



ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 18

January 9, 2026

Upcoming Calendar Events

Wed, Jan 8-14 – Kindergarten Registration French

Fri, Jan 9-30 – Ski Club

Mon, Jan 12 – Staff Meeting

Wed, Jan 14 – Missy D Performance

Thurs, Jan 15 – Hot Lunch White Spot

Tues, Jan 20 – PAC Meeting

Thurs, Jan 22- Feb 5 – Tennis

Mon, Jan 26 – Pro D Day

Tues, Jan 27 – Div 1 Field Trip Evergreen Ctr

Thurs, Jan 29 – Hot Lunch Subway

Mon, Feb 2-5 – Kindergarten Registration English

Fri, Feb 6-11 – Cross Catchment Registration

Principally Speaking

Hello Glenayre families, and Happy New Year!

I hope everyone had a restful break, and we are looking forward to another great term of school.

Another reminder that applications for Programs of Choice are currently open on the school district website. This would include French Immersion Kindergarten for September 2026, as well as late Immersion or Montessori for Grade 6 for September 2026. Please see my email sent Monday for further information.

In collaboration with the Glenayre staff, I'd like to introduce a new element to our newsletters called "Food for Thought..." Whether it's through workshops, mentoring, Pro D activities, team leader or staff meetings, or simple day-to-day professional conversations, our staff are always sharing, learning, and researching ways to improve our practice. We thought it would be valuable to share books, podcasts, videos, photos, and quotes that Glenayre teachers and staff have read, seen, watched and learned from and have also led to great conversations amongst us. We'd like to share with our greater Glenayre community to join in the pondering.

This month's theme is Digital Health, and I'd like to thank teacher and Team Leader Mme. Sigismund for her contributions this month! Please see the attachment 'Food for Thought.'

Have a great weekend.

Ms. A. Wilcox, Principal



Welcome to Counsellor's Corner- your one stop shop to stay up to date about community events and workshops which support mental health. Every week I will share an emotional regulation tool.

Natalia Kubiak, M.Ed, RCC

nkubiak@sd43.bc.ca

Goal Setting

With the start of a new year many people opt to set New Year's resolutions. This year set some mental health specific goals. Perhaps you want to set aside 5 minutes each day to do a mindfulness meditation or some breath work? Or you can make a point in doing a family movement break activity on the weekend. Goals are easier to achieve when done with other people so make it a family endeavor.

Family Smart Workshops (All Virtual)

Understanding, Supporting and Connecting with Teens with Depression- Multiple Dates in December

Connecting with Our Kids When Anxiety Leads to Social Isolation- Various Dates in January

Supporting Safety at Home When Your Child Has a Mental Health Crisis- January 14th 12-1:30pm

Click [Here](#) to Register



Glenayre Ski Club's first lessons start today! Conditions are perfect and we are looking forward to seeing all registered club members at Mt. Seymour with check in starting at 3:30. All registered members should have received e-mails including pre planning and preparation details. A huge thank you to the volunteer chaperones and families contributing to the success of the program. A reminder to send all Ski Club questions and communications to bonnie_ah@hotmail.com.

With appreciation, Bonnie and Tony Reynolds (Glenayre Ski Club Volunteer Coordinators)



glenayrepac.wordpress.com

Questions for the PAC? Please contact:

General Inquiries:
glenayrepac@gmail.com

Treasurer Inquiries:
glenayrepactreasurer@gmail.com

Hot Lunch:
glenayrepaclunchmail.com

Reminders Before the Coffee Wears off...

- ★ Sign up for an Executive Position for next year
- ★ Get your Hot Lunch Orders in for Jan - June
- ★ Please see attachment for Executive Position Write Ups

Welcome back everyone! We hope you all had a relaxing and wonderful Winter Vacation! We hope to see you at our **January PAC Meeting** happening on **Tuesday January 20th at 7:15pm** in the school library



HOT LUNCH

Hot lunch ordering for the new year is now open on Munchalunch! **You can now place your orders from January through June.** Log in to your **Munchalunch** account to browse the menu and secure your orders. Thank you for your continued support! Want to help out on Hot Lunch Days? Volunteer shifts are up on lotsahelpinghands.com.



TRIVIA NIGHT - MARCH 6, 2026

Best night out for parents! If you've never had the opportunity to attend this epic event, you're in for a treat! Parents create teams of 6-10 players, plan a team theme including costumes and appetizers for their table, and work as a team for a chance to win at this entertaining, community-building, fundraiser. Spread the word, book your babysitters early and start organizing your team because you do not want to miss out on this night!

When: Friday, March 6th, 2026 from 6:30-10:30pm

Where: Glenayre school gym

Registration starts next Friday January 16th : Entry is \$120 for a team of up to 8 adults and \$150 for a team of up to 10 adults and includes your reserved table, several rounds of trivia, a chance to win prizes, and a whole lot of fun!

Take a look at some fun moments from last year's Trivia Night





STAY UP TO DATE & CONNECT WITH US TODAY

Want to stay in the know about everything happening at Glenayre? Follow us on social media for updates on fundraisers, school news, upcoming events, monthly calendars, and more!

* Facebook: @GlenayrePAC * Instagram: @GlenayrePAC

Fundraisers to Support the PAC all year long!

For more details, visit <https://glenayrepac.wordpress.com/ongoing-fundraisers/>.

Please share these great rebate programs with friends and family!

1. **PORT MOODY LIQUOR STORE:** Mention Glenayre Elementary at checkout and 5% of your purchase goes to the PAC.
2. **MABEL'S LABELS:** Shop online and the PAC earns a rebate.

Attachments:

18.1 Food For Thought

18.2 Executive Roles