



CENTENNIAL TODAY

TUESDAY, MARCH 8, 2022

**MASKS ARE REQUIRED IN ALL AREAS OF THE BUILDING
THEY MUST BE WORN COVERING MOUTH AND NOSE PLEASE**

CAFETERIA CUSTOMER GUIDELINES

1. Masks are mandatory
2. Use hand sanitizer before entering
3. Have your payment ready (tap preferred)
4. No touching items that you are not going to buy
5. Only those buying permitted to enter the line up

RAPID TEST

If you haven't received your rapid test, please come to the office to get it as soon as possible



8:15-9:45 am Breakfast

Assorted Baked Goods and Breakfast Sandwiches

NO CHICKEN STRIPS TODAY

NO FRIES TODAY

Lunch- 11:00am - 12:45pm

Cream of Broccoli \$2.00/\$3.00/\$5.00

BBQ Beef Burger \$5.00

Grilled Cheese Sandwich - \$5.00

Pesto Chicken Panini \$5.00

Spicy BBQ Chicken Wrap \$5.00

Coconut Thai Chicken Stir-Fry with Jasmine Rice 6.00

ALL STUDENTS

SPRING BREAK SPIRIT WEEK MARCH 7-11

Monday - PJ Day

Tuesday - Tourist Day and Free Lemonade before school in the foyer.

Wednesday - Western Day

Thursday - St Patrick's Day (wear green) and Find the Pot of Gold (all day)

Friday - Grade Colour Day, 12- red, 11-blue, 10-white, 9-black

The MyEd Portal has NOW CLOSED as the deadline to input classes has passed (March 1st).

If you have not input your courses, you MUST hand in a PDF of your course selection sheet ASAP to your counsellor to be registered for courses for the 2022-2023 school year. Delaying handing in your course selection sheet will mean less chance of getting courses that you need or want for next year.

Failure to hand in your course selection sheet will mean that you will not have any courses scheduled for next year.

If you HAVE already input your courses but have NOT handed in a PDF to your counsellor, you MUST also do this ASAP.

VOLUNTEERS NEEDED

Golden Spike days. 4-hour shifts. June 30 – July 3. To apply follow links for more information, email volunteers@goldenspike.ca Learn more [HERE](#)

UBC ENGINEERING FOR GIRLS – ENGINEERING THE FUTURE

Date: Saturday, March 26, 2022 **Time:** 10:00 am to 12:30 pm **Location:** Online [Register Now](#)

COOK LEVEL 1 APPRENTICESHIP PROGRAM 2023

Hello students, there will be a short meeting this Wednesday March at 9am in the kitchen D205 for all grade 10 and 11 students who are interested in taking the Cook level 1 apprenticeship program at Centennial in the 2023. District 43 trades program support staff will be present to answer any of your questions about program applications and potential scholarship opportunities for working in trades. Please confirm your attendance with an email to adjonas@sd43.bc.ca

FORKLIFT TRAINING OVER SPRING BREAK (March 24th)

If you are at least 15 years old and interested in getting your **Forklift training certification** over Spring Break, please visit the "**43Careers.com > Certificates**" website [https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/="](https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=) to complete the sign-up survey. Spaces are limited. If you need more information, please contact Doug MacLean at 604-341-8977.

UPDATED TRADES PAGE – CAREER CENTRE

LOOKING FOR NEWSLETTERS, LINKS, CERTIFICATION COURSES OR TRADES

INFO? [https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/tradeapprentice/Pages/default.aspx#/="](https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/tradeapprentice/Pages/default.aspx#/=)

EDUCATION CANADA SAT BOOT CAMP

All sessions are being recorded. Plenty of links and information over 5 sessions. The SAT Boot Camp is a five-session series with the goal of practicing strategies to improve your SAT score. The live sessions will take place March 14-18, 2022, at 10 am ET, daily. https://www.bigmarker.com/series/2022-educationusa-canada-sat/series_details

GRADE 11 HORATIO ALGER SCHOLARSHIPS DEADLINE MARCH 15TH

160 X \$5,000 Canadian Scholarships 10 X \$10,000 Entrepreneurial Scholarships Now for **grade 11 students**. Canada wide. Must be Canadian Citizens

Eligibility To be eligible to apply for the Horatio Alger **Canadian Scholarship**, applicants must meet the following criteria:
Be enrolled full-time as a high school grade 11 or first-year CEGEP student in Canada

- Exhibit a strong commitment to pursue and complete a bachelor's degree program at an accredited university
- Proven **critical financial need (\$65,000 or less** annual net income per family is required)
- (Demonstrate desire and ability to be entrepreneurial in a chosen field)
- Be involved in **co-curricular and community service activities**
- Display integrity and perseverance in overcoming adversity
- Maintain a minimum grade percentage of 70%
- Apply by March 15 <https://horatioalger.ca/en/scholarships/about-our-scholarships-programs/provincial-programs/>

BCIT INFO SESSION FOR SD 43

BCIT reps will address programs that allow direct entry from High School and will answer any question you may have. Thursday, March 10th, 5-6 pm. Meeting ID: 685 7661 3760. Password: 391833 [link to zoom meeting](#)

YOUTH 4 ACTION SPRING BREAK BOOT CAMP

Monday March 14, 2022 to Tuesday March 15, 2022, 10:00 AM PDT - 2:30 PM PDT This boot camp is designed to give you the inspiration – and skills – to **think globally and act locally** in your school community and beyond. Register [HERE](#)

VOLUNTEER HOURS

Need volunteer hours to graduate? Ms. Shong from Como Lake Middle is looking for a couple of students to help her setup and take down tables and tents at Mackin Park during spring break. This would give you 3 hours of volunteer time and a letter from United Way. Please email Ms. Shong at: sashong@sd43.bc.ca if you are interested.

ATTENTION STUDENTS CURRENTLY IN GRADE 9, 10 AND 11:

Applications are now open for next year's **Jr. and Sr. Environmental Studies Academies**. You can find them:

- 1) On the Centennial Website
- 2) On our Instagram @cent.es
- 3) Using the QR code below



Applications close **March 11th at 3:00pm**

GRADE 12'S

BCIT 101 – HIGH SCHOOL EDITION (11'S AND 12'S)

In this session, our Program Advisors can help your students answer questions about entrance requirements, student services, and hands-on learning at BCIT. [Register now for the March 9 event.](#)

LANGARA DESIGN FORMATIONS INFO SESSION

<https://langara.ca/programs-and-courses/programs/design-formation/information-sessions.html>

Register at link March 22 6-7pm via zoom Learn more about the 2-year interdisciplinary [Design Formation](#) diploma program. To sign up for an info session please email sgeib@langara.ca or use the [registration form](#)

CAREER CENTRE

Visit the online Centennial Career Centre Page [HERE](#)



[@cent43careercentre](#)

EJTC – ELECTRICAL JOINT TRAINING COMMITTEE – CELEBRATE WOMEN'S DAY LIVE OPEN HOUSE EVENT *NEW*

This event is for Women who are interested in learning more about the Electrical Trade. Students and women will have the opportunity to learn what trades has to offer, meet other tradeswomen, network and ask questions about trades. **There will be live music, games, food and prizes and a food truck!** If this is of interest, come celebrate International Women's Day with the EJTC at 1405 Broadway Street, Port Coquitlam, on **Saturday, March 26**. To learn more about our electrical program visit the Instagram page [@the_ejtc](#) or <https://ejtc.org/events-page/> 12PM -3 PM. No RSVP required.

HERBALAND COMMUNITY SCHOLARSHIPS *NEW*

5 x \$1,000 available. 86% + 11/12 average, Community involvement, environmentally focused and more. Visit <https://www.herbaland.ca/pages/herbaland-scholarship>. Deadline May 1

SD43 MARCH TRADES NEWSLETTER IS NOW AVAILABLE *NEW*

[https://www.sd43.bc.ca/CareerPrograms/Pages/default.aspx#/="](https://www.sd43.bc.ca/CareerPrograms/Pages/default.aspx#/=)

SPRING BREAK ACTING CAMP FOR TEENS (VADA) Tuition is \$465 for 4 x 5 hours per day. Visit the Vancouver

Academy for Dramatic Arts website at <https://vadastudios.com/programs/teen-acting-camps/>
March 14-18 1pm – 5pm (15-18 years)

LOCAL SCHOLARSHIP APPLICATION & DISTRICT AUTHORITY FILLABLE APPLICATIONS –NOW POSTED ON THE CAREER CENTRE PAGE

[https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/Pages/default.aspx#/="](https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/Pages/default.aspx#/=)

LOCAL SCHOLARSHIP PACKAGE 2022 /DISTRICT AUTHORITY APPLICATION/OTHER APPLICATIONS – click title see full list

LOCAL SCHOLARSHIP PACKAGE

[2022_LOCAL_SCHOLARSHIP_PKG_PDF_FILLABLE_vers2.pdf](#)

DISTRICT AUTHORITY APPLICATION

[2022_DISTRICT_AUTHORITY_APP_pdf_fillable.pdf](#)

OTHER APPLICATIONS

[SD43 Scholarship Application 1.pdf](#)

[SD43 Scholarship Application 2.pdf](#)

[SD43 Scholarship Application 3.pdf](#)

[Sharon Perry Scholarship Application.pdf](#)

[Gearforce Scholarship Application.pdf](#)

[CTA 2022 form.pdf](#)

(use for Merit, Assistance Bursary and Cam McKenzie)

[Coquitlam Retired Teachers Bursary.pdf](#)

[Optimist ROBERT SIMMS MEMORIAL APPLICATION.pdf](#)

4/8/2022

FLAGGER CERTIFICATION COURSE – TUITION ALL EXPENSE PAID - IN BURNABY- TRAINING AND EMPLOYMENT OPPORTUNITY

Certification for 3 years - Times: 8:30AM - 4:30PM Course Dates Burnaby: March 9-10 & 12-13 Course Dates Chilliwack: March 28-29 & 30-31 Burnaby Location: 4199 Lougheed Hwy. #201, Burnaby, BC V5C 3Y6
Chilliwack Location: 45920 First Ave, Chilliwack, BC V2P 7K1 Maximum class size: 14 **Employment Recruiters will be on site on the last day of the course to hire graduates.** \$ 19.76 hr. [@Jason Woodman-Simmonds](#) at 250-517-9086 or UHS TawneyJager@michelscanada.com register at 604-900-9205.

MARCH SCHOLARSHIP DEADLINES

Details on the career centre page

| | | |
|--|------------------------------|---|
| REMAX QUEST FOR EXCELLENCE | GIRL GUIDES OF CANADA | TREVOR LINDEN COMMUNITY SPIRIT |
| UGGLA FAMILY SCHOLARS (SFU) | CAPILANO U ENTRANCE | FUTURE ACES |
| IBABC (Insurance industry member) | JONAH CHRISTENSEN | BCSSA |
| EAGLE RIDGE AUXILIARY | BC HYDRO PIONEERS | BCIT PATHWAYS (Apr 1st) |

REMAX QUEST FOR EXCELLENCE

Details: <https://www.remax-western.ca/blog/2020-quest-for-excellence-bursary-program-now-open-2/> RE/MAX Quest for Excellence 2022 Bursary Program Attention grade 12 students! Are you interested in winning one of 16 \$1,000 **bursaries**? Deadline Monday, **March 14, 2022**.

GRACE FAMILY NETWORK SCHOLARSHIP ESSAY

3 X \$500 awards for 2022. Visit the career website or www.gfnf.org. Preference will be given to graduating students pursuing post-secondary who have financial need. **“WHAT ARE YOUR IDEAS TO REDUCE SYSTEMIC BIAS AND INEQUITY IN SOCIETY?” (500 words)** Deadline May 31st, 2022

JIBC

Law Enforcement Studies Diploma program deadline now **March 8, 2022**

UBC ENGINEERING SCIENCE INFO SESSION

How do I learn more? We're inviting students, parents, and teachers to Join us via **Zoom on Tuesday, March 8th, 2022, 4:00 - 6:00 pm**, to learn about Engineering Physics. Registration link: <https://forms.gle/phEhw2USGAUhGMDN7> for the event.

APPLIED TO POST-SECONDARY?

Students are reminded to check their **student portals** and email accounts regularly for updates and 'to-do' lists.

BCSTA CITIZENSHIP AWARDS

The British Columbia School Trustees Association - BCSTA will once again be awarding **three** graduating B.C. public school students who have shown exemplary citizenship in their school and community with scholarships worth **\$500** each. VISIT THE CAREER CENTRE/FINANCE

SPORTS

CENTENNIAL TENNIS TEAM

There will be an information meeting at the beginning of lunch (11:55) on Wednesday in room B108 for students interested in being part of the tennis team this spring. If you can't make it, please email Ms. Ward at sward@sd43.bc.ca. GO CENTAURS!

CENTENNIAL TRACK & FIELD

There will be an information meeting on WEDNESDAY for any students interested in being part of our Track and field team! The meeting will be at 11:50 in room B114. GO CENTAURS!



JUNIOR GIRLS SOCCER *NEW*

Tryout today, March 8th @ 3:30pm at the Centennial Oval. See Ms. Lawrence (klawrence@sd43.bc.ca room B222) or Ms. Marrington (rmarrington@sd43.bc.ca) with any questions!

SENIOR GIRLS SOCCER *NEW*

Reminder of practice at Parkland 3:30-4:30 today. Bring your medical forms or drop them off at the PE office please.

BOYS RUGBY *NEW*

Practices this week Tues, Wed, Thurs 3:30 - 4:45 at the Oval. See Mr. Cameron in the PE Office or Coach Tonks at the field for registration information.

BADMINTON RESULTS

Thank you to everyone who came out to tryouts last week. The team results are posted outside of room B122, E124, and the gym office. If you were not able attend last week's tryouts, please come to the gym after school March 9th for tryouts.

SENIOR BOYS BASKETBALL

The official 4A BC Provincial Championship draw has been released. The Centaurs are seeded #2 and will play against #15 North Peace on Wednesday, March 9 at 8:45pm at the LEC Arena. The boys would really appreciate some fan support. Come out and cheer on the Centaurs.