

PARENT EDUCATION WEBINARS SPRING 2021

Promoting independence & responsibility: How to make your daily family routines easier involving your child(ren)



Tue, February 23, 2021

7:00 PM – 8:30 PM PST

Online Event

Tickets: \$20

[REGISTER HERE](#)

Learn simple, easy to apply **strategies to improve your family routines and organization** and how to involve your child(ren) in daily tasks. In this parent education webinar, you will learn underlying challenges and **simple solutions** to solving your family chaos when it comes to getting through every day life tasks. **Occupational Therapist & Holistic Sleep Coach** Sarah Fenrich will be sharing her extensive experience and knowledge in helping children and their families **be more functional in every day life**, thus **improving their quality of life**.

How to manage your child's challenging behaviors & teach emotion-regulation



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7:00 PM – 8:30 PM PST

Online Event

Tickets: \$20

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In this parent education webinar, experienced **Occupational Therapist & Holistic Sleep Coach** Sarah Fenrich will be sharing many **easy to apply strategies** to better cope with and prevent **difficult behaviors in children** while teaching them **emotion-regulation strategies** that they will benefit from for a lifetime.