



CENTENNIAL TODAY

FRIDAY * NOVEMBER 15 * DAY 1

IN THE CAFETERIA:



SOUP

Dahl red lentil \$3

ENTRÉE

Crisp haddock burger with wedge potatoes \$6

BBQ beef burger \$5

SANDWICH/PIZZA

Sausage & bell pepper pizza \$4.50

ALL STUDENTS

SEMESTER ONE FORMAL REPORT CARD – TUESDAY, NOVEMBER 19, 2019 *NEW

We will be holding a quick homeroom to start the day on Tuesday, November 19th to distribute report cards to all students. Please make a note of where your homeroom is so you can pick your report card up.

Unclaimed report cards, not picked up at homeroom, will be ready to be picked up in the office after school on NOV 19.

VOLUNTEERS NEEDED

Support the Optimist club "Walk for Youth" **THIS Sunday Nov. 17th** 12:45 - 4 pm at Poirier Leisure Centre – Earn volunteer hours, 3-4 volunteers needed to work the hot dog/ hot chocolate table. Email jallen@sd43.bc.ca

VOLUNTEER/WORK EXPERIENCE OPPORTUNITY

Vela Academy of Movement, a dance and performing arts studio in Port Moody, is looking for students to gain some valuable work experience or volunteer for specific events. They have upcoming opportunities for involvement in:

- Birthday Parties
- Community & Charitable Events
- Productions
- Studio Programs and Classes
- Work experience (Administrative work, Bookkeeping, Instructing, ECE, etc)

For more information, contact Milena Canta at the link below or at info@velamovement.com

<https://velamovement.com/volunteer>



UGLY SWEATER DASH – EVENT VOLUNTEERS NEEDED

Students that are interested can register to be event volunteers @ PORT MOODY RUN Registration link: <https://raceroster.com/events/2019/27024/the-original-ugly-christmas-sweater-dash-port-moody/volunteer>

VOLUNTEERING AND JOB OPPORTUNITIES

Volunteer with The Coquitlam Express Jr A Hockey

The club is always interested in student volunteers for 2-3 hours. Contact the Event and Game day coordinator -

Kimberley Osborne - kimberley@coquitlamexpress.ca

COQUITLAM CENTRE MALL - GEARING UP FOR THE HOLIDAY SEASON

Many part-time and seasonal jobs on the website <https://coquitlamcentre.com/jobs> (Foot Locker, Carlton Cards, Shoekid, RW & Co.)

GRADE 12

SCHOLARSHIPS FOR INDIGENOUS GRADS *NEW

Students can access a variety of scholarships for Indigenous students on the Career Centre page and [on this page](#)

EMILY CARR UNIVERSITY OPEN HOUSE TONIGHT 4 – 7 pm *NEW

[Register Now](#)

APPLYING TO BCIT? FAQ'S ABOUT APPLICATION PROCEDURES *NEW

1. When creating your account select the option "some high school and the 2019 date. Apparently you cannot pick a date in the future but once you are ready to apply to the FT program you will have the option to upload a transcript that will show you have completed grade 11 and the classes you are currently enrolled in.
2. As far as English 12 – select not completed and then, as above, when you apply to the specific program you will indicate you are in grade 12 and upload a copy of your transcript showing courses enrolled. If you have English 12 this semester you should upload your recent report card with the transcript as it will have a mid-term mark. If you have it 2nd semester, that is fine. They will see you are taking it.

Here is some more information from BCIT:

Here is a link to how high-school students may apply to programs if they have not yet started a course, or they are in the middle of a course: <https://www.bcit.ca/admission/how-to-apply/high-school-applicants/>

BEDDIE LUMINARIES SCHOLARSHIP FOR BC STUDENTS – APPLICATIONS NOW OPEN *NEW

Are you the one? For students who have faced **financial adversity**. - READINESS, GRIT, CREATIVITY AND EMPATHY - 105 awards up to \$40,000 for 2020. Visit <https://beedieluminaries.ca/program/> to **review full criteria** and bios of 2019 winners. Deadline Jan 20, 2020.

REMINDERS FOR POST SECONDARY EVENTS NOV 12 - 18TH

Nov 18th - U of A visit in period 3 (foyer)

Nov 19th - McGill University info session at Heritage Woods SS.

CLUBS, ACTIVITIES AND PROMOTIONS

SALMON CLUB TRIP - TUESDAY NOV 19TH 3:30pm TO 6:30pm

Greetings salmon enthusiasts! At our club meeting last week, we decided to move forward with an after-school trip on



Tuesday, Nov 19th. All Centennial students are welcome to attend. We ask for a \$5 contribution to help cover the cost of renting the bus. We will be heading to Mossom Creek Hatchery to do some work there. This has not been a good season for salmon, they have not arrived in the numbers we were expecting. Come join us to learn more on how you can help. We are in the planning phases for a full day field trip for Friday Nov 29th. Stay tuned for more details. Please contact Club Leaders:

Berntina Hambley (076-BHAMBLY@sd43.bc.ca) or Taryn Van Hemmen (076-TVANHEMMEN@sd43.bc.ca) or Mr Malakoff (dmalakoff@cta43.org) with any questions. Bring a friend! Make new friends! The salmon need you!

GETAWAY YOUTH CENTRE, 620 POIRIER STREET

- ❖ **Learn to Cook Friday: French Toast** - Friday Nov. 15th 5:00pm Start. Cost: Free. Location: Poirier Youth Centre. French toast is the weirdest type of toast. I mean has the bread really been toasted? Come over to the youth centre and let us know your thoughts (while eating and making French toast of course) this Friday!

SPORTS

FIELD HOCKEY *NEW

The girls exploded for a 7-0 win yesterday afternoon vs Sardis.

Next up is Mt Doug (Victoria) Friday morning for 9th/10th place.

JUNIOR BOYS BASKETBALL *NEW

Practice tonight at 5:00PM @ Blue Gym

Next Week Practice Times:

Mon.Feb.18 at 7:30-9:00 @ Como Lake

Tues.Feb.19 at 6:00-7:30 @ Como Lake

Wed.Feb.20 at 5:00-6:30 @ Cent (Blue Gym)

GIRLS SOCCER MTG MONDAY

Monday at 11:15 in the LEC Rm E202 - A short but essential meeting for anyone who wishes to play either Senior or Junior Girls soccer in the spring. Please make certain you attend!