



# CENTENNIAL TODAY

Tuesday March 12\* 2024 - Day 1\*

**In order to speed up the process of serving you at lunch:**

- 1. Please leave your backpacks or bags in your locker or outside the cafeteria service area**
- 2. Please read the menu in the Centennial Today before entering the lineup**
- 3. Use hand sanitizer before entering**
- 3. Have your payment ready before you order**
- 4. No touching items that you are not going to buy**
- 5. Only those buying are permitted to enter the lineup. This will help speed up service.**
- 6. No cutting into the line. Please wait your turn and line up in an orderly manner.**

*Bon appetit!*



*Menu*

**~ LUNCH ~**

*Bon appetit!*



**Soup of the Day: Veggie Chili**  
Small \$2.50, Medium \$3.50, Large \$5.50

**A.M. Break**  
Sausage & Egg Breakfast Sandwich \$3

**Sandwiches**  
Grilled Cheese \$5.00  
Tortellini Carbonara \$5.50  
Pesto Chicken Panini \$5.50  
BBQ Pulled Pork Sandwich \$6.00  
Teriyaki Chicken W/ Rice & Vegetables \$7.00

**Salads**  
Centennial Salad \$5.00 w/ Chicken \$7.00  
Caesar Salad \$4.50 w/Chicken \$5.50

# ALL STUDENTS

## NEW ITEMS:

### Cake Pop Sale Today!



### Hey Centaurs!

Spring is coming up even though we don't have cherry blossoms in the air YET! ... 🌸

To celebrate the last day of school before spring break and the upcoming spring season, we will be hosting a spirit week this week as well as a special event on Friday March 15th. This spirit week is different from any other, because you have a chance to win a bigger prize! a \$25 gift card of choice! We look forward to your participation!



**CONGRATULATION TO OUR PHYSICS OLYMPICS TEAM** for an impressive competition this weekend! We are still awaiting final overall results, but our Sound Lab team came 6<sup>th</sup> and our Quizzics team got top ten and qualified for the finals - super results given there were over 80 teams participating from all over BC. WELL DONE to Eloise, Daniel, Amanda, Matthew, Joanne, Hugo, Lukas, Sofiya, Bradley and Justin who attended and to Alex and Ryan for helping with the building of our solar car and cooling device.

PARTY ON WEDNESDAY TO CELEBRATE for ALL those who supported, helped, and participated this year!!!

## Grade 12 Students

### Grade 12's!!

We will be doing a **group grad photo** this coming Friday at Lunch on the outdoor stairs outside the music rooms at 11:45 sharp. Wear any Centennial clothing you have, if you don't have any, then try to wear cent colours – red, blue, white, grey, or black. See you there!

## CAREER CENTRE

**CAREER CENTRE** Visit the online Centennial Career Centre Page [HERE](#)



[@cent43careercentre](#)

Employment/volunteering – Post Secondary Information-  
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm. **Support is available for all students! Appointments & Drop-in visits available in the counselling area or email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)**

### General

#### POST SECONDARY INFO SESSIONS AND EVENTS

SFU Beedie webinar 3/14/2024

VFS (Vancouver Film School) School of Animation Program Preview Event 3/14/2024

PSBC MARCH Events 3/30/2024

BCIT PATHWAY AWARDS 4/3/2024

#### SFU CAMPS – EMPLOYMENT

[Employment Opportunities - SFU Camps - Simon Fraser University](#) Applications now open

**Today!** **EducationPlannerBC** and **SD 43 Coquitlam** invite parents, families, and student supporters to join our virtual workshop: **Parents as Education and Career Coaches (PECC)** on **Tuesday March 12th, 2024**, from **6:30pm to 8pm**.

Register [using the link here](#).

Full link: <https://events.teams.microsoft.com/event/26aca804-c68a-4c25-bf7c-7182bd0f0aef@31f68b85-2fd5-401e-88a4-bda85d3294b0>

For more information: [support@educationplannerbc.ca](mailto:support@educationplannerbc.ca)

## JOB SEARCH ENGINES

- [INDEED Job Search – part time COQUITLAM](#)
- [BC jobs Coquitlam part time](#)
- [WorkBC](#)

Be sure to check the [Career centre website](#) for more information and resources.

## GRADE 12 CAREER CENTRE INFO

### **NEW SCHOLARSHIPS ON THE CAREER CENTRE – CHECK THEM OUT AT [THE LINK HERE ON PAGE TWO](#)**

BC Adoptive Families Bursaries and Youth in Care Bursaries 4/15/2024  
CHARLENE REAVELEY BURSARY PROGRAM 4/15/2024  
Global Lift Equipment Scholarship (Essay) 4/15/2024  
Jaymie Lynn Robertson 2024 Memorial Bursary (Epilepsy and Seizure education) 4/15/2024  
KPU INTERNATIONAL SCHOLARSHIP INFO 4/15/2024  
BC School Student Superintendents Association 4/16/2024  
MyBlueprint H & R Block Awards 4/26/2024  
BC Housing awards program 4/30/2024  
Indigenous Forestry Scholarship program 4/30/2024  
UVIC Entrance Scholarships - Various criteria 4/30/2024

### **MORE SCHOLARSHIPS POSTED**

- **BCRPVPA scholarships**
- **PCAHA Scholarships**
- **Coquitlam Optimist – Robert Simms Memorial Scholarship**  
Various awards of \$500 only for SD43 students.– Pursuing post secondary, acceptable academic standing, financial need, community engagement. Due April 25<sup>th</sup>.
- For graduating students: **Vocational & Technical Education Scholarships - Horatio Alger Association Canada** TBA opens March 15.

### **ENTRANCE AWARDS**

***Douglas College is URGING students to apply for Entrance Awards for Fall 2024.***

[Entrance Awards & Scholarships | Douglas College](#) **Apply by: March 31**

BCIT has numerous awards available: [Entrance Awards - BCIT](#) **Apply by: April 15.**

### **Reminder POST SECONDARY INFO SESSIONS AND EVENTS**

**Douglas college info fair Coquitlam campus/Atrium March 12, 5pm 3/12/2024**

**PARENTS AS EDUCATION AND CAREER COACHES WEBINAR FOR PARENTS OF SD43**

**STUDENTS\*\*\*\*\* 3/12/2024**

**Douglas College info fair - New West campus in person Thursday March 14th 5pm. 3/14/2024**

### **LOCAL AND DISTRICT SCHOLARSHIP PACKAGE FOR GRADS**

The INFO SHEET and link to the APPLICATION FORM can be found here: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#) Deadline to Apply April 11 by 3:30

# SPORTS

**Dragon Boat Team:**

Looking for Paddlers!!!!

There will be a meeting in room 221 on Wednesday, March 13<sup>th</sup>, at the beginning of lunch in Room 221 for the upcoming season. There will be forms and important information to be presented! Please attend!

Our first practice will be on Tuesday, April 9, 2024. If unable to attend the meeting, please see Mr. Asano.



**Tri-City Femail Ball Hockey U21 Team:**

The season starts April 2<sup>nd</sup> and we are looking for Grades 11 and 12 girls. Visit the Tri-City website for more information.

## Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 – 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 – 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13
BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25
ADVISORY/FLEX 1:29 – 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15