



# ÉCOLE GLENAYRE ELEMENTARY SCHOOL

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Newsletter # 20

February 2, 2024

## Upcoming Calendar Events

Tues, Feb 6 – Hearing Screening Grade 2

Tues, Feb 6-8 - Kindergarten Registration  
English Program

Friday, Feb 9-14 – Cross Catchment Registration

Mon, Feb 12 – Paint Night

Wed, Feb 14 – Valentine's Day  
TCBY yogurt surprise

Thurs, Feb 15 – Hot Lunch - White Spot  
PAC Meeting 7:30pm

Mon, Feb 19- BC Family Day

Fri, Feb 23 – Pro D Day

Thurs, Feb 29 – Class Photos  
Glenayre Wear Day  
Hot Lunch – Subway

Fri, March 1 – Trivia Night

## Principally Speaking

### The Week That Was

In February 2023, I wrote about the idea of humility from Richard Wagamese's ***One Story, One Song***. He had this to say about humility...

***“Humility is the ability to see yourself as an essential part of something larger. Without the spirit of humility there can be no unity, only discord. Humility lets us work together to achieve equality...”***

I came back to this notion of humility during our PD Day last Friday, January 26<sup>th</sup>. The focus of our day was entitled Sometimes Reading is Hard which is also doubles as the title of Robin Bright's 2021 book. The PD Day was a special one because of how the topic brought the individual wisdom and knowledge of our staff together through a shared understanding of the Heggerty webinar titled ***Shifting Towards Structured Literacy: From Theory to Practice***. The purpose of this introductory webinar was to ground all staff in the foundations of the science of reading that we've pursued the last 18 months.

## Looking Forward

Next week, we welcome two SFU student teachers as they begin their journeys to become certified teachers. Thank you to Kate Rader and Jenny Birnbaum for your mentorship with our student teachers who will be with us until early April. April is also the time of year that the staff and I are busy planning for next year when it comes to staff initiatives, staffing, and ways to improve areas of instruction and connectedness across all areas of the school.

Enjoy your weekend,

Andrew



Welcome to Counsellor's Corner, your place for resources, upcoming events/workshops, and weekly mindful moments (short activities to do at home to foster better mental health).

### Mindful Moment

Random Acts of Caring

This month's theme is Random Actings of Caring (RAC). RAC are nice things we do without the expectation of getting anything in return. Each week this month there will be a new challenge to complete.

This week's challenge is to do a favour for someone without being asked.

### Workshops

Family Smart Workshops For Families: A Conversation About Eating Disorders - Various Dates and Times in February

Deepening our Understanding and Support for those with Disordered Anxiety: When it's Beyond Average and the Basics Don't Cut it- February 12th 6:30-8:30pm

A Conversation for Families About Digital Wellbeing and Mental Health- February 13th 9:00-10:00 am [Click Here](#)

<https://familysmart.ca/monthly-events/> to Register for Above Sessions

Matters of the Mind: Top 10 Strategies for Caregivers Supporting a Child with Anxiety- March 6th 6:00pm [Click Here](#) to Register

<https://us02web.zoom.us/meeting/register/tZ0lcOirgz0tHNDov3JvmdcTFmpP0LnJepWT#/registration>

Questions? Comments? Concerns? Observations? Do not hesitate to contact me.

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### QUICK LOOK ☞

*Don't miss out on the many exciting upcoming PAC events!*

*For details, please continue reading below or visit: <https://glenayrepac.wordpress.com/>*

**\*\*Reminder- Please direct all hot lunch and PAC related emails to [glenayrepac@gmail.com](mailto:glenayrepac@gmail.com) and do not reply directly to Mrs. Gormann.\*\***

UP NEXT      Feb 12- Glenayre Family Paint night - SOLD OUT  
Feb 14- TCBY Valentine Fro Yo day!- Order deadline Feb 7

UPCOMING    Feb 15- PAC meeting- 7:30pm in the school library  
Feb 26- Art Card orders open online  
March 1st- Trivia night- Register Now - Limited tables still available!

### READ A THON

Our family favorite read-a-thon has been moved to April this year to align with the lower grade curriculum. Please check back for more information on dates and some fun new prizes in the works!

### ART CARDS

One of our most beloved fundraisers, art cards, is back. Teachers will begin an art project with the students to design and create their art. Every child will receive a free, usable, professionally printed greeting card and families will have an opportunity to order greeting cards and gifts which will arrive mid May. Orders open Feb 26th.

## **TRIVIA NIGHT 2023**

Parents - Are you ready for some Fun, Connection and Competition? The 12th Annual Glenayre Trivia Night is just 4 weeks away!

Friday, March 1st, 2024 from 6:30-11:30pm in the school gym.

There's still time to register your team, but space is limited. Book your babysitters and organize your team of parents because you do not want to miss out on this fun night!

- Gather a team of 6-8 adults (must be 19+, no minors)
- Choose a fun team name
- Reserve your table at [Trivia Night 2024 Team Registration](#) - Entry is \$120/team.
- Plan your team costumes and appetizers
- Plan to bring cash for a chance to win the reverse 50/50 Draw, and other fun games!
- Let us know if you need help connecting with a team or filling your team

Interested in helping out? Volunteering at Trivia night is just as fun as participating. Sign up today on [Lots Helping Hands](#).

## **PAC MEETING**

**Thursday. Feb 15th at 7:30 PM in the school library**

Stay informed! You are invited to attend our monthly PAC meetings where our Principal, Mr. Lloyd, also shares. We discuss events, volunteer opportunities, and financials. This is a great way to learn what is going on in your child's school and have the opportunity to give input on ideas or share concerns you may have.

Can't meet in person? Join us on zoom! Login information to follow.

Can't make it this month? Join us next time!

Future PAC meetings will be rotating on Mondays and Thursdays at 7:30pm once a month.

## **YEAR LONG OPPORTUNITIES TO SUPPORT THE GLENAYRE PAC**

### **DOLLARS & CENTS STORE**

We're pleased to share a new fundraiser available all school-year long through Dollars and Cents Stores! When you mention the "Glenayre PAC" account, 20% of sales will be donated to our school PAC. Dollars and Cents is a fun, well-stocked "dollar store" located in Westwood Plateau near David Ave and Johnson St in Coquitlam.

<http://www.dollarsandcentsstores.com/>

### **PORT MOODY LIQUOR STORE FUNDRAISING REBATE**

Year round fundraising opportunity available through Port Moody Liquor Store on St. John's Street. Simply mention "**Glenayre Elementary**" at checkout, and 5% of your purchases will go toward the Glenayre PAC. Please share this with your friends and family as a way to continue supporting Glenayre throughout the summer and beyond.

### **MABEL'S LABELS**

A quick and easy way to support the PAC is by ordering Mabel's Labels online. Our PAC receives 20% back on all orders. These labels are durable, laundry safe, dishwasher safe and a great way to avoid your child losing items. There are lots of fun holiday themed labels and return address labels online now. Go to [https://mabelslabels.ca/en\\_CA/fundraising/support/](https://mabelslabels.ca/en_CA/fundraising/support/) and search **Glenayre** as your school to support.

### **FIRST AID HERO BABYSITTING, STAY SAFE & MY SAFE LIFE COURSES**

First Aid Hero is a Canadian Red Cross Training Partner and all instructors are certified youth leaders. Their courses help kids learn the skills necessary to keep them safe. Courses offered are My safe life (ages 7-10), Home alone Stay safe (ages 9-13) and Babysitting Course (ages 11-15). Be sure to use our promo code at check out for both in-person or online courses and our PAC will receive \$5 per registration. <https://firstaidhero.com/> **PROMOCODE: glenayre.**

## **SOCIAL MEDIA**

Best way to stay up-to-date with PAC information is to follow us on social media:

- 1) Like and follow on [Facebook](https://www.facebook.com/glenayrepac) at <https://www.facebook.com/glenayrepac>
- 2) On **INSTAGRAM** follow us at: [@glenayrepac](https://www.instagram.com/glenayrepac)
- 3) Or bookmark & subscribe to the Glenayre PAC website: <https://glenayrepac.wordpress.com/>

## **Attachments:**

**20.1** — Port Moody Lacrosse for girls