



# COMO LAKE MIDDLE SCHOOL NEWSLETTER

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## PRINCIPAL'S MESSAGE

BY MRS. DEVON ROSS

May is upon us. The spring energy is being felt throughout the school. Students are excited about how much they have grown personally and academically over the course of the school year. Roller coaster science projects and social studies castle projects are highlighting some of the key learning from the past month.

Recent school-wide highlights include the Axé Capoeira Brazilian Dance Group performing at our school with music and beautiful dancing and acrobatics. Many thanks to the PAC and the International Education Department Grant for covering the costs. Students also participated in the Terry Fox Run where they brought in toonies for Terry, engaged in a meaningful assembly learning about Terry Fox, and then enjoyed a run around the neighbourhood on a beautiful April day. As a reward for their fundraising, they got to watch me get slimed with several litres of applesauce. It was a great afternoon filled with learning, reflection, and fun.

For May, Como Lake was excited to host the Middle District STEAM (science technology engineering arts math) Day. Our STEAM team will be in engaging in hands-on, interactive activities to showcase their critical thinking and learning. We will also be hosting another fundraiser lunch for Cops for Cancer. More details to follow.

We are looking forward to our H.R. MacMillan Space Centre field trip. This curricular field trip focuses on the learning objectives in science this term. Students will enjoy exploring the gallery which has a real moon rock, see a planetarium show on the universe, engage in a Groundstation Canada planet show, and learn about potential planets that can sustain life during a hands-on workshop. Many thanks to the SD43 Foundation for the grant to decrease the costs for all families. If you need support for all or some of the remaining \$25 cost, please contact me at the school.

We are excited for the last 4 Thursdays in May as they are our Genius Hour All Play where students get to complete passion projects in diverse areas such as skateboarding, fishing, and 3D printing.

**Principal's Message Continued....**

Staff have been already working hard to plan for next year. We have visited the elementary schools to meet the Grade 5's and we hosted a new parent night last week. The smiles and energy of the new students was wonderful to see.

As a part of the planning, staff have begun class building for next year. As our school population is growing in size, we will be going from three teams of classes to four teams. To accommodate this, many students will be moving teams. We are very aware how important relationships for students are and we are working hard to ensure all children will be placed with someone they work well with. If you have any questions or comments on this, please don't hesitate to reach out to me at [dross@sd43.bc.ca](mailto:dross@sd43.bc.ca).

Looking ahead to the end of the year, our band, rock band, and guitar club students are planning for a concert on **Wednesday, June 18th**. Our Grade 8 Leaving Ceremony will be at **10 am on June 26th**. Please stay tuned for more details.

Please note the Ministry has extended the Student Learning Survey until **May 9th**. It gathers information on topics related to school environment, safety, and achievement. The information is used for planning and provides a district and provincial perspective. If you have not completed it yet, please click on the following link:

[https://www.awinfosys.com/SurveyFull1/central/main/access\\_Parent.asp](https://www.awinfosys.com/SurveyFull1/central/main/access_Parent.asp)

On **Wednesday, May 7<sup>th</sup>**, we will be hosting our required annual lockdown drill. We will ensure all students understand it is only a drill and there is no danger. As always please reach out if you have any questions.

As the weather improves, please remind your children to bring a hat and sunscreen on sunny days. They should have a water bottle as well at school every day.

Have a wonderful May and please reach out if we can support you further.

# IMPORTANT DATES:

## M A Y

**1****THURSDAY, MAY 1**

- Middle School District STEAM Day

**5****MONDAY, MAY 5**

- Grade 6 Routine Immunizations (and some grade 7 students)

**6****TUESDAY, MAY 6**

- Ravens (Div 2,3,4,5 and 6) Field Trip to HR MacMillan Space Centre

**7****WEDNESDAY, MAY 7**

- Lockdown Drill at 9:05 a.m.

**8****THURSDAY, MAY 8**

- Genius All Play

**9****FRIDAY, MAY 9**

- Class Photo Day

**13****TUESDAY, MAY 13**

- PAC AGM Meeting at 7:00 p.m.

**15****THURSDAY, MAY 15**

- Genius All Play

**19****MONDAY, MAY 19**

- Victoria Day – school closed

**20****TUESDAY, MAY 20**

- Grade 6 Routine Immunizations (and some grade 7 and 8 students)

**21****WEDNESDAY, MAY 21**

- Cops for Cancer Assembly at 10 am
- Beginner Band Day at Montgomery Middle School

**22****THURSDAY, MAY 22**

- Genius All Play

**26****MONDAY, MAY 26**

- Legends (Divs 7,8,9, and 10) Field Trip to HR MacMillan Space Centre

**28****WEDNESDAY, MAY 28**

- Coyotes (Divs 11,12,13 and 14) Field Trip to HR MacMillan Space Centre

**29****THURSDAY, MAY 29**

- Genius All Play

Our School Calendar is available on our website under the heading 'On the Calendar'

[Como Lake Website](#)

## STUDENT LEARNING SURVEYS

Please complete the student learning surveys with your children before the **May 9<sup>th</sup>** deadline. The district values this data and we need all schools to participate in completing the surveys.

Student Learning Survey-Province of British Columbia

## CLASS PHOTOS

Class photos will be taken by Vibrant Photos on **Friday, May 9**.

## IMMUNIZATIONS FOR GRADES 6, 7 AND 8

Fraser Health nurses will be onsite at Como Lake Middle School on **Monday, May 5** and **Tuesday, May 20** for Grade 6 Immunizations.

As in previous years, Fraser Health will also be catching up **Grade 7 students** from last year who have a valid consent and either missed their immunizations or require further immunizations.

**New this year**, some **Grade 8 students** have received a letter in the mail from Fraser Health, providing them with an opportunity to update their immunizations during the on side school clinic on **Tuesday, May 20**.



## KATESLEM AFTER SCHOOL PROGRAM

The Kateslem after school program runs 5 days per week after school until 5:30 pm. This is a free program but requires a commitment to attend of 4 days per week, staying the full time. Our program is not a daycare and has been running out of Como Lake for over 15 years. It is a youth program geared towards learning essential life skills, trying different activities, cooking, baking, gardening, homework help, and much more. There are also field trips when funding is available. There is limited space as we only have room for 20 youth at this location with snacks provided.

If you are interested in joining or are looking for more information, please contact our Kateslem Executive Director, Karyn Bell, at **604)316-8412** or **karynskateslem@yahoo.ca**

### COMO LAKE MIDDLE SCHOOL PAC

 [comolakemiddlepac@gmail.com](mailto:comolakemiddlepac@gmail.com)

### PLEASE JOIN US FOR PAC AGM MEETING

**TUESDAY, MAY 13 @ 7 P.M.**

This meeting will be our annual AGM and we need your help! As we will see a few PAC executive members leave Como Lake next year to high school, we are currently looking to fill a few PAC executive positions. If you are interested in one of the positions, please attend the meeting on May 13.

Meeting will be held in person and via Zoom only. A link for this zoom meeting will be emailed to all families.





## STEAM

Como Lake STEAM Team is at the Middle School STEAM Challenge Day today, **Thursday, May 1st**. STEAM students have been placed on a team and will participate in a number of science, technology, engineering, arts, and math challenges. Our STEAM team will be in engaging in hands-on, interactive activities to showcase their critical thinking and learning.

Como Lake Middle is hosting and the participants will be in our gym or the field for the events of the day.

## LOCKDOWN DRILL

On **Wednesday, May 7**, we will be conducting a Lockdown Drill at approximately 9:05 a.m. This will only be a drill. Lockdown is used only in response to danger within the school. During a lockdown, normal activities in the school cease while awaiting police response. Doors are closed and locked and blinds and drapes are closed. Lights are dimmed, and students and staff remain quiet and get out of sight. We will ensure all students understand this is only a drill and there is no danger.

## ITEMS FROM HOME



Please remind students to have all items needed to have a successful day at school:

- forks/spoons needed for lunches/snacks
- water bottle
- label all items with student's name

## GENIUS HOUR ALL PLAY

Every Thursday during the month of May is Genius Hour All Play! The opportunity for our students to engage in personal passion projects, with the support of our teachers, is very special. It is always amazing to see the level of engagement our students have in the work that they are doing when the work is a project of their choosing. Please encourage children to be prepared with all the items required for Genius Hour All Play on Thursdays to ensure the activity is a success.

## MOVING THIS SUMMER?



Please inform the office by emailing **[comolake@sd43.bc.ca](mailto:comolake@sd43.bc.ca)** if your child will not be returning to Como Lake as soon as possible!





# THANK YOU

We spent the first two weeks after Spring Break in a fundraising frenzy! Como Lake participates in the Terry Fox run annually in April to commemorate the start date of Terry's *Marathon of Hope*.

Students participated in the Terry Fox Run where they brought in toonies for Terry, engaged in a meaningful assembly learning about Terry Fox, and then enjoyed a run around the neighbourhood. As a reward for their fundraising, they got to watch Mrs. Ross, our Principal, get slimed with several litres of applesauce!

Together, we made a donation of **\$1,500** (\$1,095 in Terry Fox Fundraising Initiatives at the school and \$405 online to the Terry Fox Foundation)!

We may be a small community, but we are fierce!



Canadian  
Cancer  
Society



Committed Cops. Inspirational Kids. Caring Communities.

## Cops for Cancer

Constable Neil Roemer of the RCMP is a Como Lake Alumni and will be coming to speak to students about his participation in Cops for Cancer on **Wednesday, May, 21.**

We will be doing a fundraising lunch (more details to follow for Cops for Cancer).





# COQUITLAM Summer LEARNING 2025



## ELEMENTARY

July 8 – July 26, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

**04  
MAR**

Registration  
6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration  
6:00am

**07  
MAR**

## MIDDLE

July 8 – July 26, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

## SECONDARY SKILL BUILDING

July 8 – July 26, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

**07  
MAR**

Registration  
6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration  
6:00am

**06  
MAY**

## SECONDARY FULL CREDIT

July 3 – August 8 (6 weeks)

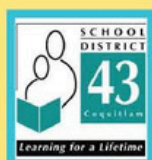
8:00am – 11:30am OR 12:00pm – 3:30pm

2 LOCATIONS

Face-to-Face or Online Blended Fast Track

Courses: Life Science 11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.

Free to all BC residents, SD43 Residency requirements apply.



[www.sd43SummerLearning.ca](http://www.sd43SummerLearning.ca) / Phone 604-936-4261

# MYED BC PORTAL CORNER

## Verification Form:

This form contains demographic information that each family has shared with the school upon registration. If any of the information is incorrect, please print the form and write the updated information. The form can then be sent to the office for us to make the necessary changes on our MyEd system.

The Student Verification Form will be found under the "Published Reports" section of the MyEd Family portal.

## Login TO MYED BC Portal

Access to the portal can be found [HERE](#). It is best practice to go to our school website and click on "MyEdBC Family Portal" under "Quick Links." Avoid using google to search for MyEd BC because it often takes you to a different link and it won't work properly!

Your MyEd BC Login is 43-youremailaddress. Please note that every three months, the system requires you to create a new password. This is for security purposes and we suggest you have your passwords written down somewhere safe to refer to! If you can't remember your password, you can request for a Password Reset when logging in (see below).



You can reset the password for MyEd Portal by clicking on "I forgot my password"

WHAT  
YOU  
NEED TO KNOW?

## CHANGE IN HOME ADDRESS?

Home address changes must be reported to the office along with 3 of the required support documentation from the following:

- BC Driver's License
- Long Term Tenancy Agreement - showing name & address
- Property Purchase Agreement - showing name & address
- Income Tax Statement - showing name & province of residency
- Property Tax Statement - showing name & address
- Utility Bill
- BC Vehicle Registration
- Canadian Bank Account Statement - showing name & address
- Canadian Credit Card Statement - showing name & address

SchoolCashOnline  
KEVGROUP

OPT-IN to receive e-mail notifications for new fees/permission forms assigned to your child and updates on school related activities on School Cash Online. To do this, log on to your account, and click on "My Account", then scroll down to "Manage Email Notifications." Check that the box is marked indicating that you want to receive email notifications. You may also select the preferred language for e-mails from School Cash Online here.

<https://sd43.schoolcashonline.com/>





Just a few final spots available in our May Days Kids' Bike Race! 🏁

🚲 Kids aged 3-12 can race around the track at this FREE and super fun kick-off to May Days right before the Rotary May Day Parade!

📅 Saturday, May 10

🕒 10am

📍 Downtown Port Coquitlam (Shaughnessy St, Elgin Ave, Mary Hill Rd and Wilson Ave)

🚲 Ages 3 to 5 years old at 10:10 a.m., 10:15 a.m., and 10:20 a.m., racing 100 meters

🚲 Ages 5 to 8 years old at 10:25 a.m. and 10:30 a.m., racing 1.3 kilometres

🚲 Ages 9 to 12 years old at 10:35 a.m., racing 2.6 kilometres  
This high-energy event sees approximately 500 young participants, promoting healthy living and family fun. 🎉

**REGISTER HERE!**



## More May Days Fun 🎉

### Opening Ceremonies 🌈

Join us for the kick-off to May Days! A tradition dating back to 1923, featuring traditional maypole dancing by children and seniors, dance performances, the presentation of the 2025 May Day Royal Party, and more entertainment.

**Sun, May 4**

**3-5pm**

**Port Coquitlam Community Centre**

### Rotary May Day Parade 🎈

Join us for the Rotary May Day Parade in downtown PoCo – one longest-running, most iconic community parades in the Lower Mainland! Enjoy vibrant floats, marching bands, and more.

**Sat, May 10**

**11am**

**Downtown Port Coquitlam**

### Party in the Square 🎪

Live entertainment at Terry Fox Hometown Square, kids stage at Leigh Square (12-2pm), food trucks, beverage garden, May Days Market (12-6pm), and more!

**Sat, May 10**

**1-8:30 pm**

**Port Coquitlam Community Centre**

## CREATING A SUBSTANCE USE PREVENTION PLAN

A **WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading adolescent **Clinical Psychologist** Dr. Hayley Watson, as she helps you create a **personalized step-by-step plan** for implementing **substance use prevention skills** in your home. Dr. Watson will focus on specific steps you can take to ensure that **you and your family are supported** as you teach substance use prevention skills to your child/youth.



### Key Takeaways:

- Learn the skills that will help prevent your child and youth from using substances
- Navigate the challenges that arise while teaching these skills to your child/youth
- Create a step-by-step plan for implementing substance use prevention strategies
- Increase your ability to support yourself and your child/youth at the same time

**Time:** 6-7:30pm PST (includes Q&A!)  
**Date:** April 29th, May 7th and 8th 2025

Scan the QR Code to Register



**REGISTER NOW**

We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care

eventCOMBO  
HAPPY EVENTING!

Screenagers: Under the Influence presented by SD 43 Coquitlam

Online

Monday, Apr 14, 2025 at 12:00 AM PST to Sunday, May 4, 2025 at 11:59 PM PST

Free

#Screening #Family & Education #Parenting

**SCREENAGERS UNDER THE INFLUENCE**

ADDRESSING VAPING, DRUGS & ALCOHOL IN THE DIGITAL AGE

02:42

**REGISTER HERE TO WATCH THE FULL MOVIE**

Screenagers Under The Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age, the third feature documentary in the Screenagers trilogy, delves into how the tech revolution has reshaped adolescence and its effects on substance use.

## REGISTER HERE TO WATCH THE FULL MOVIE

**This documentary is available for watching from April 14 – May 4, 2025.**

Screenagers Under The Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age, the third feature documentary in the Screenagers trilogy, delves into how the tech revolution has reshaped adolescence and its effects on substance use. The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits, and create healthy home environments. The film also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use.

While most documentaries about substance use focus on severe addiction, Screenagers Under The Influence fills a pressing need for a film that explores more common scenarios. The film is grounded in teens' current reality of being flooded by images on social media, movies, and TV shows about vaping, drugs, and alcohol.

Like the first two Screenagers films, Screenagers Under The Influence interweaves cutting-edge science with personal stories to create an informative and entertaining film experience for young people and adults alike. Screenagers Under The Influence focuses on practical solutions for keeping our teens safe in a changing world.

## SFU RUGBY FAMILY DAY & TRY RUGBY BBQ

**SUNDAY, MAY. 25, 2025**

Join us for a **FREE** fun-filled day of rugby and community celebration!

**11am-12pm TRY RUGBY** for all ages  
 U5 - U11  
 Girls Only  
 U12 & Older

**12pm onward BBQ & Family Mini-Games!**  
 Parents, siblings & friends welcome to join the fun!

Location: SFU Field 2

Contact: nighinarahimi@gmail.com





## coquitlam celebrates **YOUTH WEEK** MAY 1 TO 7 2025

#CoquitlamYouth

### schedule of activities

#### Thursday, May 1

**Youth Week Trivia Night**  
at Pinetree Community Centre  
5:30 – 7:30 p.m. | Drop-in

#### Friday, May 2

**Youth Week BBQ**  
at Maillardville Community Centre  
Lounge and Plaza  
4 – 7 p.m. | Drop-in

**May the Force Be with You Star Wars Event**  
at The Getaway Youth Centre  
5 – 7:30 p.m. | [Course ID 180527](#)

**Bad Seed: Youth Help-a-Habitat**  
at Leigh Park  
4:30 – 6 p.m. | [Course ID 191745](#)

**Toonie Skate and After Hours Swim (Ages 13 - 18)**  
at Poirier Sport and Leisure Complex  
8:45 – 11 p.m. | \$2 Drop-in

#### Saturday, May 3

**3 On 3 Basketball Competition**  
at Town Centre Park Basketball Courts  
3 – 5 p.m. | [Course ID 188516](#)

**Free Swim**  
at City Centre Aquatic Complex  
3 – 5 p.m. | Drop-in

**No Shoes AMA HOUSE I Dance Jam and Art Social**  
at Evergreen Cultural Centre  
5 – 9 p.m. | By donation  
Register at [evergreenculturalcentre.ca](#)

#### Sunday, May 4

**Youth Study Lounge**  
at Pinetree Community Centre  
1 – 6 p.m. | Drop-in

#### Monday, May 5

**Flower Planting with the Youth Urban Garden Team**  
at Inspiration Garden  
3:30 – 5 p.m. | Drop-in

**Create an Art Journal**  
at Glen Pine Pavilion  
4 – 5:30 p.m. | [Course ID 189704](#)

**Youth Soccer Drop-in**  
at Pinetree Community Centre  
4:15 – 6:15 p.m. | Drop-in

#### All Week

**Scavenger Hunt**  
May 1 – 7 | [Course ID 191117](#)

**Pinetree Wristband Bonanza**  
May 1 – 7 | [Course ID 189920](#)

**Drop-in Activities**  
Visit [coquitlam.ca/Youth](#) to see the youth drop-ins taking place throughout the week. Activities include dance, basketball, volleyball and more!

#### Tuesday, May 6

**Impossible Brain Puzzles**  
at Glen Pine Pavilion  
4 – 5:30 p.m. | [Course ID 190844](#)

**Youth Forest Tours: Mundy Park**  
at Mundy Park Field House  
4 – 5:30 p.m. | [Course ID 191751](#)

**Youth Escape Room and Pizza**  
at The Getaway Youth Centre  
5 – 7:30 p.m. | [Course ID 180528](#)

#### Wednesday, May 7

**Game Show Night**  
at The Getaway Youth Centre  
5 – 7:30 p.m. | [Course ID 180529](#)

**Cooking Night and Outreach**  
at Pinetree Community Centre  
6 – 8 p.m. | Drop-in



For more info and to register:



f X @ | [coquitlam.ca/YouthWeek](#)

Coquitlam



## SUMMER CAMPS

DOUGLAS COLLEGE

Choose from sports, computers, art, dance, writing, acting, and leadership programs.

Half-day camps \$160

Full-day camps \$260



Scan the QR code & register April 24

Children and youth 6-14 years old.

July 2-August 29.

New Hot Lunch program \$60 per week. Veggie or meat options.

Follow us on Instagram @dcyouthcamps

Questions? Email [youthcamps@douglascollege.ca](mailto:youthcamps@douglascollege.ca) or call 604-527-5680.

## MINNEKHADA MIDDLE SCHOOL SKILLS FOR LIFE SUMMER PROGRAM

\$150 per week

WEEKLY CAMP OPTIONS:  
JULY 7-11 FROM 9AM-12PM  
JULY 14-19 9AM-12PM  
JULY 21-25 9AM-12



AT MINNEKHADA MIDDLE SCHOOL

REGISTER ON THE KARELO WEBSITE

Our Skills for Life Summer Camp is a supportive and inclusive program designed to help children with diverse abilities build essential social and life skills in a fun and engaging environment. Through a combination of structured activities, group interaction, and individualized support, we provide students with the tools they need to gain confidence, form friendships, and navigate everyday challenges. In addition to fostering social and life skills, our program focuses on developing self-regulation skills, problem-solving abilities, and practical life skills like cooking. We aim to empower campers to manage their emotions, make thoughtful decisions, and apply problem-solving strategies in various situations. Cooking activities offer a hands-on way to practice following directions, teamwork, and independent task management. Our goal is to create a safe, welcoming space where every child can thrive, grow, and have fun. Students are to bring their own support staff to assist them in the program, ensuring they receive the personalized support they need to succeed.

LIFE SKILLS

COOKING

SOCIAL SKILLS

Students are to bring their own support staff to assist them in the program ensuring they receive the personalized support they need to succeed.

## SD43 SUMMER CAMPS

**June 30 – August 8, 2025**  
No camp on Statutory Holidays

**Open to students who have completed Kindergarten through Grade 5**

**Registration is NOW OPEN!**  
Closes on Monday, June 2nd, 2025 at 5pm

**Miller Park, James Park Community Schools**

SCAN ME



# COMMUNITY NEWS



## elmacon

Join us on **Saturday, May 3, 2025**  
At the University of British Columbia

ELMACON is Vancouver's **elementary math contest** for grades 5 - 7, which gives students the opportunity to experience math as an **exciting sport!** Prizes include: electronics, gadgets, games, and more!

For registration and more details visit <https://elmacon.org>.  
Questions? [elmacon@pims.math.ca](mailto:elmacon@pims.math.ca) or (604) 822-3922

**Deadline:** April 18, 2025  
**Fee:** \$35  
**Location:** UBC Earth Sciences Building, 2207 Main Mall, Vancouver, BC

MAY



### SCIENCE RENDEZVOUS

**SCIENCE RENDEZVOUS is back!**

Join the fun and get ready to **CREATE!** on **May 10, 2025**. Science Rendezvous is a **FREE** festival that takes science, technology, engineering, art, and math (**STEAM**) research and innovation out of the lab and into the street.

Visit the Science Rendezvous UBC website at  
[https://www.sciencerendezvous.ca/event\\_sites/ubc/](https://www.sciencerendezvous.ca/event_sites/ubc/)

**Location:** UBC Beaty Biodiversity Museum + Multiple sites on campus.

MAY



# SUMMER CAMP

## Volunteers NEEDED

Join Us for a Summer of Fun and Adventure!



## JUNE 30–AUG 8

James Park Community School

ADVENTURES

SPORTS

ARTS & CRAFTS

Contact Silvia Jorge at [sjorge@sd43.bc.ca](mailto:sjorge@sd43.bc.ca)

## Summer Camp Opportunity in our SD43 Community Schools



### SD 43 SUMMER CAMPS

#### June 30 – August 8, 2025

#### Miller Park, Jame Park, & École Pitt River

Registration opens on Sunday, April 6th at 9am

Registration closes on Monday, June 2nd, 2025 at 5:00 pm

Open to students who have completed Kindergarten through Grade 5

Students entering Grade 6 are eligible for Middle School Camps

Dates: Monday, June 30 - Friday, August 8, 2025 (No camp on Statutory Holidays)  
Time: 8:45 am - 2:30 pm  
Cost: \$250 - Includes Snacks and Lunch  
For Students currently in Kindergarten - Grade 5

[Click here for Summer Camp Information](#)

For any questions, please contact the designated school coordinator:









James Park: Jorge, Silvia	<a href="mailto:sjorge@sd43.bc.ca">sjorge@sd43.bc.ca</a>
Miller Park: Liles, Delphina	<a href="mailto:dliles@sd43.bc.ca">dliles@sd43.bc.ca</a>
Central/Pitt River: Nurani, Neelo	<a href="mailto:nnurani@sd43.bc.ca">nnurani@sd43.bc.ca</a>

## YMCA BC – Youth Transitions Summer 2025: Coquitlam

Summer 2025: Coquitlam

YMCA BC – Youth Transitions Program  
18 followers

Events in this collection

 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (July 7-11) Mon, Jul 7 - 9:00 AM Windsor Centre Free</p>	 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (July 14-18) Mon, Jul 14 - 9:00 AM Windsor Centre Free</p>	 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (July 21-25) Mon, Jul 21 - 9:00 AM Windsor Centre Free</p>
 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (July 28-August 1) Mon, Jul 28 - 9:00 AM Windsor Centre Free</p>	 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (August 5-9) Tue, Aug 5 - 9:00 AM Windsor Centre Free</p>	 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (August 11-15) Mon, Aug 11 - 9:00 AM Windsor Centre Free</p>
 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (August 18-22) Mon, Aug 18 - 9:00 AM Windsor Centre Free</p>	 <p style="font-size: x-small;">YMCA Youth Summer Camp: Coquitlam (August 25-29) Mon, Aug 25 - 9:00 AM Windsor Centre Free</p>	



# COMMUNITY NEWS

## MINNEKHADA MIDDLE SCHOOL

### SUMMER 2025 PROGRAMS



Registration Starts: Wed, April 9th at 8am  
Program Dates: June 30-July 25  
\*Programs will NOT run on and Stat Holidays \*\*

#### KIDS KITCHEN

Kids Kitchen is designed to teach middle school students essential cooking skills, from basic food preparation to understanding recipes and adjusting ingredients to suit their needs. Through hands-on cooking experiences, students will gain the confidence to create simple, delicious meals while learning the fundamentals of kitchen safety, nutrition, and creativity in the kitchen.

Week	Grades	Time	Dates	# of days	Price	Location
WEEK 1	Gr 6-8	9am-12	Jun 30-Aug 4	4	\$115	Healthy Living
WEEK 2	Gr 6-8	9am-12	July 7-11	5	\$140	Healthy Living

#### SOCCER PROGRAM

Our Summer Soccer Program is designed to help players of all skill levels improve their soccer abilities in a fun, supportive environment. Whether you're a beginner or an experienced player, this program is perfect for helping you grow as an athlete and develop your skills on the field.

Our program focuses on building essential soccer skills such as passing, dribbling, shooting, defense, and teamwork. Each session includes mini-games that encourage active participation, strategic thinking, and friendly competition. These games provide hands-on opportunities for players to apply what they've learned in practice, promoting both individual growth and team development.

Week	Grades	Time	Dates	# of days	Price	Location
WEEK 1	Gr 6-8	9AM-12	JUN 30-JUL 4	4	\$100	Outside
WEEK 2	Gr 6-8	9AM-12	JULY 7-JULY 11	5	\$125	Outside
WEEK 3	Gr 6-8	9AM-12	JULY 14-JULY 19	5	\$125	Outside

Minnehada Middle School After  
School Programs | SUMMER 2025

#### BEGINNER THEATRE CAMP

This camp focuses on cartooning and drawing, where students learn various sketching techniques and cartooning fundamentals. Projects typically include creating comic strips and developing cartooning skills. Additionally, we incorporate hands-on activities where kids design tangible items such as tote bags, t-shirts, and more, bringing their artwork to life.

Week	Grades	Time	Dates	# of days	Price	Location
WEEK 1	Gr 6-8	9am-12	Jun 30-Jul 4	5	\$140	MPR

#### CARTOONING CAMP

This camp focuses on cartooning and drawing, where students learn various sketching techniques and cartooning fundamentals. Projects typically include creating comic strips and developing cartooning skills. Additionally, we incorporate hands-on activities where kids design tangible items such as tote bags, t-shirts, and more, bringing their artwork to life.

Week	Grades	Time	Dates	# of days	Price	Location
WEEK 2	Gr 6-8	9am-12	July 7-11	5	\$145	MPR

#### FOOTBALL

Our Youth Flag Football Program is designed to introduce kids in grades 6-8 to the basics of football in a fun, engaging, and non-contact environment. This program focuses on teaching essential skills, building confidence, and promoting teamwork through a mix of drills and game play. Participants will learn: \*\*Basic Football Knowledge\*\*: Understanding the fundamentals of the game, including rules, positions, and strategies. \*\*How to Throw and Catch\*\*: Proper techniques for throwing a spiral pass and catching safely and effectively. \*\*Agility and Speed\*\*: Agility ladder drills to improve footwork, coordination, and overall athleticism. \*\*Flag Football Games\*\*: Non-contact, skill-focused games to practice what they've learned in a fun and safe setting.

Day	Grades	Time	Dates	# of days	Price	Room
Week 2	Gr 6-8	12-3pm	JULY 7-11	5	\$155	Outside

#### VISUAL ARTS WEEK

This art sampler camp allows students to explore a variety of mediums, including clay, painting, drawing, crafting and mixed media. Each day features a new artistic technique, giving students a well-rounded creative experience.

Week	Grades	Time	Dates	# of days	Price	Location
WEEK 3	Gr 6-8	9am-12	July 14-19	5	\$155	MPR

#### ACTION WEEK

Where action meets fun! Bubble Ball, Battle Archery, Kickball, and heaps more. This camp is an epic combination of team building and competition. Campers will compete in a variety of different games and challenges during this jam packed, action filled day. Campers will enter bubbles competing in soccer challenges; they will learn how to use a bow and have a dodgeball-like battle using foam tipped arrows.

Week	Grades	Time	Dates	# of days	Price	Location
WEEK 3	Gr 6-8	9am-3pm	July 14-19	5	\$190	Gym/Outside

#### CRAFTING WEEK

In our crafting programs, kids explore a variety of mediums with a focus on fabrics, DIY projects, and creating fun, functional items they can use and enjoy.

Day	Grades	Time	Dates	# of days	Price	Room
Week 4	Gr 6-8	9am-12	July 21-25	5	\$155	MPR

Scan to register



Programs could be cancelled due to low registration.  
All registrations are on first come, first serve basis.



Minnehada Middle School After  
School Programs | SUMMER 2025

#### MACRAME

Dive into the ancient art of fun rope and string patterns. Students will learn the basics of techniques of working with different types of string starters and personalize their projects.

Day	Grades	Time	Dates	# of days	Price	Room
Week 4	Gr 6-8	9am-12	July 21-25	5	\$160	LEARNING COMMONS

#### BASKETBALL!

At RIZE Athletic Academy our mission is to help the next generation unlock their potential, whether you are a beginner or an experienced basketball player, we have specialized coaches dedicated to providing a skills training program that focuses on building foundational basketball skills as well as mentoring the youth. We will focus on developing fundamental basketball skills such as dribbling, shooting, passing and footwork through various drills and exercises as well as help them fall in love with the game while having fun. RIZE to your potential!

Day	Grades	Time	Dates	# of days	Price	Room
Week 4	Gr 6-8	12-3pm	July 21-25	5	\$205	GYM

#### Registration:

Our Community School Summer Programs Registration is online and will accept payment using Visa; MasterCard or Interac/Debit from most major banks. You will require an email address in order to receive your confirmation number and to be able print out a receipt for your payment.

To access the registration website please visit the Minnehada School website or click on the direct link here:

[CLICK HERE FOR LINK TO REGISTRATION PAGE](#)

Any questions, please email Silvia Jorge at [sjorge@sd43.bc.ca](mailto:sjorge@sd43.bc.ca) Refund/Cancellation Policy: Refunds will only be available, for any reason, within the registration period. No refunds will be issued after the program starts date.



Programs could be cancelled due to low registration.  
All registrations are on first come, first serve basis.



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# Inclusive Calendar

## MAY 2025

Category	Date	Date(s) of Significance
Cultural	All Month	<b>Asian Heritage Month</b> A month dedicated to honour and recognize the many contributions of people of Asian ethnicity to B.C. and Canada's rich cultural society.
Cultural	All Month	<b>Canadian Jewish Heritage Month</b> A month to celebrate the richness of Jewish culture, heritage, and history in Canada.
Cultural	05-May	<b>Dutch Heritage Day</b> Created in recognition of the sacrifices made by Canadians in the liberation of the Netherlands, as well as the contributions made to Canada by those of Dutch heritage.
Indigenous	05-May	<b>Red Dress Day</b> A day to raise awareness about missing and murdered Indigenous women and girls.
Cultural	05-May	<b>Cinco-de-Mayo</b> A day to commemorate Mexico's defeat of the French army.
Health	07-May	<b>National Child and Youth Mental Health Day</b> A day to raise awareness about the significance of the mental health of children.
Indigenous	10-May	<b>Bear Witness Day</b> The Anniversary of the Canadian Human Rights Tribunal first non-compliance order called for Canada to fully implement Jordan's Principle by May 10, 2016. Jordan's Principle ensures First Nations children receive the services and supports they need when they need them.
2SLGBTQIA+	17-May	<b>International Day Against Homophobia, Transphobia, and Biphobia</b> A day to recognize the courage and resilience of 2SLGBTQ+ activists of the past and present who have fought for equity and against discrimination based on sexual orientation, gender identity, and gender expression.
Anti-racism	21-May	<b>World Day for Cultural Diversity for Dialogue Development</b>
		A United Nations day that helps communities understand the value of cultural diversity and learn how to live together in harmony.
Anti-racism	23-May	<b>Anniversary of Komagata Maru</b> On May 23, 1914, the Komagata Maru steamship arrived in Vancouver's Burrard Inlet. On board were 376 Sikhs, Muslims, and Hindus of South Asian origin and were denied entry into Canada based on racist laws.
Cultural	2 <sup>nd</sup> last Monday of May	<b>Victoria Day</b> A federal statutory holiday to honour Queen Victoria, who is known as the "Mother of Confederation".
Anti-racism	4 <sup>th</sup> week of May	<b>Anti-Racism Awareness Week</b> A week to learn about anti-racism and the actions we can take to combat racism in all its forms.
Health	30-May	<b>World Multiple Sclerosis Day</b> A day to raise awareness about multiple sclerosis.
Disabilities / Diverse Abilities	Starting on the last Sun in May	<b>AccessAbility Week</b> A week to celebrate the valuable contributions of Canadians with disabilities.