



ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 8

October 27th, 2023

Upcoming Calendar Events

Tues, Oct 31 – Halloween Parade 1:45pm

Wed, Nov 1 – Pajama Day

Early Dismissal 1:40

Meet the Teacher Day

Thurs, Nov 2 – Hot Lunch White Spot

Mon, Nov 6 – Staff Meeting

Wed, Nov 8 – Photo Retakes

Thurs, Nov 9 – Remembrance Day

Ceremony 10:40am

Friday, Nov 10 – School Closure day

Mon, Nov 13 – Remembrance Day

Thurs, Nov 16 – Hot Lunch Pizza Hut

Theatrix Performance 1:45

Principally Speaking

.... Stay Tuned



Welcome to Counsellor's Corner, your place for resources, upcoming events/workshops, and weekly mindful moments (short activities to do at home to foster better mental health).

Mindful Moment

Pumpkin Sensory Exercise

Find a pumpkin and use your senses to make observations. Run your hands down the sides of the pumpkin- what do they feel like? Are they smooth? Are there any bumps? If your pumpkin is cut, how does the inside feel like? Notice the colour of the pumpkin. Are there any colours other than orange? What shape is it? Does the pumpkin have a specific smell? Does it make a particular sound if you knock against it? If you have pumpkin seeds, you can use your fifth sense of taste and pay attention to how they taste like.

Workshops

Emotion Regulation- Various Dates and Times in November [Click Here](#) to Register for Above Sessions

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.

Natalia Kubiak, M. Ed, RCC

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QUICK LOOK

Don't miss out on the many exciting upcoming PAC events!
For details, please continue reading below or visit: <https://glenayrepac.wordpress.com/>

****Reminder- Please direct all hot lunch and PAC related emails to glenayrepac@gmail.com and do not reply directly to Mrs. Gormann.****

TODAY Halloween Dance! - Tickets sold at the door. Bring Cash!
 White Spot Hot lunch order deadline

NEXT Oct 29: Apple Fundraiser sales close
 Nov 7-9: Saleema Noon- supplemental education funded by PAC!!

UPCOMING Nov 20: PAC Meeting
 Nov 22: Book Fair

HALLOWEEN DANCE

Come BOOGIE the night away TONIGHT with our live DJ, photo booth, fun Halloween games, concession and lots of spooky treats! Prizes for best costumes and family costumes! Tickets available at the door . \$5/pp (children under 4 are Free). A family friendly event and adults must attend with children (no drop offs.) Bring cash!

HOT LUNCH

November 2nd is White Spot Hot Lunch! Order and payment deadline is **Today, Friday Oct 27th!** All hot lunch dates and ordering information can be found on our PAC website at <https://glenayrepac.wordpress.com/2023/09/21/hot-lunch-munchalunch-online-ordering/> and ordered through our Munch-a-lunch system. Special for White Spot: Choose an individual entree, or a COMBO: entree + 1 side (veggies, apples or grapes). Although the instructions for White Spot will state the combo includes a meal, drink and treat, please note it only includes an entree and one side (not a treat).

APPLE FUNDRAISER

Last call to support a local, award-winning apple farm, and our PAC by buying some apples for you, your family and friends!

- 10 lb boxes of exceptionally crunchy Ambrosia apples for sweet and juicy Honeycrisp apples for \$29.50. **\$8 from every directly to our PAC.**
- Order here:
<https://fundraising.sunokafruit.com/s/glenayreelementary>
- **Order deadline: Sunday, October 29**
- Apple pick up date: Week of November 6



**\$23.95 or
box goes**

PARENT FEEDBACK SURVEY RESPONSES

A graphic consisting of two overlapping speech bubbles. The top bubble is blue and contains the text "Thank You" in white. The bottom bubble is green and contains the text "for Sharing!" in white. The text is centered within the bubbles.

**Thank You
for
Sharing!**

Thank you to the 47 individuals who participated in the PAC Feedback Survey this fall. We are encouraged by your positive responses and are thoughtfully considering your comments and input. The executive team appreciates your involvement and looks forward to your continued contributions (initiative, time, support, volunteering, leadership) throughout the year. Because all parents with children registered at Glenayre are a part of the Parent Advisory Council, we

want to share the survey responses with you. To view, visit the PAC website or follow link:

<https://glenayrepac.wordpress.com/survey-results/>

PAC MEETING

Save the date for our next PAC Meeting on **Monday, November 20, 2023** at 7:30 PM in the school library or by zoom. All parents/guardians are encouraged to attend.

SOCIAL MEDIA

Best way to stay up-to-date with PAC information is to follow us on social media:

- 1) Like and follow on **Facebook** at <https://www.facebook.com/glenayrepac>
- 2) On **INSTAGRAM** follow us at: [@glenayrepac](https://www.instagram.com/glenayrepac)
- 3) Or bookmark & subscribe to the all new Glenayre PAC website: <https://glenayrepac.wordpress.com/>

YEAR LONG OPPORTUNITIES TO SUPPORT THE GLENAYRE PAC

PORT MOODY LIQUOR STORE FUNDRAISING REBATE

Year round fundraising opportunity available through Port Moody Liquor Store on St. John's Street. Simply mention "**Glenayre Elementary**" at checkout, and 5% of your purchases will go toward the Glenayre PAC. Please share this with your friends and family as a way to continue supporting Glenayre throughout the summer and beyond.



MABEL'S LABELS

A quick and easy way to support the PAC is by ordering Mabel's Labels online. Our PAC receives 20% back on all orders. These labels are durable, laundry safe, dishwasher safe and a great way to avoid your child losing items. There are lots of fun holiday themed labels and return address labels online now. Go to https://mabelslabels.ca/en_CA/fundraising/support/ and search **Glenayre** as your school to support.

FIRST AID HERO BABYSITTING, STAY SAFE & MY SAFE LIFE COURSES

First Aid Hero is a Canadian Red Cross Training Partner and all instructors are certified youth leaders. Their courses help kids learn the skills necessary to keep them safe. Courses offered are My safe life (ages 7-10), Home alone Stay safe (ages 9-13) and Babysitting Course (ages 11-15). Be sure to use our promo code at check out for both in-person or online courses and our PAC will receive \$5 per registration. <https://firstaidhero.com/> **PROMOCODE: glenayre.**

Attachments:

8.1 – PAC Meeting Minutes

8.2 – PAC 2023-2024 Budget

8.3 - Winter Weather Information

8.2 – Chess and Table Tennis