

Gleneagle’s Student Voice
Vol. XVIII/ Number 2
October 24, 2013

theEdge

Annan, Dallaire, King inspire Talons on We Day

ALISHA LEE
staff reporter

Thousands of students eager to make a change attended the seventh annual We Day at Roger’s Arena on October 18 to hear the wisdom shared by many inspirational speakers such as **Kofi Annan**, of the United Nations and co-recipient of the 2001 Nobel Peace Prize for his work to create a more peaceful world. Other speakers include **Martin Luther King III**, an American human rights advocate, **Roméo Dallaire**, a Canadian senator and humanitarian, and performers such as **Avril Lavigne**, **Down With Webster**, and **Hedley**.

“I’ve been going to [We Day] since grade 9 and this time was really fascinating to see people like Dallaire and Annan,” said **Jess Stewart-Lee**, grade 11. “It definitely made me want to do more for the community and the world.”

“I think that these speakers all really brought to attention that change is in our hands, that not only famous people or notable activists that are already known could make a change,” said **Kim Venn**, grade 11 one of the four leaders of Gleneagle’s own Me to We team.

“They made it seem as if we could become activists and make a difference in the world even though we are just ordinary people,” Venn added.

“[Martin Luther] King III was probably my favourite speaker,” Venn added. “He was so powerful in his actions and how he spoke [about his father and how his dream is still alive today].”

People like **Molly Burke**, a teenage activist, and BC premier **Christy Clark**, shared their ideas to help end bullying, while others such as **Spencer West**, a double amputated mountaineer and Annan inspired the crowd to do their part in helping the community and the world.

“[My favourite speaker was] probably Dallaire; I thought that his message about the fact that social media was a good thing and was connecting us all over the world was the right message to send,” added Stewart-Lee. “A lot of people think social media is bad, but he saw it as a good thing and I really respect that.”

Speaker helps Talons seek inner leader

MARIE TURCOTT
staff reporter

Talons were inspired by **Ian Tyson**, comedian and motivational speaker, who shared stories from his life during yesterday’s assembly arranged by Leadership 12.

The “Hero Inside” speech highlighted the importance of managing time in high school between studies, friends and family. Tyson is popular among many middle and high schools, large crowds and universities, according to **Adam Hayes**, leadership teacher.

“We want people to know more about themselves,” said **Stephanie Wu**, grade 12 leadership student. “We wanted something everyone could relate to, especially to the grade 12’s.”

“This is their last year and we want them to kind of know who they are and to be aware of their passions and their goals, and not just be like, ‘what am I gonna do?’” Wu added.

“One of the main goals was to create initiative within our student body,” said Hayes.

“We really want to see students taking risks, going for what their real goals and dreams are and stepping outside of their comfort zones,” he added.

A group of five leadership 12 students independently organized the event.

“We were looking for someone who was really interesting and would leave an impact on the kids,” said **Nick Sung**, grade 12. “He was our best choice, and had been doing this for a while.”

“He [talked] about inducing school spirit, getting kids



Too much stardom: Gleneagle student, grade 11, waits for the inspirational speakers with a quadruple layer of sunglasses that reflects the festive spirit at Rogers Arena on October 18 We Day.

The Gleneagle Me to We team is continuing to work on making a difference in their school community and the wider world by working with the Clean Water Project to help a community in Ecuador, as well as other fundraiser events.

“Students can look forward to participating this semester [in] a student versus teacher debate as well as a Coffee

House Evening,” said Venn.

“We don’t have a lot of details, but the debate will be about major issues,” Stewart-Lee said. “I think the coffeehouse will be around February and will have bands and hopefully some spoken word poetry . . . it isn’t an awareness campaign, it’s just a fun time that you can spend with your friends.”

UPCOMING EVENTS

OCTOBER 30
SCARY MOVIE NIGHT
HAUNTED HOUSE

NOVEMBER 6
GRADE 9 TAKE YOUR KIDS TO
WORK DAY

NOVEMBER 8
SCHOOL NOT IN SESSION

NOVEMBER 11
REMEMBRANCE DAY

NOVEMBER 15
FIRST FORMAL REPORT CARDS

Redefining the legacy of lazy high school society, raising bar

“Ask not what your country can do for you, but what you can do for your country.”

John F. Kennedy’s challenge to the American people was delivered to the nation on a Friday afternoon in 1961. Hailed as one of the finest inaugural addresses in American history, its words, immortalized, have rightfully so been picked apart over the course of a half century.

But how often in our everyday lives do we put ourselves aside for even the slightest of moments in hopes of promoting the greater good? The Cold War and civil rights struggle are just pages in our history textbooks, so perhaps we’re taking Kennedy’s sentiments out of context.

Most of us are still wondering, after all, what’s ours to fight for? As high schoolers, we’re hardly caught in any sort of crossfire, save that between our high aspirations and inclinations for procrastination.

Whether we’re an American population of 183 million in 1961, or a secondary school population of 1200 in 2013, unity is what we’re striving for at the heart of it all. How often do we cheer when the Talons triumph over our distinctly unworthy local rivals?

How many of us came out in bunny slippers or questionable retro wear simply to show our peers a little support? We are a country of our own, regardless of scale or what battles we have to fight.

Don’t get us wrong. There is still a war to be waged, albeit without bullets: it’s one against self-involvement. We hear a lot about self-absorbed teenagers, and like to convince ourselves we’re a different brand of lazy, but let’s not fool ourselves.

No matter how much you care, you’ll always favour one passion over another – and sometimes, at the cost of the so-called nation we’ve dressed in black and gold and the dozens of honours attained by other students who just



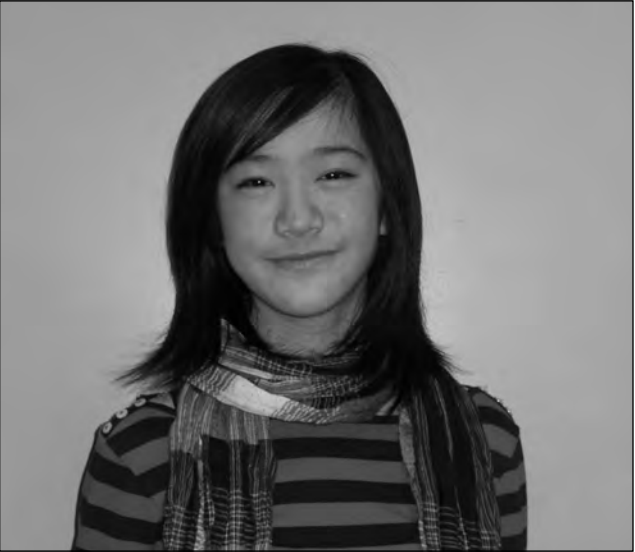
happened to try harder than we did.

It’s astonishing how the bare minimum has come to define high school culture. It’s marginally understandable, perhaps, when it comes to marks; university requirements and parental expectations draw rather clear lines. But we are more than our personal achievements. Too often we use

our community spirit as an excuse to promote ourselves, which doesn’t seem absurd until written down.

Whatever happened to the greater good? We are the sum of our parts, and should never forget it. If we break the comfort of our shells, we may find the nest even better fulfills our needs– all we have to do is build it.

Heartbreak - having, coping, growing when love ends too soon



Gleneagle Student
Edge Columnist

Heartbreak. It’s one of those horrible feelings where you feel no one else in the world understands what you’re going through, when in reality, this emotion will or has touched everyone’s lives across the globe.

Most people aren’t fond of the feeling, so here are some tips on how to cure the anguish of a broken heart.

Step One: It’s okay to cry.

Though viewed as a sign of weakness by many, it actually helps relieve stress, whereas confining emotions will slow down that healing process. Not only is it beneficial to the body, but most people feel much better after liberating their heavy heart with a good nosy running cry.

Step Two: Get out and socialize!

Spend more time with friends and family to distract from falling back into that downward spiral. Replaying every emotional moment and drowning deeper into that pit of depression will help more in prolonging that misery, instead of moving on and getting over him or her. Spending time with loved ones is a guaranteed way to light up a smile or two.

known to help.

Step Four: Be realistic.

With puppy love comes the belief that the love will never fade, when in reality less than a third of teenage relationships make it to marriage, as stated in *Relationship Matters*.

Step Five: It’s time for a cheesy cliché, but what doesn’t kill you makes you stronger. Reflect on what worked in the relationship and what didn’t, and apply that to future relationships. Learning from the experience makes it worthwhile.

Step Six: When the time comes, understand and forgive. Overall, maybe the relationship wasn’t meant to work out. There’s no need to play the blame game and point fingers as to why it ended; just accept and move on with the help of

Reflect on what worked in the relationship and what didn’t, and apply that to future relationships

Step Three: Focus on something else.

Maybe read a new book, or take up a new hobby, or listen to all your favourite jams.

The possibilities are endless yet avoid reading a book like *The Notebook*, listening to tragic love songs by Celine Dion, or cyberstalking your ex as a new pasttime.

Another thing to avoid doing is focusing on *someone else*. Rebound relationships almost never work due to the fact that it’s often used as a way to either make the former partner jealous, or to fill a need for affection.

Hearts need time to heal, and rebound relationships aren’t

time.

Hopefully as life progresses, anger and bleakness will lessen until forgiveness can be exchanged. Don’t hope for a rekindled relationship, but building a friendship doesn’t have to be out of the question.

Life brings many ups and downs to relationships, but that’s what helps people learn and grow.

We just need to remember that there is more to life than dating and relationships.

By following some simple steps, eventually, the heartache will fade and leave us to start again.

theEdge

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The Edge is the independent voice of the students of Gleneagle Secondary produced by the Journalism 11/12 class. It conforms and adheres to the standards and style of the Canadian Press. Letters to the editor are welcome and will be printed as space allows; letters must be signed and

free of libel. *The Edge* reserves the right to edit for accuracy, spelling, and grammar. Additional articles, opinion pieces, and features may also be submitted and will be printed as space allows. *The Edge* reserves the right to edit any submitted material for brevity and style.

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YOU SAID IT!

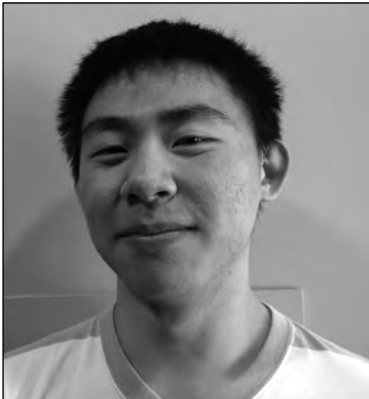
In the spirit of Halloween, what would you like to be for an entire day?



Grade 9
“I would like to be a whoopie cushion.”



Grade 10
“Hermione, because magic is beautiful.”



Grade 11
“I want to be a washing machine because I want to be wishy-washy.”



Grade 12
“I want to be Superman.”

World of opportunity if you get off your couch!



Gleneagle Student
edge columnist

There are more than 8000 different recognized organized sports in the world and thousands more found across the globe that are varied and unique depending on their place of origin.
I believe people are telling the truth when they say sports isn’t their thing; I just don’t think they quite know what “sports” has to

offer. For example, did you know that in India, pot breaking is a sport in which an earthenware pot is strung above a street and “teams” then have to form human pyramids in order to smash the pot? Or perhaps you know that B.A.S.E jumping is considered a sport internationally. In this extreme activity people fling themselves off of tall

everyone?
The importance of being a part of something, especially as a young person, cannot be overstated. According to the University of Florida, children should start sports as early as age 5 or 6. “Team sports provide children and youth with many opportunities to grow physically and

they’ll be saying “Dang they look good, and did you know they play (your sport of choice here)?”! It’s not just sports though; the confidence that comes from all sorts of venues is so imperative for young people to have. Whether it’s sports, drama, music, art or whatever else you enjoy, I encourage you to stick with it! It’s important to do things

The importance of being a part of something, especially as a young person, cannot be overstated

structures, such as the statue of Jesus in Rio de Janeiro and the Twin Towers in Kuala Lumpur, and then open their parachutes so as not to hit the ground with an unpleasant “splat!”
In some places, the board game chess is also considered a sport due to its competitive nature, despite the fact that it requires little to no physical exertion from its players.
Given the variety of sports available, can you truly tell me that there isn’t a sport for

socially, as well as emotionally. Moreover, physical activities with other children allow them to build social skills through peer interaction.”
Aside from the minimal risk of injury while playing sports, it’s really a win-win situation, for more reasons than just making friends and keeping relatively fit. For example, you know that cute guy/girl you are always trying to impress? Well give them something to talk about! Pretty soon

that you LIKE, not because you have to or that it is required, but because you WANT to.
So if you participate in an activity of ANY sort, you have my sincerest congratulations. I know exactly how hard it can be to stick with something while under the pressure of school or peers, and I know exactly, and personally, the benefits of sticking to something you love doing. Seize every chance and love every moment!

Socializing with real humans - rehab to your social media addiction



Gleneagle Student
edge columnist

Many of us still don’t know the difference between social media and having a social life. We spend many long hours everyday, staring into the glaring screen of so-called

sharing, instead of going outside, like a normal human being. It’s a disaster! Time after time, I see people sitting next to each other and instead of talking, they’re texting. Once, I asked, “Why are you guys texting instead of talking?” The only answer I got was a laugh.
The thing is there’s no way you can get rid of social media. It’s the modern day drug that has resulted in addiction for the children and teenagers of today. 1.4 billion people use Facebook everyday. Most of you probably don’t even know how many zeros a billion has. It has nine zeros.
The average time spent worldwide on Facebook per day is - drum rolls please - 20 BILLION MINUTES! Another big number. Well, take a deep breath: Facebook is the number one website we spend our time on. And an even deeper breath - CANADA has the most active Facebook users! Yes, maybe that is somewhat hard to believe but THAT’S US.
Hearing the hard numbers of that valuable time being wasted, you might find your

fist shaking in the air and your face red, shouting “ZUCKERBERG!!” You’re giving money to the social media employees by just scrolling down the news feed, commenting, liking and sharing. Just think - they’re making money while you’re wasting your time on Facebook.
While I was looking at the world’s stats, I came up with a question: “Why is Canada first in the world?” There must be a reason we are first. Countries like China with more than a billion people have lower statistics than we do.
There may be many reasons why this statistic exists. We’re a progressive western country with easy access to technology. We want to be informed of our local and international issues and we strive to be more informed than our American neighbors. Maybe it’s just the weather: Canada gets really cold. When people can’t go outside they stay in and Facebook is a very inviting way to spend time indoors.
But enough excuses. Let’s take a step back. Just think about what you miss by spending

your precious time on Facebook. There are lots of fun and entertaining activities you could do. I was addicted to Facebook myself and thought there was no way I could go on without it. But I controlled myself and realize now how much more I could accomplish without it. It distracts us from doing the really incredible work we’re all capable of producing everyday.
We were all born to make the world a better place for the next generations to come but if we spend all the time we’ve got surfing the web, there’s no way we can work on real things. We could do incredible things to better other people’s lives and make the world a spectacular place.
The biggest problem of all is that the overuse of it perpetuates our focus on self rather than the important stuff. It’s not worth the time and effort and it makes us lose our self-esteem by hunching behind a screen that harms us in many ways.
Don’t take your time for granted; every moment counts. So turn off the monitor and make the best of all the time you’ve got.

SPEAK OUT!
letters to the editor welcome

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New admin, new staff - even new sibling

AMANDA HUANG
staff reporter

Gleneagle is welcoming five new staff members this year including vice principal **Mike Parkins**, hairdressing teacher **Janet Kim**, math and COAST teacher **Shawna Smith**, resource and communication teacher **Curt Dewolff**, and **Melissa Jackson**, teaching math and science.

So far all new staff members are feeling very pleased to work in Gleneagle, “It’s amazing. I think the students are great, and the staff have been very helpful,” Smith said. “The administration is very strong. There is nothing I know right now that could be better.”

Smith spent her last eight years teaching at Summit Middle School, and this is her first time teaching high school. Compared to middle school, she thinks the students in high school “[have] a different maturity level, so it’s different teaching for sure,” she said.

Jackson previously taught at Riverside Secondary, and her impression of Gleneagle students is a positive one. She noted that “students say hello in the hallway.”

Jackson feels confident walking the hallways “because Riverside and Gleneagle look almost the same, I don’t get lost, which I usually do in new schools.”

Jackson is the first staff member in Gleneagle history to be a sibling to a current staff member **Bryan Jackson**, Talons teacher.

The new hairdressing teacher this year, Kim, also feels that Gleneagle is “like a community, family.” Unlike other new teachers, Kim taught in the Burnaby school district. She also taught the same hairdressing program in Burnaby.

If there is anything Gleneagle can improve, in Kim’s opinion, is that the “hairdressing program is segregated from the school. We want to be part of it,” she said. She also feels that not many Gleneagle students know about the hairdressing program the school is offering.



AMANDA HUANG PHOTO

Seeing double: Janet Kim, hairdressing teacher demonstrates a styling technique to the students. Kim is just one of five new teachers at Gleneagle this year.

Dewolff thinks that the students in the school seem very “energetic, happy, [and] polite.” he said. Dewolff taught at Port Moody Secondary prior to Gleneagle.

Parkins “couldn’t be happier [than] to be in this school. It’s been really great and awesome,” he said. Even though this is his first time being a vice principal, Parkins feels very positive about learning to do the work.

“Have you ever heard about the phrase learning curve? This is not so much of a learning curve, [it feels like] a vertical line, goes straight up,” Parkins said.

As a former PE teacher, he believes that “It would be great [if] more students were involved in [sports] activities. I’ve been an athletic director, PE department head....I’d love to see more participation,” he said.

Gleneagle senior students asked to bleed for good cause

NATALIE KRAEMER
staff reporter

According to the Canadian Blood Services foundation, over 2000 units of blood are needed daily across the country in order for medical professionals to do their jobs: save lives. Only 3.5% of eligible donors actually donate, which means 96.5% of Canada’s qualified adult community are not contributing. A person can donate their blood as soon as they reach age 17, meaning that most of the grade 12’s at

Gleneagle could donate if they so choose to.

Statistically speaking, one donation of blood could save up to three lives. The entire process takes about an hour, but the actual donating part only takes about 10-15 minutes.

According to **Peri Morenz**, Gleneagle science teacher and a volunteer for Canadian Blood Services, “it’s really just an hour once every 56 days, and it can make such a huge difference over all.” She also noted that “I guess one of the biggest misconceptions is that people think it hurts to donate blood, but it really only hurts for about a second and a half. Once the needle gets through the skin there’s a little pinch, but once it’s inside of you, you don’t have nerves

under there to feel the needle.”

Prior to donating, the donor will be tested for blood pressure and iron levels and will meet in private with a Canadian Blood Services’ registered nurse who will ask confidential questions. The next blood donation session will be held on Friday, December 13, at the Christian Centre on Runnel Drive, across the street from Tim Horton’s.

Elementary school teacher **Amanda Zanette**, a two year donor, said “it’s that feeling of being able to help someone, and you didn’t have to pay to do it; you just gave something that you already had.”

Outdoor club to explore Garibaldi park after success at Tofino

ANNE RHEE
staff reporter

Gleneagle students will push their limits and comfort zones, while forging new friendships at Garibaldi Park this weekend. This hiking trip is their second overnight trip following their surfing adventure to Tofino in late September.

The unforgettable memories and exciting outdoor activities led students who went to Tofino to join the excursion to Garibaldi Park. The students also came back because they enjoyed spending time with their friends.

“I want to feel that bond of friendship again in the outdoors,” said **Bowen Fong**, grade 11. He picked “playing along with friends and enjoying the moments outside” as his greatest memories from the trip to Tofino.

Krista Bogen, outdoor club advisor, stated that “students always come back with a new friend and it never fails.”

It is easy for students to just wander the hallways and not make many friends. However, when participating in the outdoor

club, students “have memories together, and they have laughs together,” said Bogen. The outdoor club is open to a maximum of 30 students who want to “just breathe clean, fresh air, have a good sleep and exercise,” she added.

In the outdoor club, experienced and inexperienced students participate in various activities.

Students from COAST often come back to the outdoor club and they “become natural teachers because they have gone through a lot of training for five months,” said Bogen. “We only travel at the ‘fast’ of the slowest person, and then nobody is left behind. Nobody.”

“When camping, everyone is challenged at some point by lack of equipment or by animals that come near the campsite. But I think the animals won’t come near a big group of teenagers. I go to bed at night and I’m not too worried,” said Bogen.

“I liked lying on the beach with the sun. It felt nice because it’s always rainy here but the weather was great in Tofino,” said **Andy Guan**, grade 11.

Daniel Leung-Harrison, grade 11, said



DANIEL LEUNG-HARRISON PHOTO

Fun at Tofino: Gleneagle Students, both grade 11, enjoy hitting the surf at Tofino with the outdoor club.

he enjoyed “just running towards the wave and diving into the water.”

There will also be a winter camping trip to Manning Park for snowshoeing and

other outdoor activities.

“If it starts to snow early, the trip could be scheduled before Christmas, in early December,” said Bogen.

New choices for everyone as plethora of clubs start meeting

KAREN LAU
staff reporter

Numerous Gleneagle clubs have emerged early in the year, presenting Talons of varying interests with a multitude of opportunities.

The **mountain biking club** rides from now until winter, and starts again in the spring under the leadership of teachers **Adam Hayes**, **Peter Poka** and **Mark Liao**. Beginner and intermediate riders meet in alternating weeks to tackle a variety of trails, allowing athletes of all skill levels to participate.

“It’s such a huge culture in our area,” said Hayes. “This is a source of opportunity for students who wish to explore an alternative sport without pressure.”

In September, the club embarked on a significant trip to Whistler Mountain Bike Park. Hayes believes it was “a huge success,” especially for members who had never ridden before.

The **business club**, sponsored by **Cherie Nagra**, is also set to compete with other schools in the Lower Mainland, albeit in very different contests. With 25 members, the group is first participating in the Junior Achievement Company Program, which sees students operating as a company with a president and multiple vice presidents.

“It’s a well-established program,” noted Nagra. “If the students do a really good job with their company, then they are eligible to receive . . . awards and scholarships.”

Later in the year, the **business club** will be participating in case competitions offered by universities and colleges. Last year, participating in a competition offered by Wilfred Laurier University, Gleneagle students were members of groups that won first and second place.

“It’s a lot of work, but it’s a nice way to gain experience,” said Nagra.

The relatively new **anime club**, for example, hopes to host a number of events to immerse its members in Japanese culture.

“We’re planning on having a cosplay café, like Pinetree [Secondary School] because we’ve seen that that’s pretty popular,” said **Michelle Lam**, grade 10. Other possible events include a Japanese festival complete with food vendors and item sales, as well as a movie night.

Lam wants the club to focus weekly on “activities that are interactive so people can socialize a bit.” Anybody who wants to participate is able to walk in to Thursday’s lunchtime meetings.

Also new this year is the **photography club**. Experienced or not, members are welcome to drop by on Tuesdays after school to “shoot, share and show,” said **Simon Chi**, grade



Ready to ride? Let’s go for biking: Peter Poka and Adam Hayes took Gleneagle mountain biking club to Whistler. All individuals are enjoying the feeling of success by tackling a variety of trails.

12, who thinks these meetings are also opportunities for beginners to go beyond simple personal photography.

“I’ve seen a lot of people with DSLR [cameras], recently, and they just use [them] as point-and-shoot cameras,” said Chi. “DSLRs are so expensive to buy and to play with...and it’s such a waste if they have no idea how to use them.”

Although the club is currently focussed on teaching fundamental photography skills, Chi hopes they will eventually be able to leave campus and do extensive photo shoots.

The **art club** takes a similar approach. It sees all levels of artists participate in formal meetings, which are structured as lessons on specific techniques, as well as more informal gatherings, where members focus more on having fun.

“Whatever our members want to know how to do, we teach them,” said **Joyce Chang**, grade 12 and Art Careers student. “We will try and [work with] other clubs in the school more often,” she added, noting a collaboration with the student council during its annual Christmas Week. “We [want to] have a bigger role around the school.”

“The people and the environment are the best thing,” said Chang. “The people who show up are the people who think

outside the box and we need as many creative minds as possible.”

The same could be said of Gleneagle’s **Toastmasters club**, a highly structured public speaking group that hopes to improve members’ presentation skills through encouragement and constructive criticism.

A gavel club component of Toastmasters International, the eight week long program is currently on a “trial run,” and is likely to run against next semester, according to **Andy Albright**, teacher sponsor.

“It’s almost all positive,” said Albright of the feedback provided in response to individual presentations.

Involvement in the club is self-paced, meaning members can choose to give speeches or just listen at any time. However, **Sarah Lee**, grade 11, agrees that improvement in public speaking skills is inevitable with participation.

“I think I’ve become less shy. I’ve been more confident, especially when there’s a chance for me to go up and speak,” said Lee. “I especially encourage those people who want to overcome their fears . . . to join.”

The group does hope to compete in the provincial high school championships in the spring.

Socials 11 field trip explores Downtown Eastside community

BRIAN CHEONG
staff reporter

Gleneagle social studies 11 students witnessed firsthand the poverty that affects the lower Mainland community, on a field trip through the Downtown Eastside.

Chris Turpin, teacher and a key contributor to the field trip, said that he wanted to teach his students about the poverty happening in their own back yard. The students walked around the streets of the Downtown Eastside, witnessing one of the most impoverished areas in Canada.

Enroute to the area, the students took a small side-trip by Riverview hospital, a mental hospital once housing hundreds of mentally disabled patients before closing down in July 2012. The closing of the hospital greatly increased the population of the homeless in the area as many of the patients ended up down there.

For the students, it was an experience that changed some of their preconceptions.

“I saw a lot of rundown buildings, food banks and injection banks for using safe needles,” said **Katherine Priestly**, a grade 11 student who took part in the field trip. Despite the condition of the neighborhood, many students were able to get over their fear of the homeless and learn from them.

“At first I was scared to go but it opened our eyes. The homeless were really friendly and gave us advice to stay in school and don’t do drugs,” said Priestly.

Turpin also gave credit to the students behavior and he thought they learned a lot in the process. “Despite the mental illness, the poverty and the crime, the homeless are

people too. That was their home and reality, and it was a good eye opener for all of us,” Turpin said.

The field trip also involved a speech held in a homeless shelter by **Michael Collins**, a Salvation Army soldier. Collins is also a retired rugby player, a coach in the United Rugby Club and has coached students at Gleneagle.

Collins talked about underage drinking at parties and the reasons why people ended up in their current conditions.

“He talked about how most of the drug addicts down there were abused when they were young and eventually ended up down in the Eastside,” recalled Priestly.

New faces in Gleneagle front office

DELARAM HOOFAR
staff reporter

The budget cuts in District 43 moved many staff personnel from one school to another resulting in four new secretaries Gleneagle this year.

Two of the four new secretaries transferred from Riverside, a school that is, architecturally the mirror image of Gleneagle. **Sandi Lee**, the new head secretary, worked at Riverside for seventeen years and she says it feels like “home” at Gleneagle.

Lorna Beattie worked as a secretary at Riverside for ten years before moving to Gleneagle this year. At one time, she wanted to become a teacher but she did not get to complete her courses at university so she decided to become a secretary to be with students. At Gleneagle she is the secretary who is in charge of student records including submitting marks provincially and printing transcripts.

Lisa Chan is the accounting clerk who handles all the

financial transactions involved at Gleneagle. She has been a secretary for five years and finds the new job extremely busy.

The receptionist who is the first to greet people as they enter the office area, **Stacey Anderson**, has been working for four and a half years as a secretary. She is working in this school temporarily and if she could, she says she would love to stay. She started working at the PNE when she was thirteen and she has done several types of jobs. Anderson likes working as a secretary because she thinks it is a fun job and likes communicating with others because she is sociable.

All the new secretaries agree that they find the students very friendly at Gleneagle and that the staff is great.

Lynn Kennett, who has been working in this school for ten years, is the only member of the office staff who returned to Gleneagle this year. Although it felt unusual to begin with, Kennett is pleased with her new co-workers saying “they are all great and we have gelled together nicely.”

PHOTO PROVIDED BY ADAM HAYES

Girls volleyball’s performance “warrior-like” despite losses

YILIN ZHANG
staff reporter

Senior girls volleyball team is working hard to be a competitive force this year. Despite a determined effort, they have only managed one win in league play, against Centennial on October 1. The girls had a game against Maple Ridge on Tuesday, but results were not available at press time.

They faced frustration in the Kelowna tournament last weekend, playing several games back to back while dealing with a short bench. They defeated Carver 31–29 in what coach **Billy Demonte** described as “the longest game ever for us.” Although Carver went on to place first in the Talons’ pool, the girls “went to the tie breaker set and won 15–1, thanks to **Sarah Knowle’s**, [grade 9], serve and **Haley Kitsch**, [grade 11], serving.”

Demonte couldn’t say enough about how hard the team fought. “**Hayley Knowles**, [grade 11], led the team as captain and played one of her best games of the season. **Ariana Baratto**, [grade 12], kept the team going with her enthusiasm, energy and warrior-like performance on the court,” Demonte added.

Team spirit was a key to the girls’ efforts. “**Eliza Vagner** [grade 11] toughed it out Friday and played all the games while being ill,” Demonte said, while “**Kelly Harden and Lauren Pettifer**, [both grade 12], both had some stellar blocks and game winning hits.”

Furthermore, players took on alternate roles when required. “**Reta Tallou**, [grade 12], who is normally one of our liberos stepped up to the plate and got us some great serves while playing power instead,” Demonte said.

With one league game left against Pinetree next Tuesday, the team still hopes to do well in playoffs and make it to Fraser Valleys. Wins against Maple Ridge and Pinetree are “crucial games, as we need to get up there in the standings,” Demonte explained. “We have potential, [we’ve] gotten



YASAMAN HOORFAR PHOTO

***Bump, set, spike:** Gleneagle student, grade 10, gets ready to bump and set her teammates up for the kill during a game against the Centennial Centaurs last Wednesday, which the Talons lost 3-2.*

much closer over the years,” commented Baratto.

Junior girls are also prepping for district playoffs. So far they are winless in four games. Last week’s game against Centennial was a hard fought game; the team came close but lost 3-2.

Despite their efforts, they have lost 3-1 against Charles

Best, 3-0 to Port Moody, and 3-0 to Terry Fox.

The team is “pretty good so far,” said their coach Alicia Cecchini, who is a Gleneagle graduate currently studying at Douglas College. “[The] grade 9’s are going well. Next time we need better energy to work hard, play well, and do more three hits. Hopefully we’ll go to the districts,” she added.

Record-breaking swim team third at district championships

OLIVIA SUN
staff reporter

The swim team is off to the Fraser Valley Championships today with the BC provincial championships in November. Coach **Mark Tustin** says he is trying to push as many kids as he can onto the podium for the Frasers and provincials and meet or exceed the results of last year.

The team snagged third place at the Coquitlam district championship on October 4 and also broke the district record in the first event that they won.

The record breaking event was the 4x50 relay with **Jonathan Zhang, Daniel Luo, Austin Brimm**, all grade 12, and **Jeremy Au**, grade 10. The previous record of 2:08.04, was broken by 5.2 seconds.

Au also broke the back crawl record with 31.53; the old record was 32.2 also

had belonged to Au.

Some of the swimmers who made it to the provincials last year were Brimm, Au, Luo, Zhang, **Jacob Christensen, Danaka Brown**, and **Hailey Knowles**, all grade 11.

“I think I will do fine; the Frasers usually aren’t that bad,” said Zhang.

“I think our chances at the Frasers are really good,” said Luo. “However the competition is so dynamic you have people coming in from grade 7 to 8 and people

graduating from grade 12 and therefore things change so drastically from year to year so it’s very hard to say how well or how poorly we will do,” he added.

Since there are no cuts or try outs for the team, the majority of the swimmers are grade 9’s and most are beginner swimmers.

The practices are on Monday and Wednesday from 6:30-7:30 at City Centre Aquatic Complex.

Cross country runners practicing for provincial competition

JENNY YANG
staff reporter

The Gleneagle cross-country team is running hard for upcoming contests, and still encourages more students to participate.

Yesterday the team competed in Fraser Valley Championships in Abbotsford, but results were not available at press time. Successful runners at Frasers will advance to provincial competition on November 3.

Earlier competition this season included the Triple C Invitational on Wednesday October 9. **Jordan Garrison**, grade 10 girls, placed first for her division. In grade 10 boys, **Riley Baynton**, came in fifth place. In grade 12 boys, **Richard Groenewald**, came in sixth place.

“It is a great team,” said **Katherine Chung**, coach. “Everybody is putting in a really good effort. Some people are achieving their personal best and that is exciting for both of us to see.”

Co-coach, **Lori Gregory** agrees. “They are a great group of students: they are motivated, they push themselves hard, and there is a great team spirit,” Gregory said. “Everybody encourages everybody else. It is a difficult sport, it can be miserable weather

and they run no matter what,” she added.

“Well, our team right now is quite small in comparison to our rivals like Port Moody, Heritage, and others,” said **Owen Guo**, grade 10.

Currently, there are 10 active members on the cross-country team who are racing and, “it wouldn’t hurt if more people joined next

year, even if they just attend,” said Guo.

Practices are twice a week. On Monday, they run hills to strengthen their muscles and develop stamina. After the long and challenging run, they do a massage run on Thursday when they focus more on stretching their body and maintaining their running pace, according to Gregory.

There are many students including 10 active members who are just joining the team to run and keep their body healthy. “We are always encouraging more students to join,” Gregory said.

“Running is an activity you can do for life and is a way to stay fit for life. Start now,” she added.

Senior boys soccer fifth in league, still optimistic

AMY LI
staff reporter

The senior boys soccer team lost a number of close games in the uphill battle of making the district playoffs. They tied for fifth place in a league of seven teams. Their efforts resulted in 1-2 more points than prior years in the standing, according to **Frank Abbinante**, coach.

The team played against Riverside on Tuesday, but scores were not available at press time. They also played Riverside last Thursday, October 17, losing 4-1 and faced a narrow loss of 2-1 against Pinetree on Tuesday, October 15.

“[These] were some heartbreaking losses,” says Frank Abbinante.

Despite the losses, the team never failed to keep up a positive attitude. **Patrick Serrano**, grade 10 midfielder, said, “We are only physically powerful through unity but we’ve some tough opposing teams so strategic methods were needed.”

Frank Abbinante and assistant coaches, **Andres Celenza**, and **Joseph Abbinante**, provided leadership and motivation throughout the season.

The team came together and saw their first win against Port Moody Blues, 5-0.

Earlier in the season, the boys lost a home game against Heritage Woods, 2-0 and another against Charles Best, 7-0. They pulled a 1-1 draw against Centennial.

Nine of the 15 team members are returning core players.

Backup goalie, **Chris Harrop**, is the only

grade 9 in this senior dominated team.

“We are coming together with good attitude and great work ethic,” Frank Abbinante said.

The developments of players, especially rookie players, were notable and impressive. However, some players were injured.

Arjan Nikpay, grade 12, dominant midfielder, suffered a head injury but returned to the team soon after. No long standing injuries were reported.

After return, Nikpay scored the only goal against Pinetree Secondary. Other dominant players are the defenders, **Logan Wong**, grade 12 and **Ryan Arce**, grade 12.

“If [we] win the [last] game,” says Frank Abbinante, the team could possibly receive the chance to gear up for Fraser Valley playoffs on October 29.

Talons field hockey fighting through pursuit of district playoffs

JENNIFER KOU
staff reporter

The Gleneagle field hockey team prepares to head into Fraser Valley Championships after a loss of 2-0 against Heritage Woods placing fourth in the district. Fraser Valley competition will be taking place on October 30 and 31 at Tamanawis Park, Surrey B.C.

“We played well this game and tried our best,” said team co-captain **Melanie Touhey**, grade 12. “I think we have a good chance of placing well in Fraser Valleys.”

The team lost 2-1 to Dr. Charles Best in the district semi finals on October 17. There was added excitement to the game as the Talons faced their former assistant coach, **Carol Coulson**, who is now coaching Charles Best. “They approached the game with grit and determination and played very well because of it,” said **Maureen Macdonald**, coach.

“They’ve just been unlucky, with finishing and getting the goal,” said **Bryan Flood**, fan and father of player **Emily Flood**, grade 10. “As a team they are doing well. [They’re] passing the ball up and down the field and working together.”

The team was forced to play without their captain, **Michelle Per**, grade 12, who was injured during the Bridgman Cup. “I tripped over and twisted my knee and sprained my [knee] and I’m out for probably two weeks,” Per said.

“It would take a miracle for me to play for district finals, but I should be able to play for Fraser Valleys,” she added.

“I have faith that all of the other players can compensate for their sidelined team mates,” added Macdonald.

During the Thanksgiving weekend, the team fought its way to a sixth place finish against 16 other teams in the Bridgman Cup Invitational held at the University of Victoria.

“The Bridgman Tournament is extremely



Striving for a goal: Gleneagle student, grade 10, focused on making a clean pass as she faces off against the opposing team, the Dr. Charles Best Blue Devils on October 17.

competitive, in some ways more than the provincials,” said Per. “We got a bit unlucky since we drew the two time defending champion, Handsworth, at one point and that prevented us from coming in top four.”

Winning three games but also losing three games at Bridgman, the team still placed higher in the tournament than previous years.

“Some games we didn’t do so well, but overall we tried our best and came together,”

said assistant captain **Danica Davies**, grade 12. “But we work well as a team and as we progress we are coming more together.”

“Our skill level has improved 100% since the start of the season,” stated **Elaine Goodman**, coach. “This is a testament to the ability of each player on the team to accept constructive criticism and use their excellent work ethic to improve their individual play.”

Prior to playoffs, the team placed first

in the league against eight other schools, losing only one league game to Heritage Woods Secondary. “We played really well [this season] and we get stronger after every game,” said Per.

“This team represents everything that is good about team sports,” said Goodman. “The players are coachable; they listen to what is being taught and are willing to take risks and change their style of play to adapt to any situation that arises.”

Boys volleyball teams start off season with mixed results



You won’t like when we spike: Gleneagle student, grade 10, delivers a spike to the opposing team, the Centennial Centaurs.

YASAMAN HOORFAR
staff reporter

The senior and junior boys volleyball are facing adversity as they advance towards playoffs. Both teams lost their most recent games.

The junior team lost to Riverside, 3-1, on Monday, and Centennial the previous week. They had a strong start on the first set against Centennial with tight scores. After losing 25-23, they dropped a set 25-15, making the situation harder for them. After trading match points

back and forth the Talons lost a third set 25-17, recording their first loss since the beginning of the season.

“We should stay more focused. We have very good and experienced players,” said **Dennis Kloczek**, grade 10, captain of the team. “We need to be more aggressive on attacks and serves and call the ball. If we try to do that I’m sure we can go pretty far this year.”

Prior to the recent losses, the team has two wins against Riverside and Charles Best.

“We can make it to the finals with the good results we got so far,” said coach **Art Abram**. “The key things we need to work on are spikes, stay in position and call the ball. I expect good attitude from the boys and know that we can make it to the finals,” he added.

The juniors will host Heritage Woods on Wednesday, October 29. Most of the players had common ideas about what they should be working on. “I expect that my team puts its best effort and doesn’t give up,” said **Cosimo Candeloro**, grade 10, setter of the team. “They should not get mad at their teammates because it puts more pressure on them which can lead to mistakes,” he added.

The senior boys’ season has been more difficult. Despite a victory earlier in the season over Port Moody, last week they recorded their third loss in a game against Riverside, putting their win loss record at 1 and 3. With a good start on their first set, they lost 25-19 to Riverside.

After the loss of the first set the team found itself fighting for every point. With all the pressure in the second set, the teamwork of the Talons allowed them a win of 27-25. After fighting very hard, the team lost 26-24. With a chance to still be the winner of the game, the players displayed good energy which led the team to another tough set. The final set ended with a third loss of 25-23.

“Many of us have played together since grade 9 and we are always learning new things and skills,” said the captain, **Aarman Bondar**, grade 12. “My hope is that we

make the Fraser Valleys this year. One thing we do have . . . is heart and that’s what’s taken us in many games to the fourth and fifth set, leaving the other team amazed about how much better we have gotten over the years,” he added. “In the finals for the Fraser Valleys I truly do believe this team - with the way we have adapted to each other and worked on our skills - we can make it to the finals against Centennial who are always first place. We did it in grade 10; now we just have to do it again,” Bondar added.

Three of the team members have injuries from other sports: Bondar with a left shoulder injury from rugby, **Mike Kostritsyn**, grade 12, with a groin injury from taekwondo, and **Matt Gorooza**, grade 12, with an arm injury from basketball.

“As a whole, I think that our team needs to work on fine-tuning our volleyball skills,” said **Sina Maloufi**, grade 11. “We have difficulties with the 5-1 system which we will get adapted to over time. We have a great sense of community within our team and we work hard, but some things can still be polished. I think that if we put in the work, finishing as one of the top two teams is a real possibility,” Maloufi added.

This year the team is guided by **Nicola Cridge**, head coach, and **Richard Speller**, assistant coach.

“I expect commitment, sportsmanship, a good playoff run and teamwork from my players,” said Cridge. “My team needs to work on cohesion. We’ve got good players and we’re doing good. I think we can make it to the finals,” she predicted.

“The other teams’ coaches have always told [us] that they have never seen a team play with so much heart,” Bondar added. The senior boys win over Port Moody Secondary was the first win for the senior team in several years.

The team played Tuesday, October 22 in Maple Ridge, but results were not available at press time.

Music Department united in performance

ERIC LIU
staff reporter

Gleneagle’s entire music department took the stage last night for the first time this school year. The audience was well entertained, as the young musicians received ample applause after each number.

“It was excellent. Everyone was really good, and it’s only October,” said **Eddie Trovato**, music teacher.

“The concert had a great attendance; over 400 tickets were sold,” Trovato added. “We are very grateful for all the support Gleneagle’s music department have received from fellow staff and students. If you missed out on the fall concert, be sure to join us for the Christmas concert,” he said.

A variety of songs were played at the concert, such as the classic rock tune *Vehicle* from the jazz band, the first nation piece *Pueblo* played by the junior band, or the soft yet emotional piece *Petty Harbour Skiff* played by senior band.

“*Petty Harbour Skiff* tested our ability to portray emotion more than our ability to move our fingers quickly,” said **Alice Huang**, grade 11.

“It is a very graceful, flowing song that has a melody that rises and falls like the waves in Petty Harbour, Newfoundland,” she added.

“We have all practiced really hard and we were really excited to show everyone a taste of what we will be bringing out throughout the year. We set the bar high, but our goal is to keep outdoing ourselves,” Huang added.

“The music program is a really awesome and fun experience. It brings people together and we create amazing music for everyone to hear,” said **Clayton Dowdell**, grade 12.

“I really enjoyed playing in the concert. I



ERIC LIU PHOTO

Blow them away: Two *Gleneagle* students, both grade 10, are part of the brass section who performed with the junior concert band last night.

feel like the junior band has started to come together as a whole now that the grade 9’s and 10’s have had a chance to play together,” said **Angela Li**, grade 10, recorder soloist in *Pueblo*.

“As for the concert itself, I think we did really well and pulled off a great night for both the audience and us performers,” Li said.

“I hope for the best for the next couple of concerts throughout the years as well! As for the music program- I’m really enjoying it so far. I like the atmosphere and the relaxed setting we have, and I feel like the band works well together as a team,” Li added.

“The music concerts are always fun to

watch and to participate in,” said **Michelle Lam**, grade 10 clarinet player. “Even if they’re not in the music program, lots of people are interested in coming to the concerts just to watch their friends and listen to the music.”

The next Gleneagle music concert will be held on December 18.

Freelance YouTube project takes off with gusto

ANIKA LEE
staff reporter

Starting and maintaining a YouTube channel is a huge challenge, but two junior drama students have taken their first steps towards that goal. **Parker Copeland** and **Catherine Sutherland**, both grade 10’s have started their own YouTube channel, **Elusive Productions**, and plan to begin regularly posting videos.

For their first project, they’re converting a psychological thriller stage play into a short film.

Hammond Yau, a Gleneagle 2013 graduate, wrote the script for his scriptwriting class and Sutherland liked it so much that she decided she had to turn it into a short film. Yau is excited to see the final outcome.

Auditions were held last Friday, and impressed people with their professional attitude and meticulous attention to detail.

“Everything was so well put together and organized. I was extremely pleasantly surprised,” said **Lavender Huang**, grade 11. “This far exceeded my expectations for a student initiated project,” she said.

“Everyone who auditioned was amazing,” Sutherland said. “I feel like the cast we chose really embodies the characters. I feel so good about this project, I know it will turn out well.”

Faly Mevamanana and **Sabrina Campbell**, both grade 12’s, **Nikki Tran**,

grade 10, and **Julia Ewonus**, grade 11, have been cast.

“If all goes well, I’ll enter it into a few film festivals. Recognition would be great, but we’re really just doing this for ourselves,” Copeland said.

With no teacher sponsor, however, things can be challenging.

“All it takes is one little thing like a camera malfunction or someone not showing up and we can’t make the film,” Copeland said.

Although it seems like hard work putting everything together, Sutherland and Copeland don’t mind since they’re doing something that they enjoy.

This year, the two close friends decided that they wanted to do something more with their interest in film which is what inspired the project.

“I wanted to pursue film and Catherine acting. Being good friends, the project only seemed logical and, of course, fun,” Copeland said.

Copeland’s interest in film came when he was in grade seven when he started doing photography, and he discovered that he was extremely comfortable around the camera.

Sutherland on the other hand, cultivated her interest for film when she partook in Musical Theater’s team production of *Thoroughly Modern Millie* as stage crew and also participated in other smaller plays. This experience inspired her to continue acting and even motivated her to join musical theatre. She is involved in the production of *Footloose* this year.

Photo removed in keeping with School District 43 policy that pictures of students may not appear in conjunction with student names.