



# CENTENNIAL TODAY

MONDAY, April 29\* 2024 - Day 1\*

**In order to speed up the process of serving you at lunch:**

- 1. Please leave your backpacks or bags in your locker or outside the cafeteria service area**
- 2. Please read the menu in the Centennial Today before entering the lineup**
- 3. Use hand sanitizer before entering**
- 3. Have your payment ready before you order**
- 4. No touching items that you are not going to buy**
- 5. Only those buying are permitted to enter the lineup. This will help speed up service.**
- 6. No cutting into the line. Please wait your turn and line up in an orderly manner.**

*Bon appetit!*



*Menu*

**~ LUNCH ~**

*Bon appetit!*



## **Soup of the Day: Sausage Red Lentil**

Small \$2.50, Medium \$3.50, Large \$5.50

## **A.M. Break**

**Sausage Breakfast Sandwich \$3**

## **Sandwiches**

**Grilled Cheese \$5.00**

**BBQ Beef Burger \$5.50**

**Chicken Burger \$6.00**

**Poutine \$6.00**

**Baked Mac & Cheese \$5.50**

## **Salads**

**Centennial Salad \$5.00 w/ Chicken \$7.00**

**Caesar Salad \$4.50 w/Chicken \$5.50**



STWALLS

# Summer Learning

# 2024

## Elementary

Eight locations, Tuesday July 9 - Friday July 26 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!  
Free to all BC residents\*.

## Middle

Three locations, Tuesday July 9 - Friday July 26 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents\*.

Two locations. Tuesday July 9 - Friday July 26 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents\*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

## Secondary Skill Building

## Face-to-Face Advanced Credit OR Online Blended Fast Track Secondary Full Credit

Two locations. Wednesday July 3 - Thursday August 8 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Check out the SOYL full day program on our website!

Registration begins at 6:00am for ...  
- Elementary: Tuesday April 30  
- Middle & Secondary Skill Building: Friday May 3  
- Secondary Full Credit: Wed. May 8  
Phone 604-936-4261 for assistance.  
\*SD43 Residency requirements apply

## To Register

[WWW.SD43SUMMERLEARNING.CA](http://WWW.SD43SUMMERLEARNING.CA) / Phone 604-936-4261

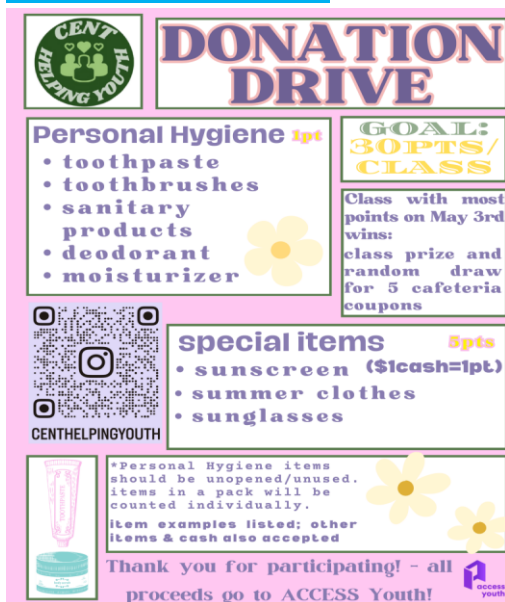
Courses and locations listed above are subject to change



STWALLS

# ALL STUDENTS

## NEW ITEMS:



**CENT HELPING YOUTH**

### DONATION DRIVE

**Personal Hygiene 1pt**

- toothpaste
- toothbrushes
- sanitary products
- deodorant
- moisturizer

**GOAL: 30PTS/CLASS**

Class with most points on May 3rd wins:  
class prize and random draw for 5 cafeteria coupons

**special items 5pts**

- sunscreen (\$1cash=1pt)
- summer clothes
- sunglasses

Personal Hygiene items should be unopened/unused, items in a pack will be counted individually.  
Item examples listed; other items & cash also accepted

Thank you for participating! - all proceeds go to ACCESS Youth!

**access youth**



**CENT HELPING YOUTH**

**access youth**

### SPRING DONATION DRIVE

**PERSONAL HYGIENE ITEMS**

- DEODORANT
- SUNSCREEN
- BODY SOAP
- FACE WASH
- ETC.

**APRIL 23RD - MAY 3RD**

**BRING IN DONATIONS TO YOUR BLOCK 2 CLASS!**

### Centennial Spring Fling Dance - Open to ALL grades

Hey Centaurs, it is our last dance of the year so make sure to purchase your tickets through school cash online.

Date: Thursday May 9

Time: 6:30 Door Open, Dance 7:00pm-9:30pm.

Cost: \$20

\*Pizza and drinks provided.

Registration open again for the Tech Leadership 10/11/12 course now!

Contact Ms. Hothi if you have any questions about this course or would like to join the team next year!



**JOIN TECH LEADERSHIP!**  
2024-25

- LEARN ABOUT TECHNOLOGY AND SUPPORT WITH TECHNOLOGY
- GET INVOLVED WITH THE CENTENNIAL COMMUNITY
- DEVELOP A VARIETY OF SKILLS THAT WILL HELP YOU IN ANY FUTURE OPPORTUNITIES
- GO ON TECH-RELATED FIELD TRIPS- E.G., THE MICROSOFT HEADQUARTERS
- BE PART OF AN AMAZING TECH TEAM!

**@cent\_tech\_leadership**

Register through QR code or link in Instagram bio

### International/ELL students

#### Korean International Fee-Paying Students

Please come to a meeting on Wed May 1<sup>st</sup> in E210 for a meeting with Ms Sousa and Ms. Jeong during flex time. (If you came to meet on April 17<sup>th</sup> no need to attend)

Field Trip opportunity May 6<sup>th</sup> 11:30am-3pm

Rocky Point Kayak - we will have a guided kayak tour. Please get a form from Ms. Sousa in E210/E206 Mon/Tues/Friday mornings 8:30-8:55am or during lunch/flex times. There is a limit of 30 students and a cost associated with this trip. First priority sign up for International students until April 15th. After this any ELL student can hand in their forms if there is space available. Rocky Point Kayak also requires a waiver - it's online: <https://go.theflybook.com/Manage/BFCHQM#/lite>

### Social Justice/Equity Committee IDS



Are you passionate about social justice issues and making a difference throughout your community? Join the **Social Justice/Equity Committee IDS** (Independent Directed Studies – Foundations of Inquiry) course for 2024-2025! Students in this committee can work independently or with other group members to delve into issues important to them and organize activities and events throughout the year. Examples of past and upcoming events include Asian Heritage Month activities and Asian Heritage Night event, a Pride Month event, the Red Dress Day Project display, Truth and Reconciliation assembly and activities, and more. It's a great opportunity to get involved and have an impact on our community! If you're interested, please fill out the form using the QR code or contact Ms. Razzell.



**IDS: Foundations of Inquiry**

Would you like to earn course credit for learning about your subject of choice? Foundations of Inquiry is the course for you! Offered during CENT time, you will be guided through the process of developing an inquiry question around your passions and supported as you explore and meet your goals for learning. For more information, please see Mrs Calldwell in the library on Friday.

**Grade 12 Students**

**CAREER CENTRE**

**U OF T - GRADES 9,10, 11 AND PARENTS ARE INVITED TO AN INFO SESSION – REGISTER BELOW**

<b>DATE:</b>	<b>Sunday, April 28</b>
<b>LOCATION:</b>	<b>The Westin Bayshore, Vancouver, 1601 Bayshore Drive, Vancouver, BC</b>
<b>TIME:</b>	<b>10:00 AM - 11:30 AM (PST)</b>
<b>CHECK-IN:</b>	<b>9:30 AM</b>

**REGISTRATION DETAILS**

# CAREER CENTRE

Visit the online Centennial Career Centre Page [HERE](#)



@cent43careercentre

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm.

Support is available for all students! Appointments & Drop-in visits available in the counselling area or email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

## General

### RCMP NATIONAL YOUTH ADVISORY COMMITTEE

Applications for next year 24/25 will open on May 13<sup>th</sup> 2024. 125 students from across Canada will form the committee. The National Youth Advisory Committee members meet on a moderated, private online forum to discuss youth trends, RCMP programs, as well as youth crime and victimization issues. This commitment requires approximately two to four online hours per month, from October to June. [National Youth Advisory Committee | Royal Canadian Mounted Police \(rcmp-grc.gc.ca\)](#)

### The Canadian Marine Careers Foundation (CMCF) Virtual Info Session

Speak with employees working in ship and shore roles in British Columbia's vibrant marine sector. Discover firsthand what it takes to pursue dynamic, well-paying careers as a port or vessel captain, naval architect, or marine service technician. [B.C. Virtual Career Event 9:20 AM-10:35 AM PST Friday, May 24th, 2024 Register Microsoft Virtual Events Powered by Teams](#)

### CURRENT VOLUNTEER OPPORTUNITIES POSTED ON THE CAREER CENTRE: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

SHE IS ANYTHING.CA VOLUNTEERS NEEDED 5/3/2024

Children's Festival 2024 Key Volunteers (Feb.) and other volunteers needed May 27th to June 2nd 5/27/2024

TEDDY BEAR PICNIC 6/5/2024

BC Highland Games - volunteers needed June 13, 2024 6/13/2024

Volunteer at Place des Arts this Summer apply by June 14th 6/14/2024

GOLDEN SPIKE DAYS VOLUNTEER CALL OUT 6/28/2024

### Fingerling Festival May 4<sup>th</sup> Noons Creek <https://www.noonscreek.org/fingerling-festival/>

Hosted by Port Moody Ecological Society the Fingerling Festival on Saturday, May 4<sup>th</sup>, held our hatchery and the adjacent Port Moody Recreation Complex. The festival features the release of our hatchery's chum salmon fry and an exhibitor fair that brings together dozens of organizations from throughout the Lower Mainland who share a passion for environmental conservation and sustainability. Many of these groups have volunteer opportunities, and the festival is an excellent chance for students to connect with them. The event is free, all ages are welcome, and there is no registration required.

### OUAC (ONTARIO Universities Application Centre) VIRTUAL INFO SESSION

MAY 22 5-7PM ET. A great opportunity for grade 10 and 11 students considering Ontario schools.

### SUMMER JOBS ARE BEING POSTED

[Available Summer jobs near Coquitlam, BC \(with Salaries\) | Indeed.com](#)

[British Columbia Summer Jobs | Canada Government Jobs](#)

[Summer jobs in Vancouver, British Columbia | Summerjobs.ca](#)

### VOLUNTEER FOR THE TEDDY BEARS PICNIC – JUNE 9 AT TOWN CENTRE PARK HOURS ARE BETWEEN 9AM AND 6PM

Areas:

Set up

Take down (these shifts will be until 6pm)

Stage volunteers/wranglers

Open and close barricades in parking lot

Clean picnic tables in food area

Grounds maintenance

Collection of recyclables

End of line place holders for face painters, etc. at end of day

**APPLICATIONS ON THE CAREER CENTRE/VOLUNTEERING**

## JOB SEARCH ENGINES

- [INDEED Job Search – part time COQUITLAM](#)
- [BC jobs Coquitlam part time](#)
- [WorkBC](#)

Be sure to check the [Career centre website](#) for more information and resources.

# GRADE 12 CAREER CENTRE INFO

## Grade 12

### ADMITTED TO UBC? Interested in a Info Session or in-person tour?

See the Tours and Events page: [UBC events](#)

### UBC First Year Engineering - Ask me anything [UBC event details](#) Who should attend

You are welcome to attend this event if you are:

- Deciding whether to accept your offer from UBC
- Accepting your offer of admission to UBC
- 

### **SCHOLARSHIPS WITH UPCOMING DEADLINES** [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

*BC Hockey Scholarship TBD*

*BC Housing awards program*

*Indigenous Forestry Scholarship program*

*Jordan's Principle Scholarship /First Nations*

*Ringette Canada Scholarships and Awards*

*UVIC Entrance Scholarships - Various criteria*

*CUPE 561 Bursaries*

*Odenza Vacations Scholarship*

*Susan and Steven Rubin Educational Scholarship Fund*

*Coquitlam Drama Teachers Assc. (CDTA) METFEST Scholarship*

*Indigenous Education Department Bursary*

*Indigenous Maxine and Gordon Resiliency Award -SD 43 App #1c*

*BCSS BC SCHOOL SPORTS SCHOLARSHIPS 2023-24*

*COQUITLAM RETIRED TEACHERS ASSOCIATION via SD43*

*Dave Gifford Memorial Scholarship*

### **NEW SCHOLARSHIPS POSTED** – VISIT [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

### **CTA TRADES, ARTS AND EQUITY SCHOLARSHIPS ONLY FOR SD43 GRADS**

#### **Website [Scholarships – Coquitlam Teachers Association](#)**

**[scholarship-application-form-TradeArtsEquity-revisedJan2024.pdf \(coquitlamteachers.com\)](#)**

#### **Trades & Arts Scholarship (2 x \$1500)**

– these scholarships will be awarded to students in SD43 pursuing a career in Trades or a career in Visual Arts or Fine & Performing Arts. Criteria: Secondary school coursework in the areas of **Trades or Fine & Performing Arts**. One page paper outlining why the applicant wants to pursue a career in Trades, Visual Arts or Fine & Performing Arts. Applicants are encouraged to include any information demonstrating financial need.

#### **Equity Scholarship (4 x \$1500)**

– these scholarships will be awarded to students who identify as **Indigenous, Black, a person of colour, LGBTQ2S+, or a person with a disability**.

Criteria: one page paper outlining what their chosen field is and why the applicant has chosen to pursue a career in that field. Applicants are encouraged to include any information demonstrating financial need.

Deadline to apply directly via CTA website June 1<sup>st</sup> 2024

### **LOTUS LIGHT CHARITY SCHOLARSHIP**

Due May 15<sup>th</sup>. Applicants are assessed on scholastic excellence and community volunteer involvement.

### **JEAN LUMB AWARDS**

Due May 20<sup>th</sup> – Students in grades 9-12 with Chinese Heritage. 12 awards of \$1,000 in various categories.

### **NUPGE SCHOLARSHIP PROGRAM 2024**

Applications are now open for these awards. [Scholarship FAQ - NUPGE](#) Due June 30<sup>th</sup>

# SPORTS

## CENTENNIAL DRAGON BOAT TEAM



PRACTICE THIS WEEK will be on Tuesday, April 30th at Barnett Marine Park at the Lotus Sport Clubhouse from 4:30-6pm.

If you have not paperwork; please bring the 3 waiver forms signed and completed with \$10 for insurance.

We will be in the dragon boat on the water!

Please dress appropriately for weather and getting wet!

Please let Mr. Asano know if you are not coming to practice!

See Mr. Asano for more information!

## Soccer Intramurals



# Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 – 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 – 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13
BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25
ADVISORY/FLEX 1:29 – 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15