

Dr. Charles Best Secondary Newsletter

Issue #14 – March 14, 2025

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>

Principal – David Cyr

Vice-Principals – Tara Sutherland, Kelly Fridge, and Michael Viveiros

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

UPCOMING EVENTS

Friday, March 14

Last day of school before Spring Break
Ski and Snowboard trip to Whistler

Monday, March 31

Schools reopen after Spring Break

Monday, March 31-Thursday, April 10

Clothing swap donations accepted

Monday, March 31-Friday, April 11

Grad picture check (front lobby)

Friday, April 4

Class of 2025 Valedictorian nomination forms available (front office)

Wednesday, April 9

Spring Fling Dance (Gr. 11/12)

Thursday, April 10

Class of 2025 Valedictorian nomination forms due to office

Saturday, April 12

SD43 Clothing Swap at Pinetree Secondary

Thursday, April 17

Mid-Term learning updates



PRINCIPAL'S MESSAGE

Dear Best Families,

As we approach the much-anticipated spring break, I wanted to take a moment to reflect on events that touched the hearts of our school community and embodied the very best of what education can be. These past weeks, I had the privilege of witnessing our students participate in the Unified Basketball Games. Words fall short of capturing the incredible moments of joy, determination, and teamwork that unfolded before our eyes. I saw players encouraging one another with genuine enthusiasm, teammates celebrating every success as though it were their own, and spectators—students, staff, and families alike—rising to their feet with applause and pride. What moved me most were the radiant smiles, and the connections formed, not just among players but throughout our Tri-Cities community. These were some of the most powerful scenes of joy and camaraderie I have ever witnessed. Unified sports teach us lessons far beyond the scoreboard. They remind us that inclusion, empathy, and teamwork have the power to elevate us all. To the students who participated, you demonstrated resilience and grace, showing us what true sportsmanship looks like. To the teachers, coaches, and volunteers who made this event possible, thank you for your dedication and belief in our students. You've created memories that will last a lifetime.

As we head into the break, I hope this spirit of unity and celebration carries with you. Let's continue to strive for a school community where every student feels seen, valued, and supported—on the court, in the classroom, and beyond.

Please take a minute to read my section on construction updates so that you are prepared for our return on March 31st.

Wishing you all a restful and rejuvenating spring break. We look forward to welcoming everyone back, ready for the exciting adventures that the rest of the semester holds.

Warm regards,

A handwritten signature in black ink, appearing to read "DCyr".

2025-2026 COURSE PROGRAMMING

By now, all students should have completed their course programming requests in their **MYED portal** (submitting a paper planning sheet is not adequate). There are still a handful of current Grade 9-11 students who have not completed this task and should see your Counsellor immediately after Spring Break if you wish to have your preferred classes next year.

SPRING MUSICAL

This Spring the Best Players are proud to present Tom Jones by David Rogers based on the novel by Henry Fielding. Directed by Brad Case, this beloved classic will truly be fun for the whole family. The drama and stage craft students have been working tirelessly to bring this hilarious two-act play to life. So, please come and enjoy the brilliant performances and amazing sets that make this comedy a classic.

Tom Jones opens on Thursday May 1st, and runs May 2nd, 3rd, 7th, 8th, and 9th. Tickets are \$10.00 for Students and Seniors, and \$12.00 for adults. Tickets will also be available through the Charles Best cash online system AFTER Spring Break. For tickets at the door, the box office opens at 6:45 PM, doors open at 7:00 PM, with curtain at 7:30 PM. Call 604-461-5581 for more information. Be sure to get your tickets early; see you there.

SAVE THE DATE-SPRING FLING SENIOR DANCE

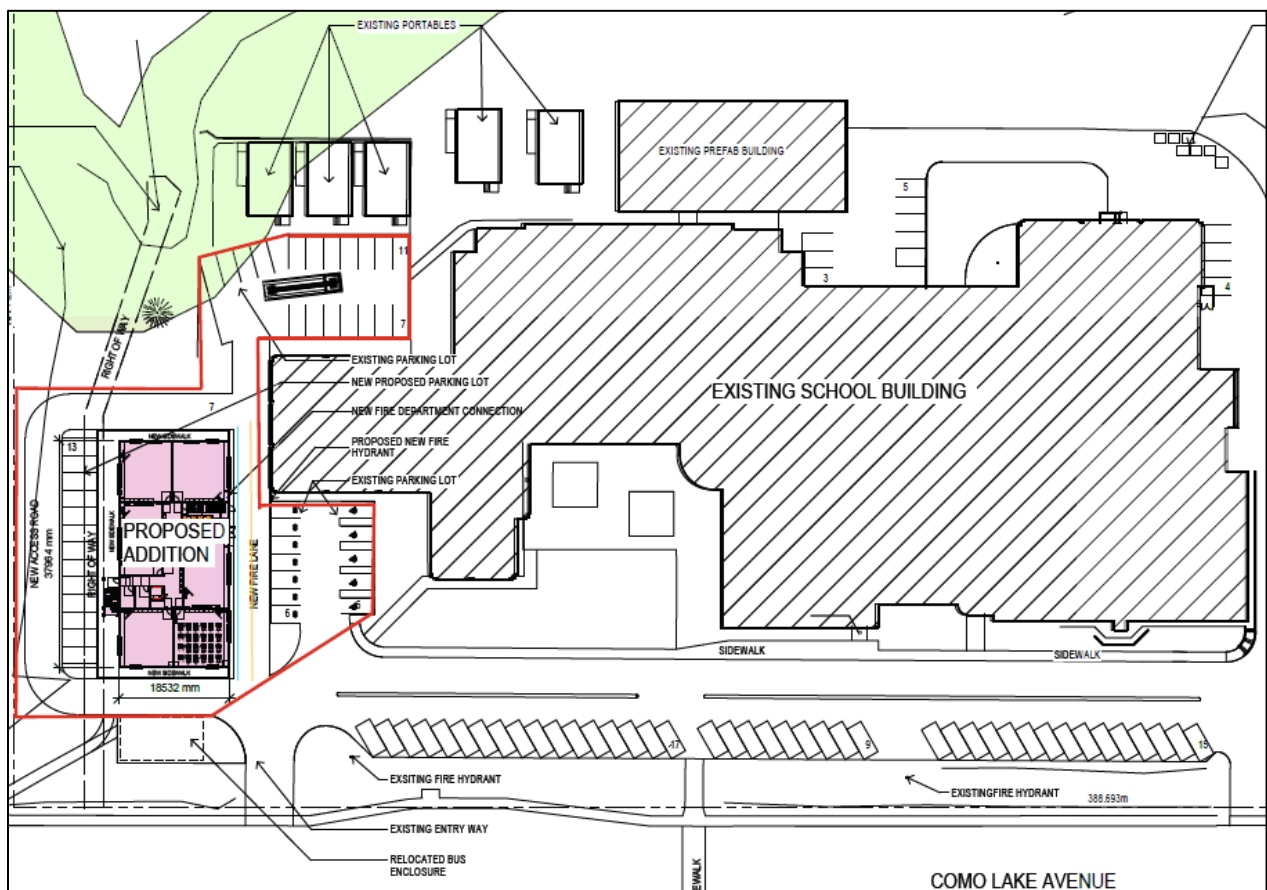
Student Council is proud to be hosting a spring dance for our senior students in Grades 11 and 12 on Wednesday, April 9th from 7:00pm to 9:00pm. The event is in the early planning stages so please stay tuned for more information. Be sure to check the school's Instagram page for updates as well.

CONSTRUCTION UPDATE

As we prepare for spring break, I want to share some important updates regarding construction on our school grounds. Over the break, temporary fencing will be put in place to accommodate the start of the 12-plex construction project. This construction will bring a significant change to our traffic flow. The roundabout will no longer be in use. Instead, entrance and exit points will be clearly marked from our western let-down area. To ensure safety and efficiency, barriers will be in place to prevent U-turns at the west end where the roundabout sits now.

Please be advised that these changes will have a substantial impact on student pick-up and drop-off at the front of our building. We kindly ask that you honor the rules in place. If needed, families may want to set up alternate locations (the CA Church on Mariner has opened their lot to support) for picking up or dropping off their children. A reminder that cars cannot stop in the lane passing from west to east, as this will potentially create backlogs extending onto Como Lake, which we must avoid.

Your understanding and cooperation are crucial as we navigate this transition. These adjustments, while temporary, are necessary to ensure the construction moves forward smoothly and safely. Thank you for your continued support as we work together to make these improvements for our community.



ATHLETICS



Dr. Charles Best Secondary Athletics
Home of the Blue Devils
@charlesbestscho
charlesbestathletics.weebly.com



For secondary sport updates and information...



@cssaasd43

[Follow Charles Best Athletics on Instagram here](#)

A sincere thank you to all the winter coaches for their time and efforts.

Wrestling: Joe Coops, Lyndsay Abdou, and Phil Jaeggle, having a three-time provincial champion is so very impressive and rare. Thank you.

Our basketball program has mostly community coaches with only Megan Weeks and Craig Percevault coaching from Best staff. Thank you to Daniel Depelteau senior boys coach with Ashif G, Ben A and Vinay M, they were so close to qualifying for the provincials in an extremely tough zone, where we regularly send teams who are competing for the championship. Thank you to our grade 9 coaches, Johann Colomba and Kenan Swain, did a wonderful job with the boys. Thank you to David Taplin, who helped coach the junior boys, he was a first-time coach and really experienced a roller coaster this year. Thank you to Jessica Nonis, Taylor Fridge, and Kelly Fridge for coaching our junior girls' team, very happy that they got to experience the Fraser North tournament this year. Finally, congratulations to Jim Day and Megan Weeks, who qualified for the provincial tournament for the third year in a row, the fact that they managed to finish 11th in the province with such a depleted roster is a testament to their coaching prowess.

Thank you to all our coaches so far this year.

Spring sports have started, hoping for the BEST for those teams and coaches.

Sincerely, Craig Percevault Dr. Charles Best Athletic Director

UNIFIED BASKETBALL

On Pink Shirt Day (Feb. 26), we hosted the Unified Basketball Season Opener. Thank you to Centennial, Port Moody and Terry Fox athletes for an incredible game day filled with lots of smiles and buckets! Special shout out to all the volunteers and students for putting on this event, and staff for their continuous support.

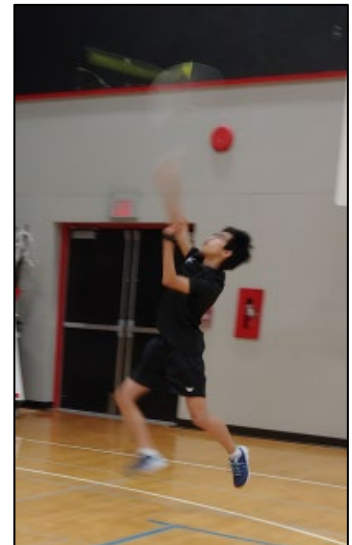


BADMINTON

It was a great start to our badminton season with our Senior Badminton Team pulling off dominant wins in our first league matches.

The Senior Boys beat Archbishop Carney 7-0, whilst the Senior Girls beat Carney 6-1.

Against the stronger Terry Fox team, our Boys played well only losing one match and winning 6-1, whilst the Girls dropped 2 games to a Chinese national player on the Fox team but still had a decisive 5-2 victory.



ATHLETICS CONTINUED

RUGBY

Junior Boys Rugby - The junior boys start the season this week. They have had 2 exhibitions games (1 win and 1 loss) and are certainly working hard to develop their game understanding as many are new to the sport. We are still welcoming new players to the team. No experience is necessary.

Senior Boys Rugby - The Seniors played Byrne Creek this week and certainly played their best game yet. That said, they did suffer a loss 14-12. The players of the game were Nico C. (scored his first try) and Asad C.-A.R (crushed people on defense). Honorable mention went to Evan D. (many, many rucks). The team is showing a commitment to their success and have a lot of strong athletes. Their goal is to get to the Fraser North Finals this year.

Girls Rugby - Lots of new players on the team this year and a team dedicated to their success. The team has played 3 games (2 wins and a loss) and has shown a lot of grit and development. This week they played last year's zone champions, Gleneagle. The team fought well and made a lot of solid tackles but ended up in 2nd place that day. Players of the game were Ynah G. (excellent tackles) and Sophie W. (excellent offence runs and offloads). The girls are looking forward to a fun and successful season this year.



SENIOR GIRLS SOCCER

The girls kicked off the season this week winning their first three games on Wednesday at the Start-Up Tournament at Town Centre. This impressive display included a win over a strong Kelowna team. This first day success led to being placed in the topflight – a wonderful accomplishment. The team was up against some very strong competition on day two. They ended up placing fourth overall and represented both themselves and the school wonderfully. Congratulations to the entire team. It's going to be an amazing season! An additional shoutout to Rachel Saini who earned Best's player of the tournament. Bring on the regular season – after Spring Break, of course. 😊

PAC CORNER

Please note, there is NO PAC meeting scheduled in April.

Thank you to all the parents that attended the past PAC meetings. If you can't make it out, you can find all the meeting minutes on the PAC website: <https://bestpaccomms.wixsite.com/drcharlesbestpac>.

***Note- meeting minutes are always posted approx. one month behind because we are required to have them reviewed and approved by the collective at the following month's meeting.*

Did you know? You can **DONATE TO THE PAC ONLINE!** Parent donations to the Charles Best PAC help to support various aspects of your student's educational experience. Each year, the PAC provides much-needed funds to support activities such as extracurricular clubs, AfterGrad, teacher appreciation, and student scholarships. Login to your student's portal on the SchoolCash Online system to make your PAC donation today!

OPPORTUNITIES FOR ALL STUDENTS

YOUTH JUSTICE CONFERENCE

The fourth annual Youth Justice Link Conference will be held at UBC Allard School of Law on **Saturday, March 29, 2025 (9 AM - 5 PM)**. This **free** legal conference for youth is on the topic of bridging the gap between youth and BC's legal system - perfect for a student who is interested in pursuing law in their post-secondary career, or someone who wants to learn more about BC's complex legal system. Free snacks and lunch will be provided. [Register here.](#)

KPU ENTERTAINMENT ARTS EVENTS

[Battle-Lab at KPU Entertainment Arts](#): Create a game asset for a project by Advanced Game Development graduates, open to all skill levels. Then, compete in the Mystery Game Competition, win prizes, and enjoy casual gaming with lunch and snacks provided. March 22.

[Enter the Volume: The World of Entertainment Arts at KPU](#): Explore visual effects and virtual production with an industry panel, live demonstration, and interactive experience. Enjoy catering, campus tours, portfolio reviews, and prizes, while checking out student showcases. Dive into the world of VFX and discover what KPU's Entertainment Arts program has to offer. **March 29.**

Both events take place at KPU Richmond Campus, 10 am – 3.30 pm.

DISCOVER YOUR PITCH

Students in grades 9-12 have the opportunity to participate in valuable workshops and practice sessions, taking their business knowledge and presentation skills to the next level. The culminating investor pitch competition (May 22) sees the top teams pitch their business ideas live to a panel of business leaders for a chance to win cash prizes.

Program starts April 2. [More info.](#)

MINERVA LEARNING TO LEAD PROGRAM

This free leadership program is for female and gender diverse youth in Grades 10–12 to help them explore their leadership potential, build confidence, and create a supportive network for their educational and career journeys. Session dates are **Wed, April 9 – 16 – 23 – 30, 6-8 pm, online**. One alumna will be awarded a \$1,000 leadership award, one alumna will receive a full scholarship to the [Shad Canada](#) Summer Program. [Apply now!](#)

CAMP IGNITE

Female students, currently in grades 11-12, will have the chance to explore the many aspects and specialties associated with firefighting. Camp Ignite is a three-night, three-day camp (August 7-10, 2025, Lower Mainland location TBA) that educates and inspires young women to follow their dreams. [Apply here by May 1.](#)

ARCHITECTURE SUMMER WORKSHOP

This **FREE** program provides teens aged 15-19 with the unique opportunity to work with some of Metro Vancouver's leading architects and other industry experts to develop their portfolios and applied art practices. Participants learn about creative approaches to building public spaces and discover new ways of seeing the built environment. The program runs August 5-15, Granville Island. [Apply here by May 31.](#)

SCHOLARSHIP INFORMATION

CHARLES BEST INTERNAL SCHOLARSHIPS

Reminder: Our internal scholarship package offers 60 different scholarships and bursaries exclusively to our graduating class. This package also includes the District Authority Awards (for demonstrated excellence in the Arts, Athletics, Trades, International Language, Applied Design/ Skills/ Technology, Indigenous Matters and Community Service). You need one reference letter, resume, personal letter, and the name of a teacher who is supporting you. [More here.](#)

Deadline is April 2.

LOOKING FOR MORE SCHOLARSHIPS?

The [Career Centre Website > Financial Aid tab](#) is currently listing 50+ different awards (Please note the little arrow after the first 30 awards that gets you to page 2). Maybe you have some extra time over Spring Break to have a look. Also, remember to do your own research, i.e. your parents' place of employment, credit union, insurance providers, unions)

TELUS STUDENT BURSARIES

Up to 480 awards of \$3,000 (college) or \$5,000 (university) are available for students with financial need who will be pursuing post-secondary education in the Fall 2025. Students must be committed to delivering an initiative that will have a positive social or environmental impact in their community. [Applications are accepted until March 19](#) or until 700 applications have been received.

BC TECH SCHOLARSHIPS

Up to 3 x \$2,500 for grade 12 graduates entering a technology-related field of study. [See details here.](#) Applicants must show a passion for and involvement in the technology sector and must have a "B" average. **Apply by April 4.**

SD43 SCHOLARSHIPS

Reminder: Applications are due Tue, April 15. A variety of different awards are available for graduating SD43 students, ranging from \$500 - \$2,000 – by completing just one online application. Required: Personal letter, brag sheet or resume. [More info here.](#)

POST-SECONDARY EVENTS

POST-SECONDARY EVENTS OVER SPRING BREAK

If you are in grade 12 and you are still unsure where to start your post-secondary journey, check out the [Career Centre website](#) or the [PSBC website](#) for a list of post-secondary events happening this Spring Break. Get insight into a variety of programs at different institutions and discover your future: Paralegal, Pharmacy Technician, Administrative Assistant, Recreation Studies, Design, Journalism, Foods & Nutrition, Hospitality, Baking, Culinary Arts, and many more.

CAPILANO UNIVERSITY: LEGAL PROGRAMS INFO SESSION

Join CapU faculty and advisors on **Tue, March 18, 7-8 pm**, for a virtual Paralegal Diploma and Bachelor of Legal Studies Degree Information Night to learn more about the program. [Register here.](#)

VCC CULINARY ARTS

Find out why VCC is Canada's top culinary school, training more chefs than any other school in the country. Learn about their state-of-the-art kitchens and full-service campus restaurants and talk to award-winning faculty members. The first portion of the session will run concurrently for in-person and online, then in-person will continue to tour the culinary facilities downtown. [Register](#) to attend **Tue, March 18, 9 am**.

VCC BAKING & PASTRY ARTS

VCC trains more students to become professional bakers than any other school in Canada. Students in VCC's award-winning baking and pastry arts programs get hands-on training in state-of-the-art kitchens and learn expert techniques for artisanal bread and pastry, chocolate, cake design. [Register](#) to learn more: **Tue, March 18, 11 am – noon, or Thu, March 20, 2-3 pm.** | Online.

VCC PHARMACY TECHNICIAN INFO SESSION

Graduates of VCC's newly updated 37-week Pharmacy Technician Certificate find employment in a variety of settings including community and hospital pharmacies. [Register](#) to attend virtually on **Wed, March 19, 10-11 am**, to learn about the program and the steps required to become a Regulated Pharmacy Technician.

UBC SAUDER INFO NIGHT

Learn about the UBC Sauder's prestigious BCom & B+MM programs from UBC's Recruitment and Admissions team. Get insights into the admissions process, meet some students, and connect with the admissions team.

Thu, March 20, 5-6.30 pm, on campus. [Register.](#)

CAPILANO UNIVERSITY: OUTDOOR RECREATION MANAGEMENT

Do you have a passion for the outdoors? On **Thursday, March 20 at 7.30 pm**, CapU's faculty and industry professionals will deliver a presentation and answer your questions. Meet with current students to hear about their experience with co-op work and outdoor classes. [Register.](#)

MC MASTER UNIVERSITY VISIT

Are you a grade 12 student who is planning to attend McMaster University this Fall? Or are you in grade 11 and currently playing with the thought to apply to McMaster this Fall? Now is a great time to learn and get your questions answered.

West Point Grey Academy – **Tuesday, April 1, 6-8 pm.** [Register.](#) |

Rockridge Secondary School – **Wednesday, April 2, 6-8 pm.** [Register.](#)

DOUGLAS COLLEGE HEALTH FAIR

On **Wed, April 2, 5-8 pm**, Coquitlam Campus, students have the chance to talk with instructors from the following programs in a fair-like setting: Biology, Health Care Assisting, Health Information Management, Hearing Instrument Practitioner, Medical Office Admin, Nursing, Opticianry, Psychiatric Nursing, Therapeutic Recreation. [Register to attend.](#)

LANGARA COLLEGE OPEN HOUSE

On **Thu, April 3, 4-8 pm**, explore Langara College! Connect with faculty, discover the many programs and services, go on studio and lab tours, participate in hands-on activities, and munch on free snacks from various food trucks. [Register and attend](#) for the chance to win 1 of 10 tuition vouchers and apply for admission – **for free!**

GRADE 12 INFORMATION

OUTSTANDING GRAD PHOTOS-ONE LAST OPPORTUNITY



Grads, this is your absolute **LAST CHANCE** to get your photo in the yearbook and group photo composite for the school. Please contact Artona over Spring Break so you will be photographed **by March 31.**

You can also book by scanning the QR code or visit artona.com/bookings

SEEKING A 2025 VALEDICTORIAN

Grads, do you have what it takes to be our 2025 Valedictorian? The Valedictorian plays an important role at our commencement ceremony speaking to graduates, families, staff, and invited guest. Successful candidates **MUST** be in good academic standing including Super G standing and must currently be on track to graduate. Nomination forms for the 2024 Graduation Valedictorian are available to pick up at the office starting **Friday, April 4, 2025.**

Nomination forms are due back to the main office by **Thursday, April 10, 2024.**

UPCOMING FOR GRADE 12'S

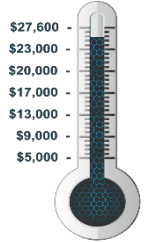
Grads to confirm Grad photo is present/name spelled correctly	March 31- April 11		Lobby outside office
Valedictorian nomination forms available	April 4th	Period 3 onwards	Main office
Due Date for Valedictorian nomination forms	April 10	3:00 PM	Returned to main office. (Mr. Cyr)

GRADE 12 FUNDRAISERS



THANK YOU to all that have supported our fundraisers to date!! We are entering the home stretch and it's full speed ahead to the AfterGrad event!!

CONGRATULATIONS to Sarah Robinson of Port Coquitlam for winning \$1,920 from the online 50/50!!



*Fundraising Goal Only
Excludes Ticket Sales

We're almost there to achieve our fundraising goal to make this the best event ever!

Stay tuned for these new fundraisers coming after spring break!

flipgive



Spring Flowers

Don't forget our ongoing - RETURN-IT RECYCLING Fundraiser



Return your recyclables at any time to any Return-It depot.
Use Kiosk code **604-561-2152** and support the grads of 2025.

Scan here to save this number to your contacts so it's always handy when you're at the depot.

Stay informed on all the latest AfterGrad news, follow us at BestGrad2025 on Facebook & Instagram **AND** join our mailing list at <https://bit.ly/Best2025AfterGradMailingList> to be the first to know about upcoming events.

COMMUNITY BULLETIN BOARD FOR FAMILIES

[Vancouver International Children's Festival Volunteers](#)

[Jr Mountie Police Academy \(RCMP\)](#)

[SD43 Summer Day Camp Leader Jobs](#)

[Moresports Spring Break Camp](#)

[CMFSC Adaptive Soccer Programs](#)

[PoCo Soccer Spring Programs](#)

[Royal Soccer Club Summer Camps](#)

[United Minis Rugby](#)

[CMFSC Spring Break Camps](#)

[KidSport Used Equipment Sale](#)

[Youth Rock'n'Roll Concert Series at PoCo Bowl](#)

[Pro-D & Spring Break Horse Camps](#)

[Imagine This Spring Break Theatre Camp](#)

[Dental Hygienist Week Colouring Contest](#)

[Coquitlam RCMP Volunteer Info Session](#)

[Port Moody Soccer Registration](#)

[Sing with MyVOICE](#)

[Coquitlam-Moody Softball](#)

[ERASE, Safer Schools Together: Establishing Safe, Caring, & Respectful Digital Communities](#)

[Coquitlam Little League Spring Registration is open!](#)

[Coquitlam Public Library Science Expo 2025](#)

[Chess2Inspire Association 2025 BC Youth Chess Championship](#)

[U9 Softball Registration is Open](#)

[Gotta Sing! Gotta Dance! Musical Theatre Summer Camp](#)

PLEASE SPREAD THE WORD TO YOUR FRIENDS AND FAMILIES ABOUT THIS UPCOMING CAMP

BASKETBALL CAMP

GRADE 6-8 GIRLS

Registration:
 Email mweeks@sd43.bc.ca
 Bring \$100 cash or cheque to first session
 *Includes t-shirt *No experience needed

Camp Dates: Sundays 6:00–8:00 at Charles Best
 April 6, April 13, May 4, May 11, May 25, June 1

ALL PROCEEDS GO TO OUR SENIOR GIRLS BASKETBALL TEAM

SD43 CLOTHING SWAP

After Spring Break, clean out your closet and get ready to refresh your wardrobe—swap, don't shop!

SATURDAY - 12 APRIL, 2025
 9:00am - 3:00pm
 Location: Pinetree Secondary
 3000 Pinewood Ave, Coquitlam

TO KNOW MORE:

Save money and refresh your style
 Bring clean, gently used clothes
 Take home new-to-you fashion
 Swap new ones for free

VOLUNTEERS NEEDED

PMSC Adaptive Soccer Program

REQUIREMENTS:
 fun-loving attitude, passion for working with children and youth, inclusive, respectful, committed and responsible.

WHO ARE WE? :
 We work with neurodiverse players between the ages of 5 and 17. We provide a safe and fun space to gain new soccer skills, build friendships, and have FUN!

BENEFITS:
 resumé booster, great experience working with children with a variety of ability levels, meeting new people, gaining experience and new skills.

GET IN TOUCH:
 Email: adaptivesoccer@portmoodysoccer.com
 Website: www.portmoodysoccer.com/adaptive-soccer-program

WHEN:
 Friday's 6:15-7:45