



CENTENNIAL TODAY

TUESDAY * NOVEMBER 12 * DAY 2

IN THE CAFETERIA:



SOUP

Chicken & leek \$3

ENTRÉE

Turkey pot pie with green salad \$6

BBQ beef burger \$5

SANDWICH/PIZZA

Pesto chicken panini \$4.50

BBQ chicken pizza \$4.50

ALL STUDENTS

★STUDENT VERIFICATION FORMS★

PLEASE RETURN TO THE OFFICE IMMEDIATELY IF YOU HAVE NOT DONE SO ALREADY

RCMP ANNUAL YOUTH POLICE ACADEMY

Unfortunately, the academy is on HOLD for the 2019-2020 year.

GRADE 12

EXPLORE YOUR OPTIONS

SFU PROGRAM FAIR
WEDNESDAY, NOVEMBER 27, 2019 5:30 – 8:00 PM SURREY CAMPUS

ONE PLACE. ENDLESS POSSIBILITIES. BIG INFO NIGHT

Join our biggest info session of the year.

Nov 13, 4:30–7:30 pm
Burnaby Campus
Register at bcit.ca/biginfo

BCIT

SCHOLARSHIP UPDATES AND REMINDERS

❖ BEA KELLY VOLUNTEER AWARD APPLICATIONS OPEN (SOROPTOMIST TRICITIES)

Female students in grade 12 planning to attend post-secondary who make the community and world a better place through volunteer efforts should apply for this local \$1,000 award. See the online career centre for details and application. Deadline Jan. 15.

❖ LESTER B PEARSON INT'L STUDENT SCHOLARSHIP

Students who will be attending U of T and meet all criteria must submit a brag sheet by Nov. 15th to be considered for nomination.

❖ MAJOR ENTRANCE AWARDS FOR POST SECONDARY INSTITUTIONS

Upcoming deadlines starting December 1st (UBC/Queen's), Dec 11th (U of A), Dec 15th (SFU) Other entrance scholarships are ongoing.

❖ SCHULICH LEADER NOMINEE APPLICATIONS

Internal deadline for nominee consideration is **December 17th**. Review documents and links via the online career centre or see your counsellor.

REMINDERS FOR POST SECONDARY EVENTS NOV 12 - 18TH

Nov 13th - BCIT BIG INFO NIGHT, EXPLORE CAPILANO UNIVERSITY

Nov 18th - U of A visit in period 3 (foyer)

Nov 19th - McGill University info session at Heritage Woods SS.

NEW DATE!! UNIVERSITY OF ALBERTA WILL VISIT CENTENNIAL

U of A will now visit **MONDAY NOVEMBER 18TH** starting at 11:15

SCHOLARSHIP SEMINAR FOR GIRLS HOSTED BY THE SOROPTOMIST CLUB

Register ASAP The Soroptimist International of the Tri-Cities is hosting a Seminar "Unlock Your Future, Key to Scholarships" hosted by Brittany Palmer - Scholarship consultant. This **FREE** 2-hour seminar is open to Girls and Parents. Registration is **limited to 50**. Review details and Register today at <http://bit.ly/unlockyourfuture>. Kits and Workbooks will be available for purchase. November 23rd 1:30 - 3:30, **Poirier Library**, Nancy Bennett Room. See poster on career website.

APPLYING FOR EARLY ADMISSION TO UBC!

December 1 is less than a month away. You should already be working on your Personal Profile!

CLUBS, ACTIVITIES AND PROMOTIONS

SALMON CLUB TRIP - TUESDAY NOV 19TH 3:30pm TO 6:30pm *NEW

Greetings salmon enthusiasts! At our club meeting last week, we decided to move forward with an after-school trip on Tuesday, Nov 19TH. All Centennial students are welcome to attend. We ask for a \$5 contribution to help cover the cost of renting the bus. We will be heading to Mossom Creek Hatchery to do some work there. This has not been a good season for salmon, they have not arrived in the numbers we were expecting. Come join us to learn more on how you can help. We are in the planning phases for a full day field trip for Friday Nov 29th. Stay tuned for more details. Please contact Club Leaders:

Berntina Hambley (076-BHAMBLY@sd43.bc.ca) or Taryn Van Hemmen (076-TVANHEMMEN@sd43.bc.ca) or Mr Malakoff (dmalakoff@cta43.org) with any questions. Bring a friend! Make new friends! The salmon need you!

MOVE4MANA MEETING *NEW

Hey Centaurs, the next Move4Mana meeting is **Wednesday, Nov 13th, at 3:15!**

GETAWAY YOUTH CENTRE, 620 POIRIER STREET *NEW

- ❖ **Wild Card Wednesdays: Fried Rice** - Wednesday Nov. 13th. Lunch time. Cost: Free. Location Poirier Youth Centre. Come join us at the Poirier youth centre Wednesday at lunch if you're hungry and want 10 thousand of something. It's Fried RICE DAY!
- ❖ **Learn to Cook Friday: French Toast** - Friday Nov. 15th 5:00pm Start. Cost: Free. Location: Poirier Youth Centre. French toast is the weirdest type of toast. I mean has the bread really been toasted? Come over to the youth centre and let us know your thoughts (while eating and making French toast of course) this Friday!

SPORTS

FIELD HOCKEY - QUICK MEETING IN BLOCK 3 IN B217 - MS COULSON'S ROOM *NEW

The team is off to the AAA Provincials this Wednesday to Friday. They are in a strong pool with perennial field hockey powerhouses, West Vancouver, Kelowna and Churchill. Pool play begins on Wednesday morning and playoffs begin on Thursday afternoon. Good luck to the players, as they are competing against the other top 15 teams in the province!

JUNIOR BOYS BASKETBALL *PLEASE NOTE CHANGES HAVE BEEN MADE * *NEW

Tues.Nov.12 @ 6:00-7:30PM at Como Lake

Thur.Nov.14 @ 7:30PM-9:00PM at Como Lake

Fri.Nov.15 @ 5:00PM-6:30PM at Cent (Blue Gym)

SR. BOYS SOCCER

Players, please return your Red and Blue jerseys, along with the black adidas shorts to Mr. Comeau ASAP.

Team photo will be **Wednesday, Nov 13th at 3:15 pm** outside of the Library. Wear your grey long sleeve adidas shirts.

JR. BOYS SOCCER

Players, you also need to return your Blue and White Jerseys and Blue shorts to Mr. Comeau ASAP. You will also have a team photo

Wednesday at 3:15 pm outside of the library. I will hand back the jerseys for the photo or bring your Red Hoodie.