

# Dr. Charles Best Secondary Newsletter

Issue 11 – February 18, 2022

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>



Principal – Heather Murphy

Vice-Principals – Michelle Ciolfitto, Kelly Fridge, and Joel Nelson

*Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.*

## UPCOMING EVENTS

Friday February 18<sup>th</sup>

Grade 12 Yearbook writeup deadline

Monday February 21<sup>st</sup>

BC Family Day-school not in session

Tuesday February 22<sup>nd</sup>

Immunizations Grade 9

Wednesday February 23<sup>rd</sup>

Immunizations Grade 10

Pink Shirt Day – [Click Here](#)

To order \$10 – Pick up Tuesday

Friday February 25<sup>th</sup>

District Pro-D Day



Dear Dr Charles Best Community,

**Anti-Bullying Day** is an annual event, held in Canada and other parts of the world, where people wear **pink** to stand up against bullying. The initiative was started in Canada, where it is held on the last Wednesday of February each year. Bullying is when someone deliberately tries to hurt someone else through their words or actions. In many cases, bullying is repeated over and over and can cause a lot of pain that lasts a long time. It can even lead to things like depression, anxiety and low self-esteem.

Bullying happens in many ways, but some common forms of bullying are verbal, physical or social.

Cyberbullying is using social media or other technology like texting to threaten, embarrass or even damage a person's reputation.

### How do people celebrate Pink Shirt Day?

Here's what you can do:

- Proudly wear **pink** to show that you stand up against bullying!
- If you see someone being bullied or you're being bullied, talk to a trusted grown-up about it.
- When someone is being bullied, in person or online, stand up for them so that they know that they don't deserve to be bullied.

One in five students is affected by bullying, and chances are that you or someone you know is being affected. If you are not sure what to do, reach out to someone you trust. Remember, kindness and compassion can go a long way. If you are being bullied, bullying someone else, or seeing a friend who is being bullied, please look at the resources below for more information.

What is Bullying?:

<https://www.pinkshirtday.ca/what-is-bullying>

Limited Supply and colour choice available. [Order here](#)

Support for Youth:

<https://www.pinkshirtday.ca/support-for-youth>

Support for Parents and Staff:

<https://www.pinkshirtday.ca/support-for-parents-teachers>

Cyberbullying:

<https://www.pinkshirtday.ca/cyberbullying>

Take the Pledge Against Bullying:

<https://www.pacer.org/bullying/pledge/>

Additional Resources

<https://www.pinkshirtday.ca/additional-resources>



Heather Murphy, Principal Dr. Charles Best Secondary

## YEARBOOK WRITE-UPS – DUE TODAY!

Attention all Grads! It's time to submit your Yearbook Write-up.

**Deadline: Feb. 18, 2022**

Yearbook is a time capsule. Write something that relates to your time spent at Dr. Charlese Best Secondary. Do you want to address your friends? Maybe you want to say thank you to some of your teachers, family, or friends? Are you brave enough to predict the future? What would you like your friends to read 20 years from now? Below are some requirements:

1. Length: max. 100 words (actual words).
2. School appropriate language.
3. No hashtags, email links, etc. You can write them manually in your friends' yearbooks.
4. If the Yearbook teacher doesn't know what it means, he/she won't be able to include it.



## STUDENT TRANSCRIPT SERVICE



### Important information for Graduating Students

Reminder for all Grade 12 students who have applied to a post-secondary institution! Almost all Canadian schools require applicants to send them their transcript using the [Student Transcript Service \(STS\)](#). This may be in addition to the school requiring you to upload/ send in a current transcript/ self-report. By using this free service, it is guaranteed that post-secondary institutions will automatically receive your final transcript after graduation. Please double-check your school's requirement and the to-do list in your student portal carefully so that you understand the process. How and when transcript information is sent will depend on the school. More info [here](#). When using STS please ask yourself if you have included your PEN when applying to post-secondary and if you spelled your name exactly as the Ministry records show. If that's not the case your post-secondary choices may have difficulties connecting your application with your transcript. If you need help, please contact Ms. Kaufmann at the Career Centre.

## GRADE 9 & 10 IMMUNIZATION INFORMATION

**Immunizations will take place on the following dates:**

**Tues. Feb 22<sup>nd</sup> – Grade 9 (small gym 9am-3pm)**

**Wed. Feb 23<sup>rd</sup> – Grade 10 (small gym 9am-3pm)**

**Mon. March 7<sup>th</sup> – Grades 9 & 10 catch up (small gym 9am-3pm)**

Immunizations for meningococcal, tetanus, diphtheria, and pertussis are given at school in students grade 9 years. Due to Covid this year's current grade 10 students will receive the vaccinations that were not available last school year.

**\*\*\* Please note this update is about routine child immunizations and not COVID-19 vaccinations. COVID-19 vaccine is provided free to all eligible individuals at COVID-19 vaccination clinics in communities.**

## Covid Protocols

### Masks/Eating

Students are reminded that they are to wear their masks at all times when inside the building. Masks must cover the nose and mouth and fit snug to the face. If your child forgets their mask, they are to enter the building through the main doors and come to the office to get a mask. When eating students must be seated. Students are encouraged to access open classrooms during their lunch block to eat (limited spaces and not facing each other) Classrooms available are as follows:

## AVAILABLE ROOMS FOR STUDENTS TO EAT LUNCH

AVAILABLE ROOMS FOR STUDENTS TO EAT LUNCH IN SEMESTER 2			
BLOCK 2	117	303	309
BLOCK 3	114	207	209
	218	302	304
	305	307	601
	602	605	
BLOCK 4	101	115	207

## VISITORS

Due to Covid we are allowing a few visitors into the building. If you need to contact your child's counselor, teacher or administrator please call the school or send an email to schedule a meeting.

## FLY FISHING & ARCHERY CLUB



### **Second Day added for Archers!**

The archery club has over 40 registered members, and still taking on newcomers. Together with the fly-fishing class (Field and Stream 11 and 12) we have over 60 potential archers for our afterschool meet ups. With a 20-person max per session, we are happy to announce a second day has been added. We are now meeting Tuesdays and Thursdays after school in the small gym. Please contact Mr. Jaeggle or Mr. Sokol to join this year's archer club or register for next year's Field and Stream classes.

## GRADE 11 STUDENTS PROGRAMING

Tues., Feb 22<sup>nd</sup> – Thurs., Feb 24<sup>th</sup> - MyEd Online Portal Open for current Grade 11 course selection from home.

Assistance is available in the cafeteria after school Tues to Thurs if needed.

Students – Please drop off your Course selection sheet in the Counselling Centre once you have entered your courses.

**Tuesday February 22<sup>nd</sup> – Thursday February 24<sup>th</sup>** – Online programming at home. Assistance is available after school in the cafeteria if needed

## GRADE 12 SCHOLARSHIP MEETING WILL BE POSTED ON THE WEBSITE

You can find the link in the counselling section under docs.

## FUTURE GRADE 11 AND 12 STUDENTS!

**A brand-new course is being offered next year taught by Mme Bruneau. It is called Peuples Autochtones de la Colombie-Britannique 12. This course is a University accredited course which means it will serve as a language credit as well as a university entrance course. Concepts that will be covered are:**

Provincial and Federal Government policies and practices (specifically the Indian Act of 1876) that have affected, and continue to affect, the responses of B.C. First Peoples to colonialism. It examines contemporary challenges facing B.C. First Peoples, including legacies of colonialism. It looks at Canadian History through an indigenous lens and offers students opportunities to hear and ask questions to guest speakers who will present on a wide variety of topics. This course provides an excellent foundation for students entering post-secondary studies as well as the work force allowing them to educate others on what reconciliation might look like in Canada.

Mme Bruneau is looking forward to lots of discussions and analysis with all of you next year!

## 2022 – 2023 COURSE SELECTION

Course Selection Season is quickly approaching! Counsellors will be meeting with students over the next few weeks and course selection will be occurring on-line this year.

Please be sure to read the Course Catalogue on the school website and check out **all** the courses including some newer offerings:

- English First Peoples 11 and 12
- BC First Peoples 12
- Contemporary Indigenous Studies 12
- Peuples autochtones de la Colombie – Britannique 12

## PAC CORNER:

PAC meeting,

**No meeting in March**

**BEST GRAD 2022 Return-It Depot** - There is ONE EASY WAY (at all local Return-It Depots), to donate your refundable bottles & cans to benefit the Best Grad 2022 class:

-- Visit any of the local Return-It Express locations: Barnet Hwy & Falcon Dr. / Blue Mountain & Ridgeway / Caribou Shopping Plaza, N. Road / Lougheed Hwy across from IKEA

-- Ensure your returnables are in CLEAR PLASTIC BAG(S).

-- At the kiosk, enter account/phone # "604-313-2056" (for Bg2022) and print the required number of labels.

-- Stick labels on bags, leave them to be sorted & counted. THANK YOU for your support!

## CAREER RESOURCE CENTRE: OPPORTUNITIES FOR ALL

### **STEM Fellowship: Research Exploration Opportunity (REO)**

The REO Program will allow high school students to virtually shadow mentors at research facilities across Canada during Spring Break, March 14 to March 25, 2022, and it will provide students with the opportunity to experience research in a university laboratory. [More info here.](#)

### **Camp Ignite Info Session**

Camp Ignite is traditionally a four-day overnight camp that educates and inspires young women to follow their dreams. The camp is open to girls in grades 11-12 living in British Columbia and offers an introduction to the exciting world of firefighting. When: February 8th, 2022 at 7pm. To attend, please email [info@campignite.com](mailto:info@campignite.com)

## POST SECONDARY EVENTS

### **Langara College Program Previews**

Design Formation: Feb 22. [Register here](#)

Education Assistant Programs: Feb 28. [Register here](#)

### **SFU Coding for a Social Change Spring Workshop for Grade 9 students**

Running Feb 5-Apr 9, 2022 (every Saturday except Feb 19 long weekend), 10:00-11:30 am. FREE. [Register now.](#)

### **University of Northern BC Engineering Info Session**

UNBC Civil Engineering and Environmental Engineering undergraduate programs are still open for applications. Learn more about their engineering programs on **Tuesday, February 22, 2022, at 5:00 pm**. Faculty, current student, and alumni will be there answering questions and sharing their experiences. [Register here](#)

