

Dr. Charles Best Secondary Newsletter

Issue 12 – February 24, 2022

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>



Principal – Heather Murphy

Vice-Principals – Michelle Ciofitto, Kelly Fridge, and Joel Nelson

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

UPCOMING EVENTS

Friday February 25th

PRO-D School not in session

Monday February 28th- March 4th

Eco Challenge Week

Tuesday March 1st

Best 2023 Parent Grad Committee Meeting

Wednesday March 2nd

Homeroom Advisory Schedule 11am

Thursday March 3rd

Interim Reports

Friday March 4th

“Dress your Best”

Advisory Bell Schedule

<u>Period</u>	<u>Start</u>	<u>Finish</u>
1	8:15 am	9:35 am
2	9:40 am	10:55 am
Advisory	11: 00 am	11:10 am
3	11:15 am	12:30 pm
4	12:35 pm	1:50 pm
5	1:55 pm	3:15 pm

Monday March 7th

Immunizations Grade 9 & 10 catch up

Thursday March 10th

Parent Teacher Interviews

Dear Dr Charles Best Community,

Rapid Antigen at home tests for students

Students are being provided with a box of **five** Artron rapid antigen at-home tests which will be distributed on Wednesday March 2, 2022, during an advisory at 11 am.

The tests should only be used when the student has symptoms of COVID-19. There are instructions inside the box and on the website.

See attached letter for more information and links to related resources.

Heather Murphy, Principal Dr. Charles Best Secondary

ECO CHALLENGE WEEK

Hey Charles Best, next week is the district’s first ever Eco challenge week. We will be distributing QR codes to teachers and posting in the informer for students to self-report when they participate. Submit your form for a chance to win some Charles Best swag!

Let’s all participate and make next week environmentally great!

MONDAY - Day1: lights out, save power (lights in the cafeteria will be off all day long!)

TUESDAY -Day 2: (Charles Best or Ugly sweater day, save gas **lower greenhouse gas emissions, school heat will be turned down all day!

WEDNESDAY-Day 3: walk/ride or bus to school ** lower greenhouse gas emissions and take a healthier way to school

THURSDAY -Day4: litter less lunch** less waste to landfill

FRIDAY – Day 5: write a pledge **commit to a new, more sustainable personal lifestyle choice, come outside main office during period 2 and period 3 to make a pledge and vote to watch your favorite teacher try a cricket “a sustainable protein choice”

IMMUNIZATION UPDATE:

On Monday and Tuesday of this week Fraser Health conducted our grade 9 and 10 immunization clinics. **If your child was absent and missed their immunizations, they will have the opportunity to get theirs on the catch-up day on Monday, March 7th.** We also have a number of grade 9's and 10's who did not return their parent consent forms. If you are still in possession of your child's parent consent form, please hand into the main office as Fraser Health will use these to prepare for the catch-up session on March 7th.

GRAD FRIENDSHIP PHOTOS – April 12th - Attachment

We have rescheduled the Grad Friendship Photos for Tuesday, April 12th 3:30-8pm!

Students who wish to have grad photos with friends can book appointments with Lifetouch online starting March 1st (see attachment for booking information). Only 1 booking per group is necessary so one person in the group will be responsible for booking the appointment and distributing one 4X6 photo to each student in the party. Photos will be delivered back to the school in 2-3 weeks after the sitting. Cost for each student in the photo is \$2 students are to bring CASH at the time of the photo. If a student is in multiple groups, they will be required to pay \$2 for each grouping. All the money collected will be donated back to the grad class and put towards Dr. Charles Best Grad 2022 Celebrations!

PAC CORNER:

PAC meeting,

Monday April 11th 7:30 pm.

Zoom information will be provided at a later date.

Dr. Charles Best 2023 Parent Grad Committee Meeting

Time: Mar 1, 2022 07:30 PM Vancouver

Join Zoom Meeting

<https://us02web.zoom.us/j/87415283567>

Meeting ID: 874 1528 3567

One tap mobile

+14388097799,,87415283567# Canada

+15873281099,,87415283567# Canada

BEST GRAD 2022 Return-It Depot - There is ONE EASY WAY (at all local Return-It Depots), to donate your refundable bottles & cans to benefit the Best Grad 2022 class:

-- Visit any of the local Return-It Express locations: Barnet Hwy & Falcon Dr. / Blue Mountain & Ridgeway / Caribou Shopping Plaza, N. Road / Lougheed Hwy across from IKEA

-- Ensure your returnables are in CLEAR PLASTIC BAG(s).

-- At the kiosk, enter account/phone # "604-313-2056" (for Bg2022) and print the required number of labels.

-- Stick labels on bags, leave them to be sorted & counted. THANK YOU for your support!

CAREER RESOURCE CENTRE: OPPORTUNITIES FOR ALL

STEM Fellowship: Research Exploration Opportunity (REO)

The REO Program will allow high school students to virtually shadow mentors at research facilities across Canada during Spring Break, March 14 to March 25, 2022, and it will provide students with the opportunity to experience research in a university laboratory. [More info here.](#)

