



ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 31

April 23, 2026

Upcoming Calendar Events

Fri, Apr 24 – Pro D Day

Thurs, Apr 30 – Hot Lunch Sushi and Hotdogs
Early Dismissal 1:40
Student Led Conferences

Mon, May 4 – Planetarium Visit
Staff Meeting

Tues, May 5 – Planetarium Visit

Tues, May 12 – Connecting to Kindergarten 1:00

Thurs, May 14 – Hot Lunch A&W
District Wide Emergency Release

Fri, May 15 – Pro D Day

Mon, May 18 – Victoria Day

Tues, May 19 – PAC Meeting 7:15pm

Fri, May 22 – Track Meet

Wed, May 27 – Theatrix Performance 1:30pm

Thurs, May 28 – Hot Lunch Dominos

Fri, May 29 – Spring Carnival

Principally Speaking

Hello Glenayre families,

This month's Food for Thought theme is Digital Literacy – thanks to Mme. Sigismund for compiling the resources for us – please see attachment.

I wanted to bring to your attention a couple of keys dates/events that will be coming up. More information will come closer to the time:

- Friday, May 8th – we will be practicing a lockdown drill. I will send an email reminder and more information about what this looks like closer to the time. Teachers will front load students so it is not a surprise.
- Thursday, May 14th at 2pm – district wide emergency release – parents or designated adults will pick up students at 2pm to practice procedure in the event of a real emergency. Thank you to families for sending in their emergency release forms to streamline this process. Tomorrow the Glenayre staff will be focusing on Indigenous themes as they relate to our school goals and teaching practices.

Have a wonderful long weekend.

Ms. A. Wilcox, Principal



Welcome to Counsellor's Corner- your one stop shop to stay up to date about community events and workshops which support mental health. Every week I will share an emotional regulation tool.

Natalia Kubiak, M.Ed, RCC nkubiak@sd43.bc.ca

Barefoot "Grass Grazing"

This is a classic grounding technique (often called Earthing)

If the weather permits, take off your shoes and stand in a patch of spring grass. Close your eyes and describe the sensation. Is the grass cool? Is the soil underneath squishy or firm?

Family Smart Workshops (All Virtual)

Emotion Regulation Part 2: Deepening Our Understanding- Various dates in April, 6:30-8:00pm

Supporting Our Kids With Substance Misuse While Caring For Ourselves- Various Dates in April 6:30-8:00pm

When Our Children Hurt Inside: Nurturing Awareness and the Power of Relationships- May 7th 6:30-8:00pm

ADHD: The Real Deal- Various Dates in May 6:30-8:00pm

A Conversation for Families About Digital Wellbeing and Mental Health- Various Dates in May 6:30-8:00pm

Click [Here](#) to Register



glenayrepac.wordpress.com

Questions for the PAC? Please contact:

General Inquiries:

glenayrepac@gmail.com

Treasurer Inquiries:

glenayrepectreasurer@gmail.com

Hot Lunch:

glenayrepaclunch@gmail.com

Up next on the calendar...

- ★ Next Hot Lunch Date ~ Thursday April 30th
- ★ Freezie Fridays to start on Friday May 1st (*Weather Dependent*)
- ★ Volunteers needed for Staff Appreciation Lunch - June 10th
- ★ Save the Date ~ Glenayre's Annual Spring Carnival on Friday May 29th!!!

Call out for Volunteers!!



Let's celebrate our incredible teachers and staff in style! 🎪 We're hosting our annual Staff Appreciation Lunch and need a few awesome volunteers to help make the magic happen.

We're looking for helping hands with setup, welcoming our staff, keeping things running smoothly, and tidying up afterward. It's an easy, fun way to show our appreciation for the people who make a difference every single day in our children's lives.

Got a little time to spare? We'd love to have you on the team! Please contact the PAC at glenayrepac@gmail.com. Let's make it a lunch they'll truly enjoy! ❤️



Spring Carnival

Hey lovely parents! We're getting everything ready for our Spring Carnival and have a few quick ways you can help make it amazing:

Volunteers Needed

As we gear up for our eagerly anticipated Spring Carnival, we're reaching out to our wonderful community you! We'll need close to 100 parent volunteers to help make this event safe, fun, and memorable for our kids. Whether you can spare an hour or the whole day, every bit helps 🙌

It's also such a lovely way to connect with other parents and be part of your child's school experience.

👉 Volunteer sign-up will be available soon on Lotsa Helping Hands

👉 Please make sure your school volunteer forms are up to date



Prize Donations

Last year's prize donations were such a hit (honestly, the kids LOVED it 😊), so we're doing it again!

We're collecting gently used:

- Stuffedies
- Fidgets
- Small toys & games

Collection bins will be in the school lobby starting first week of May
Please drop off items in the bins marked "Carnival" anytime after that.

Thank you so much for helping us keep the magic going ✨



Sponsors Needed

We're still looking for event sponsors!

Do you:

- Own a small business?
- Know someone who does?
- Want to support the school community?

You can sponsor:

- Bouncy castles
- Carnival games
- Raffle prizes

👉 Reach out to our amazing Carnival team via: glenayrepacfundraising@gmail.com to learn more. We'd love to partner with you!



STAY UP TO DATE & CONNECT WITH US TODAY

Want to stay in the know about everything happening at Glenayre? Follow us on social media for updates on fundraisers, school news, upcoming events, monthly calendars, and more!

* Facebook: @GlenayrePAC * Instagram: @GlenayrePAC

Fundraisers to Support the PAC all year long!

For more details, visit <https://glenayrepac.wordpress.com/ongoing-fundraisers/>.

Please share these great rebate programs with friends and family!

1. **PORT MOODY LIQUOR STORE:** Mention Glenayre Elementary at checkout and 5% of your purchase goes to the PAC.
2. **MABEL'S LABELS:** Shop online and the PAC earns a rebate.

Attachments:

31.1 Food for Thought

31.2 PAC minutes

31.3 Treasurer's Report

31.4 Neufeld Fundraiser