



ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 6

October 13th, 2023

Upcoming Calendar Events

Thurs, Oct 19 – Hot Lunch

Fri, Oct 20 – Pro D Day (No School)

Mon, Oct 23 – PAC Meeting 7:15pm

Fri, Oct 27 – Glenayre Wear Day
Informal Report Cards
Halloween Dance

Tues, Oct 31 – Halloween

Wed, Nov 1 – Pajama Day
Early Dismissal 1:40
Meet the Teacher Day

Thurs, Nov 2 – Hot Lunch

Principally Speaking

An email will be coming from Mr. Lloyd



Welcome to Counsellor's Corner, your place for resources, upcoming events/workshops, and weekly mindful moments (short activities to do at home to foster better mental health).

Mindful Moment

Teddy Bear Breathing

Lay on your back and place your favourite teddy bear or other stuffed animal on your belly. Draw a deep breath in and try to fill your lungs and belly with air. Notice the teddy bear rise as you do so. Exhale slowly, releasing the air and watch the teddy bear fall with your tummy. Repeat the cycle, watching the teddy bear rise and fall.

Workshops

Working Together: Families and Schools- Various Dates and Times

Thursday, October 12th: 12:00-1:30pm (PST)

Tuesday, October 17th: 6:30-8:00pm (PST)

Thursday, October 26th: 6:00-7:30pm (PST) [Click Here to Register for Above Sessions](#)

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.

Natalia Kubiak, M. Ed, RCC

nkubiak@sd43.bc.ca



QUICK LOOK ☞

Don't miss out on the many exciting upcoming PAC events!
For details, please continue reading below or visit our new website: <https://glenayrepac.wordpress.com/>

****Reminder- Please direct all hot lunch and PAC related emails to glenayrepac@gmail.com
do not reply directly to Mrs. Gormann.****

TODAY	Halloween costume thrift sale Pizza Hut hot lunch order deadline Final Freezie Friday- That's a wrap
NEXT	Oct: 16-18: Family photo nights— still a few spots open Oct 23: PAC meeting- All are encouraged to attend! Oct 27- Halloween dance- Purchase tickets on Munch a Lunch now!
UPCOMING	Oct 23: PAC Meeting Oct 27: Halloween Dance Oct 29: Apple Fundraiser sales close

PAC MEETING

Monday, October 23rd, 2023 at 7:30 PM in the school library or by zoom

Stay informed! You are invited to attend our monthly PAC meetings where our Principal, Mr. Lloyd, also shares. All parents are welcome and encouraged to join as we discuss events, volunteer opportunities, and financials. This is a great way to learn what is going on in your child's school and have the opportunity to give input on ideas or share concerns you may have.

We are pleased to offer a hybrid meeting option. If you have difficulties attending in-person, please join us on Zoom. (Time will be limited to 40 minutes. You're welcome to re-join using the same link, although there may be a 9 min re-entry delay).

<https://us04web.zoom.us/j/79489217140?pwd=i42l0FQeHgRhA8zYqsa78PdtfWmdZ.1>

Meeting ID: 794 8921 7140

Passcode: 9S8eau

HOT LUNCH

October 19th is Pizza Hut hot lunch! Order and payment deadline is **Today, Friday Oct 13th!**. All hot lunch dates and ordering information can be found on our PAC website at <https://glenayrepac.wordpress.com/2023/09/21/hot-lunch-munchalunch-online-ordering/> and ordered through our Munch-a-lunch system.

APPLE FUNDRAISER



What do you call the end of apples? The apple-calyptse! Luckily for us, we don't need to worry. Support a local, award-winning apple farm, and our PAC by buying some apples for you, your family and friends!

- 10 lb boxes of exceptionally crunchy Ambrosia apples for \$23.95 or sweet and juicy Honeycrisp apples for \$29.50.
- Order here: <https://fundraising.sunokafruit.com/s/glenayreelementary>
- **Order deadline: Sunday, October 29** Apple pick up date: Week of November 6

FAMILY PHOTO NIGHT

Family photo night is back October 16, 17 & 18th in the school Gym!! Each family sitting session costs \$25, lasts for 15 minutes with several poses. Families will receive a FREE 8x10 portrait of their choice and have the opportunity to purchase additional photos online. PETS ARE WELCOME.

Sign up today to secure your spot as last year was sold out. Once you make your payment for the sitting fee, your photo session will be reserved. 100% of the sitting fee goes directly to our school PAC. <https://www.htphotog.com/booking-calendar/>



HALLOWEEN DANCE

Friday, October 27, 2023 form 6-8 pm (Doors open at 5:45pm)

Come BOOGie the night away with our live DJ, photo booth, fun Halloween games, concession and lots of spooky treats! Prizes for best costumes and family costumes! Tickets available at the door or online at on at <https://munchalunch.com/login.aspx> . \$5/pp (children under 4 are Free). A family friendly event and adult must attend with children (no drop offs.)

**Please also check our volunteer site, Lotsa Helping Hands-We need volunteers to take on a short shift to ensure all parents are able to enjoy this event with their children **

<https://www.lotsahelpinghands.com/c/630280/>

A very special thank you to the Shaw Edwards realty group for their partial sponsorship of the Dance Photobooth.



SOCIAL MEDIA

Best way to stay up-to-date with PAC information is to follow us on social media:

- 1) Like and follow on **Facebook** at <https://www.facebook.com/glenayrepac>
- 2) On **INSTAGRAM** follow us at: [@glenayrepac](https://www.instagram.com/glenayrepac)
- 3) Or bookmark & subscribe to the all new Glenayre PAC website: <https://glenayrepac.wordpress.com/>

YEAR LONG OPPORTUNITIES TO SUPPORT THE GLENAYRE PAC

PORT MOODY LIQUOR STORE FUNDRAISING REBATE



Year round fundraising opportunity available through Port Moody Liquor Store on St. John's Street. Simply mention "**Glenayre Elementary**" at checkout, and 5% of your purchases will go toward the Glenayre PAC. Please share this with your friends and family as a way to continue supporting Glenayre throughout the summer and beyond.

MABEL'S LABELS

A quick and easy way to support the PAC is by ordering Mabel's Labels online. Our PAC receives 20% back on all orders. These labels are durable, laundry safe, dishwasher safe and a great way to avoid your child losing items. There are lots of fun holiday themed labels and return address labels online now. Go to https://mabelslabels.ca/en_CA/fundraising/support/ and search **Glenayre** as your school to support.

FIRST AID HERO BABYSITTING, STAY SAFE & MY SAFE LIFE COURSES

First Aid Hero is a Canadian Red Cross Training Partner and all instructors are certified youth leaders. Their courses help kids learn the skills necessary to keep them safe. Courses offered are My safe life (ages 7-10), Home alone Stay safe (ages 9-13) and Babysitting Course (ages 11-15). Be sure to use our promo code at check out for both in-person or online courses and our PAC will receive \$5 per registration. <https://firstaidhero.com/> **PROMOCODE: glenayre.**



Glenayre Community Association is having their 2nd Craft Fair
Oct 14, 2023
10am to 2:00pm
At the Glenayre Community Center
492 Glencoe Drive, Port Moody
Food Donations for Share food bank are being accepted

Attachments:

- 6.1 - PAC Minutes**
- 6.2 - PAC Meeting Agenda**
- 6.3 – Halloween Costume Sale**
- 6.4 – Spanish Lessons**