



# Dr. Charles Best Secondary Newsletter

Issue #7 – November 21, 2025

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>

Principal – David Cyr

Vice-Principals – Tara Sutherland, Kelly Fridge, and Michael Viveiros

*Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.*

## UPCOMING EVENTS

**Tuesday, November 18-Friday, November 21**

Calamity Calling-Presented by the Best Players

**Thursday, November 20-Thursday, December 4**

Grad Photos (on site by Artona)

**Tuesday, November 25**

Last day to purchase from Purdy's fundraiser

**Wednesday, November 26**

Post Secondary Day @ Charles Best

**Friday, November 28**

Winter Market 5:30-9:30pm

**Saturday, November 29**

Clothing donation drive thru @ Best 9:30am-2:30pm

**Wednesday, December 3**

Winter Ball (6:00-9:00pm - Gr. 11/12 students)

**Tuesday, December 9 & Thursday, December 11**

Care home visits to RJ Kent and Madison

**Wednesday, December 10**

Winter Music Concert 7:00pm

**Wednesday, December 17**

Club and Fall/Winter Team photos

**Friday, December 19**

Last day of classes before Winter Break

## LAST SHOW TONIGHT - MET FEST NOVEMBER 18-21

*The Best Players* worked tirelessly to present **Calamity Calling**, a collection of one act plays. Tickets are only \$8.00 for students and seniors, and \$10.00 for adults and the box office opens at 7:00 PM, curtain at 7:30 PM.

**\*NEW! Tap is available to pay at the door.** Tickets are also available on SCO accounts for your convenience or cash at the door. <https://sd43.schoolcashionline.com/>

## CALL FOR WINTER MARKET VOLUNTEERS

Grade 12 students and families,

Please help! We are looking for parent and student volunteers to help us run a successful Winter Market on **Friday, November 28<sup>th</sup>**.

All funds raised from the Market go towards After Grad. (lower ticket price, more prizes, etc.).

Please see below volunteer signup sheets and send any questions to [bestgrad2026@gmail.com](mailto:bestgrad2026@gmail.com).

Winter Market Evening:

**Student Volunteers:**

<https://www.signupgenius.com/go/10C0544AAAB2AA5F5CE9-59724552-winter#/>

**Adult Volunteers:**

<https://www.signupgenius.com/go/10C0544AAAB2AA5F5CE9-59676377-winter#/>

## ADOPT A TRAIL AND CLOTHING DRIVE

A huge thank you to the teachers and students who have been part of our school's "Adopt a Trail" around Mundy Park.

Reminder, this **Saturday** is our homeless clothing and extras event at the front of the school from 9:30-2:30pm.

Please spread the word, we are hoping for many donations.

## SAUDER SCHOOL OF BUSINESS COMPETITION



Congratulations Iroo M., Dima S. Cole R. and Jinyu C

for attaining 3<sup>rd</sup> place last weekend in the Prosper Foundation's

2025 Ascend Case Competition out at UBC!

## WINTER BALL-SAVE THE DATE!

**Wednesday, December 3<sup>rd</sup>** we are hosting our annual Grade 11 and 12 winter dance and the theme is "Night in New York".

Time: 6:00-9:00pm

Gym: Small gym

Price: \$25 Includes: Snacks, drinks & DJ, no meal. Buy tickets here: <https://sd43.schoolcashionline.com/>

Dress code: Semi-formal (black and gold)

*\*Please bring a non-perishable food item to donate to the food bank.*

## SPREADING CHEER DEC. 9 AND 11

As many of you know our leadership classes are pen pals with different care homes in the area. We are going to the care homes to hand out Christmas cookies, candy canes and sing some Christmas Carols. Students are more than welcome to join us at one or both of the dates below:

**Tuesday December 9-** RJ Kent (beside Legion on Shaughnessy St. PoCo) park behind the Legion or park at school and go down and back in the school bus. This is right after school.

**Thursday December 11-** Madison and Lakeshore, same as above school bus or meet us there at 3:30pm. Please sign up with Ms. Heather B. our Youth Worker if you would like to go on the school bus.

## WINTER WEATHER IS COMING

Please read the attached notice about school district protocols for winter weather/school closure days.

## ATHLETICS



Dr. Charles Best Secondary Athletics  
Home of the Blue Devils  
@charlesbestscho  
charlesbestathletics.weebly.com



For secondary sport updates and information...



Coquitlam Secondary School  
Athletic Association



@cssaasd43

[Follow Charles Best Athletics on Instagram here](#)

## SWIM TEAM HIGHLIGHTS - 2025 PROVINCIALS. A GREAT DAY IN THE POOL FOR OUR SWIMMERS!



## INDIVIDUAL EVENTS

<b>GOLD</b>	<b>SILVER</b>	<b>TOP 8 FINISHERS</b>
Aiden O 50 FLY (B)	Maiysa M 100 BR (O)	4 <sup>th</sup> Josie K 50BK (B)
Shima T 100 BR (O) <b>PR</b> 200 IM (O) <b>PR</b>	Aiden O 50 FR (B)	5 <sup>th</sup> Emma C 100 FLY (O)
	Lee P 100 FR (B)	6 <sup>th</sup> Luke F 50 BK (B) Vivienne L 200 IM (O) Lee P 50 FR (B)
	Steven S 50 BR (B)	7 <sup>th</sup> Maiysa M 100 BK (O)
		8 <sup>th</sup> Kaede T 50 FR (O) & 100 FR (O)

(PR) = Provincial Record

## RELAYS

### **GOLD**

200 medley girls (B) – Raya P, Jade C, Josie K, Kaitlyn M  
200 medley boys (B) – Luke F, Steven S, Aiden O, Lee P **PR**  
200 free girls (B) - Raya P, Jade C, Josie K, Kaitlyn M  
200 free boys (B) - Steven S, Luke F, Aiden O, Lee P  
200 free girls (O)-Vivienne L, Shima T, Emma C, Kaede T **PR**

### **SILVER**

200 medley girls (O) – Kaede T, Shima T, Emma C, Vivienne L

### **OVERALL POINTS**

Girls – 2<sup>nd</sup>  
Boys – 6<sup>th</sup>  
OVERALL – 2<sup>nd</sup>

## FIELD HOCKEY



We won Fraser Norths and brought home the banner on Oct. 28th then headed to Provincials Nov. 12-14<sup>th</sup>.

After 3 days of tough competition (and an extremely wet Thursday), the girls tied their record from last year, finishing 11<sup>th</sup> overall in the province.

All the girls played their best, and we couldn't have been prouder of the great sportsmanship and teamwork we saw, even as they experienced their first losses of the season. The team will finish with an incredible record of 15-4-1 (W/L/T).

A huge thanks to Mr. Cyr and the Admin team for coming out to watch the girls play, and to all the teachers who accommodated the girls' missing classes and helped them make up the work later. This is the highest level of sport some of these girls will reach, and it means so

much that they can experience success alongside their peers without sacrificing their academics. – Coach Jenkins

## SENIOR BOYS AND GIRLS VOLLEYBALL



We were delighted to honour our 12 outstanding seniors for their outstanding contributions to our volleyball program and school.

They've achieved success in provincial competitions and created mentorship programs for volleyball refereeing. Thank you for representing Best and we wish you continued success in the future.

Our Senior Girls still have more to achieve-good luck at Provincials in Kelowna November 26-29.



**BEST CAREER CENTRE NEWS** Follow our Career Centre on Instagram [@bestcareercentre](https://www.instagram.com/bestcareercentre)

### SCHOLARSHIP INFORMATION

#### LAUNCHPAD SCHOLARSHIP

This scholarship application will test your research skills and STEM knowledge by writing a 1500-2000 word essay or project plan to create an innovative solution to a national problem for the Government of Canada. 5 x \$1,000. Open to non-binary or female applicants going into a STEM program. **Deadline is December 3, 9 pm.** [More info.](#)

#### BC EXCELLENCE SCHOLARSHIP

We can nominate 1 student for this \$5,000 award. Criteria are demonstrated service in both school and community and an aptitude for your chosen post-secondary/ career path. For details and the "special" BC Excellence brag sheet, see [Career Centre website](#). **Deadline: Sun, December 14.**

#### CMOLIK FOUNDATION BURSARIES

Up to \$50,000 are available for students with financial need who have faced adversity but have responded with positivity and tenacity to achieve academic and social goals. We can nominate one student. [Learn more here.](#) To be considered, please email your Cmolik brag sheet to [skaufmann@sd43.bc.ca](mailto:skaufmann@sd43.bc.ca). **Deadline is Sun, December 14.**

## OPPORTUNITIES FOR ALL STUDENTS

### WANT TO LEARN ABOUT ACCOUNTING?

The CBSS Business Club is hosting a CPA guest speaker **Monday, November 24**. Learn about the accounting pathway and profession. They also have free pizza. Please sign up so they have enough food. [@cbss\\_business\\_club](#)

### SD43 JR FIRE ACADEMY APPLICATIONS

Reminder: Applications for the Spring 2026 are **due by Fri, December 5, 3 pm**. Part 1 of the application is online, part 2 must be printed and requires signatures. Sessions will run March 13-20 (Coquitlam), and April 22-25 (Port Moody). If you want to get a true understanding of the components of Fire Rescue's basic training for new recruits, [learn how to apply](#).

### HOLIDAY SEASON VOLUNTEERING

Show your season's spirit and help out at a local community event: **Run Rudolph Run Race** at Mundy Park. [More info](#). | **Ugly Christmas Sweater Dash**, Lions Park, PoCo. [More info](#). Both events will take place on **Sat, December 6**.

### VOLUNTEERS WANTED

On **Sun Nov. 30th** from 9:45am to 1pm at Seaview Park in Port Moody (1255 Cecile Drive, PoMo.), the Lower Mainland Green Team is hosting a fun, hands-on outdoor activity to make a positive impact where youth can earn volunteer hours while connecting with their community and experientially learning about invasive plants. All tools are provided but please wear long sleeves, long pants and closed-toe shoes.

**We'd LOVE for your students to join us!**

More info & sign up: [bit.ly/greenteam-nov30-2025](https://bit.ly/greenteam-nov30-2025)

Questions? Email: [Max@GreenTeamsCanada.ca](mailto:Max@GreenTeamsCanada.ca)

### FRENCH FOR THE FUTURE ESSAY CONTEST

If you are a student in grades 10, 11, or 12, you could win one of 100 scholarships. Enter the National Essay Contest for a chance to win a scholarship between \$1,000 and \$28,000 to study (completely or partially in French) at one of the 16 partnering post-secondary institutions all over the country. Invest in your future, en français! **Deadline: December 19**. [More info](#).

### UBC GEERING UP EVENTS

Calling all Science & Engineering enthusiasts in grades 9-11. Check out these upcoming events taking place on the UBC Vancouver campus. Cost is \$10. [More here](#). Sign up now because seats will fill up quickly.

- Engineering Design Competition: **Sat, February 28**, 10 am - 3 pm.
- Sunday STEM-letes: Exploring Sports Science: **Sun, March 3**, 10 am - 3 pm
- Neural Connectors: From Brains to Machines: **Sat, March 28**, 10 am - 3 pm.

## POST SECONDARY EVENTS

### UPCOMING UBC WEBINARS

Are you currently applying to UBC, or are you in grade 11 - thinking ahead? Check out the following events:

- BCom (Sauder) Video Interview Tips & Tricks: Fri, November 28, 4 pm. [Register](#).
- Film Production Program Open House: Fri, November 28, 4-6 pm. [Register](#).
- Bachelor of Health & Exercise Sciences: Thu, November 27, 5 pm [Register](#). | Mon, December 8, 4 pm. [Register](#).

### SFU ACCELERATED LAW LLB & B.A. WEBINAR

SFU is now offering an unique dual law degree, combining a Bachelor of Arts from SFU and a LLB from University of Exeter in the UK. This program fast-tracks students toward becoming a lawyer in Canada in just six years, combining academic excellence, global experience, and practical legal training. Interested students and their families are invited to learn more on Tue, December 9, 6 pm. [Register here](#).

### WESTERN IVEY AEO ESSAY WORKSHOP

Are you currently working on your application to Western's Ivey Business School (AEO)? This once-a-year session will provide guidance on what Ivey is looking for in the essay section and how to write structured, authentic responses.

**Tue, December 9, 4 pm**. [Sign up](#).

### SFU: CTRL + F YOUR FUTURE

Calling all grade 11 and 12 students! Come discover what's possible at SFU's Faculty of Applied Sciences! You'll explore cutting-edge projects by first-year Engineering Science students, learn how AI is shaping the future, and enjoy dinner and a short, guided campus tour. **Wed, December 3, 4:30-7 pm**, SFU Burnaby. [Register](#).

### UNIVERSITY OF VICTORIA OPEN HOUSE

Grade 11 & 12 students and their families are invited to explore the UVic campus and the programs available on **Saturday, November 29, 10 am - 5 pm**. Attend lectures, tour the campus, talk to faculty and advisors, meet current students. [Register](#).

### CAPILANO UNIVERSITY OPEN HOUSE

Visit the CapU North Shore campus, tour world-class labs and studios and discover over 100 diverse programs on **Saturday, November 29**. Faculty staff will be available for portfolio reviews (where applicable). [See website](#) for more info and to register.

## PAC CORNER

There is no PAC meeting in December. Please join us for our next Parent Advisory Council (PAC) meeting on **Monday, January 12th, 2026, at 7pm** in the school library. All parents and caregivers are welcome! Principal Dave Cyr will also be in attendance to provide school updates and answer questions.

Please check out the PAC website for more information on how your PAC works for you and how you can get involved: <https://bestpaccomms.wixsite.com/drcharlesbestpac>. OR contact us at [bestpacchair@gmail.com](mailto:bestpacchair@gmail.com) for any questions.

For updated news please follow us at charlesbestpac on Instagram or Facebook. We look forward to seeing you at our next meeting! Best wishes for the holiday season.

**Did you know?** You can **DONATE TO THE PAC ONLINE!** Parent donations to the Charles Best PAC help to support various aspects of your student's educational experience. Each year, the PAC provides much-needed funds to support activities such as extracurricular clubs, AfterGrad, teacher appreciation, and student scholarships. Login to your student's portal on the SchoolCash Online system to make your PAC donation today!

## SD43 EDUCATION FOUNDATION

Online Auction: BID, SHARE, SUPPORT STUDENTS!



## COMMUNITY BULLETIN BOARD FOR FAMILIES

[FamilySmart Connect & Learn Event](#)

[All Ages Poetry Slam](#)

[Dr. Charles Best Winter Market](#)

[Imagine This Musical Theatre Workshops](#)

## GRADE 12 INFORMATION

### GRAD WEAR UPDATE

Grade 12's who ordered grad wear in the 2<sup>nd</sup> order, the company is hoping to have the clothing delivered to the school before winter break. They will update us if anything changes.

### HAVE YOU BOOKED YOUR GRAD PHOTO YET?



SCAN ME

Grade 12's, please book your Grad photo now! Artona will be on site in the upper parking lot from **November 20<sup>th</sup> – December 4<sup>th</sup>** for your convenience. ALL students are expected to have their photo for the yearbook and group composite photo. Don't want to purchase?

No problem, but a picture is still needed of you-Artona will refund the \$60 deposit required at the time of booking. Book through Artona here: <https://artona.com/bookings>

### AFTERGRAD MEETING

The AfterGrad2026 Committee met on November 18th to discuss progress and next steps. Meeting summary will be shared with the mailing list. If you would like to receive more information or wondering how you can help, please email us at [bestgrad2026@gmail.com](mailto:bestgrad2026@gmail.com). Stay Tuned for the date of the next AfterGrad2026 Parent Planning Meeting. Please join us to help make this AfterGrad party a blast for our grads!! Stay informed on all the latest AfterGrad news; follow us at BestGrad2026 on Facebook & Instagram or email us at [bestgrad2026@gmail.com](mailto:bestgrad2026@gmail.com)

### DONATIONS TO SUPPORT AFTERGRAD \*NEW

Are you a Best family who would like to support the AfterGrad? Do you have a Best grad student but you are unable to volunteer your time and are looking for a way to support the AfterGrad fundraising? Here are a couple of great ways you can still help:

1. Make a donation through the SCOL @ <https://sd43.schoolcashionline.com/>.
2. If you own a business or know someone who does, please consider donating to the AfterGrad Online Silent Auction or for AfterGrad prizes. Interested families please email [bestgrad2026@gmail.com](mailto:bestgrad2026@gmail.com) to request the donation marketing letter. Thank you for your support!

## ❖ LAST CALL! ❖

**Tuesday, November 25th is the FINAL day to support our Purdy's Chocolatier fundraiser!**

Treat yourself (or someone you love) to delicious Purdy's chocolates and help us raise **up to 25%** in support of the **Grade 12 Grads of 2026**.

Simply order through our link — every box of chocolates brings us closer to our goal!

Thank you for your sweet support! 💎💖 Let's make this Holiday season extra sweet for your family and friends!

- **Pick Up: Wednesday, December 3<sup>rd</sup> between 3:30 to 5:30 PM** in the Cafeteria (along with your Christmas plants orders)
- **Start Shopping here:** <https://fundraising.purdys.com/2164835-130334>

## GOT EMPTY BEVERAGE CONTAINERS AT HOME?

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# RETURN-IT RECYCLING PROGRAM

## DR. CHARLES BEST SECONDARY

1. PACK YOUR RETURNS IN A LARGE CLEAR BAG.

2. TAKE TO YOUR LOCAL RETURN-IT DEPOT.

3. USE KIOSK CODE **514-777-8865** TO PRINT LABEL AND STICK ON BAG. THAT'S IT!

SIGN UP FOR AN ACCOUNT THAT DONATES YOUR RETURNS TO OUR FUNDRAISER HERE:  
[HTTPS://APP.RETURN-IT.CA/DRCHARLESBESTSECONDARYSCHOOL/AFTERGRAD2026](https://app.return-it.ca/drcharlesbestsecondaryschool/aftergrad2026)

OR USE THIS QR CODE TO SIGN UP



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It's Worth It.

DONATE YOUR DEPOSIT REFUND TO OUR GRAD CLASS OF 2026 AFTERGRAD!





Help support our **Class of 2026** After Grad! You can easily donate your refundable containers using the Return-It App — it's one quick stop that makes a big difference in creating a fun, safe, and unforgettable After Grad 2026 celebration.

Every bottle, can, and carton counts! Your support helps us make this special night one to remember for the Class of 2026.

### How to help:

1. Download the **Return-It App**.
2. Use our After Grad 2026 account when you drop off your containers.
3. That's it — your refunds go directly toward our event!

Thank you for supporting our grads! ❤️ 🎓

## POCO BOWL AND MATTEO'S GELATO OFFER TO CHARLES BEST FAMILIES

From now through **January 4, 2026**, you can help our PAC every time you book at PoCo Bowl or buy gift cards from PoCo Bowl or Matteo's Gelato. Just enter our code **BEST25** at checkout.

### Book or buy here:

- Party Packages (Standard or All-Inclusive): <https://pocobowl.com/party-packages/>
- Ugly Sweater Party (19+): <https://pocobowl.com/ugly-sweater-christmas-party/>
- After-School Special: <https://pocobowl.com/specials/>
- PoCo Bowl Digital Gift Cards (10% back to our PAC; e.g., \$5 on \$50, \$2.50 on \$25): <https://app.squareup.com/gift/MLGFJG5KHRNRG/order>
- Matteo's Gelato Gift Cards (10% back to our PAC; e.g., \$5 on \$50, \$2.50 on \$25): <https://app.squareup.com/gift/ML8EBSHTM8DAW/order>
- Full Venue Buyout: <https://pocobowl.com/facility-rentals/>

### What our AFTERGRAD earns:

- **\$10 per lane** — Standard 2-hour Parties (Sun–Fri; Saturdays excluded) — <https://pocobowl.com/party-packages/>
- **\$25 per lane** — All-Inclusive 2-hour Parties (any day) — <https://pocobowl.com/party-packages/>
- **\$20 per ticket** — Ugly Sweater 19+ Christmas Party — <https://pocobowl.com/ugly-sweater-christmas-party/>
- **\$2 per ticket** — After-School Special — <https://pocobowl.com/specials/>
- **10% of every** PoCo Bowl Digital Gift Card (e.g., \$5 on \$50; \$2.50 on \$25) — <https://app.squareup.com/gift/MLGFJG5KHRNRG/order>
- **10% of every** Matteo's Gelato Gift Card (e.g., \$5 on \$50; \$2.50 on \$25) — <https://app.squareup.com/gift/ML8EBSHTM8DAW/order>
- **\$250** per Full-Venue Buyout (2-hour minimum) — <https://pocobowl.com/facility-rentals/>

### Quick answers

- **Promo codes:** Can't be combined with anything else.
- **Previously booked events:** If you already booked but haven't attended yet, it still counts—reply with your booking details and we'll add BEST25.
- **Who can use the code?** Anyone—please share it with friends and family.
- **Do Saturdays count?** Standard parties earn Sun–Fri; **All-Inclusive** parties earn any day.
- **When are funds counted?** After your visit is completed; gift cards count at purchase.
- **Forgot to enter the code?** Reply to this email the same day; we'll try to help.

Thank you for supporting **Charles Best Secondary AfterGrad 2026!**

Your Aftergrad Committee, [bestgrad2026@gmail.com](mailto:bestgrad2026@gmail.com)



### ADULT ONLINE FRENCH CLASSES

Registration is open until December 3.

Classes officially begin on November 19, and we will adjust as needed based on the timing of registrations.

Here is the registration link: <https://maillardville.com/activities/online-french-classes/>

UNIS PAR LA LANGUE, INSPIRÉS PAR NOS RACINES UNITED BY LANGUAGE, INSPIRED BY OUR ROOTS.

**FRANCOPHONE**  
SOCIÉTÉ DE MAILLARDVILLE

Société francophone de Maillardville  
938 Brunette Avenue, Suite 200  
Coquitlam, BC, V3K 1C9

**ADULT ONLINE FRENCH CLASSES**

**10 CLASSES \$225**

**COURS DE FRANÇAIS EN LIGNE POUR ADULTES**

Registration now open!  
Les inscriptions sont ouvertes!

Starting Wednesday  
November 19th at 7pm  
Les cours commencent  
le mercredi, 19 novembre  
à 19 h.

ECOLE MILLSIDE PLACE DES ARTS MUSEE Festival Francophone

BRITISH COLUMBIA COLOMBIE-BRITANNIQUE Canada