



# ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 21

February 9, 2024

## Upcoming Calendar Events

Friday, Feb 9-14 – Cross Catchment Registration

Mon, Feb 12 – Paint Night

Wed, Feb 14 – Valentine's Day  
TCBY yogurt surprise

Thurs, Feb 15 – Hot Lunch - White Spot  
PAC Meeting 7:30pm

Mon, Feb 19- BC Family Day

Fri, Feb 23 – Pro D Day

Wed, Feb 28 – Pink Shirt Day

Thurs, Feb 29 – Glenayre Wear Day  
Hot Lunch – Subway

Fri, March 1 – Trivia Night

## Principally Speaking

... Stay tuned



Welcome to Counsellor's Corner, your place for resources, upcoming events/workshops, and weekly mindful moments (short activities to do at home to foster better mental health).

### Mindful Moment

Random Acts of Caring

This month's theme is Random Actings of Caring (RAC). RAC are nice things we do without the expectation of getting anything in return. Each week this month there will be a new challenge to complete.

This week's challenge is to give someone a compliment.

### RAC WEEK

Next week is RAC week at Glenayre. Each day there is a new challenge to complete an act of caring (see attached poster). Enter your name and your act of caring in the box by the main entrance doors.

### Workshops

Family Smart Workshops For Families: A Conversation About Eating Disorders - Various Dates and Times in February  
Deepening our Understanding and Support for those with Disordered Anxiety: When it's Beyond Average and the Basics Don't Cut it- February 12th 6:30-8:30pm

A Conversation for Families About Digital Wellbeing and Mental Health- February 13th 9:00-10:00 am [Click Here](#)

<https://familysmart.ca/monthly-events/> to Register for Above Sessions

Matters of the Mind: Top 10 Strategies for Caregivers Supporting a Child with Anxiety- March 6th 6:00pm [Click Here](#)

<https://us02web.zoom.us/meeting/register/tZ0lcOirgz0tHNDov3JvmdcTFmpP0LnJepWT#/registration> to Register

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.

Natalia Kubiak, M. Ed, [RCCnkubiak@sd43.bc.ca](mailto:RCCnkubiak@sd43.bc.ca)



## QUICK LOOK ☞

*Don't miss out on the many exciting upcoming PAC events!*  
*For details, please continue reading below or visit: <https://glenayrepac.wordpress.com/>*

**\*\*Reminder- Please direct all hot lunch and PAC related emails to [glenayrepac@gmail.com](mailto:glenayrepac@gmail.com) and do not reply directly to Mrs. Gormann.\*\***

TODAY	White Spot Hot lunch- Order Deadline
UP NEXT	Feb 12- Glenayre Family Paint night - SOLD OUT Feb 15- White Spot Hot lunch Feb 15- PAC Meeting- <b>THURSDAY</b> , 7:30pm in the school library
UPCOMING	Feb 26- Art Card orders open online March 1- Trivia Night- Register Now- almost Sold out!

## PAC MEETING

**Thursday, Feb 15th at 7:30 PM in the school library**

◆ We're offering a new day of the week for some PAC Meetings this Spring to allow for more parents to attend. This is in response to the PAC Parent Survey from the Fall where 35% of families said a barrier to attending is "wrong day/time." Every parent/guardian is encouraged to attend. We hope to see you there!

◆ Mark your calendars with the remaining PAC Meeting dates:

- No Meeting in March
- Monday, April 15
- Thursday, May 23rd
- Monday, June 17th - AGM

◆ Please read through the attached Jan minutes and Feb agenda to stay informed!

◆ What is a PAC Meeting? All parents/guardians are invited to attend our monthly PAC meetings where our Principal, Mr. Lloyd, also shares. We discuss events, volunteer opportunities, and financials. This is a great way to learn what is going on in your child's school and share ideas or concerns.

◆ Can't meet in person? Join us on ZOOM!

We are pleased to offer a hybrid meeting option. If you have difficulties attending in-person, please join us on Zoom. (Time will be limited to 40 minutes. Re-join using the same link; may be a delay).

"Glenayre PAC Meetings: Optional Zoom"

<https://us04web.zoom.us/j/79489217140?pwd=i42l0FQUeHgRhA8zYqsa78PdtfWmdZ.1>

Meeting ID: 794 8921 7140

Passcode: 9S8eau

## HOT LUNCH

Order deadline for the Feb 19th White Spot hot lunch is today, February 9th! Next up is Subway and a fun Donut Love treat day!

Reminders:

- 1) All hot lunch orders close 1 week prior to the hot lunch date. Ordering instructions can be found on our PAC website at <https://glenayrepac.wordpress.com/>
- 2) Please direct all hot lunch and PAC related emails to [glenayrepaclunch@gmail.com](mailto:glenayrepaclunch@gmail.com) and do not reply directly to Mrs. Gormann.
- 3) Hot lunch Volunteers positions are posted on Lotsa Helping Hands.

## **TRIVIA NIGHT 2024 - 80% SOLD OUT**

**Friday, March 1st, 2024 from 6:30-11:30pm in the school gym**

Space is limited. [Register here](#).

We have the most amazing community! Thank you to our generous sponsors for donating spectacular prizes for Trivia Night. In addition to several rounds of fun trivia, we are excited to share that you will have **4 chances** to play our famous **Heads & Tails Game**, each with a \$5 buy in. Prizes include:

1. **PoMo Arts** Wheel Throwing Arts class for a parent and child, a gift card to **Elderberry Floral** and a **Cineplex** Adult Movie Night - Total Prize Value \$210
2. **PoMo Arts** Drawing Fundamentals 6 week course for 5-8 yr olds and a gift card to **Emilio Finatti Pizzeria** - Total Prize Value \$215
3. **Elevate** Ultimate Frisbee/ Disc Golf Summer Camp for ages 7-14 and a gift card to **Pajo's Fish & Chips** - Total Prize Value \$320
4. **Engineered Bodies** 6 session Kickstart Program and **Revive Hair & Lounge** Package including hair cut, deep conditioning treatment, blow dry and hybrid eyelash extensions - Total Prize Value \$300

What will you choose for a chance to win: 2 heads, 2 tails or a head and a tail?

**VOLUNTEERS NEEDED** - Volunteering at Trivia night is just as fun as participating. Be sure to check out the coveted "Judges" positions and be prepared for some serious food related bribery! Sign up today on [Lots Helping Hands](#).

## **URGENTLY NEEDED - VACANT PAC EXEC ROLES FOR 2024-25**

We are in urgent need of new PAC executives for the new school year. Vacant roles include President, Vice-president, & Secretary and typically serve a two-year term.

Without a full PAC Executive, we lose our funding, access to Gaming Grant, and all the other fun and important events that the PAC supports! The sooner we have volunteers to step into these vital positions, the more time there is to support the transition (help us help you!).

- Read more about responsibilities of the PAC and view positions here: [glenayrepac.wordpress.com/your-pac/](http://glenayrepac.wordpress.com/your-pac/)

- Want to chat? Email Erica, current PAC President, at [glenayrepac@gmail.com](mailto:glenayrepac@gmail.com)

## **ART CARDS**

Teachers have completed their art projects with the students. Before the end of the month, every child will receive a free, usable, professionally printed greeting card and families will have an opportunity to order greeting cards and gifts. This is an amazing fundraising initiative for our school as we receive 20% back on all orders. **Orders open Feb 26th** at [www.TheCardProject.ca](http://www.TheCardProject.ca) and finished products will be delivered to the school in April.

## **READ-A-THON**



Our family favorite read-a-thon has been moved to **April** this year to align with the lower grade curriculum. Please check back for more information on dates and some fun new prizes in the works!

## **YEAR LONG OPPORTUNITIES TO SUPPORT THE GLENAYRE PAC**

### **DOLLARS & CENTS STORE**

We're pleased to share a fundraiser available all school-year long through Dollars and Cents Stores! When you mention the "Glenayre PAC" account, 20% of sales will be donated to our school PAC. Dollars and Cents is a fun, well-stocked "dollar store" located in Westwood Plateau near David Ave and Johnson St in Coquitlam. <http://www.dollarsandcentsstores.com/>

### **PORT MOODY LIQUOR STORE FUNDRAISING REBATE**

 *Thank you for your support! Our YTD rebate is at **\$645!** Please share this fundraiser with your friends and family as a way to continue supporting Glenayre Elementary! *

Year round fundraising opportunity available through Port Moody Liquor Store on St. John's Street. Simply mention "**Glenayre Elementary**" at checkout, and 5% of your purchases will go toward the Glenayre PAC. Please share this with your friends and family as a way to continue supporting Glenayre throughout the summer and beyond.

### MABEL'S LABELS

A quick and easy way to support the PAC is by ordering Mabel's Labels online. Our PAC receives 20% back on all orders. These labels are durable, laundry safe, dishwasher safe and a great way to avoid your child losing items. There are lots of fun holiday themed labels and return address labels online now. Go to

[https://mabelslabels.ca/en\\_CA/fundraising/support/](https://mabelslabels.ca/en_CA/fundraising/support/) and search **Glenayre** as your school to support.



### FIRST AID HERO BABYSITTING, STAY SAFE & MY SAFE LIFE COURSES

First Aid Hero is a Canadian Red Cross Training Partner and all instructors are certified youth leaders. Their courses help kids learn the skills necessary to keep them safe. Courses offered are My safe life (ages 7-10), Home alone Stay safe (ages 9-13) and Babysitting Course (ages 11-15). Be sure to use our promo code at check out for both in-person or online courses and our PAC will receive \$5 per registration. <https://firstaidhero.com/> **PROMOCODE: glenayre.**

### SOCIAL MEDIA

Best way to stay up-to-date with PAC information is to follow us on social media:

- 1) Like and follow on **Facebook** at <https://www.facebook.com/glenayrepac>
- 2) On **INSTAGRAM** follow us at: [@glenayrepac](https://www.instagram.com/glenayrepac)
- 3) Or bookmark & subscribe to the Glenayre PAC website: <https://glenayrepac.wordpress.com/>

## Attachments:

- 21.1 - RAC Week
- 21.2 - PAC Meeting Agenda
- 21.3 - PAC Minutes
- 21.4 – Trivia Night
- 21.5 – French Homework Club