

## **“What Makes our Kids Click?” Keeping Kids Safe and Healthy Online**



In their interactive presentation, Dave Sands and Rob Heinrichs will inform and engage parents in conversations designed to help them understand our children’s use of technology and how to keep them safe online. They will address key issues including digital expectations, screen time, addiction, and digital wellness, and ensure parents leave with a framework to support them with “21<sup>st</sup> Century” parenting skills. Overall, Dave and Rob’s presentation will empower parents to see that, although they may be unsure or unaware of their surroundings in this virtual landscape, they still play a vital role in supporting their children.



Dave Sands is in his 30<sup>th</sup> year as an educator and is presently the Principal of Technology Implementation with the Coquitlam School District. Dave is a strong advocate of the safe and effective use of technology in support of student learning. He holds a Masters degree from SFU in Technology and Curriculum and shares his expertise on several Provincial and District committees focussed on technology. A father of four children, Dave is passionate about parenting and regularly shares his experience and expertise with educators and parents throughout the province.



Rob Heinrichs currently works as Technology Support Teacher supporting staff and students throughout the district in the use of educational technology. He has been teaching in SD 43 for over 20 years at both the Elementary and Middle school levels. Rob has a Masters degree from S.F.U. in Educational Practice. Integrating technology into his teaching in meaningful ways, to empower student learning, has always been one of Rob’s passions. Digital citizenship is increasingly becoming an area of focus for Rob’s work, and as a father of 4, he understands the importance nurturing a healthy and balanced digital lifestyle.