

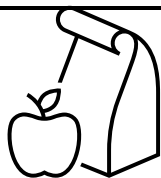


CENTENNIAL TODAY

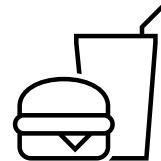
Wednesday, April 22, 2026 - Day 1

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



Soup: Cheesy Cauliflower

Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Turkey Sausage Breakfast Wrap \$3.00

Menu

Cheese Pizza \$5.50

Buffalo Chicken Pizza \$5.50

Korean BBQ Chicken Wrap \$5.50

**Braised Duck Bao Buns w/ Crispy Hoisin Bacon
\$7.00**

Salad

Caesar Salad \$4.50 w/ Chicken \$5.50



ATTENTION: GRAD CLASS OF 2026



Grad Guest Invitation Form Now Available!

Grads who are planning on inviting a guest (*2026-2027 Grads only*) to Dinner-Dance and After-Grad must fill out a Guest Invitation Form (including all the details requested) for approval. The form is available for pick-up in our main office. **The deadline to return the form is no later than May 8th.** Late requests will not be accepted.

Grad Dinner-Dance and After-Grad

Ticket sales for both Dinner-Dance and After-Grad will begin on **May 4 and run through until May 22.** Tickets can be purchased online via Schools Cash Online.



ALL STUDENTS

Flex Login:

Log in: 076-email address

Password: student ID number

(You will be prompted to change this after you log in)

If you still cannot log in, please come down to the tech centre (in the library) to see us for support.

Everyone has a responsibility for looking after our facilities at Centennial.

If you see an issue with any of our washrooms, or any other concern, please report it.

No toilet paper or soap... report it!

A mess on the floor... report it!

Vaping...report it!

Damage...report it!



GRADE 11 & 12 MINISTRY ASSESSMENTS

If you are in Grade 11 or 12 and still need to complete the Literacy 10, Numeracy 10 or Literacy 12 assessment, you would have received an email from Mr. Lore on a few occasions. You can now check the whiteboards in the main foyer which have the names for all students on the list for each assessment. **A reminder that these assessments are a requirement to graduate.**

Numeracy 10: April 22

Grade 12 - 9:00 am to 12:00 pm

Grade 11 - 12:15 to 3:15 pm

Location - Library

Literacy 12: April 23

Time: 9:00 am - 12:00

Location: Library

FOODSAFE Level 1 will be offered on:

Friday, April 24

Time: 8:00 a.m. – 2:30 p.m.

Location: Sewing Room

Cost: \$40

There are 10 spots remaining.

To register, please see the chef in the cafeteria to sign up.

Asian Heritage Night is Looking for Performers!

Centennial's annual Asian Heritage Night will be Thursday, May 28th! **Are you a solo singer, a band member, dancer, or other type of performing artist** and want to showcase your talent at the event? Please **fill in the form below by Monday April 27th** to provide your information and details about the performance.

A promotional graphic for a Costa Rica Spring Break trip. At the top, the words "COSTA RICA" are in large, bold, blue letters. Below this is a photo of a sloth hanging from a tree branch. Under the photo, it says "SPRING BREAK TRIP- MARCH 2027". In the center, a blue rounded rectangle contains the text "CROSS-COUNTRY TRAVERSE HIKING, BIKING, PADDLING" in white. At the bottom, there are two QR codes. The left one is labeled "Scan here for trip information!" and the right one is labeled "Scan here to APPLY!". At the very bottom, in small blue text, it says "EMAIL MS. CHYZOWSKI OR MS. MELVIN FOR INFO (ROOM F105)".

Costa Rica Spring Break 2027 - Final Notice

LAST CHANCE to join the Costa Rica Spring Break 2027 trip! If you have been considering this once in a lifetime opportunity to adventure across Costa Rica, please come see Ms. Chyzowski or Ms. Melvin ASAP. Scan QR codes for more information.

EUROTOUR 2027

ENGLAND

FRANCE

ITALY

Join us for an exciting tour of major European destinations during Spring Break 2027



LIBRARY POET-TREE



Hey Centaurs!

Visit the Library anytime in April to write a poem, ode, lyrics, or prose - whatever inspires you - and add it as a leaf to our Poet-Tree! Each entry receives a candy and a chance to win one of four free lunches in the Centennial Cafeteria.

Our second winner for the Poet-Tree contest is: **Alice Park!**



Come pick up your prize at the library circulation desk 😊

Tuesday Centennial Health & Wellness
Treks

April 7, 14, & 21
Meet at the flagpole at 10:05AM!

Walk & talk to Como Lake Park
Meet new people, enjoy the outdoors, and get in your steps!

Permission slip required!
Please pick one up from Ms. Bourne (F202) or Ms. Singh (F219)

The poster features a light green background with stylized trees and a path. An illustration shows a group of people walking along the path. The text is arranged in a clean, modern layout.

CAREER CENTRE

Visit the online Centennial Career Centre Page
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



[@cent43careercentre](https://www.instagram.com/cent43careercentre)

Employment/volunteering – Post Secondary Information- Scholarships & Awards – Trades Training

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email dhealeywright@sd43.bc.ca

*****REFRIGERATION AND AIR CONDITIONING MECHANIC**

NEW PROGRAM AT VCC - SPOTS FOR FALL

[Refrigeration and Air Conditioning Mechanic Foundation - Vancouver Community College](#) Note: The tuition for this program is a great deal higher than other institutions. (10K)

TIM HORTONS HIRING DAYS Hiring for multiple positions and welcome applicants of all experience levels. Candidates are encouraged to bring their resumes and may also bring friends who are interested in applying.

📍 April 23, 2026, Tim Hortons – Austin Ave
#101 – 955 Austin Avenue, Coquitlam, BC 🕒 2:00 PM – 5:00 PM

📍 April 28, 2026, Tim Hortons – Port Coquitlam
1525 Lougheed Highway, Port Coquitlam, BC 🕒 2:00 PM – 5:00 PM

Events – April

| | | |
|---|-----|-----------|
| INFO WEEK AT VCC APRIL 20 - 24TH | ... | 4/24/2026 |
| EPBC Events APRIL | ... | 4/30/2026 |
| KPU Indigenous - Open Doors, Open Minds April 30th - Langley campus | ... | 4/30/2026 |

EPBC Event Calendar [Event calendar](#) | [EducationPlannerBC](#) | [EducationPlannerBC](#)

Grade 12's

PLENTY OF SCHOLARSHIPS HAVE BEEN UPDATED FOR MAY AND JUNE DEADLINES [Career Centre - Centennial Secondary School](#)

[Indo-Canadian Scholarships](#) [Microsoft Word - ICBC-Student-Application-2026.docx](#) **OPEN TO GRADUATING INDO-CANADIAN STUDENTS PROCEEDING TO POST SECONDARY. DUE APRIL 26TH**

BCIT RADIO ARTS AND ENTERTAINMENT

<https://www.bcit.ca/programs/radio-arts-and-entertainment-diploma-full-time-6110dipma/> Applications are still open for this 2-year diploma program in September. Podcasting, Storytelling, Social Media, On mic positions...and more!

MOSAIC AWARDS FOR NEWCOMERS TO CANADA Six \$5,000 awards are given to deserving recipients with financial need to support their educational and post secondary goals. Must be new arrivals or refugees, living in Canada less than 5 years. Accepted to an educational program of either academic, professional or vocational nature. Apply by April 30. [MOSAIC Educational Enhancement Award](#) | [Awards](#) | [MOSAIC](#)

BC SCHOOL SPORTS SCHOLARSHIPS BCSS

Several scholarships to recognize **excellence in athletics, leadership, and community service**: 6 x \$1,000 Badminton scholarships, 2 x \$1,000 based on school spirit & healthy living & community involvement, 6 x \$1,000 based on leadership values. [2025/26 Scholarship Package Cover](#) Due May 1

CTA (COQUITLAM TEACHERS ASSOCIATION SCHOLARSHIPS

Email applications to Heidi Davis scholarship@cta43.org
Awards for SD43 students entering **TRADES**, (Visual, Fine or Performing)**ARTS, EQUITY**(BIPOC, including Indigenous or LGBTQ students) **TWO** awards for **children of CTA members**. 10 Awards total at \$500 to \$1500 each. **Due June 1**

GRACE FAMILY NETWORK FOUNDATION SCHOLARSHIPS

3 x \$1,000 Financial Need, Community Service,, Leadership Essay component. [Grace Family Network Foundation](#) Due May 31

BCTESOL SCHOLARSHIPS

[Scholarships - BCTESOL - BC Teachers of English to Speakers of Other Languages](#) Awards of \$1,000 each
For Immigrants & Studentss who started schooling in BC as Refugees/ELL. **Due April 30**

Find more on the Career Centre: [Career Centre - Centennial Secondary School](#)

MOSAIC AWARDS FOR NEWCOMERS TO CANADA

| | | |
|---|-----|-----------|
| MOSAIC AWARDS FOR NEWCOMERS TO CANADA | ... | 4/30/2026 |
| BCTESOL SCHOLARSHIPS (GRADS 2026) | ... | 4/30/2026 |
| Dr.E. Bruce Hendrick National Scholarship 2026 - Hydrocephalus Canada | ... | 4/30/2026 |
| Prospera Education grants | ... | 4/30/2026 |
| Sylvia Helmer Scholarship | ... | 4/30/2026 |
| Trevor Linden Community Spirit Scholarship | ... | 4/30/2026 |
| UVIC Entrance Scholarships (Application required) | ... | 4/30/2026 |

HORATIO ALGER VOCATIONAL AND TECHNICAL SCHOLARSHIPS FOR GRADE 12'S NOW OPEN

\$3,000 - \$9,000 Awards available (70+ awards for BC students only

[Vocational & Technical Scholarships - Horatio Alger Canada](#)

[Vocational & Technical Scholarship Eligibility - Horatio Alger Canada](#)

Fill out the form to receive the application link. Opens April 1.

Trevor Linden Community Spirit Scholarship

https://canucks.formstack.com/forms/2026_tl_scholarship 4X\$2500 Apply by April 30th.

Community/Volunteer involvement. Essay req'd

FINANCE PAGE LINK (SCHOLARSHIPS): [Career Centre - Centennial Secondary School](#)

SPORTS

Girls Hockey Team

Game day **TODAY** against Charles Best at Planet Ice Coquitlam #4- **2pm**
puck drop.

Cent girls have never lost a regular season game.....

Track & Field

Come cheer on the Track & Field team at the Coquitlam Classic this **Thursday, April 23rd** at Percy Perry Stadium, Town Centre. Events run from 3:30 to 7:45pm. **Athletes, please check your email and TeamLinkt for all info!**

Go Centaurs!

Centennial Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|--------------------------------|------------------------------|----------------------------|-------------------------|
| BLOCK 1 7:45 - 8:53 | BLOCK 1 7:45 - 8:53 | BLOCK 1 7:45 - 8:53 | BLOCK 1 7:45 - 8:53 | BLOCK 1 7:45 - 8:53 |
| BLOCK 2 9:00-10:12 | BLOCK 2 9:00 – 10:03 | BLOCK 2 9:00-10:12 | BLOCK 2 9:00 – 10:03 | BLOCK 2 9:00 - 10:12 |
| BLOCK 3 10:16-11:28 | <u>ExFLEX</u> 10:07 – 11:12 | BLOCK 3 10:16-11:28 | CENT TIME 10:07 – 11:12 | BLOCK 3 10:16-11:28 |
| Lunch 11:28 – 12:13 | BLOCK 3 11:16 – 12:19 | Lunch 11:28 – 12:13 | BLOCK 3 11:16 – 12:19 | Lunch 11:28 – 12:13 |
| BLOCK 4 12:13 – 1:25 | Lunch 12:19 – 1:05 | BLOCK 4 12:13 – 1:25 | Lunch 12:19 – 1:05 | BLOCK 4 12:13 – 1:25 |
| FLEX 1:29 – 1:59 | BLOCK 4 1:05 – 2:08 | ADVISORY/FLEX 1:29 - 1:59 | BLOCK 4 1:05 – 2:08 | FLEX 1:29 - 1:59 |
| BLOCK 5 2:03 - 3:15 | BLOCK 5 2:12 - 3:15 | BLOCK 5 2:03 - 3:15 | BLOCK 5 2:12 - 3:15 | BLOCK 5 2:03 - 3:15 |

**Book your
FLEX and
CENT**

SCAN ME

