, having teachers as the only criteria will automatically give an advantage to certain people.”
—grade 11



“Some students naturally have good relationships with teachers, giving them an unfair advantage.”
—grade 11



“Non-unionized teachers might see it fit to disregard the curriculum, and admission into international universities would become more difficult.”
—grade 12



“I don’t think it’s the best idea because provincials can serve as a wake up call to many people, preparing them better for the future.”
—grade 12



“I feel it takes away from an even playing field where even distribution of information is being marked and created accordingly.”
—Grace Jensen
science teacher



GOT something to SAY?

SPEAKOut!

Don't just think it...

LETTERStotheEDITOR

are welcome

Just type it, be free of libel, sign it, and submit it to an English teacher

OR

email it from your student account to theEdge@sd43.bc.ca

CLUBCORNER

With a new school year, also comes several new clubs now running at Gleneagle

Art club paints windows

The art club provides students with an outlet for their creative minds through artistic endeavours within the school. Recent projects include decorating the library windows with Halloween designs. The club meets every Monday after school. “Art... goes as far as one’s wildest imaginations and creativity,” said **Jessy Gao**, grade 12 and club member.

Canadiana! club set out on fall field trips

The Canadiana! club is a place for international students to learn about Canadian culture and participate in a variety of engaging activities. This club meets every Tuesday at lunch in room 216. Their first field trip is to skating on November 21 at the Olympic-size rink in Port Moody. They hope to go bowling in December. More information about the club is on their “Canadiana club Gleneagle” Facebook page.

New book club braves “Brave New World”

The Gleneagle book club bring discussion topics and analysis of books once a month. October’s novel is *Brave New World*. “The purpose of this club is to increase and develop people’s interest in reading,” said **Helena Qin**, grade 11 and club president. “People are starting to lose sight of how exhilarating reading can be, so my friends and I are trying to change that through providing people with the opportunity to make reading a social venture,” added Qin.

Mental health group fundraising for kids

Focused on mental health, the “Free The Mind” club aims to fundraise for organizations like the Kids Help phone service and also looks to educate youth about the importance of maintaining mental health. The initiatives this club intends to take on throughout the year to further their cause range from selling wellness packages closer to Christmas to creating and distributing pamphlets about mental health and hosting workshops at the Coquitlam library. “[**Renee Boldut**, grade 10, and I] started the club because we wanted to share our passion for mental health... and to educate the school, and the community about mental health issues,” said **Sydney Ko**, grade 10 and club co-president.

Boat club angling to teach about fishing

The boat, fishing, and crabbing club aims at helping students learn to fish and crab and spend quality leisure time in lower mainland. It teaches members to professionally fish and crab, use equipment, stay safe on a boat, and respect the wildlife of marine animals.

-Anika Lee



GETTY IMAGES & BC CORONER'S OFFICE

STAGGERING STATISTICS: While a 30% increase in Fentanyl overdose deaths from 2014 to 2015, is a significant increase on its own. When compared to a ten times increase over four years, the Fentanyl crisis is now reaching epidemic proportions and is especially a concern for young people most at risk.

Fentanyl crisis hits epidemic level, students, young people most at risk says local expert

JAMIE FAJBER
Staff reporter

From January to July 2016, 222 young people in BC died from Fentanyl related causes. The provincial government has now declared Fentanyl an emergency health crisis with students and young people being the most at risk demographic. Recent data had suggested that substance abuse among youths was decreasing. Yet with the arrival of Fentanyl, the most powerful opiate to ever hit BC, the drug landscape has been changed. Fentanyl is a synthetic opioid that is 50-100 times more potent than morphine. An amount the size of two grains of salt has the potential to kill a healthy adult. Fentanyl can be used as part of anaesthesia to help prevent pain after surgery or in a patch form to treat chronic pain. Fentanyl is also now being added to other street drugs to make them more potent, with deadly consequences. Local expert **Rob McGirr** has the experience, credentials, and motive to shed some light on this deadly new drug. McGirr is a former Port Moody police officer and former member of the taskforce appointed by the ministry of health to investigate the heroin crisis in the 1990s. McGirr is now an employee of the ministry of education that works around the province to set up prevention and support programs for substance using youths.

“The scariest part of [Fentanyl] is that it is being placed into other drugs in a seemingly random manner,” said McGirr, “young people are encountering this opiate not by choice, but truly by accident. It’s a new component in teen drug trends,” McGirr added. “There is no credible way that we eliminate or even anticipate that risk. There is no such thing as ‘I’m going to get a better dealer,’ or ‘I’ll find a better source,’ because your source doesn’t even know where it came from,” said McGirr. With Fentanyl becoming increasingly more common in BC, a strategy is needed to keep youths safe. Yet to understand the current, failing strategy for substance abuse amongst young people, one needs to understand why youths are using substances in the first place. When experimentation occurs with substances or anything else, there must be two factors, according to McGirr. Specifically, an individual will experiment only if there

is “curiosity and opportunity.” Society has methods of dealing with opportunity. There are laws restricting minor’s access to drugs and alcohol. Then, there are parents to restrict the activities of their children in the name of health and safety. Yet according to a 2013 north American study, 69% of grade 12 students try alcohol, and 54% of them have been drunk at least once. These statistics show that even with government and parental restrictions, young people are still able to access restricted substances. In the face of the Fentanyl epidemic, McGirr feels information is key in helping young people make the right decisions. McGirr wants students to ask themselves a fundamental question: is using substances to alter one’s mind and worldview for recreational purposes a good or bad thing? “There was a really interesting study done in California, at UCLA...rather than speaking about serotonin, or dopamine, or endorphins, the study collected these chemicals under a label: feel good factors,” said McGirr. “You do different things in your life, and these actions generate a certain amount of ‘feel good’ in your brain.” The study noted that eating a favourite meal gave 150 feel good units. An enjoyed period of physical activity brought 200 units. Intimate sex, that involved feelings of love, and emotional connection sparked

300 units. Smoking marijuana gave 350 units, cocaine 500 units, heroin, approximately 700-800. And finally, methamphetamines gave over 1100 units of feel good. “The point being, your brain was never meant to feel that good,” said McGirr. “And once you let your brain feel that good, that experience becomes your new measuring stick for happiness. Your brain is being trained to feel a level of ‘feel good’ that doesn’t exist in the natural world.” McGirr’s point, as reinforced by this study, is that if someone is to try these extreme substances even once, their life irrevocably will seem to be blander. Less joyful. For McGirr, “using drugs will never be anything less than playing with fire.” Add to this the looming threat of Fentanyl, as a constant but unknown quantity, and the current risk level of experimenting with drugs is escalated to new heights. If the world of substances in the youth community has become more dangerous with the arrival of Fentanyl, then there is need to become more informed. It is up to students and young people to become educated early on these topics. Through education, the upward trend of drug-related deaths in the youth demographic can be reversed. Learning about Fentanyl now in a safe way, not the hard way, can prevent the loss of any other young lives.

The FACTS about street FENTANYL

There is no such thing as a safe street drug. Know the risks.

Fentanyl is often added to other illegal drugs without people knowing.

Fentanyl has been used illegally in various forms including:

- Pills
- Pure powder
- Powder mixed with other drugs
- Patches

50 - 100 times

more potent than Heroin • Oxycodone • Morphine

Fen-ta-nyl [fen-tuh-niil]

An opioid narcotic, a prescription drug used for cancer patients in severe pain.

Overdose Signs

- Trouble walking or talking
- Pinpoint pupils
- Seizures

- Slow heartbeat
- Shallow breathing
- Bluish or cold/clammy skin

Slang Terms

- Fake oxy
- Greenies
- Green beans
- Green apples
- Apples
- Eighties
- Shady eighties

You can't See it, Smell it, or Taste it.



CHRISTINE CHOE PHOTO

REPPING THEIR COLOURS: A grade 12 shows off his school spirit, dressed in his “spirit colour,” with two peers on his side, as they celebrate their grade’s victory in student council’s hosted tug of war competition.

Gleneagle spirit soars high during spirit week

CHRISTINE CHOE
Staff reporter

Gleneagle spirit was evident last week as students dressed up and participated in student council sponsored school-wide events. The week’s events started included pajama day, mathletes vs. athletes, twin day, and ended off with Talons colour coding their outfits to their grades. For each day, there was also an accompanying event. “Our objective was student engagement and to demonstrate what Gleneagle has to offer to the new students,” said **Ashlee Ahn**, grade 12 and student council president. On Tuesday, students showed up with their geeky glasses and sporty jerseys to the brains vs. brawns competition. Winning pair teams were **Jamie Fabjer** and **Jayden Henderson**, and **Aidan MacDonald** and **Kieran McClenahan**, all grade 12’s. “It was a lot of fun...to bring the less represented, less popular department of math to the forefront, by partnering [it] with

arguably, the most exciting and energized department of the school, the athletics[department],” said Fabjer. Amidst the fun and various games, **Mateena Iravani**, grade 11, dressed up as the Snapchat Ghost and took selfies with Talons. All students who took photos with Iravani were placed in a random draw to win a Sticky’s gift card. Thursday’s event was the wheelbarrow race which was held to test the students dressed for twin day. “The event was entertaining and fun as students were willing to participate and cheer on for their friends; I saw a lot smiling and laughing to know that the participants had a fun time,” said **Timothy Song**, grade 11, the MC of the wheelbarrow race. The final day of the weeklong event was grade-based colours for a tug-of-war. Students dressed in singular colours, accessorized with ribbons, bandanas, and paint. The school was unified as all cheered on their grades and teachers. The grade 12’s

triumphantly won against the teachers. There was a noticeable lack of grade 10 participation in the colour event. “Every event has room for improvement; we could’ve done more marketing [and] we were unfortunate with the timeline as the dates were so rushed,” said Ahn. Overall though, it was a good build up for future spirit weeks and shows how much bond we have with each other,” Ahn added. Student council has more future events planned including the winter formal, Talontines day, and a spring event. They hope to bring greater student engagement with the 102 members on the council, compared to 80 members last year. “I am really hoping to see a lot of student engagement especially from the student council team with the amount of people we have,” said Ahn. “I hope to see double, triple, the amount of dedication and perseverance and that we as, executives can empower them to do greater things and to bring a lot of spirit to the school,” added Ahn.

New house system needs time to develop school unity

JAMIE FAJBER
Staff reporter

Gleneagle’s new house system is now being integrated into the school, but not everyone is being supportive. In particular, some senior students are outspoken in their resistance towards the new format. The house system arranges the school into four colours, with equal distribution across the grades based on the homeroom wings. The four colours are white, grey, black, and yellow. Some Talons have requested that the previous grade unity colour system return. A petition was signed by over a hundred students to request the system’s reinstatement.

“We were a little surprised in how negative the response was... we were thinking that [the grade 12s] would be the most enthusiastic, the most supportive of this new initiative,” said **Martine Udell**, French teacher and head of the committee that organizes the house initiative



Martine Udell
Head of House Committee

“After all, we’ve seen their energy, in grade 11, and the teachers were saying ‘Wow! These kids are all about spirit, they are so competitive...’ so it was definitely a surprise to us, that the grade 12s are so resistant.”

“I understand why they put [the house system] in...but, at the same time, the way the houses are grouped right now aren’t going to bring people together,” said **Natalie Rosner**, grade 11.

Ashlee Ahn, grade 12, felt the house system currently “seems forced.”

Some students feels the lack of engagement with houses may be due to recent complications and conflict with the grade unity system.

“I think [the two systems] are really confusing right now,” said **Joshua Kahle**, grade 11. “During spirit week, even on the day of grade colours, I still wasn’t 100% sure of my colour. I was just hoping I had the colour right. Having two different colour systems, and not having announcements about it, or any explanation really did not help,” added Kahle.

Christian Ramirez, grade 9, felt that the grade colour spirit day “was sort of like a leadership class, where [the grade 12s] are showing the grade 9s ‘look, we are taking part in this, it’s fun.’”

Another challenge of the house system is connected to its use for some of the fund-raising that occurs annually at Gleneagle.

During the Thanksgiving SHARE food bank drive, students were asked to donate food or cash under the house system.

According to Udell, the amount of food and money raised this year was noticeably less than in previous years.

As the year moves forward, students are welcome to speak with Udell about methods of resolving some of the differing opinions on the house system, and how it should be integrated.

“We are making it up as we go. I want this to be as transparent as possible so, we are super open to student voice and participation,” added Udell.

SPOTLIGHT

JAMIE FAJBER
Staff reporter

The Edge is continuing its tradition of award-winning journalism. For 15 years, Gleneagle has achieved the international first place or George H. Gallup award. The award recipients are chosen by Quill and Scroll, an international honour society for high school journalists. Award criteria includes excellence in opinion, sports, arts & culture, and news reporting; as well as photo journalism, and overall layout. Gleneagle is the only Canadian school to consistently receive these awards. “I am very pleased about the outcome of last year’s efforts,” said **Braeden Mandrusiak**, grade 12. “A lot of hard work and dedication was put in, and it paid off; I am looking forward to further excellence this year,” Mandrusiak added.



JAMIE FAJBER PHOTO

THE EDGE SNAGS INTERNATIONAL FIRST PLACE WITH THE QUILL AND SCROLL: Four grade 12s display their award, that will be added to the long list of yearly achievements.

SPORTS**inBrief**

Senior boys’ soccer
topple Pinetree

The senior boys’ soccer team won 3-1 against Pinetree on October 18. Goals were scored by **Kyle Fenekoldt**, **Devon Columbus**, and **Yutaro Fukuhara**, all grade 11, while goalie **Chris Harrop**, grade 12, was a wall in the net.

– Claire Moon

Intramural volleyball
ends with teacher loss

Intramural volleyball finished on Wednesday. In the competitive league, The Connors Trash won over the teachers in the final match

– Claire Moon

Wrestling season starts

Wresting season is set to start. Students interested in joining the wrestling team met with coaches **Mark Tustin** and **Collin Chung** on Wednesday.

- Tiana Zhao



HITTING THE MATS: A grade 11 and 12 practicing the techniques they learned last year.



RUNNING TO SUCCESS: Two grade 11 cross country runners running at the district cross country meet held on Wednesday. One was able to qualify as one of the four members of the team that will be competing at the provincials on November 5 in Peachland.

Trophy winning runners sprint to regionals

SYDNEY KO
Staff reporter

Gleneagle’s cross country runners participated in the Fraser valley championships on October 26 at Mundy Park.

On the senior level, **Nicole Huang**, grade 11, placed 18th at the championships.

On the junior level, **Connor Attridge**, who is currently in grade 11 but is competing as a grade 10 due to his age, also placed 18th. **Ethan Yang**, grade 10, placed 20th and **Samuel Yeung**, grade 10, placed 26th.

All four of these Talons athletes have qualified to compete at the provincial meet.

The cross country runners also ran races at the district meet on October 19 in order to qualify for the championships.

At the district meet, Huang, **Anne Yolland**, and **Christina Johnston**, all grade 11, won a district trophy for fastest grade 11 girls team with a total of twelve points. The group ran a 4.7 km race and finished with the lowest overall time in their category.

“Days leading up to the race, I was pretty nervous about districts,” said Huang, “but the support and spirit of my teammates really helped me push through it and give me motivation!”

“I’m feeling really proud of how we did at districts as a team,” commented Yolland, “I think we really came together and did it for each other and really pushed through in the race. It was a tough run, but I think we always knew we could do it and as a team and that had been our goal since the first meet,” added Yolland.

The grade 10 boys also finished with a district trophy for the best team of grade 10 boys with a total of nine points at the district meet. On the team was Attridge, Yang, Yeung, **Josh Laughlin**, **Andrew Wu**, and **Luis Araiza-Viramontes**.

“I’m super proud of the team, super proud of myself and the ribbons and trophies that we have won so far,” said Attridge, “Hopefully we will be able to continue that for provincials,” added Attridge.

Runners have also excelled in their individual categories. Huang and Attridge were athletes of the month for October due to their cross country successes. Huang placed first in all three of the mini meets that she participated in while Attridge placed first for two out of the three mini meets that he participated in.

According to coaches **Lori Gregory** and **Katherine Chung**, the entire team has been thriving over the past six competitions.

“The team has been exceeding our expectations entirely,” said Gregory, “The team is super outgoing, super supportive of one another, and encouraging. It’s a smart bunch of go-getter type kids, and I’m excited to see how they will do during future races,” added Gregory.

“We have a great team this year! I expect [the runners] to continue to do well at a competitive level,” commented Chung.

The qualifying athletes from the championship will be participating in the BC championships November 5 in Peachland.

SENIOR**VOLLEYBALL**

KEVIN ZOU
Staff reporter

Boys set to take aim for Fraser valleys

The senior boys’ volleyball team have been improving and has won the past two games, with a recent five set win over Maple Ridge on October 13.

The boys have been exceptional in late game situations in the past few games as they recently beat both Maple Ridge and Riverside.

Although the team has a record of 2-2, they have expectations to make it to Fraser valleys and provincial tournament

“Hopefully we get seeded into a good seed for playoffs and hopefully we can make it to Fraser Valleys,” said **Sam Jung**, grade 11.

The team has high expectations for their play but there are still ways for them to fully execute.

“We have to play as a team to beat a strong team,” said **Leo Cho**, grade 11.

The team’s main goal for the season is to seed well in the districts in order to get into Frasers, and then play well to clinch a spot in provincials.

According to the boys, team members such as Cho, **Cole Kiez**, and **Shoma Asano**, both grade 12, have been primary leaders for the team and have been stepping up as leaders for the team’s success.

The boys played at Dr. Charles Best on October 25. Results were unavailable at press time.

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ARTONA
Cole Kiez
grade 12

Photo removed as per SD43 Policy

ARTONA
Shoma Asano
grade 12

Girls off to successful season start

The senior girls’ volleyball team has a season record of 2-2 with recent wins over top tier teams, Pinetree and Charles Best.

In their win over Pinetree on October 13, coach **Billy Demonte**, felt it was their “best game of the season,” as the girls won in five sets.

In a UBC tournament from September 23 - 25, the team had a record of number and won against teams such as team and team.

The team is improving as they have played close games against top tier teams, such as Riverside.

They aim to qualify for Fraser Valleys and possibly the provincials.

“We hope to make it to Fraser valleys and play at the high level, with the potential that we have,” said Demonte.

There are still ways for the team to excel at an even higher level. “They must communicate more on the court with one another, and everybody must focus on the one thing they have for the team and then they will be able to take their game to the next level,”

said Demonte.

“If we work together and have teamwork, then we can connect with each other,” said **Jay Kim**, grade 10.

Volleyball team players such as **Mackenzey Sparks-Guest** and **Christine McCulloch**, both grade 12, won tournament all-star awards in recent tournaments, such as the Burnaby Mountain tournament played on October 20.

The team is also fundraising by selling student price cards for \$10 that give discounts at various stores year round. Students may see Demonte or a team members to purchase a card.

The team faced Terry Fox, the number one team in the province on October 25 at Port Moody. Results were unavailable at press time.



ARTONA
Billy Demonte
Coach



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AIMING FOR THE WIN: A grade 11 stikes the ball away from an opposing team member during a district game at Town Centre. The girls field hockey team is just one win away from clinching a berth in the provincials.

Field hockey team looks forward to qualifying for provincials

AILEEN ZHANG
Staff Reporter

Gleneagle’s senior girls field hockey team won their first two games in the Fraser Valley championships, 4-0 against Panorama Ridge and 4-1 against Sullivan Heights. They played South Delta yesterday, with the results not available at time of press.

Gleneagle’s senior girls field hockey team entered the Fraser valley championships on Wednesday as undefeated league and

district champions in hopes of qualifying for the provincials. In these two days, the girls played against four other teams, including Panorama Ridges secondary.

The team took on two top rated schools on October 21. They beat Crofton House 4-1 and tied Kelowna 1-1.

“[The] girls played awesome,” said coach **Patty Anderson**. The team “elevated their level of play to compete,” added Anderson.

The team placed first in the Coquitlam district championships on October 18-19. They won 5-0 over Riverside Secondary in the semi-finals, then topped Dr. Charles Best 4-2, to be the district champions.

The team won all of their league games including beating Heritage Woods, Riverside, and Westview.

“We lost eight

players last year with seniors and one grade 10 moving, so essentially a whole new team with only three grade 12’s,” said Anderson. She added that the girls “weren’t expected to do so well” but that they have become a great team because the girls are a “really nice group and work hard.”

“With so many new additions to the team we knew it’d be tough playing together for the first time,” said **Amira Brar**, grade 12 and co-captain. “I feel that throughout our district games we have really grown as a team and started to play together more and more,” added Brar.

The 20 member team is “full of girls dedicated to the game and they all have a willingness to learn and try new things,” said

“We lost eight players last year with seniors and one grade 10 moving, so essentially a whole new team with only three grade 12’s.

Patty Anderson
coach



ARTONA

“[The team is] full of girls dedicated to the game and they all have a willingness to learn and try new things.

Laura Touhey
grade 12

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ARTONA

Laura Touhey, grade 12 and co-captain. Touhey feels the girls have had so much success because “team has numerous leaders who also help out the new players on the team.”

The team is hoping to qualify for the provincials, which are being held from November 9-11 at Tamanawis secondary.

“Last year our team came fifth in provincials so I am hoping for at least fifth this year but I definitely believe we can do better if we step it up and play the games of our lives!” said Touhey.

Strong start to season as swim team breaks two meet records

JENNY BI
Staff reporter

The swim team started the season by breaking two records at the district swim meet on October 7 at the Coquitlam aquatic centre.

Swimmers **Yedam Lee** and **Eric Sue**, both-grade 9, **Jackson Hamanishi**, grade 11, and **Sara Knowles**, grade 12, broke the mixed

200 metre freestyle relay record by 0.47 seconds, in the age 16 to 17 category.

The second relay team **Chris Jiang**, **Andrew Li** and **Ethan Yang**, all grade 9 and **Robin Song**, grade 10, broke the boys 200 metre freestyle relay record by 4.95 seconds, in the age 14 to 15 category.

Although it may seem like the meet records weren’t broken by much, just one second indicates a massive improvement in a sport such as swimming.

surprising for us because we weren’t focusing on breaking records, just doing our best and having fun,” said Hamanishi.

“There is always room for improvement so it can be a goal to beat the record again next year.”

The 25 team members have been at practices twice a week in preparation for meets and tournaments.

“The season is going very well,” said swim team coach Tustin. “The kids seem really motivated to do well.”

The group built many relay teams, as the experience gained from relays will open

“It is surprising for us because we weren’t focusing on breaking records, just doing our best and having fun.

Jackson Hamanishi
grade 11

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ARTONA

“Many people don’t realize the time and effort we put in, every single detail contributes to the final time they take.”

Mark Tustin
coach



ARTONA

members to many other opportunities.

The team competed yesterday in the Fraser valley championship in Surrey; results were unavailable at press time.

“I would be happy if we can finish in the top ten,” states Tustin. “Some other schools have over 80 members in their team, all high performance, so I think it would be an accomplishment if we can finish in the top ten.”



BELTING IT OUT: Musical theatre students practice a song to prep for spring production. A grade 12, four grade 11s and one grade 10 prep for their performance in the spring production with singing coach **Nick van der Velden**.

Musical theatre preps spring production

RENEE BOLDUT
Staff Reporter

Musical Theatre has started preparing for their next musical, *Guys and Dolls*. Students have been practising singing, dancing and acting Tuesdays and Thursdays after school. This year’s production is extra special for returning drama teacher **Amy Clausen**. “I am very excited to be running the program for the whole year now,” said Clausen, musical theatre director, who started last year in October when the previous drama teacher quit. “It’s cool to be able to see how different teachers and directors work,” said **Hannah Kennett**, grade 12. “Students also get to do a traditional musical which has not been done at Gleneagle for three years,” said **Scott Findley**, theatre production teacher. “This musical was picked almost unanimously by a student committee. I have a personal connection to this story as I played Ms. Adelaide in my grade 12 year,”

said Clausen. The musical theatre program has been a part of the Gleneagle community for many years now and is completely self-funded. “As long as we get people coming to fund-raisers like A Night on Broadway, drama shows, and the musicals it will continue to support the program,” said **Gavin Findley**, grade 11. “Cabaret Night is November 9, drama showcase is on November 23, and *Guys and Dolls* runs from the May 3-12,” added Gavin Findley. Kennett added that to keep the program going, “it is important to audition. It can be really scary but it is a learning experience you take a lot from.” The auditions include a solo singing and acting portion and a group dancing portion. “We are really lucky to have a school with such great arts programs,” said **Cassandra Williams**, grade 11. “I know that people like me, **Payton Dembicki**, and Hannah Kennett all crossed catchments for this program.” “We try to treat our students not as kids,

but as developing professionals. That kind of environment in the performing and the production really helps create better shows,” said Scott Findley. “It’s my first year in musical theatre but I can already tell that the community aspect is a big part and it’s a really great way to bond... as long as you have a passion about music and dancing and acting, there’s no way to not have a good time,” said **Hira Lalani**, grade 10. Musical theatre is on the cusp of a new year. “I am quite confident that this will be the best show we will have done so far,” said Scott Findley. “I think the success of the program is due to the passionate, dedicated, and talented staff, alumni, and students who all contribute their time to the program,” said Lalani. “Everyone is 100% dedicated,” said Dembicki, grade 9. Musical theatre is in full swing now, preparing for the *Guys and Dolls* musical that will be showcased from May 3rd to May 12th.

Spoken word club hosting slam tonight

JAMIE FAJBER
Staff reporter

Spoken Word Club is hosting an All Star Slam tonight from 7 pm - 9 pm. Performers from the nationally ranked Vancouver Youth Poetry Team will be performing their original slam poems in the MPR for the student body. “I’m excited to see so many people come together for one sole purpose: to appreciate the ever transforming art of Spoken Word,” said **Hira Lalani**, grade 10 and member of the provincial championship Gleneagle Poetry Team. The All Star Slam will be featuring many different poets, including **Emilee Nimetz**, a ranking finalist from the Canadian Individual Poetry Slam. Nimetz was a workshop facilitator to the poetry team prior to the provincial championships, and helped the poets refine their work. “She is hands down one of my favourite poets,” said **Emma Macdonald**, grade 11 student and also a member of the Gleneagle Poetry Team, of Nimetz. “[She] is extremely talented and all around a great human being. It’s a treat for Gleneagle to have her perform on our stage,” added Macdonald. Nimetz is sharing the stage with many other high profile poets, including **Emma Field**, grade 12 and member of the Vancouver team. “It’s obviously humbling, to be performing with such seasoned poets on the stage,” said Field, “I’m so happy to see all that vibrant, sophisticated, artistic energy being brought straight to the Gleneagle community. Our school is being inundated with this juicy art form. Events like these? It’s like orange concentrate, but with poetry. Poetic-concentrate!” added Field. The poets will be presenting their talents tonight and doors open at 6:30 pm. The event is sponsored by Frog Friendly Coffee and Cobbs Bread. There will be light refreshments available. Tickets are by donation, with a minimum suggestion of \$5. Lalani adds that Gleneagle students should “come on down for a night full of good poetry, good food, and good people!”

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ARTONA
Hira Lalani
grade 10

SPOTLIGHT Talon musicians perform at BC music educator’s conference in Richmond

Four Talon musicians represented Gleneagle at the annual BC Music Educator’s Association Conference on October 20-22 in Richmond. Benjamin Sigerson, grade 10; Anika Venkatesh, grade 10; Aidan Macdonald, grade 12; and Jade Zhong, grade 12; performed at this event. These musicians performed as part of one of five student ensembles with some of the best high school musicians from BC. To get the opportunity to perform, the musicians had to audition. Ensembles got to work with professional musicians and educators from across Canada, including Craig Brennan and

Mike Scott. “[Brennan’s] insights into music are incredibly valuable to all of us performers as it’s also nice to have a different point of view than that of our usual teachers,” said Sigerson. “By working with the other members of the band, I got to really experience what it’s like playing in a good ensemble and how to play to a higher level of music” added Sigerson. “Not only do you learn so much from rehearsing and performing with those of your own ensemble, but when you watched the other ensembles, you were repeatedly blown away by the extremely high level of performance.” commented Venkatesh.

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ARTONA
Benjamin Sigerson
grade 10



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