



ÉCOLE GLENAYRE ELEMENTARY SCHOOL

495 Glencoe Drive, Port Moody, BC V3H 1G6 Ph: 604-939-9214

Website: www.sd43.bc.ca/glenayre Email: glenayre@sd43.bc.ca

Newsletter # 31

May 3, 2024

Upcoming Calendar Events

Mon, May 6 – Staff Meeting

Tues, May 7 – Grade 5 Sasamat Field Trip
Kindergarten Dental Screening
Kindergarten Early Dismissal 12:30
Welcome to Kindergarten 12:30

Thurs, May 9 – Hot Lunch – White Spot

Thurs, May 16 – Div 16 Water Shed Field Trip
Parent Appreciation Ceremony 1:45

Fri, May 17 – Pro D Day

Mon, May 18 – Victoria Day

Tues, May 21 – Panorama & Grade 5 Photo

Wed, May 22 – District Track Meet Gr 3,4,5

Thurs, May 23 – Hot Lunch – Subway
PAC Meeting 7:30pm

Fri, May 24 – Metis Dance Workshop

Mon-Tues May 27-28 – Science Alive

Fri, May 31 – Glenayre Wear Day
Spring Carnival

Principally Speaking

.... Stay Tuned

Message from the Office

When a student has an early dismissal, will be late, or absent from school please send an **absence report** to the office. The absence report can be found on the school website under Quick Links. <https://www.sd43.bc.ca/school/glenayre/Pages/default.aspx#/=>

During May and June classes will spend more time outside. It is best that the office and teachers know well in advance that a student has an early dismissal.



Welcome to Counsellor's Corner, your place for resources, upcoming events/workshops, and weekly mindful moments (short activities to do at home to foster better mental health).

Mindful Moment

4-7-8 Breath

Focusing on your breath can be a great way to calm down the body. Breathe in for a count of four, hold your breath for a count of seven and then exhale for a count of eight. Repeat several times. Notice how you feel after in comparison to how you felt before.

Workshops

Family Smart Workshops Connecting with Kids- May 7th, 6-8pm Click Here <https://familysmart.ca/monthly-events/> to Register for Above Session.

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.

Natalia Kubiak, M. Ed, RCC

nkubiak@sd43.bc.ca



QUICK LOOK 📄

Don't miss out on the many exciting upcoming PAC events!

For details, please continue reading below or visit: <https://glenayrepac.wordpress.com/>

****Reminder- Please direct all hot lunch and PAC related emails to glenayrepac@gmail.com and do not reply directly to Mrs. Gormann.****

TODAY	Freeze Friday Read-a-thon reading White spot hot lunch order deadline
UP NEXT	May 6- Start of carnival prize and used book collection May 15- Read-a-thon completes May 21- Read-a-thon <i>Record & Pledge Form collection</i>
UPCOMING	May 28- Read a thon and BINGO winners announced May 31- Spring Carnival

PAC MEETING

***Important notice-** the **May PAC Meeting has been canceled**. We kindly ask you to mark your calendars for our next meeting on Monday, June 17th at 7:30pm. It's crucial that each family makes an effort to attend, as this will be our Annual General Meeting (AGM) where we will vote in new executives and approve the 2024/25 annual budget.

SPRING CARNIVAL

🔊 **Volunteers needed:** As we gear up for our eagerly anticipated Spring Carnival, we're reaching out to the heart of our community: you! Please join us in creating a memorable and safe event for our students. Whether you can spare an hour or the entire day, your support will make a significant difference. It's an opportunity to bond with fellow parents, contribute to your child's school experience, and, most importantly, create lasting memories for our children. We will need close to 100 parent volunteers as all positions can be found on <https://www.lotsahelpinghands.com/c/630280/> under May 31st on the Calendar.

****Please ensure all your school volunteer forms are up to date. ****

🔊 **Prize and Book donations:** In an effort to make the Carnival as environmentally conscious as possible, last year we called on families to Please donate any unwanted, almost new/gently used stuffies, fidgets, tinker toys, etc to be used as prizes for carnival games. It was a huge hit with parents and kids alike and so we need your help again this year. We will have the addition of a "\$1 used book sale" to carnival and are seeking book donations. If you have any books your family has outgrown, please consider donating them to this great cause. Collection bins will be placed in the school lobby starting May 6th. If you can support us with either of these, please drop off your items into one of the bins marked "Carnival" anytime after this date. We would like to thank you in advance for your support!

🔊 **Prize and Book Donations:** Collections start May 6th in the lobby. Help us reduce and reuse at Carnival this year! Please donate any unwanted gently used stuffies, fidgets, tinker toys, etc to be used as prizes for carnival games. We will have the addition of a "\$1 used book sale" this year. If you have any books your family has outgrown, please consider donating them to this great cause. If you can support us with either of these, please drop off your items into one of the bins marked "Carnival" anytime starting Monday. Thank you in advance for your contributions!

🔊 **Sponsors:** A Friendly reminder that we are still looking for **SPONSORS!** Do you have a small business that might be able to help? Are you interested in sponsoring one of our bouncy castles, or carnival games? OR do you have a business that would be willing to donate to our raffle prizes? Please reach out to the PAC to learn more.

READ A THON 2024

We are halfway through the Read-A-Thon! Here are a few tips to help keep your kids motivated for the second half of the Read-A-Thon.

- 1) Pick the right books: Ensure your kids have a good selection of books to choose from.

- 2) Take breaks: Turn on an audio book for the evening or have someone read out loud to your child when they need a short break from reading but don't want to miss out on those minutes.
- 3) Don't get stressed out: Make sure your kids don't feel too much pressure. The Read-A-Thon isn't about the number of books you can read or how many pages you get through, it's more about just reading!
- 4) Call your friends: Have a reading party with your Glenayre buddies and pass the book around. Read one page or chapter each and before you know it, you'll have an hour of reading under your belt!
- 5) Get excited: My final tip for you is to get excited! A Read-A-Thon shouldn't feel like a chore or a job, it should be relaxing and fun! Remind your kids of some of the cool prizes up for grabs and how much funding they are helping to contribute to some amazing programs at Glenayre.

GLENAYRE STAFF APPRECIATION EVENT

The PAC will be hosting our annual staff appreciation lunch in June. It's our chance as parents to give back a little and show our appreciation to ALL the Glenayre staff who do so much for our children and our school community. Are you interested in helping plan, host or contribute to this event? Please email the glenayrepac@gmail.com to see how you can help.

\$2 FREEZE FRIDAYS

Back by popular demand as the weather warms up! PAC volunteers will be selling Jumbo Mr. Freeze freezies AFTER SCHOOL on Fridays from May 3rd - June 21st. \$2 per freeze out near the playground. We appreciate exact change so be sure to bring your TOONIES! Please note: A cooler will be set aside for track and field participants to purchase AFTER track and field. Volunteers welcome! Sign up on Lotsa Helping Hands

HOT LUNCH

White spot hot lunch is Thursday, May 9th and the order deadline is today, May 3rd.

Reminders:

- 1) All hot lunch orders close 1 week prior to the hot lunch date. Ordering instructions can be found on our PAC website at <https://glenayrepac.wordpress.com/>
- 2) Please direct all hot lunch and PAC related emails to glenayrepaclunch@gmail.com and do not reply directly to Mrs. Gormann.
- 3) Hot lunch Volunteers positions are posted on Lotsa Helping Hands.

YEAR-LONG OPPORTUNITIES TO SUPPORT THE GLENAYRE PAC

For more details, visit <https://glenayrepac.wordpress.com/ongoing-fundraisers/>. Please share these great rebate programs with your friends and family!

PORT MOODY LIQUOR STORE

Simply mention "Glenayre Elementary" at Port Moody Liquor Store on St. John's Street at checkout, and 5% of your purchases will go toward the Glenayre PAC. <https://neighbourhoodliquor.com/storefront/port-moody-liquor-store/>

MABEL'S LABELS

No more lost items! Purchase durable labels from Mabel's Labels. Go to https://mabelslabels.ca/en_CA/fundraising/support/ and search **Glenayre** as your school to support. PAC receives 20% back on all orders.

RVN WELLNESS

RVN Wellness (2506 St Johns St) offers Yoga, counseling and wellness for children and families and [registration](#) for their spring programs is now open! Enter promo code **GLENAYRE** for retail items, weekly classes, or drop in classes, and **GLENAYRE5** for any monthly subscriptions. This promo gives anyone 5% off any purchase, with an additional 10% back to our PAC. rvnwellness.com

DOLLARS & CENTS STORE

Mention the "Glenayre PAC" account, 20% of sales will be donated to our school PAC. Dollars and Cents is a fun, well-stocked "dollar store" located in Westwood Plateau. www.dollarsandcentsstores.com

SOCIAL MEDIA

Stay up-to-date with PAC information and follow us:

- 1) Like and follow on [Facebook](#) at <https://www.facebook.com/glenayrepac>

2) On **INSTAGRAM** follow us at: [@glenayrepac](#)

3) Or bookmark & subscribe to the Glenayre PAC website: <https://glenayrepac.wordpress.com/>

Pedalheads summer camp registration is now open! Many great locations and options in the Burnaby/ Coquitlam area. <https://www.pedalheads.com/camp>. **Keep your eyes open for a very special Pedal heads gift certificate in the Carnival raffle basket section!**

“Pedalheads Bike is a learn-to-ride camp known for taking kids from training wheels to two wheel to road riding. We combine a fun group setting with specialized equipment, tailored cycling lessons, and incredible instructors to build confidence and get some of the most tentative kids biking on their own.”

Attachments:

31.1 – DPAC

31.2 – Pedal Heads

31.3 – Play in our Parks