



CENTENNIAL TODAY

Thursday , May 16 * 2024 - Day 1 *

In order to speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.

Bon appetit!



Menu

~ LUNCH ~

Bon appetit!



Soup of the Day: Split Pea & Ham

Small \$2.50, Medium \$3.50, Large \$5.50

A.M. Break

Bacon & Egg Breakfast Bagel \$4

Strawberry, Blueberry & Banana Smoothie \$2.50

Sandwiches

Grilled Cheese \$5.00

Pesto Chicken Panini \$5.50

Sweet Chili BBQ Chicken Wrap \$5.50

Philly Cheesesteak \$7.00

Beef Taco Salad \$7.00

Salads

Centennial Salad \$5.00 w/ Chicken \$7.00

Spinach & Kale Caesar Salad \$4.50 w/Chicken \$5.50



SHAWALS

Summer Learning

2024

Elementary

Eight locations, Tuesday July 9 - Friday July 26 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!
Free to all BC residents*.

Middle

Three locations, Tuesday July 9 - Friday July 26 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents*.

Two locations. Tuesday July 9 - Friday July 26 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

Secondary Skill Building

Face-to-Face Advanced Credit OR Online Blended Fast Track
Two locations. Wednesday July 3 - Thursday August 8 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Secondary Full Credit

Check out the SOYL full day program on our website!

Registration begins at 6:00am for ...
- Elementary: Tuesday April 30
- Middle & Secondary Skill Building: Friday May 3
- Secondary Full Credit: Wed. May 8
Phone 604-936-4261 for assistance.
*SD43 Residency requirements apply

To Register

WWW.SD43SUMMERLEARNING.CA / Phone 604-936-4261

Courses and locations listed above are subject to change



STYVING

NEW ITEMS:

CHARITY WATER CLUB SUMMER SALE MAY 16th and 17th

Hey everyone! Charity: Water Club is hosting a Summer Sale for this Thursday and Friday, May 16th and 17th, to raise money for clean water! As always, everything is \$2.00 and below! We are selling Cupcakes, Cookies, Lemon Muffins, Kool-Aid and Freezies!! All proceeds go to Charity: Water, a non-profit organization that works towards providing clean water to 700 million people (700 000 000). Come and support!

Attention Grade 12's: Live Hypnotist Event During Cent Time Tuesday May 28.

If you are in grade 12 and interested in being hypnotized or watching your friends hypnotized sign up with Ms. Chambers during Cent Time on May 28.

Scott Christie The Impossible Hypnotist will be here in the theatre!

May is Asian Heritage Month!



Asian Heritage Month is an opportunity for all of us to learn, support, and uplift diverse Asian cultures, and acknowledge how their contributions have made Canada the country it is today.

The Social Justice & Equity Committee will be holding events throughout the month of May. Check out some of the amazing things happening around the school and stay tuned for more details!

Japanese Felt Doll Workshop with Ms. Illing

Date: May 21 (Ex Flex)

Place: B122 - Illing

Past Lives Screening

Date: May 27-28 (lunch)

Place: Theatre

Asian Heritage Night: A celebration of Asian heritage through food, dance, and musical performances. Ticket includes an assorted bento box, dessert, and performances.

Tickets: 15\$ through [myschoolcashonline](https://myschoolcashonline.com) until May 22.

Date: May 29 (6-8 pm)

Place: Red Gym

If you have any questions, comments, or concerns regarding Asian Heritage Month or the events happening, please reach out to Ms. Razzell (arazzell@sd43.bc.ca) or Keira Wong (076-kwong1@sd43.bc.ca)



Pumpkin Growing Contest

Centennial has been entered in a Sd43 giant pumpkin growing contest for the Fall of 2024. The winner with the largest pumpkin will receive \$200 for sustainability initiatives for their school. We require team members to participate in this contest. If you are competitive and care about sustainability and environmental issues and want to participate, please see Mr. Jonas in the culinary kitchen, before or after school, or email adjonas@sd43.bc.ca.

CASTING CALL

Come audition to be in a tv show

**EMAIL 076-DAYRES@SD43.BC.CA
OR
076-EMCAFFER@SD43.BC.CA FOR
MORE DETAILS**

Teachers Welcome!

Registration open again for the Tech Leadership 10/11/12 course now!

Contact Ms. Hothi if you have any questions about this course or would like to join the team next year!

**JOIN
TECH LEADERSHIP!
2024-25**

- LEARN ABOUT TECHNOLOGY AND SUPPORT WITH TECHNOLOGY
- GET INVOLVED WITH THE CENTENNIAL COMMUNITY
- DEVELOP A VARIETY OF SKILLS THAT WILL HELP YOU IN ANY FUTURE OPPORTUNITIES
- GO ON TECH-RELATED FIELD TRIPS- E.G., THE MICROSOFT HEADQUARTERS
- BE PART OF AN AMAZING TECH TEAM!

@cent_tech_leadership

Register through QR code or link in Instagram bio

Social Justice/Equity Committee IDS

Are you passionate about social justice issues and making a difference throughout your community? Join the **Social Justice/Equity Committee IDS** (Independent Directed Studies – Foundations of Inquiry) course for 2024-2025! Students in this committee can work independently or with other group members to delve into issues important to them and organize activities and events throughout the year. Examples of past and upcoming events include Asian Heritage Month activities and Asian Heritage Night event, a Pride Month event, the Red Dress Day Project display, Truth and Reconciliation assembly and activities, and more. It's a great opportunity to get involved and have an impact on our community! If you're interested, please fill out the form using the QR code or contact Ms. Razzell.

**Social Justice/Equity Committee
Interest Form**

Grade 12 Students

CAREER CENTRE

CAREER CENTRE

Visit the online Centennial Career Centre Page



@cent43careercentre

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm.

Support is available for all students! Appointments & Drop-in visits available in the counselling area or email dhealeywright@sd43.bc.ca

General

Scholarships posted on the Career Centre: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

Loriene Schatz Community Service Scholarship - Alderson Elementary Alumni 5/17/2024

MyBlueprint Awards (CONTEST) 5/17/2024

PACIFIC LEADERS SCHOLARSHIP FOR CHILDREN OF PUBLIC SERVANTS now open 5/17/2024

2024 JEAN LUMB AWARDS (grades 9-12) 5/20/2024

UFCW Canada Scholarship program (membership) 5/30/2024

2025 Undergraduate Scholarship offered by the Japanese Ministry of Education (MEXT) Study in Japan 5/31/2024

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MAY INFO SESSIONS: POST SECONDARY BC

[Events - Post-Secondary BC \(postsecondarybc.ca\)](#)

RCMP NATIONAL YOUTH ADVISORY COMMITTEE

Applications for next year 24/25 will open on May 13th 2024. 125 students from across Canada will form the committee. The National Youth Advisory Committee members meet on a moderated, private online forum to discuss youth trends, RCMP programs, as well as youth crime and victimization issues. This commitment requires approximately two to four online hours per month, from October to June. [National Youth Advisory Committee | Royal Canadian Mounted Police \(rcmp-grc.gc.ca\)](#)

TRI-CITIES MENTORSHIP PROJECT – ALUMNI PANEL SERIES (Virtual)

Are you curious about what different degrees/programs have to offer? Want to learn more about how to get into a particular field? Are you interested in learning more about the different pathways available to you after high school? Do you have a field or degree that you're curious about, but you're not sure what it's like or how to get there? Don't worry, you're not alone - we've all been there too.

Join us for a **VIRTUAL** panel series where **SD43 alumni** will discuss their high school & post-secondary journeys and answer your questions!

Medical School: Thu, May 16 (7-8 PM)

Bachelor of Arts: Thu, May 23 (7-8 PM)

Business: Thu, May 30 (7-8 PM)

RSVP here: bit.ly/tricitiesalumnipanel

BC CHILDREN'S HOSPITAL ORTHOPAEDIC EVENT FOR FEMALE STUDENTS GRADES 10-12

Details for this June 6th event can be found here https://ubc.ca1.qualtrics.com/jfe/form/SV_c15fpTzizv2RcjQ

VOLUNTEER THIS SUMMER WITH SD43 SUMMER LEARNING

Coquitlam School District's Summer Learning program is pleased to once again offer a volunteer opportunity for our students. Last year we placed fifty students into SD 43 Summer Learning classrooms. Successful volunteers will be placed in local classrooms and earn necessary volunteer hours as well as a letter of reference from their sponsor teacher.

Summer Learning Website: <https://ce43.augusoft.net//info/landing/summer-learning>

Application Form: [FORM](#). **Due May 31ST**

CURRENT VOLUNTEER OPPORTUNITIES POSTED ON THE CAREER CENTRE: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 - 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 - 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13
BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25
ADVISORY/FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15