



ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 23

February 13, 2026

Upcoming Calendar Events

Mon, Feb 16 – BC Family Day

Tues, Feb 17 – PAC Meeting

Wed, Feb 18 – Class Photos

Thurs, Feb 19 – Theatrix Performance

Wed, Feb 25 – Pink Shirt Day

Thurs, Feb 26 – Hot Lunch – A & W
Student Farmer's Market

Fri, Feb 27 – Pro D Day

Mon, Mar 2 – Staff Meeting

Fri, Mar 6 – Treat Day TCBY
PAC Trivia Night

Mon, Mar 9 – Div 14,15,16,17 Britannia Mine

Tues, Mar 10 – Hearing Screening re-test

Thurs, Mar 12 – Hot Lunch Dominos
Div 7,8 Burnaby Village

Fri, Mar 13 – Last day before Spring Break
Learning updates Published in MyEd

Mon, March 30 – School Re-opens

Principally Speaking

Hello Glenayre families,

Today marks the last day in Real Acts of Caring (RAC) week across the district. Our school has been focusing on respect, care, and inclusivity, and perseverance, and we took a moment to meet together to celebrate kindness and care for each other today. I'm always so proud to see our older leadership students have the confidence to speak in front of the whole school.

On Tuesday, we were excited to welcome Patrice Rene and Jackson Findlay of the BC Lions to give us a presentation on how we can be energy champions, which also tied in nicely with our caring theme this week, as they gave us some simple reminders on how we can care for our environment.

I'd like to acknowledge that some members of our school community will begin Ramadan next week, and I'd like to wish everyone a Happy Lunar New Year – Happy Year of the Horse!

Enjoy your long weekend,

Ms. A. Wilcox, Principal



Welcome to Counsellor's Corner- your one stop shop to stay up to date about community events and workshops which support mental health. Every week I will share an emotional regulation tool.

Natalia Kubiak, M.Ed, RCC

nkubiak@sd43.bc.ca

Real Acts of Caring

This week is RAC (Real Acts of Caring) Week. You can do little acts of kindness for someone any time, but next week really celebrates this. See the link below for a list of RAC ideas.

<http://www.realactsofcaring.org/rac-ideas.html>

This Week's Incident

In light of this week's events I thought I would share a few suggestions for how to talk to your child in case this is a conversation you wish to have. Please let me know if I can support you in any way. The Kids Help Phone is also available 24/7 for free counselling: **1-800-668-6868**

Here are a few suggestions for talking with children:

- **Keep it simple and reassuring.**

"Something happened nearby, and the school was being extra careful to keep everyone safe."

- **Let your child guide the conversation.**
Some children will want to talk a lot, while others may not bring it up at all.
- **Validate feelings.**
"It's okay to feel worried or confused. Adults are here to help keep you safe."
- **Avoid sharing frightening details or speculation.**
Children do best with clear, factual, age-appropriate information.
- **Reinforce safety routines.**
Remind them that schools practice these procedures so staff know exactly what to do.
- **Watch for lingering anxiety.**
Changes in sleep, appetite, or mood are normal at first, but if concerns continue, please reach out.

Family Smart Workshops (All Virtual)

[For Families: A Conversation About Eating Disorders](#)- Various Dates in February, 6:30-8:00pm

Parenting ADHD Children – A Neuro-Affirming Approach- February 18th 6:30-8:00pm Click [Here](#) to Register



glenayrepac.wordpress.com

Questions for the PAC? Please contact:

General Inquiries:
glenayrepac@gmail.com

Treasurer Inquiries:
glenayrepectreasurer@gmail.com

Hot Lunch:
glenayrepaclunchmail.com

Executive Team NEEDED for 2026/2027 School Year!!!

Sign up for a position today!

**No Executive = NO Fundraisers, NO Grant Money, NO monetary support for classrooms,
NO Hot Lunches, NO Theatrix and NO Carnival.**

That is a lot for our Children and Teachers to lose out on.

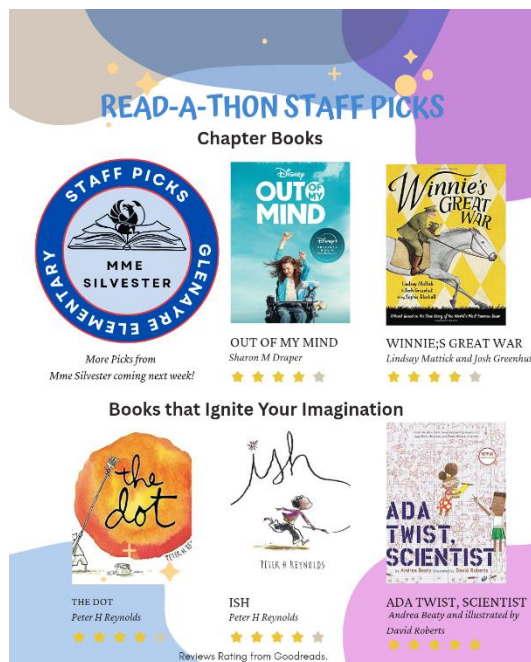


PLAYGROUND READ-A-THON



We are exactly halfway through the Read-A-Thon!

Don't know what to read next, Mme Silvester has graciously given us new inspo with her book recommendations:



And here are a few more tips to keep your kids motivated for the second half of the Read-A-Thon.

1. Get some new books: Plan a trip to the Port Moody or Coquitlam public libraries and get something fresh for the pile!
2. Take breaks: Turn on an audio book for the evening or have someone read out loud to your child when they need a short break from reading but don't want to miss out on those minutes.
3. Don't get stressed out: Make sure your kids don't feel too much pressure. The Read-A-Thon isn't about the number of books you can read or how many pages you get through, it's more about just reading every day!
4. Call your friends: Have a reading party with your Glenayre buddies and pass the book around, reading one page or chapter each. Check off "Have a Reading Party with Friends" square on your BINGO card.
5. Get excited: My final tip for you is to get excited! Remind your kids of the cool prizes up for grabs and how much funding they are helping to contribute to their own Glenayre Big Kids Playground.

Happy Reading!



TRIVIA NIGHT - MARCH 6, 2026

So many amazing teams are already signed up! Get your registration in before it's too late. **Register TODAY** at [Trivia Night Registration Form](#)

Friday, March 6th, 2026 from 6:30-10:30pm in the Glenayre school gym

Hosted by IQ2000, Vancouver's Premier Trivia Host, it's an evening filled with costumes, games, libations and of course the undeniable quest for knowledge.

\$120 for a team up to 8 adults and \$150 for a team of up to 10 adults. Entry includes your reserved table, several rounds of trivia, a chance to win prizes, and a whole lot of fun!

Interested but don't have a team? Reach out to the event team at glenayretrivia@gmail.com to connect you with a team or to help you find additional team members. Or join our volunteers, it's as much fun as being on a team. Sign up on [Lotsa Helping Hands](#).

Take a look at some fun moments from last years Trivia Night



STAY UP TO DATE & CONNECT WITH US TODAY

Want to stay in the know about everything happening at Glenayre? Follow us on social media for updates on fundraisers, school news, upcoming events, monthly calendars, and more!

* Facebook: @GlenayrePAC * Instagram: @GlenayrePAC

Fundraisers to Support the PAC all year long!

For more details, visit <https://glenayrepac.wordpress.com/ongoing-fundraisers/>.

Please share these great rebate programs with friends and family!

1. **PORT MOODY LIQUOR STORE:** Mention Glenayre Elementary at checkout and 5% of your purchase goes to the PAC.
2. **MABEL'S LABELS:** Shop online and the PAC earns a rebate.

Attachments:

23.1 The Card Project

23.2 Glenayre without a PAC

GOLDEN PARROT PUB
TICKETS: \$35
SATURDAY, FEBRUARY 28TH

IN SUPPORT OF THE PMSS
CLASS OF 2026

**AFTERGRAD
PUB NIGHT**

GOLDEN PARROT PUB
170 GOLDEN DRIVE, COQUITLAM
SATURDAY, FEBRUARY 28TH
6:30PM

PURCHASE TICKETS



19+ EVENT

