



ALIROD AMERI PHOTO

RUNNING FOR TERRY: Over a thousand students participate in the run after an empowering assembly. They don their jackets, hats, and umbrellas as they moved through the rainy weather outside. The gloomy climate didn't stop students from keeping Terry Fox's dream alive.

Talons chase Fox's legacy with soggy saunter

ASHLEE AHN
Staff reporter

Tuesday brought the whole school together to support the Terry Fox Foundation with the annual assembly commemorating Terry Fox and the run around the Gleneagle area in his honour.

This year's assembly featured guest speaker **Bob McGill**, former physical education teacher to Fox. In his speech, McGill discussed his personal experience with Fox as his former basketball coach. McGill spoke in great lengths about Fox's character, describing Fox's grit, perseverance, and dedication in every cause Fox committed himself to. Respect was payed to McGill as he inspired the crowd of students with his story.

The event also welcomed **Richard Stewart**, Coquitlam's mayor.

"I didn't really know about Terry Fox and his achievements when I first came to Canada," said **Jin Woo Kim**, grade 12. After I got to know his story, I was so inspired by him that it led me to play a role in organizing the assembly." "As many people already know Terry's story, I hoped students would get to learn something new from Mr. McGill's speech. And as for the

people present who didn't know Terry's story, I hope they learned about the importance of Terry's actions,"

The assembly was organized by student leaders of the Leadership 12 class. These students have been planning the event for months, and their work finally culminated in the school-wide assembly and run this Tuesday. "I decided to join the Terry Fox Assembly committee because my grandfather was a victim of cancer," stated **Jessie Won**, grade 12. "I wanted to be part of a team where we can help families and friends who are currently in positions that I have become personally familiar with,"

"We mostly expected the students as an audience to be engaged and inspired" said **Emily Nelson**, grade 11. "We really worked for them to be interested with the knowledge and experiences Bob shared with them."

"I think the hardest part of putting the assembly together was communicating in groups and making sure that the little things are taken care of and not being overlooked. Maybe even making sure you know the sequence perfectly," concluded Nelson.



ALIROD AMERI PHOTO

Grade 12s reflect during exit interviews

BRAEDEN MUNDRUSIAK
Staff reporter

Yesterday students in grade 12 participated in exit interviews which took place in classrooms throughout Gleneagle.

Exit interviews are 10 minute presentations that are done by graduating students. Students are asked to reflect on their past, consider how and why they have changed, and outline their future plans to various staff members.

"Exit interviews are a great way for teachers to connect with students on a deeper level, and to perhaps see the product of their impact on each student," said **Theresa Lee**, grade 12. "I've heard stories about teachers crying in past interviews, as they were so touched to see how much each student has grown" added Lee.

"In presentations past, at times, I have been inspired, making me a proud member of the Gleneagle community," stated **Brian Unger**, social studies teacher.

Exit interviews are meant to be taken seriously, preparation and reflection are needed to make each interview a success; however, the possibility of failure does exist.

Unger for instance, has failed students before. He expects a good effort to be put into each presentation, and he expects the requirements to be met.

"An ideal interview is a genuine presentation; the student is invested in the process of reminiscing about the last four years and thinking about what the future might hold," expressed **Joanna Horvath**, head of transitions education. "For instance, I can tell when a student spent time looking through hundreds of photos before selecting the five or six for their interview; there is pride in presenting their pieces of evidence and re-telling their experiences," explained Horvath.

"Exit interviews are effective because they enable students to reflect on how their time at Gleneagle has changed them as people," said **David Salisbury**, mathematics teacher.

INSIDE

PRIVACY VS SECURITY: The recent court battle between Apple and FBI raises concerns about personal privacy, in a world that is getting more connected.



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BEFORE THEY WERE TEACHERS: Two teachers share the story of their path to teaching.



SPIRIT ASSEMBLY: Students strut their school spirit to raise money and support for Syrian refugees.



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ONtheCALENDAR

APRIL 15 District Pro-D Day

APRIL 18 TO 22 EARTHweek Gleneagle

APRIL 27 Midterm Reports

APRIL 28 Grade 12 Slumber Party

APRIL 29 School Pro-D Day

MAY 4 Gleneagle Running Man



Media body image brings changes to companies’ new views

CATHY LIU
Edge columnist

Society has enforced a certain idea of beauty of young children and teens through magazines and television. If they don’t look a certain way, they are considered as “not beautiful” or “abnormal.” It is because of these beauty standards that it is common for youth to lose confidence and question their self worth after flipping through magazines and scrolling down their social media feeds.

Teenagers often turn to magazines and the internet for the latest tips on beauty and fashion. Both girls and boys are trying anything to achieve the ideal body type in an effort to live up to society’s outrageous standards of appearance.

However, many fail to realize that these seemingly perfect magazine models make use of Photoshop and similar editing

software in order to cut away fat, blur out blemishes, and soften wrinkles and other imperfections, rendering these flawless portrayals. For instance, it is found that in a single issue of Vogue, there were a total of 144 Photoshopped images

In the past year, many magazines are pushing for a more realistic portrayal of men and women. The concept of “plus-

Society has enforced a standard of beauty on young children and teens. If they don’t look a certain way, they consider themselves as “not beautiful” or “abnormal”.”

-Cathy Liu
Edge columnist

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size models” is quickly gaining popularity; these models pride themselves on their natural curvatures and keep away from the computer editing software that have come

to inflate our expectations.

Plus-size models are inspiring teenagers and adults alike by communicating the message that “natural beauty” is attractive. While these plus size models are not quite social media moguls such as **Kim Kardashian** and **Kylie Jenner**, they are working towards celebrity status through castings in prominent fashion shows and features in popular magazines.

For example, **Tess Holliday** is a size 22 model who recently became the first model of her size to land a major modeling contract with the UK-based Milk Model Management.

She has already achieved immense success as a model, having been featured in Vogue Italia and as well in campaigns for Benefit Cosmetics, and Torrid. Not only is she a renowned model, but she is also the leader of a movement on Instagram called the #effyourbeautystandards.

Ashley Graham first plus-size model

featured in an ad in Sport Illustrated’s annual Swimsuit Issue. As a supplement to her career as a lingerie model, Graham is a “body positive” activist that has spoken on late night shows and at various high schools across the country in an effort to address the prevalent issue of body image and social standards. Her Tedx Talk, “Plus-size? More Like My Size” would later go on to become a viral sensation, acting as an inspiration to many young individuals struggling with the idea of the ideal body type.

Many may argue that plus-size models showcase an unhealthy body image and healthy example for women and children. These models are naturally bigger and cannot lose the extra weight.

Plus-size models are sure to change the definition of beauty through their unique modeling careers, as they continue to inspire countless individuals about the true meaning of beauty.

These models are to bring about a new era to the fashion industry, which will ultimately result in young individuals to grow proud and confident of their own bodies.

LETTERS to the EDITOR

Re: Oscars shine light on unfair film industry, Hollywood biases

I agree that there is a lack of representation of women and people of color in Hollywood’s film industry. I appreciate that this article also mentions how Hollywood tends to cast white actors for movies that originally had characters that were people of color, which seems to have been a larger problem recently.

I was also disappointed that Chris Rock preached diversity yet perpetuated the Asian stereotype during the show.

It’s awful that these children were told to wear the stereotype to provide entertainment for adults. When a point about something as big as racism is being made, it would be nice to not contradict yourself and become hypocritical.

-Sydney Lin

I find that the flaws in the Oscars’ construction encompass more than racial exclusion. The event does not factor in the opinions of critics and audiences, but rather those of a pre-determined committee with a narrow-minded perspective.

As a result, films that many feel are undeserving are given awards, while superior films receive little to no recognition. Similarly, talented actors are left unappreciated for their work.

Were the Oscars given out according to winners of an open vote, akin to a political election, then not only would the winners accurately reflect the audience’s opinions, but more deserving actors, composers, writers, and directors would be rewarded.

-Dom Cunningham

I think they are just generalizing and not looking at past movies. The fact that there were no black people nominated could be because there was no one who should have been nominated. 85% of the top actors being white does not indicate racism.

The NBA is run predominantly by black people. This has nothing to do with race but is because of the skill level and this is the same with the Oscars.

I do think though that there should be more movies to have a lead actor as different races than white to diversify the industry rather than just focusing on black people.

-Nick Iezzi

While there may be some truth to the fact that at the very core of where actors are hired there is some racism, I see this issue as representing something different altogether. A new trend can be seen in society where the belief is that equal always means fair, and anything otherwise is a signal of institutional problems.

Often times, choices can be boiled down to practicality. For example, although Jake Gyllenhal is not a person of descent, it makes financial sense to have him in the lead role and get the marketing from that rather than sacrificing profits for the sake of authenticity. We have made huge strides in the pursuit of racial freedom, and this is simply a very confusing time for the issue with thoughts of the past still lingering on and will most likely go away in the near future.

-Reza Zarebidacky

Re:Virtual reality becoming the only reality

I agree that humans are naturally becoming more reliant on technology for support. In fact, we are the ones who are creating a world like this.

Some people might think that the blame is on the companies that make electronic devices, but in my opinion, even though we are aware of technology becoming more integrated into our life, it’s our fault for not doing anything about it. Some people are complaining about the development of technology as a serious problem, but they don’t actually take actions to change.

-Jinny Choi

I agree that technology is improving each day and we have arrived to a time that this improvement may have become a serious problem. Virtual Reality is proof that technology is becoming a vast part of our olives. It is just starting like the first cell phones; a bulky expensive device that not all people can afford and some people think they are useless.

Companies are looking for money by improving this technology so not buying these devices would be a good solution.

-Pasha Shobeiri

Although virtual reality is becoming a reality, I doubt that it would take over our

lives. Technology is becoming a bigger part of our lives; however, it’s definitely not something we completely rely on. Rather than technology drifting us apart, I feel that it’s the opposite, social media help us connect though long distances. I don’t believe that virtual reality will take over our lives, but rather improve it.

-Daniel Park

The idea that becoming reliant on technology means being lazy is ridiculous. Technology has largely improved accessibility and ease of communication, improving our efficiency. Besides, relying on technology isn’t bad. We rely on ovens and lights and ambulances. It’s too early to know how, or if, VR will change our lives, but I’m positive it isn’t the apocalyptic future anti-technology patrons think it is.

-Sam Robinson

Re: Driver responsabilites determine fate on unpredictable roads

I agree that driving is an important skill to possess; however, I don’t think postponing the test is necessarily a horrible thing either. First, it is crucial you understand the rules and responsibilities that come with driving; therefore, it is better to drive later and be safe than to push yourself just to have a shiny “L” the moment you turn 16. Also, confidence comes with time and is essential to safe driving. You are ready when you’re ready and not any time sooner. There is absolutely no need to feel pressured! A driving license is important. But definitely not to the degree the article implies.

-Jenny Bi

While I agree with the idea that a driver’s license is a useful tool and a major step towards adulthood, I disagree that youth should obtain their driver’s license as soon as possible. Driving can be intimidating, as you are responsible for the safety of the passengers in your car. Additionally, many drivers treat new drivers with disdain. Even in the case of a medical emergency, a driver’s license has no value if you don’t have access to a car, or aren’t confident in your driving ability. Knowing how to drive can be a useful skill, but only with access to a car, and the confidence to handle the many situations a driver may face on the road.

-Ben Chang

I definitely agree that your license is a life necessity especially when you live in the city, and I believe the main reason people postpone it is because of fear.

People who make many excuses like “I don’t like driving, it’s bad for the environment” yet, would not driving be a sensible action to save the environment?

-Thomas Caya

Yes, possessing the ability to operate a car is important because it brings a lot of convenience.

However, it is also the mistake of many people to believe that obtaining a license can “bring a new-found independence and freedom”, because a motor vehicle is a tool. As useful as a gun is, it’s equally dangerous when held with the wrong attitude or intention. Such tool should be used with maturity and responsibility.

Although driving may seem exciting, having the wheel in your hands means having another set of laws bound to you; therefore, if you’re not prepared to take on such obligation, drive later than sooner.

-Dawn Yung

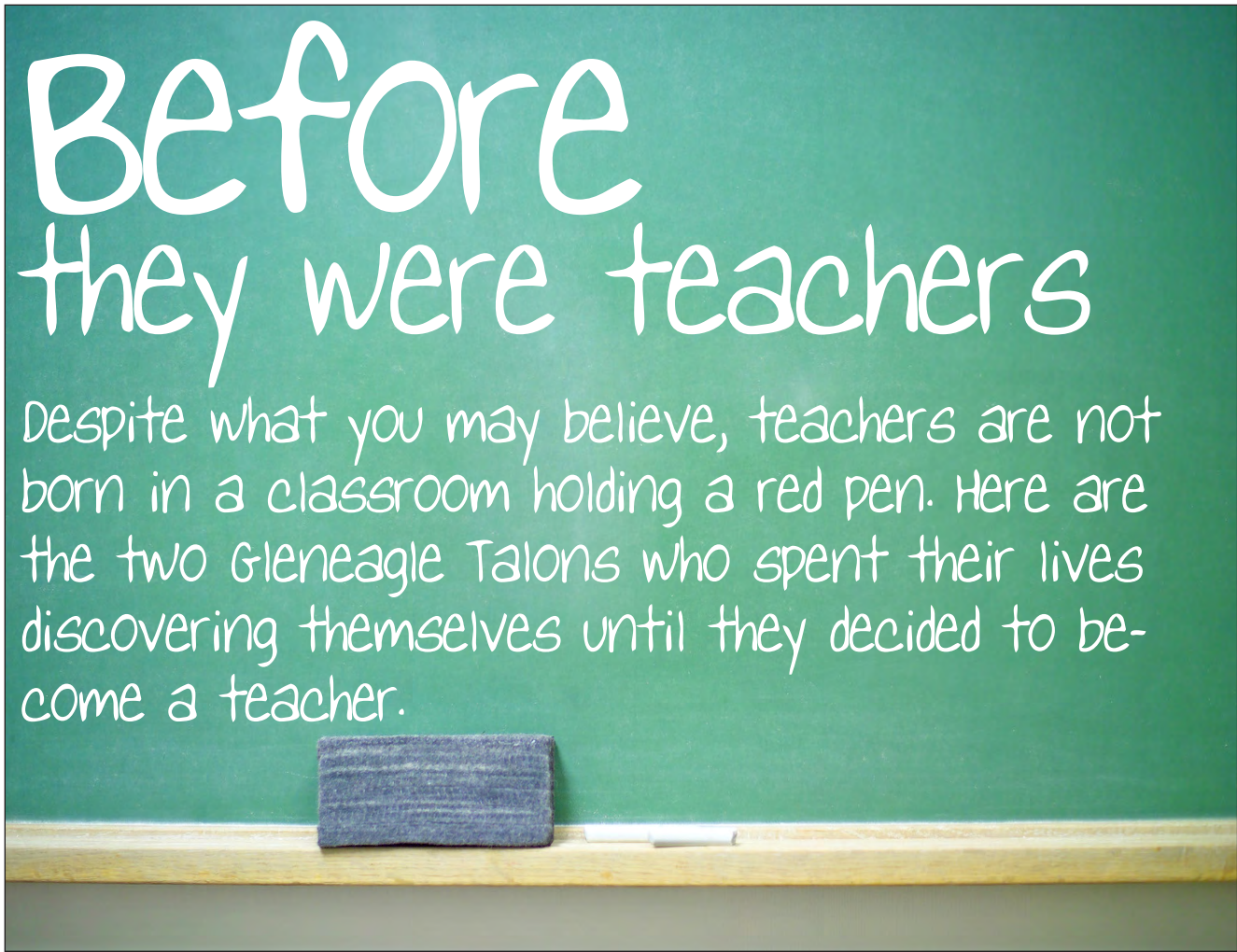
Possessing a driver’s license in Canada is extremely useful.

Although one can earn their’s at the age of 16, it doesn’t necessarily mean that they should begin driving right away.

Many people don’t attempt to get their driver’s license because they see no use for it; A driver’s license is more than just a permit to drive; it’s an excellent form of identification as well! In our society, it is important to be able to identify ourselves in a legal sense, and the drivers’ license is one of the most convenient forms of identification which we can carry.

-Nima Yazdi

• *The Edge welcomes letters to the editor and will be printed as space allows. Email your letter from your student account to theEdge@sd43.bc.ca or give it to an English teacher.*



TOP: PRINTED WITH PERMISSION OF CURT DEWOLFF
BOTTOM: BEATRIZ ROQUE PHOTO
ONE GIANT JUMP: *Curt Dewolff*, science teacher and former gymnast, jumps through the air on a trampoline.

Teacher takes gigantic leap from trampoline to classroom

BEATRIZ ROQUE
Staff reporter

Gleneagle teachers are often known to flip over backwards to help their students succeed. Science teacher **Curt Dewolff** took that concept to new heights. Dewolff competed in trampoline events for 13 years until he decided to follow his high school aspiration of becoming a teacher. In Dewolff’s career he competed at nationals seven times from 1999 to 2006 where he placed third multiple times, qualified for three Indo-Pacific championships and even received a bronze medal in South Africa for synchronized trampoline in 2006. Dewolff started recreational gymnastics at the age of four. After reaching the final level of the pre-competitive program at age 13, he decided to start competing the following year. “I like the individual focus of


[gymnastics], I like the involvement of the mind and physical part of it together,” said Dewolff. After being involved in recreational gymnastics, he chose to pursue and compete in trampoline. “It’s cool to sort of leave the ground in that kind of sense. I like the aerial part of flipping and it’s just fun,” said Dewolff. Trampoline has its downs as well. “The main kind of struggle is that it’s really hard on your brain to stay confident and trust yourself because you’re flipping in the air a lot over your head and it gets scary,” said Dewolff. Throughout his trampoline career, Dewolff trained with the Shasta Trampoline team in New Westminster and following his retirement he began coaching with them as well. Through coaching, Dewolff found his drive to become a teacher. “I coached trampoline for about four years before I decided

to start the teaching program and it was coaching and being around kids and teenagers that led me to be able to think that I can be a teacher,” said Dewolff. “It’s really cool to see our teachers involved outside of school and

likely to become one. After entering university, becoming a teacher seemed questionable. “I think that as you get older your confidence comes back and you realize certain things are more meant for you than other things so

“ I think that as you get older your confidence comes back and you realize certain things are more meant for you than other things.”

Curt Dewolff
science teacher



I had no idea he was a gymnast beforehand. It really opens up and reveals a new side of my science teacher,” said **Abby Church**, grade 11. The idea of becoming a teacher was no surprise to Dewolff. In high school, he wanted to be a teacher and was even voted most

it just kind of seemed like the right fit,” Dewolff said. Dewolff studied at SFU for both his undergrad and teaching program and is now completing his masters in counselling at UBC. “[Dewolff] is an engaging teacher who comes off as someone you can easily connect to,” said **Azaly**


Addam, grade 11. “Knowing he used to be a gymnast and had a life before teaching lets me appreciate him on a whole new level.” The shift from an athlete to a teacher was not an easy one. “The hardest part is when you realize that you don’t spend any more time focusing on yourself anymore because you’re looking out for others,” said Dewolff. “It’s a very difficult transition, it’s a good transition and it’s rewarding, but it’s just maybe not as self-fulfilling as being an athlete would be,” he continued. Dewolff has been a teacher for just over five years. He has taught at Heritage Woods, Port Moody, Pinetree and has returned for his second year at Gleneagle. “I did request to come back. I really like the students, I like the staff and it just feels like a good atmosphere. People seem motivated and they’re nice, and that’s important,” stated Dewolff.

TEACHERSTalk

It may be hard to believe, but some teachers did not start out in the profession, so *The Edge* asked: “What did you do before becoming a teacher?”


“ I worked for the city of Burnaby as a garbage man and a recycling truck driver.”

—Chris Turpin
socials teacher




“ I was a swimming instructor, lifeguard and a lifeguard instructor when I was working at a boy scouts camp .”

—Bryan Jackson
TALONS teacher




“ I worked at a group home for the mentally challenged for three years when I was studying in university.”

—Paul Sather
business teacher




“ I worked multiple jobs ranging from working in the golf course to working as a bartender and even working as a doorman at a nightclub.”

—Mike Parkins
vice principal



“ I only worked at Canada Trust before becoming a teacher. Before becoming an administrator, I was a chemistry and math teacher.”

—Ken Cober
principal



“ I worked at Whistler for about a year. I also travelled through Europe.”

—Krista Bogen
English teacher



Albright's shining past: from radio star to classroom teacher

BRAEDEN MANDRUSIAK
Staff reporter

Andy Albright, English teacher, didn't consider a career in teaching until later in his life.

While Albright was attending high school, he didn't know what he wished to pursue. After graduation, Albright traveled across Canada, for two months on a school bus as part of Adventure Canada, a government program.

As part of the program, each student was asked to take on a research project as the group visited cities and other areas. Albright chose to study the trends of popular music at various radio stations.

It was this program that ignited his interest in radio broadcasting. Even though radio was his passion, he went to college to explore more options. While Albright was in college, he studied diverse subjects: French, German, Shakespeare, science fiction, satire and protest in literature, revolution, hypnosis, philosophy, anthropology, and psychology.

Yet Albright still wasn't able to find his passion. Albright decided to leave college, travel out to Vancouver, and worked at a tree

nursery for a year.

While in Vancouver, despite Albright's dread of public speaking, he decided his future lay in the world of broadcasting.

"Radio's loss is our gain; his dulcet tones will be missed from the airways but are welcome in our halls," said **Bill Morphett**, science teacher. "I was not surprised to hear that he considered a career in radio broadcasting, as I have often thought he had a face for radio," Morphett stated.

Following Albright's fascination with radio, he became interested in television production, and quickly found work as a production assistant.

"I had developed a social conscience towards television; I came to see it as a distraction from positive social action," said Albright.

He continued work in TV production for a while, even having a brief stint as a mobile cameraman for CKVU. However, Albright soon realized that shooting news and sports wasn't for him.

Albright started work with people with mental disabilities, helping them become increasingly independent and socially connected. While this started as a part-time



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job, Albright enjoyed the task so much that he became a full-time worker, later even becoming a group home manager.

He was so passionate about his occupation that he was even interested in becoming a director of an association for people with disabilities, but his limited math skills prevented him from

managing the association's multi-million-dollar budget.

Albright left working with people with disabilities after he was offered a job in the Arrow Lakes district as a teaching assistant.

The possibility of teaching in a classroom interested Albright. He went back to school to take all the necessary courses, entering the

grade 11. "I admire his wide sense of humour, his caring nature, and his nurturing wisdom," continued Addam.

"I really appreciate his ability to be open to all people," said **Kelly Cooper**, English teacher. "He seems to avoid making assumptions about people and tries to know them in a genuine way."



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“I’m in teaching to try to help make the world a better place for myself and others, to share a love of learning and language, but mostly to help students meet their own goals.”

Andy Albright
English teacher



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UBC teaching program in 2002 and graduating in 2004.

Teaching has become a way for him to mix all of his previous passions into a single job.

"I'm in teaching to try to help make the world a better place for myself and others, to share a love of learning and language, but mostly to help students meet their own goals," said Albright.

"Albright has been a positive influence on both my school and personal life," said **Azaly Addam**,

Albright is a truly interesting individual with diverse interests. "He loves nothing more than being in the moment, feet in the wet sand, with the buffeting ocean breeze, waiting for just the right amount of light to hit the waves to get a photograph, or to begin the day, enjoying every tasty sip of a good espresso," said **Cynthia Albright**, his wife.

Although Albright could've chosen a different career path, Gleneagle is glad to have him.

“I started teaching in 1993, but before that I studied martial arts and ran marathons. I even once won a silver medal for BC Provincials.”

—*Melanie Stokes*
arts teacher



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“I used to be an ammunitions designer for the military in the city of Belgrade.”

—*Nevena Savovic*
math teacher



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“Before teaching, I was a surveyor for engineering, construction, and oil exploration companies.”

—*Mike Milliard*
socials teacher



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“While studying in UBC, I worked part-time as a bank teller for two years.”

—*Katherine Chung*
science teacher



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“I worked at RBC for seven years and part-time in the summers for a couple more years.”

—*Kevin Henry*
Spanish teacher



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“I worked as a construction worker putting rain gutters part-time for 4 years then 2 years full-time.”

—*Tessa Voykin*
science teacher



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Talons garage sale exceeds expectations

CATHY LIU
Staff reporter

The Gleneagle Talons program hosted a successful garage sale on April 9 from 9:00 am-1:00 pm at Gleneagle Secondary School. All proceeds raised during the garage sale went to the BC Children’s Hospital.

The garage sale organizers have been collecting donated items in the foyer from March 29–April 1. They asked for items that are in good condition, such as clothes, sports equipment, kitchen utensils, board games, childrens toys, video games, movies, and more.

“Organizing the event took a lot of our time, but it was completely worth it, especially for such a great cause!” said **Nicole Huang**, grade 10.

“The garage sale is a great opportunity to support the BC Children’s Hospital and benefit the community,” said **MinLyn Chen**, grade 10, one of the organizers of the event.

“As we were choosing a recipient, we tried to think of organizations that the members of the garage sale felt a connection to. The BC Children’s Hospital is a local organization that helps in putting a smile on a child’s face.” said **Alyssa Turcott**, grade 10.

The Super Ultra Garage sale was a success. The Talons program’s original projection was a total of \$200, but they were able to raise a grand total of \$717.95.

Huang said, “the garage sale turned out even better than we planned! We received tons of donated items from everyone in the school and so many people showed up at the event. Initially, we thought the garage sale was going to earn \$200, but we earned about \$200 in the first hour!”

“I am beyond happy with the turnout of the garage sale, and I know the whole team who organized the event is also very grateful,” commented Huang.

Crab club nets successful start

ALIROD AMERI
Staff reporter

The new Gleneagle Boat Fishing and Crabbing Club (or GBFCC) will give staff and students an opportunity to try out a unique sport.

Members, whether new to the sport or experienced, will go on local weekend excursions and have a chance to crab in Rocky Point Park and fish in the Fraser River.

The club was founded by **Jackson Zou**, grade 10. Zou will be facilitating meetings and providing instruction to members, along with **Ali Tootian**, mathematics teacher.

Zou said that the club gives members a “chance to enjoy themselves and learn useful sport fishing techniques.”

Meetings will be held occasionally in school, however, most of the activities will happen on the water during the weekend. Crabbing activities will occur in Rocky Point Park, while fishing activities will be taking place in the Fraser River. “It’s one of those sports that’s good for people seeking calmness, quietness, and those who really like nature,” said Tootian.



GAVIN FINDLEY PHOTO

GAZING AT THE SEA: Grade 10, gazes at the sea surrounding Galliano Island on the latest of two COAST trips.

Coast tackles back-to-back adventure trips

AUDREY HAR
Staff reporter

Between March 29 and April 7, COAST students biked and hiked on two trips, each for three days and two nights.

The students went on a hiking trip to Stein Valley, from April 5th to April 7th, just outside of Litton, led by **Shawna Smith and Krista Bogen**, COAST teachers.

Students took a four-hour bus ride, a Cable ferry across the Fraser river, hiked up into the trailhead, then 4km to their first camp. According to Smith, “the students did not get much training for this trip.” However, they learned how to filter their water and basic survival skills.

On the second day, students hiked up the Devil’s Staircase, walking on a rocky terrain, reaching their second campsite.

“It’s called the Devil’s Staircase because you’re basically on a cliff, so below you, you can see the river and there’s rocks and trees everywhere,” said **Ursula Lee**, grade 10.

Several hardships occurred. “My backpack

wasn’t put on right for more than half of the trip, which was a big struggle,” added Lee.

On the third day, students walked 16km back to the bus. Despite the struggles, students enjoyed themselves in both trips. “I think that it was the trip that really got us bonding more as a class compared to the other trips when it was very superficial accommodations,” concluded Lee.

Students also went to Galiano Island from March 29 to April 1. They biked around the whole island, for a total of 80km.

“It was a moment to remember,” said **Leo Cho**, grade 10. “All the good and hard times made it memorable, and the people who made it hilarious.

“My most memorable moment was coming into camp after that 15km bike ride because it’s that feeling of accomplishment that you make it there before sundown which is our team goal,” said **Michael Marsolais**, grade 10.

Students biked for 15km on the first and third day, and 50km on the second day.

Although the trip was filled with

excitement, there were some challenging moments on the hills, even though the students had received basic training.

Students also gained knowledge on bike mechanics, such as how to change gears, fix chains, change tires, bike safety and more.

“They did struggle at first for sure,” stated Smith. “There’s a lot of hills on that island, so the up part is quite tough, and figuring out which gear to use, but the second day they made it: they enjoyed the downhill,” stated Smith.

The students biked around the island, making their one and only biking trip memorable. “I was really proud of them to make it ... and it was tough, but they had a good attitude,” added Smith.

For the next trip, students will be kayaking the Sunshine Coast, April 25-28.

COAST will be hosting a fundraiser movie night with the Vancouver International Mountain Film Festival by screening movies related to mountain biking, hiking, kayaking, and outdoor movies on April 20th in MPR at 7pm.

Sleep out raises awareness for homelessness

SUNGWOO HWANG
Staff reporter

On April 5, the sleep out for Covenant House happened, which raised nearly \$6,000; 19 people slept on the street to raise awareness for youth homelessness.

Covenant House has been a non-profit organization since 1997 and serves Vancouver street youth but is also found in the lower mainland.

The sleep out initiative has been happening for years and it was a huge impact bringing awareness to the street youth and brought more money to the program. The first ever student edition started two years ago. Gleneagle started it last year and raised near \$5000 with 16 people.

“Being a participant last year enabled us to learn and further enhance the experience this year,” said **Zahra Bharucha**, grade 12 ConX member. “The sleep out gives us a quick glimpse of what it feels like to be living on the streets.”

ConX members have been planning this event for three months. They had Covenant House representatives come and speak, and they visited several leadership classes to gain support.

“I’m very satisfied with how it turned out,” said **Adam Hayes**, teacher of ConX. “The

organization was top notch. All of the details were thought through very well. We had the mayor of Coquitlam and two school trustees come and participate. The students had very well thought out activities, and the event created a mood.”

“I think the event went really well, and I definitely recommend others to try it out,” said **Tali Berlin**, grade 12 ConX member.

“Even though one night outside of a high school isn’t anything compared to what homeless youth actually go through, this experience does help at starting to break the stigma and stereotypes, replacing fear with empathy,” added Berlin.

“I was a bit sick after the sleep out, however, it’s part of the experience,” said **Adalynn Mai**, grade 11.



YASAMAN HOORFAR PHOTO

SMILE BEFORE THE NIGHT: students smiling to the camera showing their faith towards the night.

Girls rugby still aim for provincial berth

BORIS KIM
Staff Reporter

The senior girl’s rugby is off to a rough start with two losses in league games this past month against Mission secondary and Semiahmoo secondary. They still have an opportunity to proceed to the BC provincial championships if they do well at the Fraser valley on May 5.

“We tried really hard and pushed through our limits in efforts to win,” said **Beatriz Roque**, grade 11. “The games were really close but we lost our focus, communication is something we’re struggling with. But the season has just started.”

Apart from their losses, the team participated in exhibition games, including three against teams in California, winning one of the games. They also won against Cowichan and Maple Ridge secondary.

“California was a really great opportunity for the girls to get to know each other as friends but also as players,” said **Kelly Cooper**, team manager. “They saw how they work as a team and looked at their skill-set and sharpened their skills.”

There is a mixture of players on the team, so the more experienced ones aid the rookies a lot to help them improve.

“My goals for the team this season include helping the first and second year players gain confidence and further their skills,” said **Cassidy Fraser**, grade 12 team captain. “We are trying to establish stronger bonds between teammates.”

“My goal is to always put in my full effort whenever I play, whether that’s in practice or in a game,” added **Nicole Huang**, grade 10 and first year player. “I also want to learn and progress as much as I can by expanding my knowledge about rugby.”



BORIS KIM PHOTO

RUNNING FOR THE BALL: Grade 10, is making a move to catch the ball. From left to right: Grade 11s

“I think the team’s strength include our eagerness to play the game wisely and the leadership we have on the field from the more experienced and confident players,” added Fraser.

The team’s routine includes fitness and drills such as tackling, rucking, and passing. Before games, the team splits into two groups of forwards and backs and works on what they would do during the game.

The team is currently coached by **Stevi**

Schnoor, team coach, a former Gleneagle student, that had played on the team as a student is now a teacher in the district, and has been coaching Gleneagle’s senior girl’s rugby for ten years. Cooper also has years of experience in managing the team.

“We lost some games but we can totally turn it around,” added Cooper. “We’re still getting to know each other as a team and we’re keeping our fingers crossed that we’ll make it to provincials.”

Badminton team wraps up season with losses



AJ LAHOUAOULA PHOTO

CATCH THE BIRDIE : (left), grade 12, steps forward to catch the birdie while his teammate, (left), grade 12, prepares for their next attack move.

AJ LAHOUAOULA
Staff Reporter

The senior badminton team is rounding off its regular season and sits in sixth place out of seven competing district schools. The team has accumulated 27 wins over 66 games and hopes to qualify for upper Fraser

valleys, in May, through the senior districts hosted tomorrow at Gleneagle.

On April 5, Gleneagle played its final regular season game against Port Moody and Riverside, losing 8-3 and 9-2. Despite the season’s results, the team remains “impressively determined and focused,” said **Nima Yazdi**, grade 12.

As the regular season nears its finish, the entire group has faith in **Ivan Liu** and **James Zhang**, both grade 12, the star doubles pair of the senior team. “The top talent from schools like Pinetree and Port Moody are fierce players that train endlessly, but [Liu] and [Zhang] are definitely skillful enough to upset their expectations for easy wins,” said **Nicola Cridge**, coach.

Based on the duo’s current performance and standing, they are “very likely to move on from districts into Upper Valleys this coming Friday,” remarks Cridge.

Beyond the double pair, some players think the team may be lacking the necessary practice time to be transforming its potential into points. “Although our players are naturally really good, our training is pretty relaxed, and I feel that it lacks the intensity necessary for us to really excel as a senior team,” said **Josh Lin**, grade 12. “That being said, the social factor makes for a really positive team environment.”

“While other school teams have been training year round for the season, Gleneagle’s team has only been practicing and playing for a few weeks,” said Cridge. “I always tell the top players to pursue additional practice outside of the school team if they’re looking to do really well individually and make it past the qualifying tournaments.”

Outside of wins and losses, team members see the competitive spirit and friendliness as equally important for results.

“Because the team is very comfortable with one another, the camaraderie among players is really helpful for the team dynamic,” remarks Yazdi. “In trusting one another during practices, we can ensure better communication and better synergy in our actual games, where each point really matters.”

SPORTS in Brief

Golfers tee off to defend championship

Golf season is starting up, and the Gleneagle golf team is as ready as ever for the upcoming season. Last year the team won provincial championships, and this year they hope to defend that position. With all players from last year returning and an additional few grade 9s, they have 9 members playing on a semi regular basis. In tournaments, 5 players make up a team so they will be drawing their team members out of the 9.

“We have every reason to believe that we should have great success this year as well, especially with the new players as we always want to have new talent enter the team,” stated **Brian Unger**, coach.

The golf team hopes to tighten their bond as a team as well as increase their skill in the upcoming months.

– Kiuko Notoya

Rugby teams travel to Northern California

From March 16 to 22, about 40 of Gleneagle’s students traveled to Northern California for a rugby tour. Both teams played 3 games each against California’s top rugby clubs: Piedmont, Pleasanton and Dixon, although they lost all three games. The girls rugby team won their first game against the Lady Eagles, but were defeated by Pleasanton and the SOLO Rugby Club.

Unfortunately on their last day, two out five vans had been broken into in the parking lot, both of their windows smashed and items missing. English teacher, **Kelly Cooper**, unluckily had her entire suitcase stolen. Fortunately for the students, they had previously unloaded all their luggage.

– Beatriz Roque

Tough season start for senior boys rugby

On March 31, the senior boy rugby team completed their first league game against Elgin Park, tenth in the province. The first game unfortunately ended in a loss, as well as to Carson Graham, sixth the province, on April 8.

“I feel confident in the new season as well as competitive because we will be the smallest team on the field in every game we play,” said **Cooper Johnston**, eighth man of the team. According to **Chris Turpin**, coach, the team is still dealing with the injuries, and it affects the players on some level.

“I’ve been with some of them since grade 8 and that bond is what creates our success,” said **Sam Yi**, grade 11. There’s not only a bond between the teammates, but also the bond between the coaches and the players. Yi said that Turpin created the rugby program and since then the players stood together facing every circumstances.

The tour to San Francisco strengthened the bond between the teammates and the team got back into their routine practice immediately after their San Francisco trip. “We went for two games in California. Unfortunately we lost to both but they were excellent among the whole country. They showed their skills and our players did learn a lot,” concluded Turpin.

– Victor Xu



SHOWING THEIR TRUE COLOURS: Gleneagle students represented their grades last week at the Spirit Assembly which fundraised for the Syrain Refugees. Grade 12s, struggled in the tug-a-war against grade 11, who drove the Grade 11 team to victory. Grade 9,s participated in the trivia game. **Ken Cober**, principal, had his hair coloured blue as a result of the grade 11’s winning the spirit assembly.



ALIROD AMERI PHOTO

Talons pull together to show support for Syrian refugees

CHARLES LEE
staff reporter

Last Thursday, Talons came out and sported clothing of green, yellow, blue, red, and black as part of the second annual spirit assembly. This event was hosted by Con-X in conjunction with the Me to We club. Students participated in activities and all the grades competed against one another. The grade 11’s were victorious, and as a reward students saw principal **Ken Cober**, temporarily dye his hair blue in honour of their team colour.

Students played games such as trivia and tug-a-war at the assembly. In the end, the grade 11’s came out on top, with grade 12’s and the staff being close behind, coming in second and third.

The event saw speakers such as **Ali Tootian**, mathematic teacher and **Fin Donnelly**, MP for Port Moody-Coquitlam

who spoke about the hardships of refugees as well as how people can contribute.

“This year’s assembly, I was just really proud of the amount of spirit that came out of Gleneagle’s students today,” said **Jamie Fajber**, grade 11, who was one of the MCs . “It was way more than last year’s... like being able to see a solid mass of colour times four. That was epic. That felt so good, and I had a lot of pride, and in that moment it felt like family,” added Fajber.

Adam Hayes, the leadership teacher, thought that “it was a huge success, the spirit of the students was super high. We had a great cause, great guest speakers, then throw in the fact that we had these awesome games that were all student created and student ran. I mean, how can I not be proud of that.”

This year’s theme was based on the recent Syrian refugee crisis. Con-X and Me to We members sought to raise awareness for the refugee crisis while also raising school

spirit. Studens started planning the assembly in January.

“At the end of the day we just wanted people to have fun,” said **Annie Shiau**, grade 12 student, who helped plan the assembly alongside the leadership students. “We wanted this assembly to be something fun and bring the school together while also delivering a message and allowing the students to contribute to a cause that we care about. Looking at it that way I think the school spirit was amazing and definitely exceeded our expectations.”

The assembly raised \$822 for the refugee families in the Tri-Cities area. The funds will be used to purchase “Welcome to Canada” kits which are designed to help refugees settle in with items such as compass cards, school supplies, dual language books, and an Arabic-English dictionary. The kits will be donated to the SHARE society’s integration program.

“In this assembly, it wasn’t just yelling and

screaming. It clearly had a purpose,” continued Hayes. “We’re trying to raise money for backpacks for Syrian youth who feel disconnected.” says Hayes. “That was the message that had to get out, and I’m really really happy that my students did that,” concluded Hayes.



ALIROD AMERI PHOTO

Students shine in first ever district improv invitational showcase

NAZLIE NAJAFI
Staff reporter

On April 8, drama teacher **Amy Clausen**, planned the first ever improv invitational which was hosted in Gleneagle’s MPR. Gleneagle Secondary, Dr. Charles Best Secondary, Pinetree Secondary, Meadowridge Secondary, and Riverside Secondary shared the stage with Second Storey Theatre instructor **Graham Myers**.

The show started off with entertaining improv activities led by Myers and performed by students from each school. Gleneagle’s school spirit was evident in the crowd through cheers and laughter. Creativity and humour was strong in the students improvisations on stage. “It’s amazing that students can come out and participate in the arts like this.” said **Gavin Findley**, grade 10 student at Gleneagle.

“It’s a very loving and non-judgemental environment on stage. They’re all thinking on their toes and whatever happens just happens and you have to roll with it.” stated **Jordan Chambers**, grade 10 student at Gleneagle and Improv Club enthusiast.

Cassandra Williams, **Kylee Brown**, and **Natalie Rosner** grade 10s, participated in the invitational. Brown explained that Improv club has helped her grow as an actress. “I have really bad stage fright, so doing stuff that’s completely improvised has really helped me combat my fear.” said Brown.

“We all had no idea what it would be like but we’re really happy with how it turned out,” concluded Brown.

Benedict Mendes, **David Gogic**, **Rachel Hutton**, **Kelsey Hazelwood**, grade 11s, and **William Cassidy**, grade 12 also participated in the invitational.

“Gleneagle has been amazing, this is the first improv show and to see such a huge crowd and to perform with all of the other schools is so amazing,” said Mendes.

Myers and Clausen are long time friends who have decided to work together to get Second Storey Theatre to help out with Gleneagles improv club. Without the help of Second Storey Theatre, the improv show wouldn’t have gone on. Myers expressed passion towards creating an improv community for teens in the Tri-Cities. “Second Storey Theatre has been putting on a teen show for six years. It introduces teens to a fun and positive environment with other people who are looking to get to know each other.”

“Improv is all about the collective and for me this has been a great way to create that community within the tri cities,” explained Myers.

The crowd roared with laughter all night long as students used their creativity to come up with wacky and funny improvisations. “It’s the funniest event that I have attended at Gleneagle. It really brought people together, and I’m totally looking forward to attending the next invitational,” stated **Emma MacDonald**, grade 10.



NAZLIE NAJAFI PHOTO

PASSIONATE IMPROVISER ON THE SCENE :
Student performing at last Friday’s improv invitational.