



COMO LAKE MIDDLE SCHOOL NEWSLETTER

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PRINCIPAL'S MESSAGE

BY MRS. DEVON ROSS

Dear Como Lake Families,

Before getting into the activities at Como Lake, I wanted to take a moment to acknowledge that there has been a number of events happening in the world that have impacted many members of our school community. Our hearts go out to all families who have been impacted by these events. We encourage parents to also monitor what students are watching on their devices and to minimize exposure to events that may be upsetting. Sometimes students may have more than one account on a social media platform as well so you may want to speak to your children about their various accounts. To note, most platforms also require a minimum age of 13 for use. If your children need any extra support as they navigate what is going on, please don't hesitate to reach out to Mrs. Brant or myself or Ms. Slinger (Counsellor) or Ms. Spees (Youth Worker). We are all here to support you.

Transitioning to some school updates, February and early March have been very full at Como Lake Middle.

We welcomed our new Vice-Principal, Belanina (Bel) Brant, who has already begun connecting with students and families as she settles into her role.

Our school community continues to show incredible enthusiasm, and we are grateful for the ongoing support of our PAC—especially following another successful TCBY Day and the recent generous \$6,000 contribution supporting extracurricular clubs and activities. Staff have been excitedly selecting new equipment and supplies that will help enhance students' learning experiences.

Staff had very meaningful School Professional Development Days on January 26 and February 27, where staff across schools engaged in collaborative days of learning focused on enhancing instruction and supporting student wellbeing. Our Grade 8 articulation and secondary school visits also went extremely well, with students showing curiosity and confidence as they prepare for the transition ahead.

Principal's Message continued on next page...

Principal's Message continued on next page...

Students have enjoyed a wide variety of opportunities this term. We received a powerful message on anti-racism from two BC Lions players. Students enjoyed a wonderful performance by French artist, Missy D. Our Genius Hour Projects (GHAP) for February are now complete, offering hands-on, student-driven inquiry in areas such as music, Lego engineering, art, creative writing, and more. Paired with our ongoing literacy goal, students participated in another DEAR (Drop Everything and Read) session on March 6—an hour dedicated to simply relaxing and enjoying a book of choice.

Our extracurricular programs continue to thrive. Although weather has been variable, Mountain Riders have made the most of the season, and students have showed great perseverance and enthusiasm. Basketball and wrestling seasons are now wrapping up after excellent participation and skill-building. Meanwhile, several classes visited Britannia Mines, where hands-on learning, gold panning, and even train rides made for an unforgettable trip. Many students also enjoyed skating at Poirier, another highlight of the winter months.

Looking ahead, please note that Term 2 Learning Updates will be posted on the MyEd Portal on March 12th, and March 13th is the final day of classes before Spring Break. Our Terry Fox is on April 17th and our Grade 5 Parent Night is at 6 pm on April 22nd.

Thank you to all of you! We deeply appreciate the partnership of our families—your communication, involvement, and encouragement make a tremendous difference. We hope you all have a wonderful break with time to rest, relax, and recharge for the last few months of the school year. We look forward to welcoming everyone back on March 30th!

IMPORTANT DATES:

MARCH



Thursday, March 12

- Term 2 Learning Updates, IEPs, and AIPs Issued on MyEd Portal
- Mountain Riders 12:10 p.m. - 8:00 p.m.



Friday, March 13

- Last day of school before Spring Break.



Monday, March 16 - Friday, March 27

- SPRING BREAK (SCHOOL CLOSED)



Monday, March 30

- School re-opens after Spring Break

APRIL



Friday, April 3

- Good Friday - School Closed



Monday, April 6

- Easter Monday - School Closed



Wednesday, April 8

- Bottle Drive (PAC Fundraiser) - before and after school drop offs



Friday, April 17

- Terry Fox Run (in the afternoon)



Wednesday, April 22

- TCBY Frozen Yogurt PAC Fundraiser
- Grade 5 Parent Information Night from 6:00-7:00 p.m.



Thursday, April 23

- PAC Meeting from 7:00 -8:00 p.m. (in person and via TEAMS)



Friday, April 24

- Pro D Day (School Closed)

Calendar is available on our website under the heading 'On the Calendar'

Como Lake Website

STUDENT LEARNING UPDATES

Student Learning Updates (Report Card) will be available on the MyEd BC Family and Student Portal at <https://myeducation.gov.bc.ca/aspen/logon.do>. Always log in to MyEdBC Family Portal by using the "Quick Link" on the school website or by clicking on this link above. (Do not use Google or other search engine to search for MyEdBC Family Portal as you won't find the correct link!) Please contact your child's teacher directly should you have any questions regarding their progress.

A few reminders:

- Your login ID is 43-youremail
- If you can't remember your password, please use the "Trouble logging in?" link, it will ask you for your email (NOT your login ID, don't include the 43-)
- The Learning Updates are pdf documents which can be found under Published Reports on the home page
- Download and save and/or print the report card for your records before July 31 as they will be deleted from the portal thereafter.



ITEMS FROM HOME

Please remind students to have all items needed to have a successful day at school:

- forks/spoons needed for lunches/snacks
- waterbottle
- label all items with student's name

E-bikes and E-scooters

The BC government has recently updated their regulations for E-bikes and E-scooters to highlight the importance of safety. It's worth noting that E-scooters are permitted to be operated by anyone 16 years of age or older. "Light E-bikes" (max 250W) are permitted to be operated by anyone 14 years of age or older, while "Standard E-bikes" (max 500W) are permitted to be operated by anyone 16 years of age or older. There are also regulations pertaining to where E-bikes and E-scooters are permitted to be operated.

As a reminder, Como Lake Middle students are reminded they **are not** permitted to ride e-scooters and e-bikes to or from school.

You can review these updated regulations here:

[Electric kick scooter rules and safety - Province of British Columbia](#)

[E-bike requirements - Province of British Columbia](#)

LOST & FOUND

Lost & Found is overflowing!

Jackets, lunch boxes, water bottles, and more are waiting to be reunited with their owners. Please stop by to check the Lost and Found.

All unclaimed items will be donated on
Thursday, April 16.



Students will be invited to donate a toonie (or more) in support of the Terry Fox Foundation. The Terry Fox Foundation appreciates the generous support offered every year by our school. All students will be participating with their classes on the Terry Fox School Run on April 17.

PAC FUNDRAISER CAN & BOTTLE Drive

Drop off your empties in clear bags at front of Como Lake School on Wednesday, April 8

Drop Off Times:

8:15 a.m. - 8:45 a.m.
2:45 p.m. - 3:15 p.m.



If you have any refundable containers/cans, please support our PAC! Please bring them unsorted to the school in sealed, clear plastic bags, and PAC members will return them to the bottle depot for you! If you only have a handful of empties and still want to support us, but don't have any clear bags, the PAC will have a few clear bags available, and we can add your empties!

Date: **Wednesday, April 8, 2026**

Location: **Front of the school (in the small driveway on King Albert).**

Times: **8:15 am to 8:45 am and 2:45 pm – 3:15 pm**

All the proceeds come back to the school for our kids!

Want to support this initiative but you are unable to make the drop off date and times work? You may also drop them directly to any Return-It Depot. The closest one to our school is located at 511 Blue Mountain Street. Como Lake Middle has an account and you can print your own label. With the following information, simply go to the kiosk (near counter) and search by either Como Lake Middle School or phone number **604-936-1451** and print your label. Thank you for your support!

2026 Student Learning Survey

The Student Learning Survey is for students in grade 4, 7, 10, 11, and 12, their parents, staff and administrators. It is an annual survey that gathers feedback from students, parent and staff in public schools to assess educational experiences and improve school environments.

The Student Learning Survey aims to collect insights on various aspects of the educational experience, including:

- **Curriculum Implementation:** Feedback on how well the curriculum changes are being integrated into classrooms.
- **Learning Environment:** Assessing the safety, inclusivity, and overall atmosphere of the school.
- **Student Wellness and Satisfaction:** Understanding how students feel about their school experience and their emotional well-being.
- **Engagement and Belonging:** Evaluating how connected students feel to their school community and their level of engagement in learning activities.

While Grade 7 students have completed this survey at school, we ask that parents/guardians complete this survey by clicking on this link:

[Student Learning Survey – Province of British Columbia](#)

Survey will be available online until **May 1st**. Please contact the school if you have difficulty using the online survey. Please complete one survey for each child.

Parent Logon Steps:

1. Select District: **43 Coquitlam**
2. Select School: **Como Lake Middle School**
3. Select Language: Default to English but can be changed to a different language.



The banner features the SD43 School District logo at the top left, which includes a stylized figure and the text 'SCHOOL DISTRICT 43' and 'Learning for a Lifetime'. Below this is a 'SAVE THE DATE' button. To the right, a large circular graphic displays 'MAY 14 THURSDAY' with a fire alarm icon and a warning sign. The main text reads 'SD43 READY' with a running figure icon and the tagline 'Prepared Today. Ready Tomorrow.' Below this, it says 'EMERGENCY RELEASE DAY' and provides the website 'SD43.BC.CA/SD43READY'.

SD43 is planning an EMERGENCY RELEASE DAY, are you #SD43Ready?

Date: THURSDAY, MAY 14 at 2:00pm

This event is district-wide and occurs close to the majority of regular dismissal times to facilitate planning and preparation for district families to make suitable arrangements.

In the event of a major emergency, it may become necessary to release students from school before the regularly scheduled time. A successful emergency release protocol requires preparation now, including a 'practice run' to help ensure a smooth procedure should such a release become necessary.

Preparation involves IMPORTANT ACTION on the part of Parent/Guardians:

- Parents/Guardians must complete the **Student Emergency Release Form** and return it to their school(s) as quickly as possible, if they have not already done so.
- This form provides information to the school that identifies your child, siblings, and adult individuals that your child may be released to in the event of an emergency.
- Often a responsible adult that is named in this document is different than an 'emergency contact' that may be listed in school records. This individual should live nearby, preferably within walking distance, and be able to pick up your child in the event of an emergency release situation. Such an individual may be a neighbour or parent/guardian from the school, for example.
- It is critical that such information is kept at the school in the event of an emergency release situation, like an earthquake or fire, that requires students be escorted off school property.

Detailed information specific to your school's emergency release plan will be provided in the coming weeks from your administrator.

Reminders will be posted on district and school websites, as well as social media channels.

This protocol drill will serve as a valuable exercise that will test our procedures and provide a learning experience to refine these protocols.

Childcare operators on district properties may choose to participate but are not required to do so. Parents/guardians should connect with their provider.

Please complete this form as soon as possible and send via email to your school. Email addresses for schools are located on the top of each school website. To find your school website, you may [click here](#).

If you have any questions or concerns not addressed in the **Student Emergency Release** Form package, please email your school principal.



COMO LAKE MIDDLE SCHOOL PAC

PLEASE JOIN US FOR OUR NEXT PAC MEETING THURSDAY, APRIL 23 @ 7 P.M.

Meeting will be held in person at the school Library and via Teams online.

Click here to join the meeting now

Meeting ID: 245 874 746 512 67

Passcode: bs38M27V

Dial in by phone

+1 647-794-6047, 800767310# Canada, Toronto

Find a local number

Phone conference ID: 800 767 310#

 comolakemiddlepac@gmail.com

Ongoing Fundraisers

All proceeds go towards events/items for the students & teachers!



15 Braid St, Unit 221, New West

Drive to the end of the commercial unit, on the NW side.
Reference Como Lake Middle PAC when dropping off clothing, bedding, linens, shoes, bags.



Any Return-It Express location
Reference **647-828-3404**
when printing label

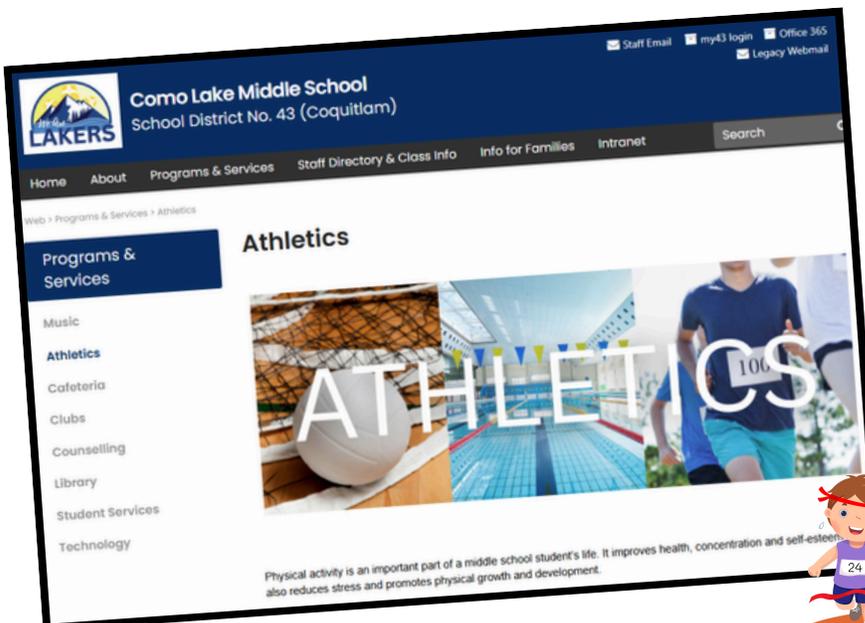
PAC DONATION PROGRAM 2025-2026

Every year, our Parent Advisory Council (PAC) raises funds for learning materials, based on school goals; sports equipment for classrooms, intramurals, and extra-curricular activities; library materials; emergency preparedness supplies; technology equipment and many other "extras". These items are all made available for use by our children, as a result of PAC fundraising initiatives.

PAC Donations can be made on **School Cash Online**.

100% of your donation goes directly to the school for items your child will use. You may choose to donate any amount. Business donations are also welcome.

Please note that only donations of \$25.00 or more, will receive an income tax receipt from the school district, which are provided early in the new year.



Not sure when athletic practices or games are? Visit our school website to see all things Athletics at **COMO ATHLETICS** for Game schedules and practice times.

Upcoming Athletic Programs for **Spring** are:

Track & Field
Badminton



COMMUNITY NEWS

Community Bulletin Board for Families

KIDS SPRING BREAK PROGRAMS

AT MINNEKHADA MIDDLE SCHOOL

16-27 March **For Grades 6-8**

ACTIVITIES
BASKETBALL, KIDS KITCHEN, SCRATCH CODING, STEM BUILDERS, ROOTS TO STREETS

Register Here:

SCHOOL DISTRICT No. 43 (COQUITLAM) PRESENTS THE FAMILY & COMMUNITY LEARNING SERIES

Social Media Awareness, Digital Citizenship & Cyberbullying

This session explores where youth spend time online and why understanding these spaces matters for their safety and healthy digital habits.

IN PERSON PRESENTATION
SAVE THE DATE

THURS. APR 9, 2026
6:30 - 8:00 PM

CENTENNIAL SCHOOL THEATRE
570 Poirier St
Coquitlam BC

REGISTER NOW

Pre-registration is required. To learn more about this session, go to: WWW.SD43.BC.CA/FAMILYSERIES

Learning for a Lifetime | Safer Schools Together

safer schools together workshops meet key learning outcomes as set by the BC Ministry of Education.

SPRING BREAK CAMPS

Active and educational programs for children & youth 6-14

Choose from writing, acting, art, computers, basketball, soccer & more!

Programs run from **March 16-27**

Use the QR code to register now!

youthcamps@douglascollege.ca

HOSTED BY TCYBA

SPRING BREAK BASKETBALL CAMPS

REFINE FUNDAMENTALS, IMPROVE YOUR SKILLS AND HAVE FUN!

REGISTRATION OPEN NOW!

CAMP DATES: **16 - 27 MARCH 2026**

REGISTER HERE

FIND MORE INFORMATION AT TCYBA.ORG

Pitt River Middle School Grades 6 - 8



ÉCOLE PITT RIVER COMMUNITY SCHOOL
SPRING BREAK CAMPS 2026

Registration Date: Saturday, February 14 at 9:00 am
Registration Closes: Friday, March 13 at 9:00 am
Our camp is for students in Grades 6 - 8

Dates: Monday, March 16 - Friday, March 23, 2026 and Monday, March 23 - Friday, March 27 2026
Time: 10 am - 12 pm or 12 - 2 pm
Cost: \$125 - per program
For Students currently in Grades 6- 8

[Click here for Brochure](#)



TRI-CITY WARRIORS

Online Registration

Closing Soon! for Returning & New Players
TCMBHA.com

Follow Us

#TriCityWarriors     #TriCityBallHockey

2026 Spring Season Registration:

<https://www.tcmbha.com/en/page/registration/registration.html>

SPRING BREAK CAMPS 2026

When: Mon. 16-Mar-2026 - Fri. 27-Mar-2026



MINNEKHADA MIDDLE COMMUNITY SCHOOL
SPRING BREAK 2026 PROGRAMS

REGISTRATION STARTS: MON. JANUARY 26 AT 8AM
PROGRAM DATES: MARCH 16-20 & MAR 23-27, 2026
NO CLASSES ON STAT HOLIDAYS

INFO
Sign up before: Thu, 26-Mar-2026 08:00

CONTACT
Silvia Jorge
Email: [Click here](#)

[Click here for full program details](#)

Community Development Facilitator
Silvia Jorge
Email: [Click here](#)

[SIGN UP NOW](#)

Click 'Sign Up Now' to continue.

Central for Grades K- 5



CENTRAL COMMUNITY SCHOOL
SPRING 2026 SPRING BREAK CAMP

Registration Date: Saturday, February 14 at 9:00 am
Registration Closes: Friday, March 13 at 9:00 am
Our camp is for students in Kindergarten to Grade 5

Dates: Monday, March 16 - Friday, March 23, 2026
Time: 8:45 am - 2:30 pm
Cost: \$50 - per day
For Students currently in Kindergarten - Grade 5

[Click here for Brochure](#)

CALL FOR YOUTH ARTISTS

True Colours
Youth Pride Art Exhibition



YOUTH ARTISTS AGES 12-19
OPEN TO 2SLGBTQI+ AND ALLIES
ALL ART MEDIUMS WELCOME
SHOW ART AT POMO YOUTH PRIDE FESTIVAL

APPLY BY
APRIL 19, 2026



2425 St. Johns Street, Port Moody
pomoarts.ca | 604 931 2008 | @pomoarts

POMO ARTS

MYED BC PORTAL CORNER

Verification Form:

This form contains demographic information that each family has shared with the school upon registration. If any of the information is incorrect, please print the form and write the updated information. Form can then be sent to the office for us to make the necessary changes on our MyEd system.

The Student Verification Form will be found under the "Published Reports" section of the MyEd Family portal.

Login TO MYED BC Portal

Access to the portal can be found [HERE](#). It is best practice to go to our school website and click on "MyEdBC Family Portal" under "Quick Links." Avoid using google to search for MyEd BC because it often takes you to a different link and it won't work properly!

Your MyEd BC Login is 43-youremailaddress. Please note that every three months, the system requires you to create a new password. This is for security purposes and we suggest you have your passwords written down somewhere safe to refer to! If you can't remember your password, you can request for a Password Reset when logging in (see below).

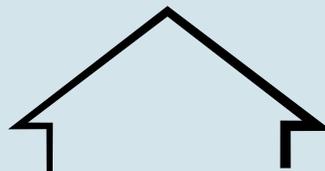


You can reset the password for MyEd Portal by clicking on "I forgot my password"



Como Lake is on Instagram!

CLICK HERE



CHANGE IN HOME ADDRESS?

Home address changes must be reported to the office along with 3 of the required support documentation from the following:

- BC Driver's License
- Long Term Tenancy Agreement - showing name & address
- Property Purchase Agreement - showing name & address
- Income Tax Statement - showing name & province of residency
- Property Tax Statement - showing name & address
- Utility Bill
- BC Vehicle Registration
- Canadian Bank Account Statement - showing name & address
- Canadian Credit Card Statement - showing name & address

SchoolCashOnline

KEYGROUP

OPT-IN to receive e-mail notifications for new fees/permission forms assigned to your child and updates on school related activities on School Cash Online. To do this, log on to your account, and click on "My Account", then scroll down to "Manage Email Notifications." Check that the box is marked indicating that you want to receive email notifications. You may also select the preferred language for e-mails from School Cash Online here.

<https://sd43.schoolcashionline.com/>