



CENTENNIAL TODAY

THURSDAY * NOVEMBER 14 * DAY 2

IN THE CAFETERIA:



SOUP

Southwest tomato vegetable \$3

ENTRÉE

Teriyaki beef with rice & vegetables \$6

BBQ turkey burger \$5

SANDWICH/PIZZA

Peppers & sausage pizza \$4.50

ALL STUDENTS

SEMESTER ONE FORMAL REPORT CARD - NOVEMBER 19, 2019 *NEW

We will be holding a quick homeroom to start the day on Tuesday, November 19th. All students will receive their report cards in homeroom on Tuesday November 19th at 8:25am. Please make a note of where your homeroom is so you can pick your report card up.

VOLUNTEER/WORK EXPERIENCE OPPORTUNITY *NEW

Vela Academy of Movement, a dance and performing arts studio in Port Moody, is looking for students to gain some valuable work experience or volunteer for specific events. They have upcoming opportunities for involvement in:

- Birthday Parties
- Community & Charitable Events
- Productions
- Studio Programs and Classes
- Work experience (Administrative work, Bookkeeping, Instructing, ECE, etc)

For more information, contact Milena Canta at the link below or at info@velamovement.com

<https://velamovement.com/volunteer>



UGLY SWEATER DASH – EVENT VOLUNTEERS NEEDED

Students that are interested can register to be event volunteers @ PORT MOODY RUN Registration link: <https://raceroster.com/events/2019/27024/the-original-ugly-christmas-sweater-dash-port-moody/volunteer>

VOLUNTEERING AND JOB OPPORTUNITIES

Volunteer with The Coquitlam Express Jr A Hockey

The club is always interested in student volunteers for 2-3 hours. Contact the Event and Game day coordinator - Kimberley Osborne - kimberley@coquitlamexpress.ca

COQUITLAM CENTRE MALL - GEARING UP FOR THE HOLIDAY SEASON

Many part-time and seasonal jobs on the website <https://coquitlamcentre.com/jobs> (Foot Locker, Carlton Cards, Shoekid, RW & Co.)

GRADE 12

BEDDIE LUMINARIES SCHOLARSHIP FOR BC STUDENTS – APPLICATIONS NOW OPEN *NEW

Are you the one? For students who have faced **financial adversity**. - READINESS, GRIT, CREATIVITY AND EMPATHY - 105 awards up to \$40,000 for 2020. Visit <https://beedieluminaries.ca/program/> to **review full criteria** and bios of 2019 winners. Deadline Jan 20, 2020.

NEWS FOR INTERNATIONAL UNIVERSITY APPLICANTS *U OF T AND UBC *

If you have a parent working in Canada on a work permit, you may apply for an International Fee Exemption, which means that you will pay Domestic student fees if your parent is working in Canada. UBC details:

<http://www.calendar.ubc.ca/vancouver/index.cfm?tree=14,265,0,0#17962> – scroll down to 'International Student – Fee Assessment Exceptions'. University of Toronto details: <http://www.fees.utoronto.ca/page1013.aspx> .

REMINDERS FOR POST SECONDARY EVENTS NOV 12 - 18TH

Nov 18th - U of A visit in period 3 (foyer)

Nov 19th - McGill University info session at Heritage Woods SS.

CLUBS, ACTIVITIES AND PROMOTIONS

SALMON CLUB TRIP - TUESDAY NOV 19TH 3:30pm TO 6:30pm

Greetings salmon enthusiasts! At our club meeting last week, we decided to move forward with an after-school trip on



Tuesday, Nov 19th. All Centennial students are welcome to attend. We ask for a \$5 contribution to help cover the cost of renting the bus. We will be heading to Mossom Creek Hatchery to do some work there. This has not been a good season for salmon, they have not arrived in the numbers we were expecting. Come join us to learn more on how you can help. We are in the planning phases for a full day field trip for Friday Nov 29th. Stay tuned for more details. Please contact Club Leaders:

Berntina Hambley (076-BHAMBLY@sd43.bc.ca) or Taryn Van Hemmen (076-TVANHEMMEN@sd43.bc.ca) or Mr Malakoff (dmalakoff@cta43.org) with any questions. Bring a friend! Make new friends! The salmon need you!

GETAWAY YOUTH CENTRE, 620 POIRIER STREET

- ❖ **Learn to Cook Friday: French Toast** - Friday Nov. 15th 5:00pm Start. Cost: Free. Location: Poirier Youth Centre. French toast is the weirdest type of toast. I mean has the bread really been toasted? Come over to the youth centre and let us know your thoughts (while eating and making French toast of course) this Friday!

SPORTS

JUNIOR BOYS BASKETBALL

Thursday, Nov 14 @ 7:30PM-9:00PM at Como Lake

Friday, Nov 15 @ 5:00PM-6:30PM at Cent (Blue Gym)