



École Coquitlam River Elementary

4250 Shaughnessy Street, Port Coquitlam, B.C. V3E 3E5

Telephone: (604)942-0241

Email: CoquitlamRiver@sd43.bc.ca **Web:** www.sd43.bc.ca/school/coquitlamriver

Follow us on Instagram: @CoquitlamRiver

Principal: Mr. D. Mushens

January 2026

Monday, January 26	Professional Development Day – no school for all students
February 2 – 6	Kindergarten Registration for September 2026
Tuesday, February 3	<i>Strong Start</i> closed for the day
	PAC meeting – 7:00 pm in the library
Thursday, February 5	PAC hot lunch – <i>Red Robin</i>

Please regularly check the school website for calendar and event updates.

And so it ends...

As January wends its way to a close, so too does my tenure at Coquitlam River Elementary.

It is a unique experience to enter a school in the throes of the pandemic (remember that?), watching as the *littlest* of our learners have grown into the *leaders* of our learners. It has been amazing to watch as my first set of kindergartners have grown into the grade 5's who will soon venture off into middle school.

I want to say thank you to the wonderful staff with whom I have been privileged to share this workplace over the past five and a half years. In my more than thirty years in public education, this is one of the most caring, dedicated group of educators I have experienced.

Thank you to the community of families who were most welcoming and trust us with their kids each day, and especially to the members of the Parent Advisory Council, who work so hard to raise funds to support making this the best school it can be, and to provide events to foster and grow community connections.

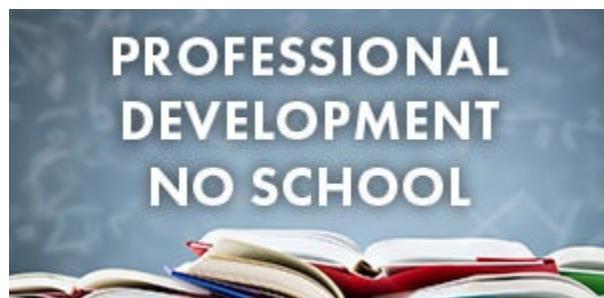
My last day will be Thursday, January 29th. Ms. Nicole Bourbonnais will take the helm beginning Monday, February 2nd. We have had many conversations to plan the transition, and I know I am leaving this incredible school community in great hands.

I wish you, your children, and your families all the very best.

David

Reminder – Professional Development Day – Monday, January 26th

Please be reminded that this coming Monday, January 26th is a professional development day at Coquitlam River Elementary. School is closed for all students. See you back here on Tuesday!



Kindergarten registration

'Tis the season for kindergarten registration. If you have a child born in **2021** you are planning to enrol in kindergarten for September 2026, please visit the [school district website registration page](https://www.sd43.bc.ca/Schools/Registration/Pages/default.aspx#/=):

<https://www.sd43.bc.ca/Schools/Registration/Pages/default.aspx#/=>

Look for the button to download registration documents. It looks like this:

Click Here to Download New Student Registration Form

The registration form and required documents can be emailed to the school at CoquitlamRiver@sd43.bc.ca between February 2-5, 2026.

If you are interested in a Cross Catchment application to a school *outside* your regular catchment school, the process for applications is open from February 6 – 11. You can find more information on the school district's [cross catchment page](https://www.sd43.bc.ca/Schools/Pages/CrossCatchment.aspx#/=) here:

<https://www.sd43.bc.ca/Schools/Pages/CrossCatchment.aspx#/=>



How much screen time...

...is *too* much, especially in the early years of development? Recent studies are showing concrete, conclusive evidence of the impact of screen time on learning and development. See [this recent article](https://www.theguardian.com/society/2026/jan/11/excessive-screen-time-limits-vocabulary-of-toddlers-experts-warn?mc_cid=56b4dfa17c&mc_eid=7582353964) for more information:

https://www.theguardian.com/society/2026/jan/11/excessive-screen-time-limits-vocabulary-of-toddlers-experts-warn?mc_cid=56b4dfa17c&mc_eid=7582353964

Don't forget the sushi!

Looking for a bite to eat on the Pro-D day? The grade 5 parent fundraising committee encourages you to order from Sushi-Fu to help raise funds for our year end activities. See the flyer below.



JOIN US!

UNITED RUGBY CLUB

Register now for Mini flag rugby (U6, U8, and U10) or Mini Intro to Contact (U12).

Season resumes Feb 4 (U10, U12) or Feb 18 (all ages) until May 31.

Free Try Rugby Day on Sunday Feb 22 1000-1100am at Maple Creek Middle School.

Practices at Maple Creek Middle School 600-700pm on Wednesdays. Games on Sundays 1000-1130am

CONTACT - [MINIS@UNITEDRUGBY.CA](mailto:minis@unitedrugby.ca)

Since 2005 United has been your home for rugby in the Tri-Cities and New Westminster. Contact us today to see which program is the best fit!



@unitedrfc



@unitedrugbyclub

UNITEDRUGBY.CA

U9 SOFTBALL

2017/2018

First Pitch LEARN TO PLAY

Building on physical literacy, personal confidence, and a lasting love of the game in a fun-first environment.



CHOOSE YOUR SCHEDULE

JANUARY - JUNE 2026

JANUARY 5 - MARCH 9
MONDAY PRACTICES
BIRCHLAND ELEMENTARY

APRIL TO JUNE
MONDAY PRACTICES /
WEDNESDAY GAMES

**REGISTER
TODAY!**

APRIL - JUNE 2026

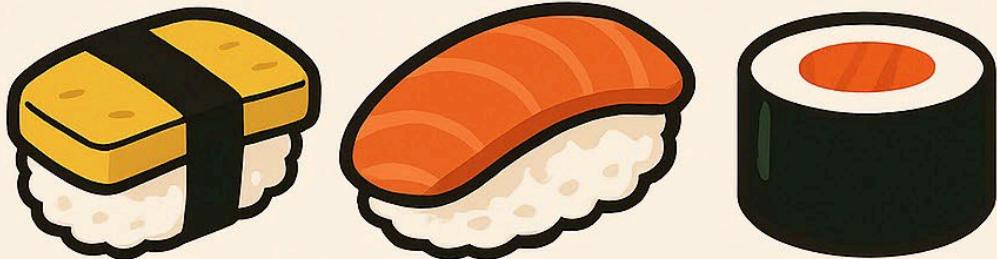
APRIL TO JUNE
MONDAY PRACTICES /
WEDNESDAY GAMES



www.tcmsa.ca/u9-registration

Please note: Glove/Face Mask/Batting Helmet & Running Shoes are required!

**ORDER FROM SUSHI FU ON
MONDAY, JANUARY 26
TO SUPPORT THE GRADE 5'S
FUNDRAISER**



**AVAILABLE FOR DINE-IN
OR PICK-UP**

**FOR PICK-UP: ONLINE AT SUSHI-FU.CA
OR CALL 604-941-6131**

Mention you're supporting Coquitlam River Elementary when ordering or write 'Order from Coquitlam River Elementary Fundraising Event' in the special requests box at check out.

**A PORTION OF SALES WILL SUPPORT
OUR GRADE 5 STUDENTS!**



JOIN THE TRI-CITY EAGLES FIELD HOCKEY CLUB - REGISTER NOW

U10 MINI & MITE FIELD HOCKEY

The U-10 Mini & Mites Field Hockey Program is open to girls and boys born between 2016 and 2021 and is a great way to learn, play, and have fun on the field.

The season fee is **\$155** — register before **February 1** and **save \$20** on your season fee! Registration for the Spring season closes **March 31**.

All games and practices are held at Cunnings Field at Town Centre in Coquitlam.

U11 - U18 JUNIORS

Girls born 2008-2015 can join U-11 to U-18 teams in the Greater Vancouver Junior Field Hockey League, playing a fun, exciting, and competitive season from late March to June.

Sign up before **February 1** and **save \$20** on the **\$190** season fee!

U11 - U14 BOYS

The Junior Boys Program is open to players born 2012 – 2015, while younger boys born 2016 - 2021 can join our Mini & Mite programs.

REGISTER NOW

REGISTER NOW AT TCFIELDHOCKEY.COM

Early Bird Pricing:

Save \$20 if you register by February 1, 2026

Regular Price:

\$155 for Minis/Mites and **\$190** for Juniors

Practices begin immediately following Spring Break

**Don't wait – secure
your spot and join the
fun this season!**

