



Dr. Charles Best Secondary Newsletter

Issue #4 – October 10, 2025

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>

Principal – David Cyr

Vice-Principals – Tara Sutherland, Kelly Fridge, and Michael Viveiros

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

UPCOMING EVENTS

Monday, October 13

Thanksgiving – School not in session

Tuesday, October 14

Photo retakes (please bring your photo from Sept. 5th)

Tuesday, October 14-Friday, October 31

Clothing Drive

Wednesday, October 15

Grade 12 parent after grad meeting (6:00pm library)

Thursday, October 16

Parent Dinner/Dance Meeting (6:30pm library)

Monday, October 20

PAC Meeting (7:00pm library)

Wednesday, October 22

Learning Updates

Thursday, October 23

General sign up for Parent/Teacher Interviews begins

Friday, October 24

Provincial Pro D Day – School not in session

Tuesday, October 28

Sign up for Parent/Teachers closes (11:59pm)

Wednesday, October 29

Fall Music Concert 7:00pm

Last day to place orders for fresh fruit/veggies (see flyer)

Thursday, October 30

Parent Teacher Interviews (Early Dismissal)

Grade 12 Parent Information Night (6:45pm Library)

Please see our website calendar for a comprehensive look at upcoming dates



PRINCIPAL'S MESSAGE

Happy October!

As we settle into the fall season, the energy and enthusiasm across our school are truly inspiring. Our athletics programs are in full swing, with Boys Soccer showcasing incredible teamwork and skill, Volleyball teams developing and coming together, Field Hockey putting on a show against any competitor, X-country getting a turnout like never before and generating results that are blowing Mr. Gant's mind, and a swimming team that is eager to compete and repeat. The spirit of competition and camaraderie is alive and well!

Behind the scenes, our Drama Department is hard at work bringing their latest production to life—stay tuned for show dates and ticket info. The Band is filling our west wing with music, preparing for upcoming performances that promise to impress. Clubs are buzzing with activity, from Robotics to Student Council, Frisbee golf to archery—there's something for every learner to explore.

Charles Best continues to be a place where students thrive academically, socially, and creatively. Thank you for your ongoing patience and support as we navigate the construction project. We're thrilled to share that the foundation has officially been poured—a major milestone that brings us one step closer to an even better learning environment.

Let's keep the momentum going. Here's to a fantastic fall season at Charles Best!

Sincerely,

Dave Cyr
Principal

CONSTRUCTION UPDATE




We've hit a major milestone on the new construction of our 2-story classroom building!

After months of ground preparations, the concrete foundation was poured on Thursday, October 9th.

After the foundation is in place, you will soon start to see the skeleton components of the 12-plex go up. Exciting times!

ATTENDANCE SUBMISSIONS

Quick Links

 [Absence Report](#)

Parents, just a reminder to use the following absence report link to submit student absences, lates and early dismissals to the office.

This link is found on our school website homepage and will open up an outlook email addressed directly to our attendance team. You are welcome to cc teachers on this email if you choose.

*At left is NOT an active link but a screenshot for illustrative purposes.

TRUTH AND RECONCILIATION ASSEMBLY SEPTEMBER 26

Please feel free to take a look at photos from our Truth and Reconciliation Assembly that have been posted to our school Instagram account.

<https://www.instagram.com/p/DPPDhWMj3PO/?igsh=azN3ZmVzYmhiYmF3>

TERRY FOX RUN UPDATE

Last week, Charles Best proudly took part in the annual Terry Fox Run, honoring Terry's incredible legacy of courage and determination in the fight against cancer. We're thrilled to announce our top runners: Sasha G, Arad E, and Takashi S for the boys, Jessica T, Sophie R, and Michelle L for the girls. Together, our school community raised an outstanding **\$3680**, surpassing our \$2000 goal and showing true Blue Devil spirit. Congratulations to our winners and a huge thank you to everyone who participated and supported this meaningful cause! The donation link is still up on our website homepage if you're interested in donating, thank you.



CLOTHING DRIVE

The leadership classes are collecting the following items until the middle of November inter shelters. We are trying to help those in need. The items are for men, women and children.

Items requested are warm coats, boots, warm socks, long sleeve shirts, pants, kids snowsuits, tarps, tents, blankets, Please get your child(ren) to bring to the youth worker room (downstairs by cooking rooms)

Heather Bjornson

Youth Worker

Dr. Charles Best Secondary

Email: hbjornson@sd43.bc.ca

PHOTO RETAKE DAY REMINDER

Tuesday, October 14th is photo retake day for any students and staff who missed the opportunity on September 5th. There is also the option for students to have a retake.

***All students must have a photo taken for our records and yearbook regardless of whether you plan to buy school photos or not.**

***NEW** Artona is asking that students that require a retake to please bring their ID card (photo) from September 5th so that they can use the QR code on the back.

LEARNING UPDATES

Next week teachers will be collaborating with their students to complete the Informal Learning Update. This year your child’s interim learning update is a combination of a student self-assessment, and a comment provided by the teacher through MyEd. Both the student self-assessment and MyEd comments provided by teachers will be available for viewing at the end of the day on **Wednesday, October 22nd**. Students are asked to share with their parent/guardian their self-assessment for all their classes; this can include showing you their self-assessment on TEAMS, hardcopy or an image. Discussing the Informal Learning update is an opportunity for your child to share with you their progress to date.

Teachers may request a parent teacher interview through this learning update, so please ensure you check the MyEd parent portal for details on how to book an appointment. If you do not receive a teacher request for an interview but would like to meet with your child(s) teacher(s), please see the information below.

PARENT TEACHER INTERVIEWS-SAVE THE DATE!

Semester 1 Parent Teacher interviews will be held on **Thursday, October 30th** and will be held in two sessions.

Session 1 will be run as VIRTUAL interviews on TEAMS from 2:00pm-4:00pm:

- Interviews will be 8-10 minutes in length
- Do not come to the school during this session
- Teachers may or may not send a TEAMS invite. It’s okay if you don’t receive one
- You will need your child’s/children’s TEAMS login information for interviews where no invite is sent
- If an invite is sent, click on the link to join ensuring your camera and microphone is on
- Be ready for your interview 5 minutes prior to your scheduled appointment
- Should an issue arise, please have your phone ready in case the teacher tries to call
- Do not call the office, please email the teacher if there are connection issues

Session 2 will be IN PERSON interviews in the school from 5:00pm-7:00pm:

- Interviews will be 8-10 minutes in length
- Interviews will be held in the gyms, or Counsellor offices
- Signage and student leaders will be on hand to assist
- Drop-in appointments are NOT available as teachers will have information prepped about your child ahead of time

FOR ALL INTERVIEWS:

- Please do not book an appointment regarding your child’s full year/linear course(s) this semester as there is not enough data compiled for teachers to speak about. These courses will show as (FY) on your child’s schedule. Parents are welcome to schedule an appointment regarding full year courses during our Semester 2 interviews which will be held on **Thursday, March 12, 2026**.
- Both appointment types are to be booked online.
- **Please look for information on how to book an appointment including the link to the booking website in our next newsletter on October 23rd.**
****NOTE: THE BOOKING LINK WILL BE OPEN FROM THURSDAY, OCT. 23, 3pm TO WEDNESDAY, Oct. 28, 11:59pm.**

ADJUSTED BELL SCHEDULE ON OCTOBER 30TH

Period 1	8:16am – 9:05am
Period 2	9:10am – 10:00am
Period 3	10:05am – 10:55am
Period 4	11:00am – 11:50pm
Period 5	11:55pm – 12:45pm

GRADE 12 PARENT MEETING OCTOBER 30TH

Discussion meeting about Post-Secondary Applications, information about Graduation: (ie: Dinner Dance, Commencement, Scholarship Applications and CLC Capstone). Time 6:45pm – 7:45pm in the library. Please plan your parent/teacher interviews accordingly if you plan on coming to the meeting.

GRAD 2026 PARENT AFTERGRAD MEETING

AfterGrad2026 Second Planning Meeting will be held in the school library on **Wednesday October 15th** at 6pm in the library. Please join us to make this AfterGrad party a blast for our grads!! Stay informed on all the latest AfterGrad news; follow us at BestGrad2026 on Facebook & Instagram or email us at bestgrad2026@gmail.com

PARENT DINNER DANCE

All parents and guardians of Grade 11 students are invited to attend a meeting on **Thursday, October 16th** at 6:30pm in the library to learn more about the amazing parent dinner/dance that helps reduce the cost of the students' Graduation Dinner Dance in 2027.

For more information, please email bestgrad2027@gmail.com.

GRADE 12'S

GRADE 12 SURVIVAL GUIDE

If you didn't get a physical copy of the Grade 12 Survival Guide, handed out at the recent grade 12 presentations, it will be available on the Career Centre website next week. If you have any questions, please see Ms. Kaufmann. We will also post the link in the Daily Informer next week.

SCHOLARSHIP HANDBOOK

Last week, we had our first grade 12 scholarship meeting. To facilitate students' research, Ms. Kaufmann has put together a handbook, including some tips on how to start your scholarship search and many scholarship opportunities throughout the year. Next week, you will be able to access the booklet on the Career Centre website. Please note that the handbook is by no means complete; students are encouraged to do their own research. The Career Centre's Financial Aid tab will be constantly updated when new scholarship opportunities come up.

POST SECONDARY APPLICATION WORKSHOPS

It's time to apply to college and university. The counsellors will be holding application workshops after school on **October 15 and 16th** in room 214. See you there, to start your post-secondary journey. Please bring your laptops.

GRAD BABY PHOTOS

We're putting together a fun section in the Yearbook featuring your adorable baby photos and we need yours!

Please send one baby photo of yourself **by October 20th**.

The submissions link has been emailed to student emails or click the link below.

Make sure your full name is in the file name so we can match it correctly.

Let's celebrate how far you've come from baby steps to graduation caps!

Questions? Please see Mr. So. The link below is for student accounts only, thank you.

[Click here to submit your photo](#)

GRAD QUOTES

It's time to leave your mark in the Yearbook with your personal grad quote!

Please submit your quote **by Oct 20th**.

The submissions link has been emailed to student emails or click the link below.

Keep it school appropriate and make sure to include your full name with your submission.

Whether it's funny, heartfelt, or inspiring — we can't wait to see what you choose to share!

Questions? Please see Mr. So. The link below is for student accounts only, thank you.

[Click here to submit your grad quote](#)

CAPSTONE CHECK IN MEETINGS

Sign up for face-to-face capstone check in meetings has begun.

If you have any questions about sign up, please head to room 309.

HOW TO SEND TRANSCRIPTS TO POST-SECONDARY

Counsellors will be presenting in Block 3 classes **the week of Oct. 20th**.

More details coming soon.

PAC CORNER

PAC CORNER

Please join us for our next Parent Advisory Council (PAC) meeting on **Monday, October 20th at 7pm** in the school library. All parents and caregivers are welcome! Principal Dave Cyr will also be in attendance to provide school updates and answer questions.

Please check out the PAC website for more information on how your PAC works for you and how you can get involved: <https://bestpaccomms.wixsite.com/drcharlesbestpac>. OR contact us at bestpacchair@gmail.com for any questions. We look forward to seeing you at our next meeting!

Did you know? You can DONATE TO THE PAC ONLINE!

Parent donations to the Charles Best PAC help to support various aspects of your student's educational experience. Each year, the PAC provides much-needed funds to support activities such as extracurricular clubs, AfterGrad, teacher appreciation, and student scholarships. Login to your student's portal on the SchoolCash Online system to make your PAC donation today!

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BEST CAREER CENTRE NEWS Follow our Career Centre on Instagram [@bestcareercentre](#) **OPPORTUNITIES FOR ALL STUDENTS**

TRY/CATCH 2025

This FREE one-day Computing & Technology Conference for high school girls/non-binary students from grades 8-12 has the major objective of helping you develop an interest in Computing Science, Engineering Science and the field of technology. Participate in a variety of enriching workshops focusing on developing skills in areas such as programming, robotics and other computing- related aspects. **Sat, Oct 25** | 8:30 am - 5:30 pm, SFU Burnaby. [More info.](#)

POST SECONDARY EVENTS

DOUGLAS COLLEGE: ACADEMIC FOUNDATIONS FOR NURSING

Attention grade 12s! There has been another update to this program. If you are planning to apply to this program for the September 2026 intake, please note that due to the number of applications coming in for Academic Foundations for Nursing, Douglas College has now assigned an **October 17th, 4 pm, deadline** for high school applicants to apply. This information is now displayed on their [program page](#) as well.

STUDY IN BC - FOR INTERNATIONAL STUDENTS

Taking place the evenings of **October 7, 9, 14, and 16**, international students can attend **eight** different virtual sessions covering important topics such as the different types of post-secondary institutions in BC, transitioning from high school to higher education, the benefits of studying in BC, and pathways to permanent residency – just to name a few. All the information including links to register can be found on [this website](#).

SFU FACULTY FAIR

We are lucky to have the amazing opportunity to host a SFU Faculty Fair at the school: **Tuesday, October 14**, starting at 2.30 pm for grade 12 students, and open to all students after school until 4 pm. Parents & guardians are invited too! Please stop by and take this chance to connect with faculty staff and members of the admissions team. Learn about the large variety of exciting programs available at SFU, find out where you fit in with your specific interests, and get your questions answered.

DOUGLAS COLLEGE VISIT

On **Wed, October 15**, after school, we are hosting a Douglas College Info Session here at the school. Everyone is invited to join us at the library to learn more about the opportunities available at Douglas College.

UBC FORESTRY WEBINAR

Are you passionate about the environment, sustainability, and the great outdoors? Do you dream of a career that combines your love for nature with cutting-edge science and innovation? Get introduced to the exciting world of forestry and UBC's renowned undergraduate programs, including the B.Sc. in Natural Resources, Bachelor of Urban Forestry and Bachelor of Indigenous Land Stewardship. **Thu, October 16**, 4 pm. [Register](#)

KPU CREATIVE CONNECTIONS

This collaborative event at the KPU Richmond campus will be showcasing exciting programs in the Faculty of Arts and the Wilson School of Design. Whether you're into design, writing, or other creative arts, this is your chance to get personalized feedback on your portfolio, writing samples, design projects, or artworks at KPU's interactive Portfolio Pitstops. Connect with KPU alumni who've made it in the creative industries and take part in hands-on workshops to sharpen your skills. Saturday, October 18, 10 am - 2 pm. [Register.](#)

UNIVERSITY OF THE FRASER VALLEY OPEN HOUSE

Learn all about that UFV has to offer: Collect program info, connect with Student Services, chat with current students to get first-hand insights, tour the campus, attend a discovery session to get a taste of what it's like to study at UFV - and have the chance to win great prizes. Abbotsford campus, **Saturday, October 18**, 10 am - 2 pm. [Please register.](#)

WESTERN IVEY BUSINESS - AEO WEBINAR

Get an overview of the Ivey Honours Business Administration (HBA) program as well as detailed information about the Advanced Entry Opportunity (AEO) admissions process. Whether you're just starting to explore your post-secondary options or preparing to apply, this session will guide you through the key steps and requirements to help you make informed decisions. **Tue, Oct 21**, 4-5 pm Pacific Time. [Register.](#)

WATERLOO ENGINEERING - APPLICATION WORKSHOP

Get practical advice on the Engineering admissions process, including deadlines, the Admission Information Form (AIF), and the Online Video Interview. Learn what they look for and how to put your best foot forward.

Wed, October 22, 2 pm Pacific Time. [Register.](#)

SCHOLARSHIP INFORMATION

*****WATCH THIS SPACE FOR MORE EVENTS HAPPENING SOON*****

ATHLETICS



Dr. Charles Best Secondary Athletics
Home of the Blue Devils
@charlesbestscho
charlesbestathletics.weebly.com



For secondary sport updates and information...



@cssaasd43

[Follow Charles Best Athletics on Instagram here](#)

CROSS COUNTRY

The Charles Best Cross-Country Team had an excellent showing at the Burnaby/New West Invitational on October 1st. Held at Central Park in Burnaby and racing against schools from SD43, Burnaby, and New West, the Blue Devils swept the team titles, winning all four divisions (Jr Boys and Girls, Sr Boys and Girls). Congratulations! Everyone raced incredibly well, but individual highlights included Dylan M. And Rhys S finishing 1st and 2nd in the Jr. Boys race; Amy M and Jessica T placing 2nd and 4th in the Jr. Girls race; Jay J, Isaiah B, and Sasha G placing 4th, 8th, and 9th in the Sr. Boys race; and Talia R leading the Sr. Girls with an 8th place finish. Next up: we have the Coquitlam District Championships at Mundy Park on October 15th, and we are back at Central Park on October 22nd for the Fraser North Championships.

JUNIOR BOYS VOLLEYBALL

The team is having a fantastic season. We have won every district games so far in the season. We are looking forward to playing against Heritage Woods coming Wednesday Oct 15th and getting ready for the district championship at the end of the month.

FIELD HOCKEY

Field hockey finished league play with a 10-0-1 record, tying Heritage Woods 1-1 yesterday. Their next game is the district semi-finals at Town Centre next week on Oct. 16th.

SENIOR BOYS SOCCER

Our senior boys' soccer team showed incredible determination and teamwork in their victories over Terry Fox Secondary and Pinetree Secondary Schools this week. From start to finish, the boys fought with heart, grit, and unity—proving that when you play for each other, great things happen. Congratulations to the team for these well-earned wins. Your fight and spirit continue to inspire. We look forward to next week, as we have two homes games in a row.

JUNIOR GIRLS VOLLEYBALL

The Junior Girls volleyball team is on a hot streak, going 6-2 in recent games. They're currently third in league standings, and they finished fifth at Volleyball BC's Days at the Dome tournament in late September. The team's next tournament is October 17-18 at MacNeill Secondary in Richmond. Come cheer them on at their next home game at Charles Best on October 20 at 6 PM against Gleneagle!

WINTER MARKET CALL FOR VENDORS

DR. CHARLES BEST SECONDARY

WINTER MARKET CALL FOR VENDORS

The BEST winter market is back again this year and we're currently accepting vendor applications!

Date: Friday, November 28, 2025
Time: 5:30 pm - 9:30 pm
Location: School Gym - 2525 Como Lake Ave., Coquitlam

Contact: 604 785-7856 or Leann.oil4ever@gmail.com

Table Fees:
Single Table: \$50
2 Tables or Corner Table: \$100

The school is hosting a Winter Market on **Friday, November 29th**; the perfect time to start shopping for Christmas.

Student vendors are also encourage and will receive a discounted table rental rate.

FESTIVE PLANT FUNDRAISER TO SUPPORT OUR AFTER GRAD



Hello Parents (and Staff)!

Here is a Winter and Christmas Plant Fundraiser you do not want to miss! These plants make great gifts for family and friends for the festive season coming soon!

We would be so grateful for your kind support for our Graduating Class' After Grad!

Plants can be picked up on December 3rd between 3:30PM-5:00PM!

Here is the easy link to check out and order

from: drcharlesbest.growingsmilesfundraising.com

With much appreciation,

The Parents of the After Grad Committee

GOT EMPTY BEVERAGE CONTAINERS AT HOME?

**RETURN-IT
RECYCLING PROGRAM**
DR. CHARLES BEST SECONDARY

1. PACK YOUR RETURNS IN A LARGE CLEAR BAG.
2. TAKE TO YOUR LOCAL RETURN-IT DEPOT.
3. USE KIOSK CODE **514-777-8865** TO PRINT LABEL AND STICK ON BAG. THAT'S IT!

SIGN UP FOR AN ACCOUNT THAT DONATES YOUR RETURNS TO OUR FUNDRAISER HERE:
[HTTPS://APP.RETURN-IT.CA/DRCHARLESBESTSECONDARYSCHOOL
AFTERGRAD2026](https://app.return-it.ca/drcharlesbestsecondaryschoolaftergrad2026)

Return-It
It's Worth It.





OR USE THIS QR
CODE TO SIGN UP

→

**DONATE YOUR DEPOSIT REFUND TO OUR
GRAD CLASS OF 2026 AFTERGRAD!**

Help support our **Class of 2026** After Grad!

You can easily donate your refundable containers using the Return-It App — it's one quick stop that makes a big difference in creating a fun, safe, and unforgettable After Grad 2026 celebration.

Every bottle, can, and carton counts! Your support helps us make this special night one to remember for the Class of 2026.

How to help:

1. Download the **Return-It App**.
2. Use our After Grad 2026 account when you drop off your containers.
3. That's it — your refunds go directly toward our event!

Thank you for supporting our grads!



A SWEET WAY TO SUPPORT OUR 2026 GRADS!



Our Grade 12 Grads of 2026 are kicking off a sweet Holiday fundraising campaign, and we'd love your support!

When you order through our custom link, up to 25% of every purchase goes directly to support Dr. Charles Best Secondary's Graduating Class of 2026! Everything is made in Canada and packed with care at the Purdy's Vancouver chocolate factory.

- Place your order by Tuesday, November 25th
- Pick Up: Wednesday, December 3rd between 3:30 to 5:00 PM in the Cafeteria (along with your Christmas plants orders)
- Start Shopping here: <https://fundraising.purdys.com/2164835-130334>

Let's make this Holiday season extra sweet for your family and friends!

With much appreciation,
The Parents of the After Grad Committee

FRUIT AND VEGGIE FUNDRAISER

The Fresh Fruit and Veggie Fundraiser is back at Charles Best.

This is our 4th year with this program, and the produce has been excellent! Please consider purchasing one or more of the bundles below and support our school. Eat healthy, support local farmers, and *40% of all sales goes directly to our school*, money has been used to support multiple initiatives at our school including the school garden, guest artists, and earth week activities and prizes!

Choose one of 2 bundles,
BUNDLES START AT \$25 each.

Please consider supporting this fundraiser available on School CashOnline accounts now!

<https://sd43.schoolcashonline.com/>



FRESH TO YOU FUNDRAISER

SCHOOL FRUIT AND VEGETABLE NUTRITIONAL PROGRAM

The Fresh to You Fundraiser is a great way to fundraise with healthy food choices while making a 40% profit for your school.

Here's What's in the Bundles



We love to eat fresh fruits and vegetables!

Basic bundle \$25

3lb Carrots
3lb Yellow Onions
3lb Apples
5lb Russet Potatoes

Seasonal Bundle \$30

3lb Carrots
1lb Parsnips
5lb Russet Potatoes
283g Shallots
3 Pack Loveable Little Squash

Our school is making a healthy choice in fundraising by selling top quality fruits and vegetables from BC.


Help us:

- 🍎 meet our school's fundraising goals
- 🍎 support healthy choices
- 🍎 support local growers and producers

Fundraising Dates: Oct. 1-29

Fundraising Coordinator: Lyndsay Abdou

NOW AVAILABLE TO ORDER THROUGH SCHOOL CASHONLINE ACCOUNTS



Revised Spring 2025