# Eagle Ridge Elementary Principal's Report PAC Meeting: September 2023



- 1. Action Plan for Learning (APL) 2023-2024
  - Action Plan for Learning Goal Update: Literacy is the current goal
  - APL: Aligned with Directions 2025
    - i. Intellectual Development:
      - Numeracy: Number Sense
    - ii. Human and Social Development:
      - *SEL: Sense of Belonging and Connectedness*
    - iii. Indigenous Learners and Indigenous Ways of Learning
      - Orange Shirt Day
      - Truth and Reconciliation Day
      - Presentations: Coastal Wolf Pack
      - Grade Group Lessons
      - Territory Acknowledgement before each gathering
      - Six Cedars Program-primary classes
      - Grade Groups on-going Indigenous Learning
  - Building School Community Committee:
    - *i.* The goal for the committee is to plan initiatives that build school community.
    - *ii.* The specific objectives of the committee are to:
      - Build cross-grade student connections
      - Provide opportunities for students to connect with adults throughout the school
      - Build parent/guardian connections to the school and their child(ren)'s school experience
    - iii. The committee's role will be to identify, plan, and promote activities that support the objectives described above. Spirit days and movie nights are examples of activities we already have at Eagle Ridge that build school community.
    - iv. Given that a significant role of this committee is to build parent connections to the school, and that many community building initiatives are already organized and led by the PAC, this committee will work directly with PAC representatives. It is likely that this committee will become a joint staff-PAC committee.

#### 2. Parent Communication:

- Paperless Newsletter: Weekly "What's New on the Ridge"
- Classroom: Weekly/Monthly newsletter, Seesaw, TEAMS
- *Open House Event: Sept 21st 6:00-6:30*

### 3. Reporting and Early Dismissal Dates:

- i. Interims: October 12th
- ii. Student-Led Conferences: April 23rd and 24th
- iii. Reports:
  - Term 1 December 1st
  - Term 2 March 12<sup>th</sup>
  - Term 3 June 27th
- iv. Early Dismissal Dates: Oct 19, Dec 6, Apr 23/24

#### 4. Extracurricular Programs:

- Student Leadership
- Grade 5 Volleyball

# 5. Feeding Futures Program:

- Breakfast Program
- Backpack Buddies
- Agriculture in the Classroom Fruit and Veggie Program
- District Lunch Program

#### 6. Administrative Policies and Procedures:

- School Emergency Procedure Information: located on school website
- School Emergency Preparedness Information: located on school website
- Policy 18 District Code of Conduct: Violence, Intimidation and Possession of Weapons
- AP 132 Closure of Schools for Extreme Weather
- AP 140-2 Digital Responsibility for Students
- AP 171 Tobacco and Vapour Products Free Environment
- AP 205 Race Relations
- AP 304 Reduced School Day Attendance
- AP 309 Physical Restraint and Seclusion in School Settings
- AP 316 Student Accident/Injury
- AP 355 Formal Intervention and Suspension of Students
- Photo and Published Consent Form
- AP 380 Resolution of Parent Concerns
  - i. Teacher or Classroom Level Problem
    - 1. 1 Discuss the matter directly with the teacher whose judgment or decision is being questioned.
    - 1.2 If not resolved, discuss your concern with the Principal.

- 1.3 If not satisfied with the outcome, discuss your concern with the Assistant Superintendent, or designate.
- 1.5 Unresolved matters may be referred to the Board as per Board Policy 13 "Appeals Regarding Student Matters".
- ii. Principal or School Level Problem
  - 2.1 Discuss directly with the Principal the action, policy, procedure or practice being questioned.
  - 2.2 If not resolved, refer to the Assistant Superintendent, or designate.
  - 2.4 If not resolved, refer to the Board as per Board Policy 13. It is expected that District personnel will seek a resolution to the problem as quickly as possible.

### 7. Other Information:

- **Technology Update:** Total cost was approximately \$8000
  - i. Student laptops: 41
  - ii. iPads: 0
  - iii. Classroom TVs: Added 4
  - iv. STEAM Resources
- Foundation Skills Assessment (FSA) for grade 4's: October 2nd-November 9th
- Class Celebrations: Parents are asked to only send food/treats to school during class celebration days: Halloween, Winter Break, Valentine's Day and End of School Year. Please do not send treats for students birthdays. This is due to student allergies and diets

#### MPowerLives Mindfulness & Play Sessions

#### **Program description:**

These MPowerment mindfulness sessions will offer each child easy and fun strategies to self-regulate, develop focus and concentration, encourage listening skills, teamwork and create awareness of the mind/body connection. There will be fun games and activities with the use of martial arts/self-defense, breathwork, and relaxation techniques.

Social values such as respect, kindness, and compassion will be the MPowering message to develop the core competencies of social and emotional learning.

Self-defense techniques - hammerfist strike, overhead block, natural stance, front kick, elbow strikes

**Self-regulation strategies –** understand how to self-regulate negative emotions - such as anxiety, fear, and anger to the feeling of calm, confident and happy

**Situational Awareness** – understand our physical, emotional, and mental boundaries – using our forcefield – what is ok and not ok

Assertive behaviour – speaking up and telling someone to STOP, You are being Mean, I don't like that – Repeat twice – watch video

Social values - respect, compassion and kindness - demonstrate and roleplay - watch video

**Mindfulness techniques** – explore meditation and focus relaxation breathing skills, understand thoughts, and visualization exercises.

**Learn exercises to increase fitness, build strength and reduce stress** – practice exercises from martial arts, yoga stretching, and fun games

Students will participate in five 45-minute sessions with their grade groups Sept  $14^{th}$  – Dec  $14^{th}$ 

#### 8. September in Review

- New classes began Monday, September 11th
- Organization: 18 Divisions
- Parent on-line forms are ready to be completed

## **9.** Upcoming Events: See Calendar Below

- Terry Fox Run and Assembly: School-wide Run and Toonie for Terry collection
- Orange Shirt Day and Truth and Reconciliation Day: School-wide assembly and individual classroom activities

# September Calendar of Events



Date	Event
Wednesday, September 20 <sup>th</sup>	PAC Meeting 7:00
Thursday, September 21st	MPower 9:15-10:00 Grade 2/3
	Terry Fox Run and Assembly
	Open House 6:00-6:30
Friday, September 22 <sup>nd</sup>	Pro D Day-District Based
Monday, September 25 <sup>th</sup>	Student Photo Day
Tuesday, September 26 <sup>th</sup>	Jess Dance Presentation: Coastal Wolf Pack
Friday, September 29 <sup>th</sup>	Orange Shirt Day & Assembly