





### Talons unite for a goat cause

SHOUTING TO GET YOUR GOAT: Each grade, including staff, dressed in its own "spirit colour" for the "We Got Goat" assembly on March 27 that raised funds to buys 23 goats for the Free the Children foundation in Haiti. Ashley Fabbian, now grade 12, cheers as groups squared off in competitions like tug-of-war where teachers Shawna Smith, Peter Poka, and their team eventually lost to the grade 11's. Organized by Con-X and leadership classes, \$1300 was raised, including \$700 in spare change at the assembly which was enough to get former vice principal, Andrew Lloyd, to kiss a goat.

# Happiness comes from connections, embracing uniqueness

NATALIE KRAEMER Edge columnist

People say high school is a scary place. That there will be unbearable amounts of peer pressure to do bad things. That people will be shoved into lockers and given disgusting swirlies. They lied.

Welcome to Gleneagle: where teachers really care about your well-being and peers only pressure you to be true to yourself.

Whether you are a new student, a returning one, or in that final last year, everyone has same thoughts.

Who are my teachers? Will I know anyone in my classes?

You may not know your teachers or classmates, but the classroom structure is conducive to getting to know both.

Will people like me? Will I fit in?

Everybody fits in somewhere. There is a place for everyone, and sometimes it's

somewhere you didn't expect.

Am I normal? Am I too different? Different is good.

Uniqueness is what makes you who you are and without it life would be boring.

The fact is everybody is unique. Genetics prevents us from reacting exactly as a normal teen would because there is no normal.

There is no one in the world who can see inside your head and know what you are thinking. For better or worse, in sickness and in health, you are stuck with yourself.

Accepting yourself will make this inseparable marriage of body and mind smoother and happier for both parties.

Accepting yourself is the first step. Connecting with others is next.

The people you connect with the most will be there when you start doing the things that you love, rather than what people tell you to love.

Find your niche, wherever and whatever

that may be, and those people connections will appear.

Get out there! Join clubs and teams that are of interest to you. Do the things that you enjoy.

Maybe you're an artist? Does your passion lie in athletics? Is

performing arts your thing?

And if none of these are your niche, or they all are and you can't decide. That's okay too.

Explore your options. Do what gives the most gratification. At Gleneagle there is something for everyone.

The final step to happiness is pacing.

High school may seem an unnavigable labyrinth, but as you map out the places and people inside these pink walls, you will

find that graduation is not as far off as you For better or worse, in once believed. sickness and in health, you are

stuck with yourself. " —Natalie Kraemer less possibilities, and Edge columnist invest in the both the

Take time to enjoy life and the moments. Explore end-

old and new things you love.

While academics are important, de-stressing life will allow for the energy and focus to apply to those

Work hard in classes, it will pay off. Try something new, it will be rewarding. Talk to someone different in each of your classes, you just may find you have more in common than you ever thought possible.

Be different and accept yourself. Make connections and pace yourself. You'll be surprised how fast a year as a Talon can go.

Provincial Pro-D Day

#### Early Dismissal 1st/3rd Monday Period Reaular M-F 7:35 - 8:457:35 - 8:458:50 - 10:108:50 - 10:021

10:07 - 11:21

11:21 - 12:10

12:15 — 1:27

1:32 - 2:44

3:15 - 4:35

10:15 — 11:35 2 LUNCH 11:35 - 12:20

12:25 - 1:453 1:50 - 3:10

3:15 - 4:35Υ



SEPTEMBER 11 Grade 9 Orientation Day

**SEPTEMBER 16** Senior Sail **SEPTEMBER 18** School Photos

**SEPTEMBER 25** District Pro-D Day **SEPTEMBER 30** Meet the Teacher

**OCTOBER 12** Thanksgiving OCTOBER 15 Interim Reports

**OCTOBER 21** Post-Secondary Night

### NTNECALENDAR

**OCTOBER 23** 



## **Club**Collection

#### **Business Club**

Make some pocket money and improve your marketing abilities.

#### Chess Club

An age old game of strategy and intelligence. Compete against your peers, develop your game, and have fun.

#### Debate Club

Learn to persuade and debate with your peers in a structured setting.

#### Global Issues

Make a difference in the world, help fund raise, and increase awareness about the bigger picture.

#### Green Team

Help plan local projects that aid in addressing the world's dire environmental issues.

#### **Intramurals**

Compete against other teams in a multitude of sports throughout the year.

#### *LGBTQ*+

Gleneagle embraces students of all orientations and gender. Share your experiences in a supportive and inclusive environment.

#### Metfest

Experience a world of performance in this district acting competition. This year's play is the puppet musical *Avenue Q*.

#### Me To We

Responsible for building a school in Ecuador and spreading education as a solution.

#### **Model United Nations**

Join the award winning delegation in and learn international policies on a multitude of issues.

#### Movie Club

Immerse yourself in major blockbusters on a huge screen during lunchtime and bust that boredom.

#### Multicultural Club

No matter your heritage, find friends, common ground and even some new ground.

#### Orchestra Club

Further develop your passion for playing with equally keen peer musicians.

#### Outdoor Club

Relish the beautiful outdoors and explore the local wilderness.

#### Ski and Snowboard

Hit the slopes and enjoy up to three trips to nearby mountains.

#### Student Council

Help build school spirit, partake in events like the Winter Formal and Spirit Week.

#### Toastmasters

This group of supportive people will help you overcome your fear of public speaking.





Jerry Areshenko
Counsellor
Last Names A-H



Bindy Johal
Counsellor
Last Names I-O



**Shaunna Martin**Counsellor
Last Names P-Z



Joanna Horvath Work Experience & Transition Education

## Always in your corner

STANDING GUARD OVER GLENEAGLE: New to Gleneagle this year are principal Ken Cober, left, and vice principal Janine Close, who join vice principal Mike Parkins. Occupying the other half of the main office are the counsellors who help with course selection, aspects of daily school life, and even personal issues. Students can also see youth workers specialized in helping those of aboriginal, Chinese, and Korean backgrounds as well as the work experience counsellor. The Career Centre, located in the upper level foyer, is available for information about universities, scholarships and bursaries, jobs, and volunteer opportunities. The library, opposite the main office, has a wide variety of reading resources, as well as computers, printers, and even charging stations for student use.



### Bye grads, good luck

**READY TO MOVE ON:** There were 270 grade graduates at the com-mencement ceremony on June 14 at Vancouver's Orpheum Theatre. Family, friends, and faculty were present to congratulate and commend the grads for their outstanding achievements including **Jeff Gao** who received the Talon Award for exemplary leadership and extracurricu-lar involvement. **Kim Venn** was named top all-round student with the Eagle Award, for excelling in at least four of five categories: academ-ics, athletics, visual and/or performing arts, leadership, and service. Venn also received the Governor General's Bronze Medal, awarded to the grade 12 student with the top overall academic grade percentages in all four years of high school. The ceremony closed with a valedicto-ry speech delivered by **Isaac Mand**, who was selected by student vote to represent the class of 2015.

## **Talon**Spirit

Being a Talon means being part of something big. A year at Gleneagle is full of over **50 SPECIAL EVENTS** designed to build community, school culture, and Talon spirit.

### Fall

New Talons have the GRADE 9
PANCAKE BREAKFAST and the ROCKY
POINT ORIENTATION canoe trip.

Grade 12 students have **SENIOR SAIL** and **GRAD PHOTOS.** 

The **FALL MUSIC CONCERT** is just one of the five performances by our international award-winning music program.

Student Council has their FALL SPIRIT WEEK complete with the HALLOWEEN COSTUME SHOW and a HAUNTED HOUSE FUNDRAISER. School assemblies happen for REMEMBRANCE DAY and various MOTIVATIONAL SPEAKERS as part of Leadership, Con-X, and Student Council initiatives. The season wraps up a with an MPR MOVIE NIGHT.



In the spirit of giving, the PROJECT ANGEL TOY DRIVE and the SHARE FOOD BANK DRIVE support families in our community.

The man in the red suit shows up for the GRADE 12 SANTA BREAKFAST and just before the Winter Break, there is the CHRISTMAS MUSIC CONCERT.



#### PRINTED WITH PERMISSION OF DIANE SWARTZBE

### 18 years, 165 championships

NO STOPPING THIS GIRL: Former grade 12, tears off an attacker from GP Vanier at the BC provincials. The girls rugby team hold 6 of Gleneagle's 19 provincial titles. Teams have won 118 district titles and 28 Fraser Valley banners in the school's 18 year his-tory. With a 2005 BC School Sports award for Most Outstanding Sports School, Gleneagle is the place with the most comprehensive sports program offerings. With on-site training facilities and a dedicated coaching staff, athletes can excel and achieve great success in all three seasons of competition.

### **Fall Sports**

#### **Cross Country**

Cross country is a sport that trains as a team, but at the end of the day, it is up to every individual to compete solo in races.

#### Field Hockey

Girls field hockey finished 5th in the province with all but two players back to give a run at the top 3. The girls have been invited to the prestigious Bridgman classic at the UVic at Thanksgiving and will compete at the UBC tourney, before heading to provincials in Duncan BC.

### Soccer — Jr. & Sr. Boys

The competition is fierce for Gleneagle boys soccer. Tryouts will be held to determine who will be stepping up to defend Talons pride on the pitch.

#### *Swimming*

This team trains at the nearby CCAC. Opportunities exist for both individual and IM swimmers, as well as beginners.

#### Volleyball — Jr. & Sr. Boys

Boys volleyball players are in attendance at both practices and games to work as a team towards bettering their play.

#### Volleyball — Gr. 9, Jr. & Sr. Girls

Three different teams for girls volleyball. This allows for different skill levels that can be properly worked with and developed. Each team offers opportunity for growth, learning and loads of exercise.

### Winter Sports

### Basketball — Gr. 9, Jr. & Sr. Boys

Competing both in our home gym, and across the district, boys basketball offers three teams who train hard and play harder on the court.

#### Basketball — Jr. & Sr. Girls

The girls will be working to build up this program and compete for a spot in the tough Fraser Valley leagues.

#### Curling

The Gleneagle curling team welcomes the opportunity to work with all experience levels. Whether trying out for the first time, or a seasoned pro, a spot on the team is within your grasp.

#### **Gymnastics**

The gymnastics team is a dedicated group of students focused on bettering themselves as well as their school's reputation in this sport. Both boys and girls are welcome to come out.

#### Wrestling

Wrestling at Gleneagle involves all grade levels and genders. Training starts in the fall, but competition begins in the winter. This strong athletics program is rewarding, with wrestlers taking home medals in almost every tournament last year.

Practices are demanding, and meets are gratifying. No experience is necessary to join this team because even though it is a team, wrestling is a one on one sport.

## **Spring Sports**

#### **Badminton**

Open to all grade levels, the players train together and compete distictwide.

#### Golf

Winners of the 2015 provincial title, this team is open to new members.

#### Netball — Jr. & Sr. Girls

Netball had an amazing season with 30 girls out who hope to make it back to provincials.

#### Rugby — Jr. & Sr. Boys

Both teams offer a challenge unlike any other with a strong and reputable history.

#### Rugby — Jr. & Sr. Girls

A sport that is both mentally and physically exhausting, girls rugby offers the opportunity to delve into this exceptional sport.

#### Soccer— Girls

A packed and dynamic season is in store for those who join Gleneagle's only female soccer team.

#### Table Tennis

This competitive ping pong team is open to new players from all grades and genders.

#### *Tennis*

Hard and fast, all are welcome to tryout.

### Track and Field

Everyone on the team gets the opportunity to compete at the districts, Fraser Valleys and beyond.

## **ProgramPack**

#### Art Department

With JumpstArt, Art Careers 12, and Headstart in Art programs, there are numerous opportunities to develop visual art skills.

#### COAST

This education experience for grade 10 students develops leadership, environmental ethics, and outdoor skills.

#### Creative Writing 12

Imagine a course where you can write for fun and still get marks? If you love putting pen to paper, then this is the place for you.

#### **Culinary Arts**

The chef training program helps students acquire job-ready skills to enter the industry, or pursue further specialization.

#### Drama & Musical Theatre

Discover the power of acting as a means to achieve profound personal growth. Following last year's record breaking *Shrek: the Musical,* this year's *Beauty and the Beast* will be even bigger. Auditions happen in early September for both the May musical and Metfest's *Avenue Q* 

#### Hairdressing Program

Do you have a dream of opening your own salon? Learn how to cut, style, and colour in this one year program.

#### Journalism

Imagine being the student voice of Gleneagle? Join the journalism program and become part of the award winning tradition of The Edge.

### **JumpstART**

This thematic Humanities and Fine Arts grade 9 program is where students are given the chance to think outside, inside, and around the box.

#### Music Program

This award-winning music program offers courses ranging from guitar to performance-based choir to jazz band as well as concert band classes.

#### Stage Craft & Theatre Production

Get a chance to design and build sets, create technical props, do sound design and mixing, run a lighting board, and support actors in the performance of shows.

#### TALONS Program

The only program of its kind in the district for gifted learners in grades 9 to 12, focuses on the Autonomous Learner Model.

#### Work Experience 12

This program that allows students to experience work in a field of their choice.

#### Yearbook

Take photos around the school and design pages for the yearbook to put a personal and creative stamp on the year.

The PUPPY DE-STRESSER and the KARAOKE NIGHT come in January to ease the pressure of exams.

The **TALENT SHOW**, sponsored by Musical Theatre, is a great event that showcases numerous talented Talons.

Student Council has another SPIRIT ASSEMBLY and the ever popular VALENTINE CHOCOLATE & FLOWER DELIVERY in February.

The annual MURDER MYSTERY FUNDRAISER has teachers taking on

acting parts for a dinner with sinister results.

### **Spring**

The GALA JAZZ DINNER followed only a few days later by the SPRING MUSIC CONCERT starts this season. The SLEEP OUT FUNDRAISER for homeless youth and the TALK TO ME EVENING that focuses on anxiety and mood disorders, puts the spotlight on helping others.

Grade 12's have **EXIT INTERVIEWS** and all students have the **VOLUNTEER FAIR** to get involved in the community.

BEAUTY AND THE BEAST takes the stage in May. GLENEAGLE'S FIT N' FUN and the Leadership activity of MINUTE TO WIN IT are healthy living activities for all.

June has the GRADE 12 GIRLS SLUMBER PARTY, another SPIRIT WEEK, the GRAD DINNER AND DANCE, followed by the PAC supported AFTERGRAD.

The year ends with the **COMMENCEMENT** 

### **TalonPride**

CEREMONY at the Orpheum Theatre, the TED X YOUTH SPEAKING EVENT, and the YEAR END MUSIC CONCERT



# Be bold, engage in new experiences for flexible fulfillment

Edge columnist

You've heard the frightful tales, but after the first few days you'll realize high school isn't as terrible as everyone makes it out to be.

As a grade 9, it can seem like a shark tank with you at the bottom of the food chain. But as time passes, it can become an experience you'll love.

Adjusting from middle school can be challenging. While some may have breezed through, getting high marks in high school will require more effort.

It's time to take responsibility for your education. Not understanding course material isn't the end of the world — speak up and ask for help as there are many resources available.

Don't take yourself too seriously. This is a time to explore who you are and who you want to be.

While it is important to focus on your schoolwork, don't abandon your friends or social life.

Be bold and engage in new experiences, meet new people, and try things you've never tried before.

You might be surprised at what you'll discover.

My biggest regret is not getting involved sooner with the multiple clubs and sports available. They provide a platform where you can explore your interests and meet people with similar hobbies.

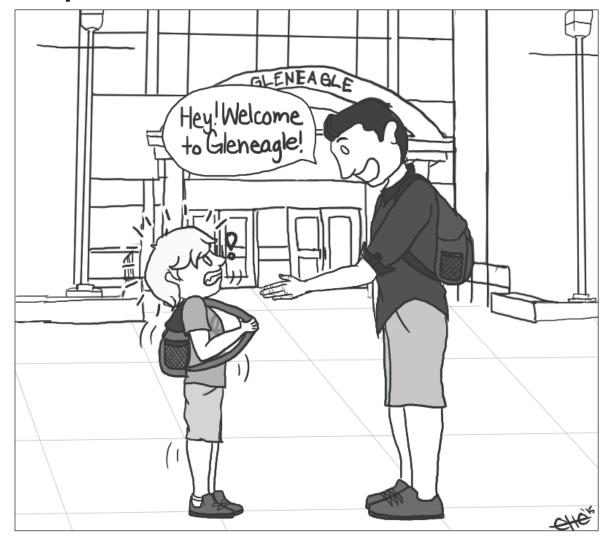
While Gleneagle has many clubs, if you have a hobby you want to share with others, feel free to start a club vourself.

Don't over think it. High school is not going to meet all your expectations. Sometimes you will be faced with circumstances and difficulties that force you to rethink your four year plan.

Be flexible and recognize that though not everything will go smoothly, in the end, everything is going to be fine.

As cliché as it sounds, it's always easier to be yourself than someone you're not. While scurrying to blend into the crowd can seem like an attractive option, standing out isn't always a bad thing; do what makes you, you.

As a graduat[ed] Talon, I'd like to say, take a deep breath; it's going to be okay.



TALONSTalk With another school year upon us, *The Edge* asked students and staff: "What is the most important thing to remember in high school?"

Don't be afraid to make new friends, but remember to keep your old friends too"

—grade 10



the rest will fall into place!"

Do what you love, and

— grade 11



—Joanna Horvath

unique opportunities"

Work Experience

Keep your eyes open for





Try not to sweat the

It all ends eventually."

- grade 12



What seems huge in the moment will be insignificant tomorrow"

-Sandi Lee Secretary

Learn, play, and enjoy the

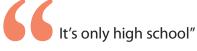
moments because they will be

gone before you know it."



—Chris Turpin Socials & Athletics

Play Rugby."





— *grade* 11



small stuff."

Keep an awareness of your stress levels, goals and outcomes. Perfect doesn't exist."

—Adam Hayes Socials & Leadership

—Ashley Freeborn

**Drama & Musical Theatre** 



Due tomorrow? Do today. Due today? DO TODAY!"

– grade 12

—Scott Findley

**English & Theatre** 



Retain your values, remember who you want to be when you leave high school."

—grade 12

### theEdge

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Since 1997, The Edge has been the independent voice of the students of Gleneagle Secondary: 1195 Lansdowne Drive, Coquitlam, BC, Canada,

The Edge is a member of the Quill and Scroll Society and has been been recognized with International First Place Awards (1999, 2003, 2009, 2010, 2011, 2012, 2013, 2014) and George H. Gallup Awards (2000, 2001, 2002, 2004, 2005, 2006).

The Edge conforms and adheres to the standards and style of the Canadian Press and is produced by the Journalism 11/12 class.

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