



### LAND ACKNOWLEDGEMENT

We acknowledge we are on the unceded traditional territory of the Kwikwetlem First Nation, which lies within the shared territories of the Tsleil - Waututh, Katzie, Musqueam, Qayqayt, Squamish, and Sto':lo Nations.





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()1	The WHY	

# Why Core Competencies?

The Core Competencies are about you who you are as a learner, and where you are on your learning journey. The Core Competencies are at the heart of how you interact with the curriculum and your school community. This part of your learning is not about grades, or achievement - it's about reflection, goal setting, and, ultimately, a greater understanding of who you are!

# Why Learning Updates?

#### Information about Student self-reflection on Core Competencies and goal setting

By design, the Core Competencies (Communication, Thinking, and Personal and Social) underpin the entire provincial curriculum and are central to the development of educated citizens. Integrated self-reflection across the school year ensures that students are mindful of their growth in the Core Competencies. As self-reflection becomes a natural part of the learning process, it promotes personalization, inclusion, diversity, and student engagement.

Research shows that students have accurate perceptions of themselves and their own learning, and that self-reflection and goal setting can play a significant role in helping them learn and grow.

PERSONAL AND SOCIAL

COMMUNICATION

THINKING

# Why Blogs?

Edublogs are a great way to **show your learning progress**. You can:

- Have a **central location** for all your work
- Share a link to your blog with parents, postsecondary institutions, and potential employers
- Having an online presence is a great way to
- practice digital citizenship and create a positive digital footprint
- Use your blog to create your Capstone project
   (a requirement for graduation)









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	03	The BLOG	
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GLENEAGLE SECONDARY		[My first name]'s Online Portfo
MY JOURNEY	MY LEARNING	MY GLENEAGLE
ABOUT ME [Click "Add Media" to insert your avatar here] My name is [First Name]. [Here are some interesting and relevant facts that visitors should know about me].	CC PERSONAL & SOCIAL DECEMBER 4, 2023 Reflect and Set Sample	MY TAGS — #CCcommunicate — #CCthink — #CCp&s
T	HE NEW BLOG	<u> </u>

	Core Competencies + Q	Image: Image	-
	<ul> <li>Scan</li> <li>① Upload</li> <li>① Take a Photo or Video</li> </ul>	← → · ↑ → On > Gle > · ♥ ♥ /> Search 0      Images     Images     Archive     Gravity Gloud Eller     Gravity Gloud Eller	ileneagle
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	Word Document  PowerPoint Presentation	Desktop     Science     Social Studies     Downloads	
This Photo by Unknown Author is licensed under <u>CC BY-NC-ND</u>	This folder is empty Tap + to add a file.	Music     Pictures     Wideos     Windows (C:)     Kitems 1 item selected Available when online	
	Can't find what you are looking for? Q Search 1 Recycle Bin		



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#### Learning Takes Patience and Time

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← → C 😅 mygleneagle.sd43.bc.ca wp-admin/n	ny-sites.php		
	We're setting up your new website. This process can take time, please be patient. •	,	
	Please keep this browser tab open and don't reload the page until your new site has been completely set u	ıp.	
	Posts Copied		
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	Pages Copied		
	Terms Copied		
	My Links Menu Copied		
	My Tags Menu Copied		
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### Customizing Your Blog

### Overview

- 1. Visit your Site
- 2. Add Your Name
- 3. Customize the Sidebars
  - 4. Add an About Me (Avatar + text)



### Customizing – Name

#### Click Customize at the top



# Click the **blue pencil** and replace [My first name] with yours – **no last names**!

Customize



### Customizing – Sidebar Colours





### Customizing – About Me Widget (10 – 15 minutes)

The About Me Widget:

- Add your name first name
  - only

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- Add a few sentences about yourself
- Create an add an avatar



My name is LibraRey! I am a student at Gleneagle Secondary. I am really looking forward to snowboarding this year! My favourite thing at Gleneagle is chicken and waffles day.

### Customizing - About Me Widget

★ × T <sup>1</sup> Logo, Fo <sup>-</sup> ts, Colors, Background, Socials, Links	Published	 Primary	>
Front Page Content	>	Text: About Me	
Header Design Header Image, Menu, Widget	>	Text: About Me	
Main Body Design Layout, Sidebars, Blog Posts, Thumbnails	>	Q1 Add media     Visual     Text       B     I     Ξ     Ø	
Footer Design Logo, Layout, Menu	>	[Click "Add Media" to insert your avatar here]	
Menus	>	My name is [First Name]. [Here are some interesting and relevant facts that visitors should know about me].	
Dynamic Sidebars and Widgets	>	A Remove   Done	

### Customizing – Creating an Avatar

- Use one of these avatar sites, or one that you
- like, to create your avatar:
- <u>https://www.cartoonize.net/avatar maker/</u>
- <u>https://avatarmaker.com/</u>

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- <u>https://www.dicebear.com/</u>
- <u>https://personas.draftbit.com/</u>

200x200 (.png)	
400x400 (.png)	
vector format (.svg	1

↓ Download







# Adding Media

Text: About	
Title: About	
Add media	Visual Text
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[Press "Add Media" to insert your avatar here]

My name is [First Name] and I am a student at Gleneagle. I am [three interesting and relevant facts that visitors should know].

actions	Add mee	dia		
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# Music for Inspo (10-15 minutes)

- Affirmation Song: <a href="https://youtu.be/khkE17A5d7Y?si=F3-17xse9aduD21J">https://youtu.be/khkE17A5d7Y?si=F3-17xse9aduD21J</a>
- Lofi Girl:

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- https://www.youtube.com/watch?v=jfKfPfyJRdk
- Lofi Girl Chess:
  - https://www.youtube.com/watch?v=EeRfSNx5RhE
- Synth Boy:
- https://www.youtube.com/watch?v=4xDzrJKXOOY
- **Ten Minute Timer:**
- https://www.youtube.com/watch?v=lyZ0HbP4XZE&t=50s

#### Fifteen Minute Timer:

https://www.youtube.com/watch?v=SDXGjgi7r\_o



What are some projects you have done so far this semester? What could you add to your blog?



# **Class Brainstorm**



#### Snap It!



You feel proud of

Brings you joy

Shows your growth

Tag It! 🌑

Categorize it with the Core Competency, Grade, and Subject. Tag your post with:

**#CC Communicate** 

**#CCThink** 

**#CCP&S** 

Post It! 🚺

Create a **post** to share this part of your learning journey. Your post must include:

A photo or screen shot

A short description

**A CC connection** 

**10+ Posts/Year!** 

Not sure what to do? See the Posts Requirements page on your blog!



### YOUR FIRST POSTS

- 1. GOAL SETTING Complete the
- Reflect and Set for
- your current grade.
- 2. ARTIFACT

blog.

- Create a post to add
- an artifact to your



Service Your D	ashboard
<ul> <li>Dashboard</li> <li>My Class</li> <li>Posts</li> </ul>	Posts     Add New       All (7)   Published (3)   Drafts (4)       Bulk actions       V       Apply       All dates
All Posts Add New Categories Tags	<ul> <li>Title</li> <li>Reflect and Set – Grade 12 — Draft, Classic editor</li> </ul>
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	Reflect and Set – Grade 10 — Draft, Classic editor
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Pos	ts Add New					
All (7)	Published (3)   Drafts (4)					Search Posts
Bulk	actions V Apply All dates V	All Categories	← Filter			7 items
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	Reflect and Set – Grade 12 — Draft, Classic editor	125-GEagle	CC Personal & Social, Grade 12	#CCp&s	—	Last Modified 2023/12/04 at 11:19 pm
	Reflect and Set – Grade 11 — Draft, Classic editor	125-GEagle	CC Personal & Social, Grade 11	#CCp&s	_	Last Modified 2023/12/03 at 11:18 pm
	Reflect and Set – Grade 10 — Draft, Classic editor	125-GEagle	CC Personal & Social, Grade 10	#CCp&s	_	Last Modified
	Reflect and Set – Grade 9 — Draft, Classic editor	125-GEagle	CC Personal & Social, Grade 09	#CCp&s	_	Last Modified 2023/12/01 at 11:00 pm Need Help?

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#### Posts 101 - Categories, Tags, Featured Image

1. Categories: Core Competency Grade		Categories	~ ~	•
Subject 2. Tags: #CCcommunication	2	Tags	~ ~	•
#CCthink #CCp&s 3. Featured Image	3	Featured image	~ ~	•
Photo/screenshot of your artifact 4. Publish!	4	Publish	~ v	•

### **Categories and Tags**

CC Personal & Social	Add
Grade 09 CC Communication	Separate tags with commas
CC Thinking Grade 10	CCp&s
Grade 11 Grade 12	Choose from the most used tags
✓ Subject: English	#CCcommunicate #CCp&s #CCthink
+ Add New Category	



### Images and Publishing



your current grade .

### Post 1 - REFLECT and SET

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Add Media	١	/isual Text	CC Personal & Social	
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nis is your <b>first post</b> of the year. Add a picture of som emember the <b>Post Requirements - no faces!</b>	ething that is important to you, <b>rig</b>	ht now.	Grade 10 Grade 11 Grade 12	
nce you have completed the prompts below, you can	delete them.		Subject: English	•
Add a Strength What is something you feel you as school related, or about your extra-curricular active	e <b>really good at</b> , right now? It can /ities.	be	+ Add New Category	

Add categories

and tags.

4. Click Publish.

# Post 2 – Your Artifact Post

Your post should have three parts:

- An Image this could be a screenshot or photo of your work
- No faces protect your privacy and the privacy of others
- A description of the artifact

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- What is it? Why is it important to your learning journey?
- What is it? Why is it important to A Core Competency Connection
   What does this show about your
  - What does this show about your CC learning and goals?

Posts Add New



# Using OneDrive



	School District 43 (Coquitlam)	K I Gleneagle Sample OneDrive	- 🗆 ×
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		<ul> <li>OneDrive - School District 43 (C</li> <li>English</li> </ul>	$\odot$
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Solution Use OneDrive to take and store your images.



### Sample Reflect and Set

Permalink: https://mygleneagle.sd43.bc.ca/ 2/reflect-and-set/ Edit		Tags	~ × • つ
9 Add Media	Visual Text		
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My Strength - Right now, I am feeling confident in my ability to		100	
My Stretch - Something I would like to work on this year is my		-	and the second
My Goal - I would like to create/try/do		-	
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		- Add	
		Click the image to edit	or update

#### Sample Post

Artifact Sample																
Permalink: <u>ht</u>	tps://	mygle	eneag	le.sd4	3.bc.o	ca/12					/arti	fact-s	ample	Ed	it	
93 Add Medi	ia															
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L													_			

This is a photo/screenshot of something I did in [insert class here].

I used my **communication/thinking/personal and social** skills when completing this assignment/project when I did...

I am proud of my work because...

This shows my growth by...

Click the image to edit or update Remove featured image

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Word count: 38

Publish

Categories

Featured image

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# Music for Inspo (15 – 20 minutes)

- Affirmation Song: <a href="https://youtu.be/khkE17A5d7Y?si=F3-17xse9aduD21J">https://youtu.be/khkE17A5d7Y?si=F3-17xse9aduD21J</a>
- Lofi Girl:

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- https://www.youtube.com/watch?v=jfKfPfyJRdk
- Lofi Girl Chess:
  - https://www.youtube.com/watch?v=EeRfSNx5RhE
- Synth Boy:
- https://www.youtube.com/watch?v=4xDzrJKXOOY
- **15 Minute Timer:**
- https://www.youtube.com/watch?v=SDXGjgi7r\_o
- 20 Minute Timer:

https://www.youtube.com/watch?v=Ck2Z4jzPHAg





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# The Why (Revisited)

You've done some great work today! To recap:

- The Core Competencies are an important part of our learning journey – they help us understand who we are as learners
- Using your blog is a great way to reflect and set goals and track your progress
- Sharing your blog will be part of your next learning update, so don't forget to
- Snap It, Tag It, and Post It!

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# 3 Assemblies (December, March, May)3 Steps (Snap It, Tag It, Post It)3 Core Competencies

3 Assemblies	3 Steps	3 Core Competencies
We will have <b>three</b> assemblies this year: • December 6 <sup>th (done!)</sup> • March 14 <sup>th</sup> • May 30 <sup>th</sup>	Remember to <b>Snap It</b> , <b>Tag It</b> , and <b>Post It</b> . Your Core Competency work will be part of your <b>learning updates</b> (formerly report cards).	How will you grow your: • Communication • Thinking • Personal and Social skills

# THANK YOU

#### SPECIAL THANKS TO:

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- Mr. Gilbar (tech support)
- Athena Ho (Core Competency graphic re design)
- Caryl Szeto (Snap It, Tag It, Post It)
- Ms. Stephens, Ms. Kim, Ms. Brassington, and Ms. Smith
- The 2023 Gleneagle Tech Leadership team
- Mr. Beley, Ms. Cecchini , and Ms. Eaton
- Your teacher for leading this session!