ÉCOLE GLENAYRE
ELEMENTARY SCHOOL

495 Glencoe Drive, Port Moody, BC V3H 1G6 Ph: 604-939-9214<br>Website: www.sd43.bc.ca/glenayre Email:glenayre@sd43.bc.ca

## Upcoming Calendar Events

Mon, April 1 - Easter Monday

## Principally Speaking

Tues, April 2 - School Re-opens
Mon, April 8 - Staff Meeting
Thurs, April 11 - Hot Lunch - Pizza Hut
Div 1 Evergreen Ctr Field Trip

## Enjoy your Spring Break!!

Mon, April 15 - PAC Meeting 7:30pm
Thurs, April 18 - Panorama \& Grade 5 Photo
Fri, April 19 - Pro D Day
Mon, April 22 - Div 13,14,15,16 Britannia Mines
Field Trip
Thurs, April 25 - Hot Lunch - Sushi \& Hot Dogs

## COUNSelOR'S ¢el $\Rightarrow$ CORNER

Welcome to Counsellor's Corner, your place for resources, upcoming events/workshops, and weekly mindful moments (short activities to do at home to foster better mental health).

## Mindful Moment

## Your Safe Space

Think of a place in which you feel completely safe and relaxed. It could be a room inside your home, a park, or perhaps somewhere you go on vacation. What does it look like? What do you notice when you are there? Take a piece of paper and draw your special place with as much detail as you can. When you're done, hang your picture in a place where it can remind you of your safe space when you're feeling on edge or anxious.
Have a wonderful Spring Break!

## Workshops

Family Smart Workshops Beyond Behaviours: When is it More? - Various Dates and Times in March Click Here to Register for Above Sessions

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.
Have a wonderful Spring Break!
Natalia Kubiak, M. Ed, RCC
nkubiak@sd43.bc.ca

## QUICK LOOK 〇७

Don't miss out on the many exciting upcoming PAC events!
For details, please continue reading below or visit: https://glenayrepac.wordpress.com/
**Reminder- Please direct all hot lunch and PAC related emails to glenayrepac@gmail.com and do not reply directly to Mrs. Gormann.**
$\begin{array}{ll}\text { TODAY } & \text { New PAC executive volunteers- URGENT NEED! } \\ & \text { Big Box Cards Fundraiser - ORDER TODAY - deadline Mon. Mar. } 18\end{array}$
UP NEXT School Garden Volunteers Needed解ENJOY SPRING BREAK

UPCOMING April 15 Read-A-Thon begins!<br>Thursday April 11th - Pizza Hut Hot Lunch<br>Thursday April 25th - Sakeya Sushi \& Hot Dogs Hot Lunch

## SCHOOL GARDEN PREP VOLUNTEERS NEEDED

We are seeking volunteers who are available to help prepare the school vegetable gardens on the second week of Spring break. We will need help digging, pulling weeds, distributing manure, and watering in preparing for spring planting with the students. We are also seeking a volunteer with a truck who is willing to help pick up bins of a manure from Burnaby. If you and your children are available the second week of spring break (during school hours) and have a flexible schedule, please reach out to the PAC email to see how you can help! glenayrepac@gmail.com

## "BIG DEAL BOX" GREETING CARD - 3 DAYS LEFT

Now is your last chance to order "Big Deal Box" Greeting Cards! Join us as we sprint to Spring for this fast fundraiser! Please share with friends and family to help increase our sales! Orders close Monday, Mar. 18th!

Click "Register Now" at www.shopDFScanada.com and enter our organization ID: 8437.
Then choose, SHOP NOW. At checkout, select "Ship to Organization" for free shipping.
Each box contains 40 full-sized embellished cards with matching envelopes for birthdays, special occasion, holiday, and blank. Only $\$ 35 /$ box (free shipping!). This is a huge opportunity for our school as $50 \%$ of sales go to the PAC. Boxes will be available for pickup at the school the week of April 8th.

## SPRING CARNIVAL 2024

SAVE THE DATE- FRIDAY MAY $31^{\text {ST }}$

The Annual GLENAYRE SPRING CARNIVAL is coming up on Friday, May 31st. The Carnival runs from 2:45pm-7pm and all parents, students, neighbors, and friends are invited.
Help needed:
RAFFLE BASKETS are a big fundraiser for the school and a much anticipated addition to carnival. The PAC is asking for 1 parent from EACH DIVISION to be the class representative and Basket Maker for our Carnival. Each representative will collect donations from both the class as well as community donations (if needed) and assemble a basket to be raffled off on carnival day. The class who generates the most income will win a prize! We need 16 volunteers by April 22nd.
If this interests you, then please log onto Lotsa Helping Hands, go to April 22nd to read more details, and sign up for your division. There will be support along the way.

## READ A THON 2024

Glenayre's Read-A-Thon will take place April 15th to May 15th. This is a fundraiser that many of us hold dear to our hearts as it's really good for our kids and our school! For those families new to Glenayre, our Read-A-Thon is a fundraiser where students read in
exchange for pledges or donations from family and friends for their school. Information packets will be sent home with students after spring break.

NEW this year, we are excited to introduce Read-A-Thon BINGO cards where students can complete fun reading tasks for a chance to win additional prizes.

## ART CARDS

Orders closed. Delivery in the week of April 8-12. Thank you parents- for supporting this fundraiser, teachers- for helping facilitate memorable art in your classrooms, and Kristin- for organizing this cherished activity each year!

## HOT LUNCH

Thursday April 11th - Pizza Hut
Thursday April 25th - Sakeya Sushi \& Hot Dogs
Reminders:

1) All hot lunch orders close 1 week prior to the hot lunch date. Ordering instructions can be found on our PAC website at https://glenayrepac.wordpress.com/
2) Please direct all hot lunch and PAC related emails to glenayrepaclunch@gmail.com and do not reply directly to Mrs. Gormann.
3) Hot lunch Volunteers positions are posted on Lotsa Helping Hands.

## 造VACANT PAC EXEC ROLES FOR 2024-25

If you value all that our PAC offers in terms of support for the staff, families, and students of Glenayre, reach out today to see how you can help keep our PAC alive. glenayrepac@ gmail.com

Do you value our PAC and how it benefits our school? We are in URGENT NEED of new PAC executives as we recruit for the 2024 \& 2025 school year. THE TIME IS NOW! Vacant roles include President \& Vice-president (or co-presidents), and typically serve a two-year term. Main duties for president include hosting monthly PAC meetings (in the school library) and liaising with parents and school staff (approx 5-10 hours per month) but can also include fundraising and event planning if that's your jam! Read more about responsibilities of the PAC and view positions here: glenayrepac.wordpress.com/your-pac/

While these roles may seem intimidating, please know that they are VERY WELL SUPPORTED by other pac executive and PAC parent volunteers. Meet new friends, learn new skills, and impact your child's school and education in a meaningful way!

We need these roles secured by April/May and the sooner we have volunteers to step into these vital positions, the more time there is to support the transition (help us help you!).

Without a PAC executive team, our PAC will be forced to dissolve. What do we ALL really stand to lose?

## - Hot lunches

- Theatrix
- Young Actors
- Saleema Noon Sexual health education
- Fun events like the Pancake breakfast, movie nights, school dances, the read a thon, Trivia night, Carnival and more
- Our annual gaming grant (Approx. \$6,000 given to us to put toward supplemental education programs)


## YEAR LONG OPPORTUNITIES TO SUPPORT THE GLENAYRE PAC

## DOLLARS \& CENTS STORE

We're pleased to share a fundraiser available all school-year long through Dollars and Cents Stores! When you mention the "Glenayre PAC" account, $20 \%$ of sales will be donated to our school PAC. Dollars and Cents is a fun, well-stocked "dollar store" located in Westwood Plateau near David Ave and Johnson St in Coquitlam. http://www.dollarsandcentsstores.com/

## PORT MOODY LIQUOR STORE FUNDRAISING REBATE

Year round fundraising opportunity available through Port Moody Liquor Store on St. John's Street. Simply mention 'Glenayre Elementary" at checkout, and 5\% of your purchases will go toward the Glenayre PAC. Please share this with your friends and family as a way to continue supporting Glenayre throughout the summer and beyond.

## MABEL'S LABELS

A quick and easy way to support the PAC is by ordering Mabel's Labels online. Our PAC receives 20\% back on all orders. These labels are durable, laundry safe, dishwasher safe and a great way to avoid your child losing items. There are lots of fun holiday themed labels and return address labels online now. Go to https://mabelslabels.ca/en_CA/fundraising/support/ and search Glenayre as your school to support.

## SOCIAL MEDIA

Best way to stay up-to-date with PAC information is to follow us on social media:

1) Like and follow on Facebook at https://www.facebook.com/glenayrepac
2) On INSTAGRAM follow us at: @ glenayrepac
3) Or bookmark \& subscribe to the Glenayre PAC website: https://glenayrepac.wordpress.com/

> THANK YOU FAMILIES FOR YOUR CONTINUED SUPPORT AND HAVE A WONDERFUL SPRING BREAK!

## KM Club Starting after Spring Break



After spring break, we will be starting a program called KM club as part of our Physical Education curriculum to promote health and wellness. This involves all classes taking part in a 6-week period (or longer if the weather doesn't cooperate) where students run around the large gravel field to earn different coloured feet tokens. Students run 15 times (on average 3 times per week) for 20 minutes each time. Students collect and keep the feet tokens on a neck chain (one will be provided - if lost please replace with a similar one from the dollar store). As they increase the number of KM's run, they get the different coloured feet to show their progress. As we plan on keeping KM Club from year to year students will keep their chains, and the feet colours/designs will change each year. This is a great way for children to get and stay healthy, have fun, and set and achieve personal goals.

## Attachments:

25.1 - Summer Learning
25.2 - City of Port Moody Spring Programs

