

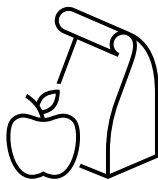


# CENTENNIAL TODAY

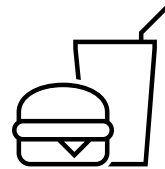
Friday, June 6, 2025 – Day 2

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



## LUNCH MENU



### Soup of the Day: Tomato Basil

Small \$2.50, Medium \$3.50, Large \$5.50

### AM Break

Bacon, Sausage & Egg Wrap \$3.00

Ham Grilled Cheese \$5.50

### Today's Menu

Grilled Cheese \$5.00

Chicken Strips & Fries \$7.50

Wild Salmon Burger \$6.00

Jerk Chicken w/ Beans & Rice, Mango Salsa  
\$7.00

### Salads

Centennial Salad \$ 5.00 w/ Chicken \$7.00 (GF)

Caesar Salad \$4.50 w/ Chicken \$5.50

Chopped Salad \$4.50 (GF)

# ALL STUDENTS

Please pick up your pictures and student ID from the office – during lunch or after school.

## Compass GRADPASS Tickets for Grade 12:

Two free Compass GradPass Tickets per Grade 12 student are available in the office for pickup.

Each ticket may be used between Now till – June 30, 2025 only.

Each ticket is valid for one day of unlimited travel on the bus, Skytrain, SeaBus and West Coast Express when used with valid student ID or government ID.

Please come to the office before your first class, at lunch or after school to pick up your tickets. **Please do not come in between classes or during FLEX.**

## Indigenous Student Year End Celebration - Tuesday June 10<sup>th</sup> in F206

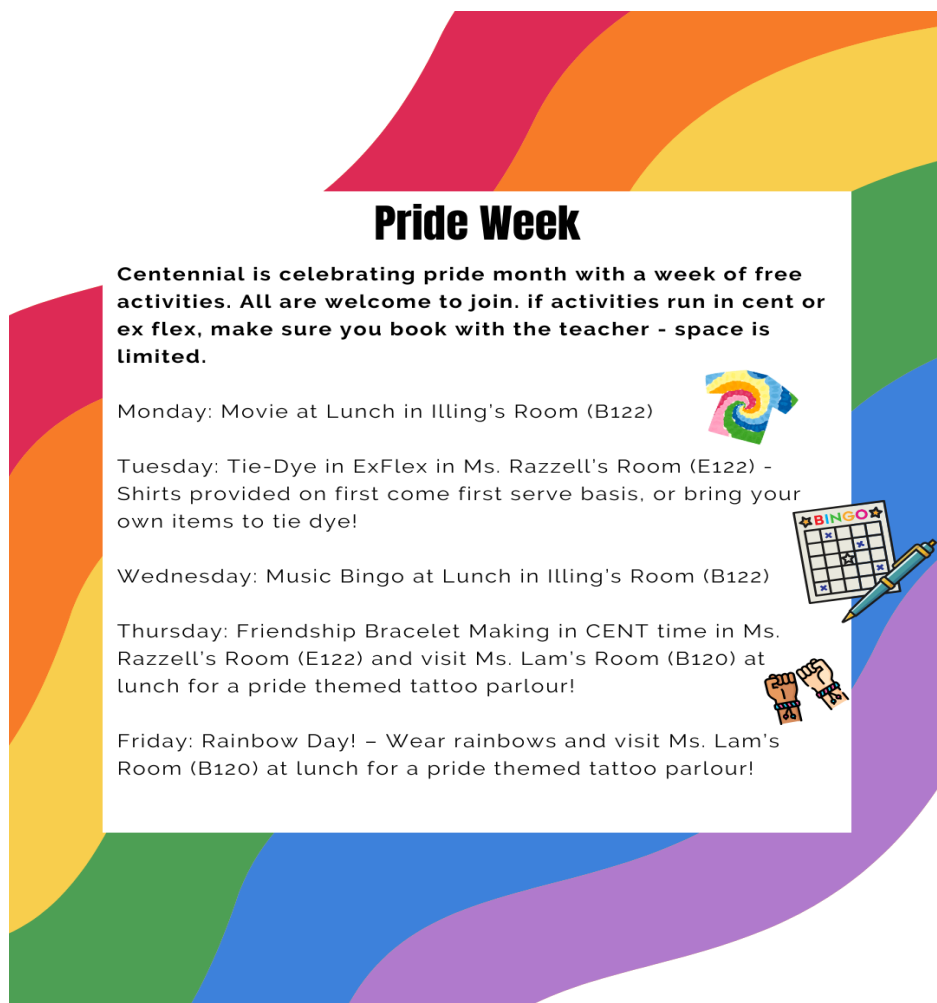
To celebrate all of your personal and academic achievements over this past year, Ms. Stones and Ms. Quigley will be hosting a Year End Celebration for all Indigenous students to attend during June 10th's Flex Time. It will take place in room F206, where we will be serving up Bannock and Chilli along with some other snacks and drinks. We will take this opportunity to present and celebrate the recipients of this school year's Indigenous Education Awards and give each and every one of you a small gift. Ms. Stones and Ms. Quigley can't wait to see you all there!

## PRIDE WEEK JUNE 2-6<sup>th</sup>:

Centennial is celebrating Pride Month with a week of free activities.


All are welcome to join! If activities run in **CENT or EXFLEX** time, make sure you book with the teacher – space is limited!

**Friday: Rainbow Day! – Wear rainbows and visit Ms. Lam's Room (B120) at lunch for a pride themed tattoo parlour.**





### Pride Week

Centennial is celebrating pride month with a week of free activities. All are welcome to join. if activities run in cent or ex flex, make sure you book with the teacher - space is limited.

Monday: Movie at Lunch in Illing's Room (B122) 

Tuesday: Tie-Dye in ExFlex in Ms. Razzell's Room (E122) - Shirts provided on first come first serve basis, or bring your own items to tie dye!

Wednesday: Music Bingo at Lunch in Illing's Room (B122) 

Thursday: Friendship Bracelet Making in CENT time in Ms. Razzell's Room (E122) and visit Ms. Lam's Room (B120) at lunch for a pride themed tattoo parlour! 

Friday: Rainbow Day! – Wear rainbows and visit Ms. Lam's Room (B120) at lunch for a pride themed tattoo parlour!

**If you have paid for your DAG (Dry After Grad) tickets will be available for pick up on Today June 6 at lunch in the main foyer. Please have your receipt and ID for pick up.**

## **Attention Grade 12s - Dinner/Dance**

Grad Dinner Dance Tickets will be available for pick up today Friday June 6 in the foyer at lunch. \*You will see Ms. Chambers/Ms. Mattson for these.

\*You must have your receipt (screen shot is fine).

\*Table Reservation sheets will be provided at that time. Table reservations sheets are due to Ms. Chambers by end of day Friday June 6th.

## **2026 Grad Hoodies**

Grade 11's/Grads of 2026 - Your grad hoodies are available for purchase starting June 4 until Wednesday June 18th.

\*Use the special promo code JUNE4 to receive a free sleeve personalization. This code is valid from June 4 @ 5pm until June 5th @ 11:59pm.

Store Link: <https://grdwr.co/CENT2026>

Promo Code: JUNE4

Customer Service line: [info@gradwear.ca](mailto:info@gradwear.ca)



## **Tickets are still available!!! For Dinner Dance & After Grad**

Grad Dinner Dance - Saturday June 21st, 2025 Sheraton Wall Center, Vancouver | Doors at 6pm. with dinner and dancing to follow.

Dry After Grad - Saturday/Sunday June 21st/22nd, 2025 Poirier Rec Center, Coquitlam | Must arrive prior to 12:30am. Prizes to be drawn beginning around 2:30am.

The cost will be \$205. Dry After Grad event tickets will be listed at \$60. [Note: These tickets will not be shown on your account if you currently have outstanding fees with the school. If you would like to arrange for fee payment prior to ticket purchase, please connect with your Vice Principal.

**Everyone has a responsibility** for looking after our facilities at Centennial.  
**If you see an issue with any of our washrooms, or any other concern please report it.**  
No toilet paper or soap... report it!  
A mess on the floor... report it!  
Vaping... report it!  
Damage... report it



**Tech Leader?** Would you like to support the school as a tech leader? Please come to the library to speak to Ms. Olchoway or Mrs. Caldwell anytime to find out more!

**Are you interested** in becoming a Peer Tutor? We are looking for students to make a once per week commitment during a Flex block. Please fill in the QR code to apply on the next page.

# PEER TUTORING

In the Library During flex...

Open Tutoring:  
By booking flex with  
"Open Tutoring"

Tutor  
I will Help

Tutee  
I need Help

Subjects: Math, Science, Music, Social Studies...

One on One  
Tutoring...





# CAREER CENTRE

Visit the online Centennial Career Centre Page –

[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



@cent43careercentre

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Tuesday, Wednesday and Friday 8:00am – 3:30 pm.

email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

## General Information

### VOLUNTEER OPPORTUNITIES WITH POMO ART ON SIDE

[Art Out Side JULY 21 - AUGUST 10](#)

### PROGRAM SPOTLIGHTs - UBC

[Bachelor of Pharmaceutical Sciences Degree | Pharmsci](#)

Does this program lead to a Pharmacy qualification?

**No, the BPSc is an undergraduate science degree. Graduates of the BPSc program will not be eligible to become pharmacists without completing an [Entry-to-Practice PharmD degree program](#).**

Student cohort of 80 - Four years of full-time study - One of two programs in Canada

The Bachelor of Pharmaceutical Sciences, offered by the Faculty of Pharmaceutical Sciences, focuses on discovery and development of drugs and therapies, formulations, nutraceuticals and supplements, and personal care products.

**[The Entry-to-Practice Doctor of Pharmacy \(PharmD\) Program | Pharmsci](#)**

**Is NOT open to high schools students.** TWO YEARS of study with required prerequisites (science/math) is required for admission consideration. Students will study 4 additional years to be eligible to become a pharmacist. (Faculty of Science) Tuition - Approx. 20K per year.

### Coquitlam Summer jobs via Indeed

[Discover 100 Summer Jobs and Work Opportunities in Coquitlam, BC | Indeed](#)

### VOLUNTEER OPPORTUNITIES - JUNE [Career Centre - Centennial Secondary School](#)

James Park School SUMMER CAMP VOLUNTEERS 6/15/2025

COQUITLAM CRUNCH CHALLENGE - VOLUNTEERS 6/21/2025

\*\*\*\*\*SD43 SPRING/SUMMER COMMUNITY BULLETIN BOARD\*\*\*\*\* 6/26/2025

Golden Spike Days (Port Moody) volunteers needed (June) 6/27/2025

Rainforest Adventure Summer Camp Volunteers 6/28/2025

ONGOING VOLUNTEER OPPORTUNITIES ARE LISTED WITH A JUNE 30TH DEADLINE  
6/29/2025

### 4th Annual BC Dumpling Festival - VOLUNTEERS

Will take place on Saturday, August 9th at Town Centre Park in Coquitlam, 11am to 8 pm. It is a family-friendly multicultural event and we'd love to invite students 15 years and older (or even staff) to join our team! They can do so through this link [BC Dumpling Volunteer Sign up](#)[http:///]

**TRI-CITIES In-person at the Coquitlam Library on July 29 at 6pm. You can register on**

**their Eventbrite page: Big Brothers Volunteer Info Session at Coquitlam Library Tickets, Tue, Jul 29, 2025 at 6:00 PM | Eventbrite**

### SPRING POST SECONDARY INFO SESSIONS:

[Career Centre - Centennial Secondary School](#)

## **Grade 12**

### **CAPILANO U COURSE PLANNING WORKSHOPS FOR FALL 2025 STUDENTS**

[Course Planning Workshops - Capilano University](#)

### **DOUGLAS COLLEGE INFO SESSION**

The next zoom info session will be held on June 26<sup>th</sup> at 5pm, Register 24 hours in advance:  
[Information sessions | Douglas College](#)

### **LOCAL SCHOLARSHIP AND DISTRICT AUTHORITY AWARDS UPDATE**

Winners will be published in the commencement program. Letters will be provided by the Career Centre and/or the SD43 District Office. In order to claim most awards, students must provide proof of enrolment at a post-secondary institution. Questions? Email Mrs. HW at [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

### **CTA (Coquitlam Teachers Association) AWARDS:** Additional External Awards

Students find application directly on the website and EMAIL TO [scholarship@cta43.org](mailto:scholarship@cta43.org)  
DOUBLE CHECK THE EMAIL INCLUDES "43". PLEASE DO NOT SEND JPEG FILES.

- **ROY KRUTOW (2 X \$1250) AWARDS FOR CTA RELATIVES** (Due July 1)

### **CUPE BC - AUBRY BURTON/REG FORD SCHOLARSHIPS**

[Aubrey Burton/Reg Ford Memorial Scholarship Application – CUPE BC Events & Resources](#)

CUPE BC offers the Aubrey Burton/Reg Ford Memorial Scholarship annually to CUPE members, their spouses or their children. Four scholarships valued at \$1,000 each are awarded to students entering their first year of Post-Secondary education. **Deadline is July 31**

## **SPORTS**

### **Track & Field –**

come cheer us on for Day 3 of Provincials, tomorrow June 7th at McLeod Stadium. All spectator info can be found:

[https://provincials.bcschoolsports.ca/leagues/custom\\_page.cfm?clientID=6992&leagueID=34268&pageID=22200](https://provincials.bcschoolsports.ca/leagues/custom_page.cfm?clientID=6992&leagueID=34268&pageID=22200)

# **Go Centaurs!!**

# Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 – 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 – 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13
BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25
ADVISORY/FLEX 1:29 – 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15