

Students remember, honour Canadian veterans

JENNIFER KOU
Staff reporter

Gleneagle students showed respect to Canadian veterans who fought and lost their lives to previous and ongoing war efforts in the student assembly on November 7.

“Remembrance Day for me is remembering those who came before us, those who made the sacrifices, sometimes the ultimate sacrifice of giving one’s life for their country,” said guest speaker, Petty Officer First Class **Brendon Warwaruk**, veteran of the Canadian military mission in the Gulf of Oman.

“[Soldiers] did it so we could protect you guys; protect your rights and your freedoms so that no one steps on what you think is important so you can keep living your life as you do today,” Warwaruk said.

This respectful sentiment was reflected in the silence that greeted the sea cadets who marched in with the Canadian and B.C. flags, accompanied by a bagpiper and a drummer from the SFU pipeband.

“It’s something to be proud of that we can show our respect to the veterans for what they’ve done,” said cadet **Aarman Bondar**, grade 12.

Following the procession, choir students sang *Hallelujah* and *The Prayer of the Children* to commemorate this occasion.

“That song [*Prayer of the Children*] really captures the heart of the audience and gives a message of what we want on Remembrance Day,” said **Sarah Lee**, grade 11. “It emphasizes what the soldiers went through and how the children want peace.”

Remembrance Day reminds students of the consequences of war and the multitude of lives lost to conflict. These events are taught in social studies classes, but “unless [students] are related to someone in the armed forces, they feel like that is something distant and the military is something detached from daily life,” said chair of the organizing committee, **Derek Wong**, grade 12. “We don’t see many soldiers around. We don’t see many men and women who serve our nation around in uniform.”

Warwaruk emphasized “What we do in uniform is often forgotten or not even recognized. I don’t know how many times I’ve been dressed like this [at the Vancouver airport] and got asked for directions,” he said.

“How often do we forget the men and women that sacrificed their lives for us to maintain the luxury of freedom we relish in every day?” asked **Stephanie Lui**, grade 12. “Though the deaths of Canadian soldiers may seem distant to some of us, we cannot forget their efforts [in] protecting our homeland.”

Coquitlam Mayor, **Richard Stewart**, was also present at the event and added, “There’s no question that this is one of the most respectful and inspiring ceremonies I’ve attended this year.”

He reminded us of the importance of remembering, “otherwise we are at risk of losing the respect and the appreciation we should have for the veterans who have given up so much for the freedoms we enjoy today.”

Warwaruk left with these words of advice: “If you want to pay homage to your veterans, when you see someone in uniform and they have medals on their chest, simply say “Thank you.”



TAKING A BITE OUT OF THE BIG APPLE: Gleneagle drama students explore the wonders of New York City. See story on page 8.

Code yellow! Wandering bears not welcome at Gleneagle Secondary

ANNE RHEE
Staff reporter

When a bear wandered near the school property three times on November 4, the administration team announced a code yellow lock down to keep all students and staff safe inside the building.

Another bear was on the school property at night of November 6 and “it became stuck in one of our garbage containers,” said **Jeremy Clarke**, vice principal of Gleneagle.

The school is experiencing more code yellows than before beginning with a lockdown last June when a bear came up to the main front doors of the building.

Code yellow lock down is to keep students from dangers outside of school, such as a car accident with dangerous chemicals involved or “maybe there was someone who has done something wrong in the community and the police are trying to apprehend someone,” noted Clarke. “Or it could be something as simple as a bear coming to our front door.”

In comparison, code red lockdown is something more serious and “if we do a code red, [it] is because there’s someone in the building who we think could harm someone and no one leaves the room,” said Clarke.

“Everyone’s to be ... out of sight if possible

from the doorway and we [would] try to make sure we have Coquitlam RCMP responding,” he added.

Clarke said, “We need students to remember that we do [code red drill] for a reason. We hope we never have to do it for real but we do need to practice.”

“When [the administration team] announce that we are having a lock down, class does get a little distracted. But after the teachers lock the door, everyone settles down and continues on with what one is doing,” said **Shirley Cha**, grade 11. “The lockdown makes us feel safe and protected.”

Clarke emphasized the importance of practicing the code yellow and red lock

downs as the school practices fire and earthquake drills regularly. “We take it fairly seriously because it is all about students and staff’s safety,” said Clarke. “[So] we really appreciate the fact that students and our staff have taken it seriously.”

“I always felt the students knew what to do, they knew what was expected of them and that they took it seriously,” said **Aryn Gunn**, art teacher. “I also think it is a good practice [because] we would know what to do. And we would just automatically go into action,” she added.

Along with the regular fire and earthquake drill, there might also be another code red drill this year, Clarke noted.

INSIDE

REMEMBERING ALL YEAR LONG: Just because Remembrance Day is over, it does not mean we can forget the sacrifices soldiers make everyday.



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GROW YOUR MO: The staff and students of Gleneagle participate in the month long event of growing a moustache to raise awareness for men’s health.



SWIMMING INTO PROVINCIALS: Coach Mark Tustin is hopeful for his students to medal at today’s swimming competition.



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ONtheCALENDAR

NOVEMBER 20
NOVEMBER 25
to DECEMBER 1
NOVEMBER 27
NOVEMBER 29
DECEMBER 4
DECEMBER 4
DECEMBER 4

Night of the Notables
Graduation Photos

Night for Visual Arts, Digital Media and Film
Pro-D Day
Post Secondary Arts Night
COAST Information Meeting
Fashion Show



Honouring those who fought for freedom, year-round

Remembrance Day is over, time to put the poppies away for next year and start gearing up for Christmas! Right? Wrong! As the plastic red flowers start disappearing from our chests, the sombre mood accompanying those flowers go with it. Canadian soldiers do not stop dying and giving up their lives simply because it is no longer November 11.

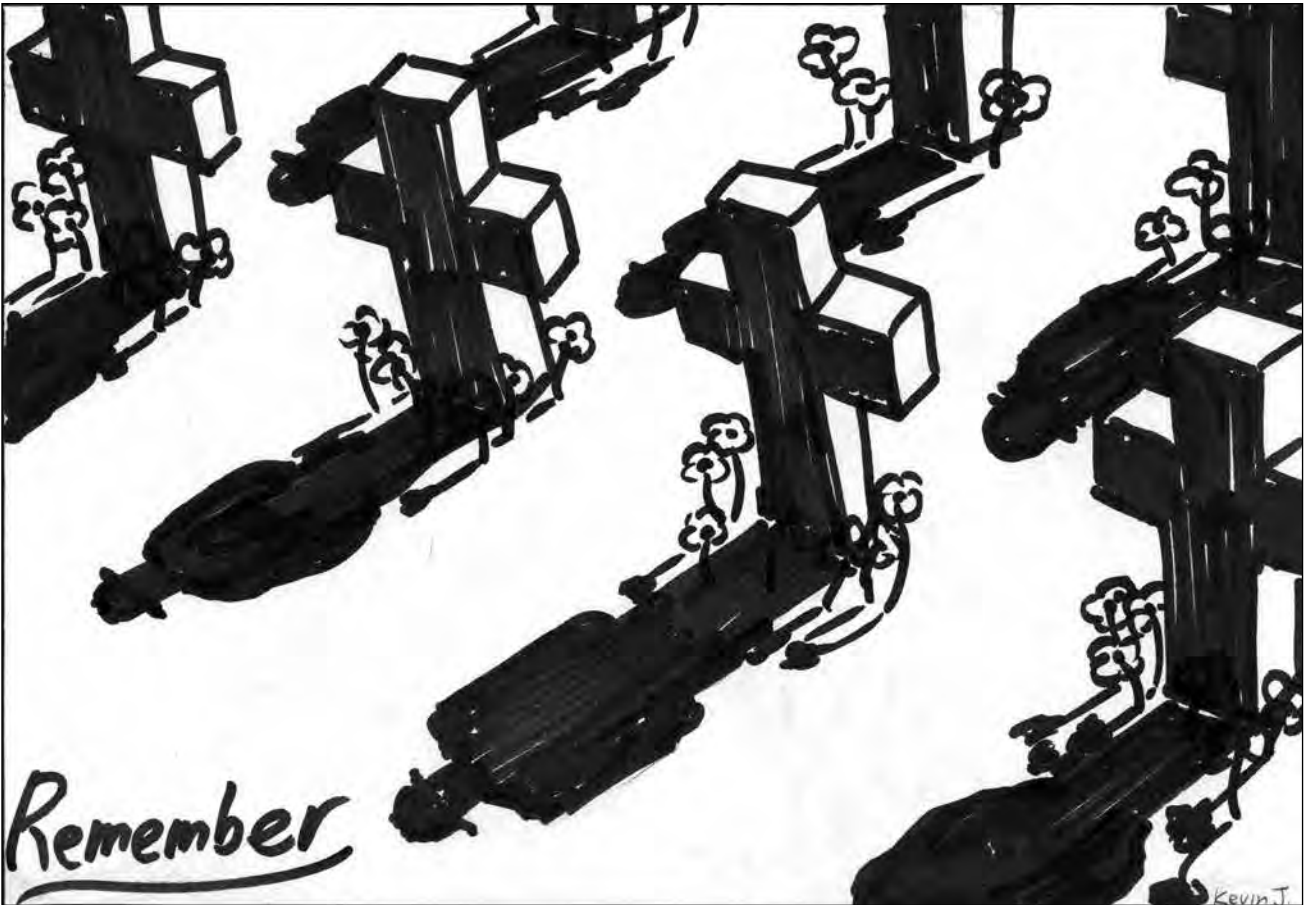
Men and women work year round to fight for the freedoms Canadian citizens hold dear — to fight for you. Canadians currently deployed may not be home this Christmas to see their families, or this Valentine’s day to see their sweethearts. There are families here in Canada who will never again see their loved ones because they made the ultimate sacrifice and gave up their lives for the sake of ours.

According to the Department of National Defense and the Canadian Forces, if a CF member is released from duty because of a disability, they are entitled to an unreduced pension if they have accumulated 10 years of pensionable service. Unfortunately for some Canadians, they become disabled in combat earlier than that ten year mark. Essentially they may have made a significant sacrifice, but these wounded may no longer be able to integrate into the civilian work force.

Corporal **David Hawkins** of London Ontario was diagnosed with Post Traumatic Stress Syndrome from his time in combat fighting in Afghanistan.

This brave war hero has been ‘booted’ out of the military, so to speak, simply because he is no longer able to meet the universality-of-service rule. This rule states that any person no longer able to meet the defined standards can be dismissed out of the military without pension. Hawkins pleaded to be allowed to stay the extra months in order to be in service for ten years, but was dismissed in his ninth year without pension. This is not a unique case, and Hawkins is not alone in his struggle to settle into civilian life while coping with PTSS and no financial aid.

This is ludicrous; the supposed reasoning behind sending our soldiers unwillingly away from service is that they become too injured while serving the country to carry on in



their work. This means that if you lose your hearing and both of your legs protecting Canada, then Canada won’t repay the favour if you have given anything less than ten years of service. Hawkins has been the subject of much controversy and the focus of many pointed questions in parliament as his and others’ stories come to light. Remembrance Day may be what many of us think of when it comes to acknowledging our heroes, and that’s the way it

should be. However, it should not be the only day that we stop to think about the people who risked their lives for ours and those who continue to do so. As members of a democratic society, it falls to each and every one of us, and our government, to remember our soldiers year round, and to fight for our veterans when they are no longer able to fight for us.

Tobacco companies prey on teens, desperate to stay in business

Edge columnist

Did you know that tobacco kills 45,000 Canadians a year? Did you know that there are over 4,000 dangerous chemicals in cigarettes, cigars and pipe smoke?

Smoking damages your lungs’ natural cleaning and repair system and traps cancer-causing chemicals in your body. When this system is damaged, germs, dirt and chemicals from cigarette smoke stay inside your lungs. This puts you at risk for many cancers such as lung, mouth, lip, throat, voice box, pancreas, breast, stomach, liver, and kidney as well as, leukemia, gum disease, and many more.

Smoking makes breathing harder for your lungs to take in the oxygen you need and harder to get rid of the created carbon monoxide. This makes you feel short of breath and tired which is one of the signs of lung damage from smoking.

Some of the other signs are coughing, spitting up mucous and repeat chest infections. Unless you do something immediately, these symptoms will keep getting worse.

Most people who become smokers start in their teens. Tobacco companies are desperate to get teens hooked; as hundreds of thousands of adult smokers quit or die off, tobacco companies need teens to start smoking, so they can stay in business.

One way that tobacco companies target

youth is through media. The more teens who see actors smoking on TV shows or in movies, the more likely they’ll try it themselves. Non-smoking teens whose favourite stars frequently smoke on screen are sixteen times more likely to have positive attitude about smoking in the future. Companies

“Most people who become smokers start in their teens. Tobacco companies are desperate to get teens hooked; as hundreds of thousands of adult smokers quit or die off, tobacco companies need teens to start smoking so they can stay in business.”

— Edge columnist



pay movie producers big money to promote cigarettes in the movies. The second way of targeting teens is with advertising. These companies try to make tobacco look cool and show its use as an “adult” activity so that a child can pretend to be grown-up by smoking. Influence of friends and family members also plays a role in teens’ decisions to smoke. “My friends smoke;” “I just wanted to try it;” “I thought it was cool;” “My parents smoke.” — These are some of the reasons. Teenagers are prone to peer pressure. Over 70% of teens say that having friends who

smoke and/or peer pressure is the number one reason for starting to smoke. In Canada and in most of the other countries, men smoke more than women. Approximately 1.5 million women die every year from tobacco use around the world. Many girls smoke in the false belief that


it is a good way to control weight. Low self-esteem is associated with smoking among girls, and available evidence from some developed countries shows that girls have lower self-esteem than boys. The advertisements used to attract women draw on gender stereotypes and falsely link tobacco use to concepts of beauty, prestige, and freedom. Smoking rewards women with risk of cervical cancer. Unless urgent action is taken, tobacco use could kill up to 8 million people every year by 2030, of which 2.5 million would be women.

So if you are concerned about your health or someone else’s who smokes cigarettes, here are some ways to quit smoking: Pick a quit date: Don’t wait for the perfect day, just pick a day within the next two weeks and work with it. Write your reasons for quitting down (e.g. health, family, money, a pack of cigarettes a day costs \$3000-\$4000 a year!). Write down some new hobbies you can do instead of smoking which will keep your hands and mind busy. If you feel comfortable, speak with friends, family, and colleagues and ask for support. Tell them your plan to quit, so it feels more real to you. Start making changes to push smoking out of your daily life. Make your house and car smoke-free, so no one is allowed to smoke inside. You can also join a support group for people trying to quit. Research shows that people in quit-smoking support groups are more likely to quit for good. If you slip up, don’t give up. Try quitting again. Each time you try, it will get easier. You will be one step closer to quitting for good. It’s never too late. By stopping now, within one year of quitting smoking your risk of dying of a heart attack drops by half and within 15 years your risk of dying from a heart attack is the same as a person who never smoked. Quitting is worth it. You’re worth it.


TALONSTalk

With the midterm report cards distributed yesterday, *The Edge* asked:
“What’s your most memorable reaction to your report card?”


“No internet for the next month.”
—grade 9




“My best reaction was when I found out I got straight A’s; I decided it was a smart idea to jump around in the hallways for half an hour.”
—grade 10




“I don’t really care about my report card. I get nervous when I see it so I’d rather not look.”
—grade 12






“The worst reaction was when I got so mad. My mom wanted me to go back to China when she saw it!”
—grade 11



“I am the smartest dude to ever live.”
—grade 9



“I thought someone stole my real report card and made it better. I didn’t believe it was my report card.”
—grade 12

Political correctness - prejudice prevention, or censorship?

Edge columnist

We’ve all heard the saying, “Sticks and stones may break my bones, but words will never hurt me.” But some words are designed to cause shame at inherent differences such as gender, appearance or race; others seek to target your age, religion, or social class. Despite what our mothers told us, these words *do* hurt – no one enjoys being called something that is derogatory and disrespectful.

The term ‘politically correct’ rose out of the 1970s. It encouraged unanimity by trying to reduce the use of words that could cause affront or exclusion of any individual. Political correctness soon began to eradicate words referring to race, gender, disability, among many others, that were deemed offensive.

Terms that were once widely used throughout the medical professions but later as insults, (such as spastic, mongolism, and retarded) were replaced with the umbrella term “disabled.” Furthermore, if someone is deaf, they are ‘audibly challenged’. If someone is blind, they are referred to as ‘visually challenged.’ Replacing expressions that are derogatory with regard to physical or mental disabilities is commendable. After all, people have disabilities; they are not defined by them.

Potentially offensive racial slurs have been changed to discourage racism. Many job titles were also changed to accommodate both genders, such as replacing policeman with police officer, stewardess to flight attendant. We have seen the decrease in publically expressed radicalism and, generally, more open minds. These changes reflect the new trend of the western world towards respect and awareness of differences.

“These terms are harmful, destructive, and imply serious accusations of prejudice yet many throw them at the drop of a dime.”

—Edge columnist



reputation or ruin a career.

Many times, these are casually used, based on nothing more than an out-of-context comment or a misguided attempt at humour. You overheard someone making a joke about how Asians have small eyes? Well then they *must* be an ignorant racist pig-head.

Now consider the definition of racism: a belief that race is the primary determinant of cultural or individual achievement and

those racial differences produce an inherent superiority of a certain race. How many people do you know fit that definition?

I wonder, do people understand the meaning when they call someone a racist jerk? Jerk maybe, but racist? Perhaps not. Without taking into account the seriousness of these labels, we are simply indulging in belligerent name-calling based on an

attempt to enforce political correctness.

I remember being in grade 5 and asking my teacher why people from different parts of the world looked different. Ignoring my question altogether, she took the opportunity to lecture me about how it was wrong to ask questions that might make other students feel different. She never answered my question; I never asked it again.

If we can’t even ask questions or discuss differences based on simple observations and curiosity, then how can we ever hope to overcome ignorance about different cultures or races?

The political correctness movement has gone too far. While the original intent of political correctness may have been to prevent discrimination, its effect has been to discourage the discussion of these sensitive topics altogether. Everyone is so scared of being labeled as ‘sexist’ or ‘racist’ that we all tip toe carefully around issues of diversity. We have successfully scared the masses into a self-imposed gag order.

To those who serve as social justice warriors: I understand you’re coming from a place of good intentions. But I implore you to reconsider your finger wagging and indignation, as the impact has been to stifle and censor all discussion. How can we empathize and understand this eclectic world we live in if we are afraid to even ask?

LETTERStotheEDITOR

[Re: Socializing with real humans - rehab to your social media addiction]

Regarding Yasaman’s article, I find the tone to be rather condescending. Facebook is not always a “drug,” and not everyone is addicted to it. I don’t think social media should attach itself to a negative connotation. Many people, like myself, rely on social media and online messaging to stay in contact with people we are unable to socialize with in person. Without the convenience of Facebook and other social media sites, I would not be able to maintain close relationships with my loved ones abroad. Stating that social media “wastes time” is unreasonable, in my opinion.

P.S. I do know how many zeros a billion has.

— Shirin Forouzan

[Re: Gleneagle senior students ask to bleed for good cause]

I think it’s a great idea to let students donate blood to those who need it. By donating to those who need it, you could be saving a life or helping those in need. Just taking a simple 10-15 minutes out of your own life could actually save someone’s life. If you think it’s a waste of time, put yourself in their shoes; maybe it would be worth while after all. For someone who’s scared of needles, but wants to help, it’s a great chance to overcome your fears.

— Shania Cheung

[Re: Socials 11 field trip explores Downtown Eastside Community]

In Brian Cheong’s article he writes about a class field trip to downtown eastside which is a great idea because it gives students an opportunity to look past the cardboard sign

and dirty clothing to see these homeless people as human beings.

— Beatriz Roque

I enjoyed reading Brian Cheong’s article “Socials 11 field trip explores Downtown Eastside Community”. I agree with the fact that the homeless are people and deserve to be listened to. People often overlook or harshly judge the homeless but I think that is unfair. This field trip seems like a great experience to open up a new perspective on our community and I would like to have the opportunity in the future.

— Sylvia Zhang

[Re: Freelance YouTube project takes off with gusto]

Anika Lee’s article on Parker Copeland and Catherine Sutherland’s Youtube project

shows a great example of overachieving students taking initiative! Their project shows exciting possibilities for both student and school recognition, and it’s wonderful to see young students activity pursuing their goals and stepping outside of the regular drama curriculum in order to gain more from their high school years. It’s also great to see Hammond Yau involved, and to do an original Gleneagle play!

— Jacqueline Schaffer

The article about the youtube project by the two grade tens written by Anika Lee was really great. I think that it’s a fabulous idea that these students are taking it upon themselves to pursue what they love to do, despite not having a teacher sponser. I’m looking forward to getting the chance to see the outcome of this project.

— Brianna Horton

Student council collects screams, fear, donations for SHARE



ENTER IF YOU DARE: Student council members spooked students who braved the Haunted House in the name of raising money for SHARE.

YILIN ZHANG
Staff reporter

Gleneagle’s student council celebrated Halloween with the won-doll-ful scary movie night and boo-tiful haunted house to bring the school together as well as unite the student council group on October 30 and 31.

The scary movie night resulted in over 40 people that came to watch *Dead Silence*. This charity event, organized by **Iris Seo** grade 12, raised money for the Tri-City Food bank and SHARE.

Lack of teacher sponsorship set back the scary movie night, but the student council was proud that the night went smoothly.

“I loved seeing the unity between the student council members,” said Seo. “Witnessing all the Gleneagle students who participated in the event [who] also participated in the BYOB (bring your own blanket) theme and had fun was something extraordinary.”

Free concession tickets and Starbucks sponsored prizes were given in the raffle draw.

The Gleneagle haunted house was also successful with over 250 students who attended and over \$170 profit raised and donated food.

The haunted house featured volunteer actors dressed up in full costumes with complete make up done by **Marwa Elgabry**, grade 12. The screams of those who dared to go in demonstrated the haunted house’s effect.

The haunted house was split into three

categories, an asylum with mental patients, a carnival full of frightening clowns, and a locker change room complete with Bloody Mary.

Joyce Chang, grade 12, creative director of student council, led the group behind the scenes, and pulled them through the chaos of setting up, taking down, making sure this event was a success.

“My worries were that we weren’t going to finish in time,” said Chang. “We had a lack of people, lack of help, and lack of materials,” she added.

This year’s haunted house had some improvements over last year’s, with the location inside rather than outside in a portable in the rain. The timing also didn’t conflict with any Canucks games, and started earlier, resulting in a larger turnout.

Chris Turpin, socials teacher, brought his kids for a taste of student council’s spookiness and his kids enjoyed the scary experience with tears flowing.

“I was really proud of my exec and the student council members,” said **Derek Wong**, grade 12, the chair of student council. “I’m really glad the Gleneagle student body had this experience,” he added.

“I hope that by the end of the year, we’ll be able to become a strong group of people that will be able to influence and make an impact [on] the school,” said **Sarah Lee**, grade 11.

Gleneagle students can look forward to the winter events, including winter spirit week, Santagrams, possibly even a winter formal.

TALONS students impersonate notables in learning experience

MARIE TURCOTT
Staff reporter

TALONS transform into character for their annual Night of the Notables on Wednesday, November 20. Every year, the students choose someone they believe to be eminent, and spend a month getting to know this person.

“They’ve been researching an ‘eminent person,’ so someone who has significantly impacted the world for the better, and they’ve been learning about their life and basically how those individuals got to become those people,” said **Bryan Jackson**, TALONS teacher.

The students have been busy gathering research in preparation for the special night.

“I’ve been reading books that we got at the library trip, researching, interviewing, emailing people,” said **Eric Jang**, grade 9. “We went to MacLeod’s bookstore and the Vancouver Public Library, and it was really cool.”

They are also getting ready to build the learning centers and practice the speeches they are going to present throughout the evening.

“Only grade 10s do speeches and everyone has to do learning centers,” said **Cheslie Chen**, grade 10. “Learning centers are where each student displays a portion of their project on their person.” The tradition is to have the grade 10s spend the night in costume as their character.

“What I like about the eminent person project is that people can get more engaged in their own learning and have some choices with who they study, what they’re learning,” said **Quirien Mulder ten Kate**, TALONS teacher.

“It’s also a project where they’re very interdisciplinary. It involves writing, it involves speaking, putting the actual event together too, and I think it’s a very good example of where we can do projects that cross different subject areas,” Mulder ten Kate added.

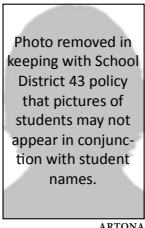
“We get to choose to study someone who interests you, and inspires you. You don’t necessarily get that opportunity in regular English classes,” said **Nadia Hakeem**, grade 9. She chose “**Serena Williams**, because she’s an athlete and I play sports too.”

“It’s a valuable experience because we get to learn about something that it is interesting to us in an in depth way,” agreed **Kyler Dickey**, grade 10, whose eminent person is Jim Henson, creator of *The Muppets*. “I think that **Jim Henson** was a great entrepreneur in the business of making learning fun,” added Dickey.

“Last year, I liked the learning centers part best, because

I’m creative,” said **Elle McCleave**, grade 10, studying **Beryl Markham**, a British author, aviator, adventurer, and racehorse trainer.

“ I think that Jim Henson was a great entrepreneur in the business of making learning fun.” — **Kyler Dickey** grade 10



“This year, I plan on splitting a study area with someone and making it look like the inside of a plane; the walls will have paintings of the ocean she flew over, with control panels,” McCleave added.

Everyone agreed that one of the biggest challenges was conducting an interview with someone who either knew

their person, or someone who specialized in the same field. These interviews are one of the things that make this project unique from other school assignments.

“In school, we don’t give students a lot of opportunity to celebrate their own learning. When they do a project, their peers see it, their teacher marks it, it goes back,” said Mulder ten Kate.

Jackson sees advantages to learning this way. “Two things: firstly, I hope that they get to know a historical figure, get to know a little bit beyond what their achievements were. They learn a little bit more about the human behind that famous person, and hopefully they find a little bit of connection there,” said Jackson.

“The other thing is going beyond what you generally associate with school projects. [The students] wind up doing things where they’re like ‘holy smokes, I can’t believe I did that,’” he said.

“This project allows us to learn about other important people, but it also gives us a chance to learn more about ourselves as well,” said **Aidan MacDonald**, grade 9.

Bio students explore under sea learning

JENNY YANG
Staff reporter

Gleneagle biology 11 students had their first hands on experience with marine animals on a field trip to the Vancouver Aquarium, November 5.

The trip allowed students to see and touch invertebrate animals that they learn about in biology 11.

“Some students have never picked up a sea urchin, handled a crab, or seen a coral before, and that is the biggest point,” said **Peri Morenz**, biology teacher and a key organizer of the field trip.

In the morning, students divided into two groups and each group went into a back area behind the jelly fish. This is an area open to school groups but closed to the public. Each group had a chance to compare marine animal body parts by dissecting squid and small fish. Also, they went to the Wet Lab where they could touch various marine animals. After the lab, students had free time to see the lives of the marine animals for the rest of the afternoon.

“I learned a lot from the trip,” said **Joyce Luo**, grade 11. “There’s this fish everyone thought had been extinct for hundreds of millions of years, but then it was found near southern Africa. It has legs and fins and scales and looks

absolutely terrifying,” Luo added.

Even though many students have been to Vancouver Aquarium before with their family and friends, this field trip was different and especially useful to students since they could interpret their knowledge of marine animals that they have just learned in biology class.

“From the biology trip, I have learned many things about how living things are connected to one another in life and how many of them, like the squid and fish which we have dissected, have gone through many stages of evolution to adapt and survive in the environment,” said **Bowen Fong**, grade 11.

Morenz appreciated students’ behavior on this field trip. She said, “Students showed respectable manners; they showed care for animals and were very polite with their staff.” Despite the stress of organizing the field trip, students’ positive participation made the field trip a success. “We are very lucky that we have such great students in the school,” Morenz added.

“I enjoyed the field trip, because not only I saw and experienced what animals are like in the wild, I have been able to see how people and animals can work together to put up a show,” said Fong. “Being able to witness their performance first hand was just magnificent,” he said.

Keep calm, grow moustache, fight for men’s health

AMY LI
Staff reporter

Gleneagle Secondary is immersed in the month long event, Movember, to change the face of men’s health. Participants of Movember include students and staff from both genders. Females are encouraged to play a role by having “Stache Surrogates.” This event is also known as No Shave November. Starting clean shaven on November 1, the males are encouraged to grow a moustache or beard based on preference.

How exactly will girls grow facial hair? **Scott Findley**, English teacher and participant in this event, suggested the “Stache Surrogate” to the female population within his classes. A Stache Surrogate can be a friend, family member, or whomever the girl asks from the opposite gender, to grow a moustache on her behalf. She will take a photograph with her Stache Surrogate prior to Movember and another one with him by the end to illustrate progress. Bonus marks are available for participants in Findley’s classes.

Findley and many other teachers have educated students about the Movember charity, equivalent to the Pink Ribbon charity in women’s health, and persuaded other individuals to participate. Many staff and students have participated in previous years. Participants include **Mike Parkins**, vice principal, and Findley who stated, “[This event] is getting the information out... [Because] men don’t like to talk about their health; [they] don’t even like to go to the doctor when they have a pain.”



LOOKING TOUGH AND SERIOUS: *Mike Parkins*, vice principal, strokes his cowboy moustache pensively. He’s growing it out for Movember, a month for raising awareness of men’s health.

“Movember is a life changing experience,” says **Nima Yazdi**, a grade 10 participant, “and a chance to feel what it’s like to grow facial hair. It’s a way to demonstrate support and raise awareness for men’s health,” Yazdi added. “The awareness is not only directed towards prostate cancer but also other serious health problems that we face as well.”

Movember, originating in Melbourne, Australia, was cofounded by **Luke Slattery**, **Travis Garone**, **Adam Garone**, and **Justin Goghlan** in 2004. This event amplified the awareness of prostate cancer and other male associated cancers, according to ca.Movember.com. In 2013, three million Mo Bros and Mo Sistas are inspired to participate across 21 countries, so far raising

a total of \$447 million with pledges for prostate cancer treatment and other health problems associated with the male gender. Movember’s goal is to reduce the amount of preventable loss of life and encourage men to adopt a healthier lifestyle. In process, it elevates the awareness in family cancer history. Canada is currently the principal country involved in Movember.

Gleneagle debaters rocking in UBC’s high school debate tournament

KAREN LAU
Staff reporter

Gleneagle debaters agreed to disagree at UBC’s high school debate tournament, facing a hundred teams from all across British Columbia.

Four junior and two senior teams represented Gleneagle in the competition. **Jeffrey Dawson**, grade 9, received the honour of tenth best speaker in the junior category, and **Colin Fowler** and **Laura Fraser**, both grade 11, were the thirteenth best team in the senior category. Several other Talons also placed in the top 40 for individual speeches.

Taking place over two days this past long weekend, the tournament is heralded as one of the largest in North America. This was just Gleneagle’s second year competing. **Iman Lahouaoula**, grade 12, participating for the first time, believes adjusting to the sheer scale of the competition was one of many trials the group faced.

“A lot of people [hadn’t] been to such a big tournament [before],” said Lahouaoula. “I think the big challenge [was] just... managing your stress and just being able to deliver a good speech when you [had] your time.”

“It [was] also stressful because you had to run around a lot... at UBC, which is really big,” Lahouaoula added.

The team’s main preparations aimed to lower stress levels as much as possible. Members took part in frequent lunchtime debates in the week prior, hoping to perfect their speeches.

“We prepped together during practices at school,” said Dawson. “We [did] practice debates and [heard] others’ points.”

This was especially important for junior debaters, who were given two out of three topics to prepare beforehand. Seniors participated exclusively in impromptu debates, which involved much more “thinking on the spot,” noted Lahouaoula.

Teams also took personal measures when possible, according to **AJ Lahouaoula**, grade 10, top 40 speaker in the junior category, who believes competing in a smaller tournament earlier this year also helped him “feel more prepared... and learn to properly formulate arguments.”

Reza Zarebidaky, grade 10, was also a top 40 junior speaker. He placed fourth at the Canadian national debate

competition last year, but still agrees the opportunity to practice is just as important as the outcome of the competition.

“In the end, you don’t care about your results. It’s basically how well you think you did and how you grow,” said Zarebidaky.

The debate team strives only for improvement, and

Grade 9’s on road to find their future career

ANIKA LEE
Staff reporter

Gleneagle grade 9 students partook in a unique experience to obtain a taste of the real world this past Wednesday. Take Our Kids to Work Day, founded in 1994 provides grade 9’s an opportunity to take a day off from school to go to their parent’s or guardian’s workplace. Year after year, this special day opens the eyes of young people and allows them to commence exploring career options in a practical way.

“I hope they can see what their parents do everyday and gain a new appreciation for what they do. And also the idea of gaining a new respect for money and realizing what an eight hour day is really like and how stressful and hard working really is,” said **Joanna Horvath**, work experience and transition education counsellor. “And sometimes even the idea that their parents aren’t doing their dream job. I hope the kids took this opportunity to realize what the working world is really like and the biggest thing is to talk to people, as you learn so much from their paths and how they got to where they are,” she added.

Alison Kim, grade 9 went to SilverBirch hotels and resorts with her dad. She underwent a series of mock interviews in order to prepare herself for real life interviews and helped out with various hotel workers.

“I learned a lot about careers in general and how you don’t necessarily need to start at one point and follow a straight path all the way through your life,” said Kim. “I also learned that there are a lot more decent career options instead of just the typical go to jobs like being a lawyer or an accountant. I had a really good time!” she added.

“I’m so glad I did this,” Kim stated. “I got to know the

company better, what working is actually like, and I also got to know more about future paths I could take.” Although the UBC tournament is considered their most significant outing, they have more planned for the rest of the school year.

“In a place where 90% of people would rather not give speeches, this is a really good skill to have. It makes you stand out from the rest of the students,” said Zarebidaky.

company better, what working is actually like, and I also got to know more about future paths I could take.”

Before Take Our Kids to Work Day, Kim didn’t think that she would have any interest in going into marketing or business. But after seeing what kind of tasks people in those majors do, she realized it might actually be something that she wanted to delve into.

Daniel Mun, grade 9, spent his day at Sushi&BubbleTea helping out in the back making sushi.

An important lesson he gained from this experience is that money is hard to earn. He said he never realized how hard one had to work and that now he has a greater appreciation of what his parents do for him.

“It was a wonderful experience that will help me prepare for the working environment,” Mun said. “I am very thankful for the chance to have done this because I feel like I actually have learned so much. If anyone didn’t use this day to their full advantage, they missed out on a huge opportunity,” he added.

“ You don’t necessarily need to start at one point and follow a straight path all the way through your life. ”

—*Alison Kim*
grade 9

Photo removed in keeping with School District 43 policy that pictures of students may not appear in conjunction with student names.

ARTONA

Senior girls miss Valleys in wild card game against Yale



DIG DEEP: The senior girls volleyball team display their teamwork as libero, **Gleneagle student** saves a blistering serve. The girls lost to Yale Secondary in their last chance to make Fraser Valleys on November 12, ending their season.

YASAMAN HOORFAR
Staff reporter

The senior girls volleyball team lost their last chance to be part of the Fraser Valleys.

The senior girls team finished the season by losing the wildcard game to Yale Secondary on Tuesday, November 12. Prior to the wildcard game, the team finished sixth in the district playoffs. There are eight teams in the Fraser Valleys North and another eight in the Fraser Valleys South. The top five teams from each district automatically head to Fraser Valley competition, while teams that place sixth and seventh have another chance to make the Valleys in a wildcard game.

“The girls played hard and had fun out there which was important,” said coach, **Billy Demonte**. “The girls did our

school proud. It was a pleasure coaching each and every one of them. They all brought something valuable to the team,” she added.

“Going in we were not one of the stronger teams. However, we beat Maple Ridge in the qualifiers and made the alternate for the wild card,” said captain, **Hayley Knowles**, grade 11.

The Talons fought hard for every point in the district playoffs. They had three playoff games previously, two losses and one win. They had an upset victory over Maple Ridge Secondary. They lost to Port Moody Secondary with close scores, three points first set and two point second set.

“It was a really close game and we just hit some unlucky bounces,” said Knowles.

Their other loss was to Riverside Secondary.

“[This was] probably our best year from my experiences

with Gleneagle volleyball. As a team we are amazing and it really shows in our games,” said Knowles. “I’m so proud of the team this year. A lot of people have stepped up not only as athletes but teammates as well,” she added.

“ [This was] probably our best year from my experiences with Gleneagle volleyball. As a team we are amazing and it really shows in our games.”
—Hayley Knowles
Team captain

Photo removed in keeping with School District 43 policy that pictures of students may not appear in conjunction with student names.

Season of growth, development for boys volleyball junior boys

BRIAN CHEONG
Staff reporter

The junior boys volleyball came painfully close to achieving their goal of reaching the Fraser Valley Championships.

The team placed third in the districts, just missing out on the top two places and their ticket into the Fraser Valley Championships.

The team went to Centennial Secondary to compete in the district playoffs on November 10 and 11.

The team lost to the Riverside Rapids two

games to one on the first day of competition.

The second day of competition, the team defeated Heritage Woods Secondary’s team.

Art Abram, coach, said the team played much better on the second day of competition. “Their performance was 9 out of 10,” Abram said. “When we played Riverside the day before, it was different. We were inconsistent, making poor decisions and not communicating,” he explained.

Abram also praised the performance of **Denis Klocek**, grade 10 and team captain saying, “He was the most consistent

throughout the tournament and over the entire season.”

Klocek was awarded team MVP after their season for his contributions to the team’s success.

“It’s a great honour. It feels good to be recognized for my performance,” he said.

In addition to Klocek’s performance, Abram also praised the entire team saying that everyone stepped up and played together as a team.

However, team members were still disappointed on barely missing out on a chance to compete in the Fraser Valley championships.

“It’s really disappointing we came in third place. We really wanted to go to the Fraser

Valley championships,” said Klocek.

Cosimo Candeloro, grade 10 and setter agreed. “We were really close in going to the championships,” he said.

“If we just defeated Riverside on day one, we could have made it. We really could have beat Riverside if you were just a little bit more focused.”

“It’s just really disappointing that we lost to a team that we had a good chance of beating,” Candeloro added.

Abram echoed the players’ disappointment. “We lost against Riverside but we had a good chance of winning. Volleyball is a strange game. You can play really well one day and play poorly on the next,”he said.

senior boys

DELARAM HOORFAR
Staff reporter

The senior boys volleyball ended their season on November 5 with a loss to Dr. Charles Best Secondary.

The game continued to the fourth set and the Talons lost 3-1, placing them second last in the district competition.

“The boys fought hard and they were

unlucky to have made a few more unforced errors than the other team did,” said the coach **Nicola Cridge**. “They capitalized on a couple of our mistakes and we ended up with giving them these couple extra points,” she added.

“It was hard to take in our loss because that was my last game after four years and it felt so weird that it was all over. I was proud of the boys but sad that we didn’t accomplish

more,” said the captain **Aarman Bondar**, grade 12.

“[Playing on the team] was honestly a great experience. Playing in a new position for me was a challenge but it made it more fun! My teammates and I bonded really well and we loved to make jokes during the game while playing seriously,” Bondar added.

“I think next year will be a good follow

up to this year, as players from our junior team will reunite with our seniors next year,” said **Mathew Goroza**, grade 11. “I’m hoping that the chemistry built from our previous seasons will grow and hopefully take us past districts and into the Fraser Valleys,” added Goroza.

Other teams are finishing off Coquitlam districts playoffs and the top four get to advance to the Fraser Valley championships.

Field hockey aiming high, hoping for medals

ALISHA LEE
Staff reporter

Gleneagle’s field hockey team is embroiled in provincial playoffs being held at Burnaby Lake this week.

They are fighting for a place in the final eight, and a run for the medals.They played Churchill yesterday, but results were not available at press time.

On Wednesday, November 13, the team tied what **Patty Anderson**, P.E. teacher describes as “the perennial powerhouse, West Vancouver” 1 - 1.

“We tied West Van . . . in a really close game,” said **Michelle Per**, grade 12 captain. “We fell behind 1-0 early in the game but were able to tie the game in a few minutes before halftime,” she said.

“A pretty passing play in midfield sent **Haley Bannister** [grade 9] in on a breakaway, and she made no mistake, sliding it past a charging goalkeeper,” Per explained. “The second half was tightly contested but didn’t result in any goals for either team.”

Later, Gleneagle lost to Cowichan 3 - 0. “We played well and stuck with them for most of the game, but they got two late goals to put us away,” Per said.

“Given that they are seeded first and we are seeded eleventh, it was an ok result for us,” she said.

Yesterday’s game against Churchill was what Per referred to as a “must win game. If we win by a large margin and West Van loses to Cowichan by three goals or more, we will qualify for the quarter finals,” she said.

“It sounds like a tall order but there is a good chance of that happening,”she added.

The results of the Churchill game determine if the girls can advance further.

To qualify for provincials, the Gleneagle field hockey team placed fifth in Fraser Valleys.

The girls “played awesome” said Anderson, beating the Sullivan Heights Stars on October 31, with a final score of 5-0. Scoring was led by **Emily Flood**, grade 10 with two goals, followed by goals from **Laura Touhey**, grade 9, Bannister, and **Adrianna Corrado**, grade 10.

The team lost a close one against the South Delta Sun Devils on October 30, with goals from Corrado, **Morgan Anson**, grade 10, and Per. However, the Sun Devils came back to score the winning goal in the last few minutes.

The following game on October 31 against the Port Moody Blues also resulted in a loss of 1-0.

Cross country runners challenge provincials

AMANDA HUANG
Staff reporter

Cross country runners, **Riley Baynton** and **Cheryl Chow**, both grade 10, represented Gleneagle to run the course at Aldergrove Lake Park in undesirable weather during provincial championships on November 2.

This is the first year Baynton has competed in cross country, and he ranked 167 out of the best 248 junior runners from across the province. Chow was also competitive. She placed 155 out of 223 in the junior girls.

Other members on the team feel good about the duo’s achievement.

“It’s good for them,” said **Benjamin Chang**. “We are a small team, so whenever



JENNIFER KOU PHOTO

ALMOST THERE: grade 12, stick handles through traffic against opposing team in a game earlier in the season.

anyone [achieves] something, we feel happy for them.”

Coach **Katherine Chung** was also pleased with the results since the weather on November 2 was “very ugly. There was actually a rainfall warning in Aldergrove,” said Chung. “If it was any other sport, it would have been cancelled.”

Due to the heavy rain and slippery grass, many athletes, including Baynton, fell in the middle of the run. However, Baynton thought that “running in the rain and the mud was interesting.” Chow was indifferent to the rain. She said that “[rain] is better than the sun because it is cooler...and you just kind of get used to it.”

Both Chow and Baynton agreed that

provincials were a “good experience.”

“Even though we didn’t win, but it [was] provincials [and we] learned a lot,” Chow added.

Beside Baynton and Chow, **Jordan Garrison**, grade 10, also qualified for the championship but was too sick to compete.

The provincial championship marked an end to the cross country season, and Chung was very happy with the team’s achievement. “If there is anything to improve, [it] is that we need more people on the team,” said Chung. There are ten active members on the team right now.

“Cross country, unlike any other sport, is the sport you compete with yourself,” Chung concluded.

Potential medalists strive for provincial podium at meet today

ERIC LIU
Staff reporter

“There are a number of kids from Gleneagle who have the potential to win a medal” today at the swim meet at Watermania in Richmond, according to **Mark Tustin**, coach.

“I am helping a number of swimmers developing their swimming techniques and speed at practices. These traits are essential for success at a competition,” Tustin added.

“**Hayley Knowles** is a great example,” he said. “She has won the silver medal for girls 50 metre breaststroke last year. She is trying for the podium again this year,” he added.

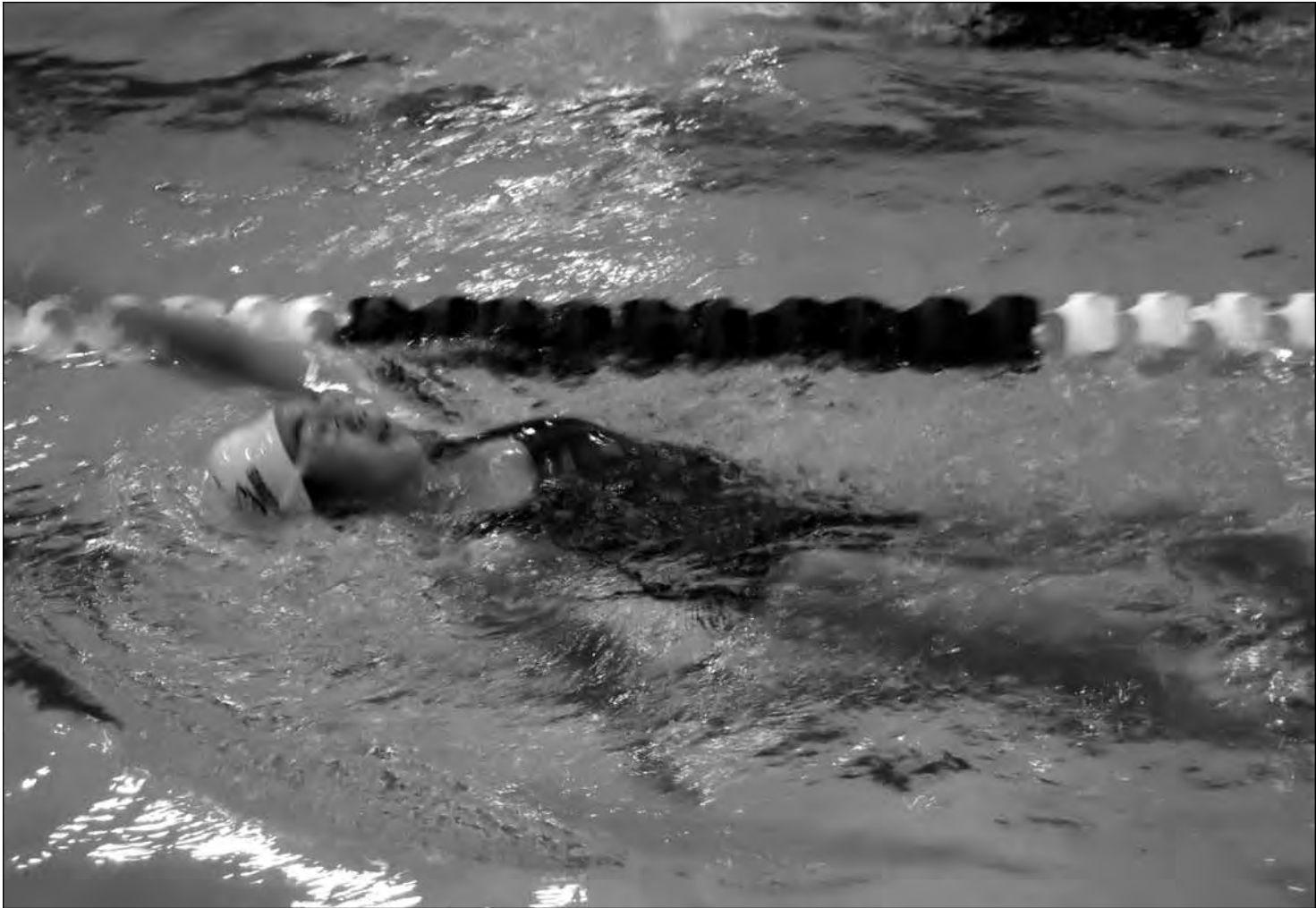
“I am very excited as this is my first time doing competitive swimming,” said **Theresa Lee**, a grade 10 swimmer. “I was quite shocked when I heard that I made provincials. I am not sure about my performance, but I will try my best,” she said.

Tustin gave many examples of swimmers with potential to win a medal.

“**Daniel Luo** placed fifth in the boys 50 metre breaststroke last year, and is trying harder this year. **Jonathan Zhang** is trying for finals in the boys 100 metre individual medley this year,” Tustin said.

“**Austin Brimm** is trying for finals in the boys 50 metre butterfly. **Alice Feng** is trying for finals for girls 50 metre breaststroke. **Jeremy Au** is trying for finals in the boys 100 metre freestyle and 50 metre butterfly,” Tustin added. “We also have four strong relay teams with a good chance of winning as well.”

“There are a lot of very fast people



ERIC LIU PHOTO

REACHING FOR THE PODIUM: grade 10 qualified for a spot in the BC swim championships, which take place today at Watermania in Richmond.

at provincials, and the outcomes are unpredictable,” said Zhang. “But this will be a very fun experience,” he added.

The swimmers have gained valuable

experience and more from the season. “The people involved in swimming are really fun and super supportive,” Lee said.

“Joining the swim team was the best

decision I made this year, and I’ve made many new friends that I would have not ever talked to if I did not join swimming,” Lee added.

Art students impress community at Circle Craft



A STAIRCASE TO HEAVEN: *Joyce Chang*, grade 12, displayed her acrylic painting at the Circle Craft Market. Chang was one of the students whose work was displayed at the annual extravaganza that took place at the Vancouver Convention Centre this past weekend.

OLIVIA SUN
Staff reporter

Gleneagle art students displayed their art work at the locus of the annual Circle Craft Christmas market for five days

from November 7 to November 11 at the Vancouver Convention Centre.

The art garnished the front foyer of the exhibition center alongside art works from six other high schools from the

lower mainland.

Art teachers, **Mike McElgunn**, **Aryn Gunn**, and **Melanie Stokes** selected 14 pieces in total from last year’s photography, graphic arts, and drawing/

painting classes to submit for the Christmas market this June.

3D artwork pieces were not included because they are fragile and difficult to transport.

“The reason for the student art exhibition was to show the next generation of artists that is developing here in Greater Vancouver,” said McElgunn.

“It’s basically teacher’s choice of what goes in. There’s no big jurying process other than the factor of how much effort and work is put into the art that deserves to be shown widely,” he added.

An example is **Joyce Chang**, grade 12. “It’s a one-point perspective acrylic painting of a tree tunnel leading to a winding path, with grass beside it, that leads to a spiraling white staircase that goes upwards towards the sky. There’s also a pocket watch lying on the ground,” said Chang.

“Our criteria, as this was a drawing and painting 11 project, was to include a window or a doorway of some sort that leads to or looks to somewhere/something unexpected,” Chang added.

Circle Craft is an artist co-op that started as a celebration of established artists. It’s been around for 40 years and this is Gleneagle’s tenth year participating in it.

It is a huge affair. Over 40 000 people attend each year from all over the world to appreciate the crafts produced by Canadians.

Over 300 booths and stalls were on display, selling candles, soaps, decorations, sculpture, pottery, clothing, dolls, toys, dream catchers, glass, accessories, jewellery, food, metal, leather, visual art, wood, and textile.

TALONS bring drama to New York with hip style

JENNIFER KOU
Staff reporter

Gleneagle drama students spent a week in New York City experiencing the culture, learning about the performance industry, and walking away with new insights.

“There’s definitely a lot to see in New York,” said **Andrew de los Reyes**, grade 12. “Being immersed in the culture is an opportunity I couldn’t pass up.”

Students attended workshops that gave them insights into different aspects of the industry.

“The first workshop we attended was led by a woman named **Alisha Albright**, who was the dance captain of *Wicked*,” said de los Reyes.

“She taught us a bit of a dance used in *Wicked*. She also gave us some activities to do, like body work and lots of choreography work,” de los Reyes added.

“The second workshop was more focused on acting. [**Brad Bradley**] taught us about cold reads and the types of auditions you would face and the people who would run the auditions,” de los Reyes said.

“Talking to the people who ran the workshops, even if they didn’t say ‘there is nothing else I’d rather do,’ you can tell immediately that they were in their zone. It was super inspiring,” said **Albert Cao**, grade 12.

Seeing the Broadway plays was also a “wicked experience,” said **Ashley Freeborn**, drama teacher.

“We did a workshop with one of the actors a few days previous and learned one of the *Wicked* dances from the dance captain and we got to see the play a couple days later,” Freeborn added.

“We also went to *Kinky Boots*, which I think was our favourite,” she added.

“Usually I’m not a musical guy, but after seeing the shows, I was inspired,” said Cao. “There’s so much energy and dedication and you can see in their faces how much they love it and that there is nothing you’d rather do than that.”

Aside from attending musicals and workshops, students also explored much of New York.

“We visited all the major sights: Statue of Liberty, Empire State Building, and 9/11 Memorial,” said **Dylan Araki**, grade 12.

“It was also cool having [**Clayton Richardson**] there [because] we learned a lot of the history,” Araki said.

“I think it was inspiring for a teacher like me to be able to go on a trip like this,” said Richardson.

“I hadn’t previously been involved in the theatre or drama programs but to make connections with those students in a setting like New York, the pinnacle of that world . . . and watching these students make connections with things they aspire to do, whether it be on stage or behind the scenes, and watching them shine in the workshops we did, was humbling and inspiring for me as a teacher,” Richardson said.

Students also remarked about the interesting things they learned on the streets.

“The stereotype of Americans is rude, especially New Yorkers, but that’s not the case at all,” said Cao.

“We would walk into a store and one of the workers would just come up and talk to us,” Araki added.

“They didn’t even try and sell us something. They would ask us where we

were from and they just seemed really nice and kind,” he said.

“We had a tour guide when we went around Harlem and she was a saint,” said Cao, remarking on the friendliness of New Yorkers.

“She did things she didn’t have to: she got us milkshakes; she got us donuts while we were at lunch,” he said.

New York left both the students and teachers with memorable experiences.

“It’s hard for me to pin one thing specifically that was the highlight, because all of it was the highlight,” said Cao.

“It’s so full of life and very different from

what it is like here. I was in awe the entire time,” he said.

“I don’t think you could ever fully take in what New York has to offer. It’s a city that can consistently provide you with new things,” said Richardson.

“It just leaves you with a taste in your mouth when you leave that you barely even scratched the surface,” he said.

“The history component was something I found very interesting. The food industry was interesting to partake in as well. I was very surprised at how pleasant the average New Yorker was, more so than anyone in Vancouver,” Richardson noted.

Gleneagle Hairdressing

Fashion Show

December 4th at 6:00 p.m.

Price: \$7.00
\$10.00 at the door