



CENTENNIAL TODAY

May 20, 2026 - Day 1

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



Soup: Tuscan Bean & Mushroom
Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Bacon Breakfast Wrap \$3.00
Chicken Pesto Panini \$5.50

Menu

Grilled Cheese \$5.00
Italian Cold Cut Panini \$5.50
Monte Cristo Sandwich \$5.50
BBQ Pulled Pork Sandwich \$6.00
Haddock Burger \$7.00

Salad

Caesar Salad \$4.50 w/ Chicken \$5.50



ATTENTION: GRAD CLASS OF 2026



Movie Night

Hey Seniors, if you are planning on attending the Grad Games and Movie Night in the Red Gym on Thursday, May 21, 2026, please vote for the movie you would like to watch:



Grade 12 Games & Movie Night!

Join us for a fun night to celebrate with your graduating class as we head into the final weeks of high school!

Date and Time: May 21 6:00pm - 10:00pm

Location: Red Gym

Cost: \$10 (includes pizza, drinks, and snacks!)

Come hang out with friends, play games, and relax with a movie—don't miss this chance to make some great last memories together before graduation.

Get your ticket and be part of the fun! Tickets are available through school cash online now!

Grade 12 Hypnotist Show – Sign Up!

Interested in being part of the hypnotist show? Here's your chance!

Sign up for Cent Time with Ms. Chambers to participate in this fun and interactive experience.

Date of Show and Time: Thursday, May 28/Cent Time

Location: Theatre

Whether you want to be on stage or just enjoy the show, make sure you sign up soon—spots may be limited!

Don't miss out on this unique opportunity to be part of an unforgettable event!



Grad Dinner-Dance and After-Grad

Ticket sales for both Dinner-Dance and After-Grad will **run through until May 22**. Tickets can be purchased online via *Schools Cash Online*.

Grad Dinner-Dance

Location: Sheraton Wall Center Vancouver

Date: Saturday, June 20

Time: 6:00 – 11:00 pm

The early bird cost for Dinner-Dance is \$185 per ticket if purchased between May 4 -22. Tickets purchased from May 23 – June 12 will be \$205. Ticket pick-up will be available between June 1-3. An opportunity for table reservations (up to 10) will take place on June 4-5.

Dry After-Grad (“Starry Night”)

Location: Poirier Recreation Center

Date: Saturday, June 20th

Time: 11:00 – 3:00 am

After-Grad price is \$75. No tickets are issued for this. Photo ID will be required for entry. Doors will close for entry at 12:30 am. Opportunity for many great prizes, however, must be in attendance to accept.

ALL STUDENTS



Flex Login:

Log in: 076-email address

Password: student ID number

(You will be prompted to change this after you log in)

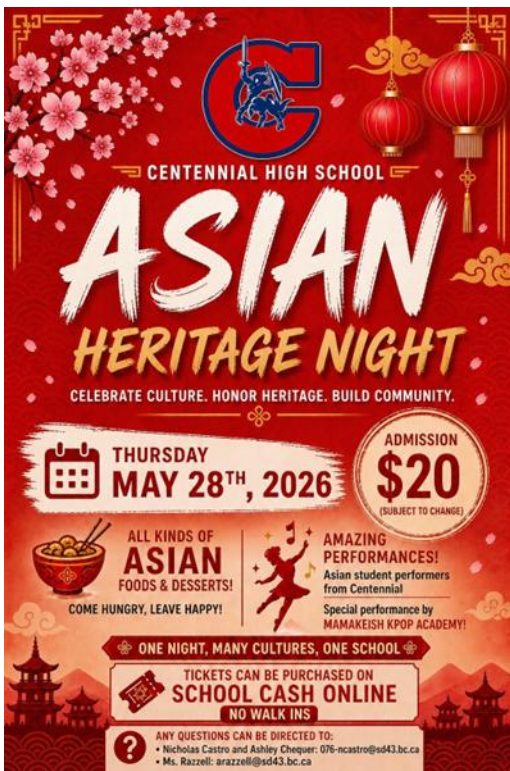
If you still cannot log in, please come down to the tech centre (in the library) to see us for support.

Everyone has a responsibility for looking after our facilities at Centennial.

If you see an issue with any of our washrooms, or any other concern, please report it.

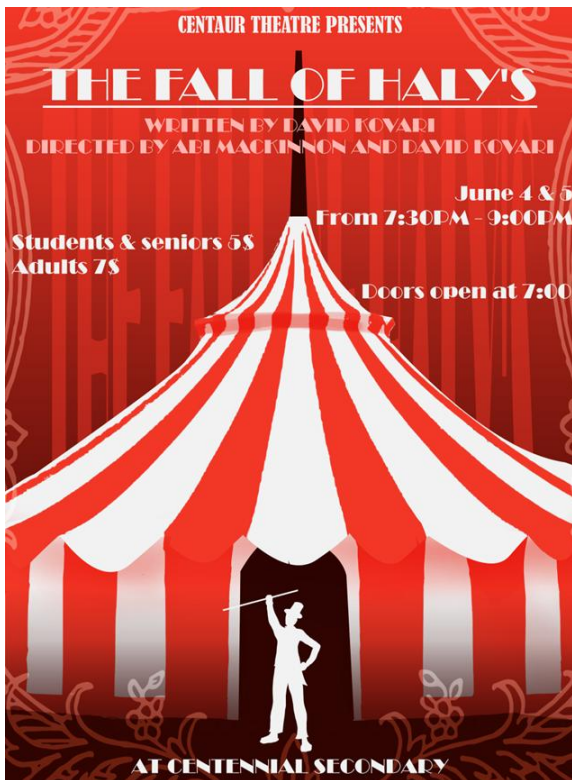
No toilet paper or soap... report it!
A mess on the floor... report it!
Vaping...report it! Damage...report it!





ASIAN HERITAGE NIGHT MAY 28th

Celebrate Asian heritage at Centennial May 28th from 5-8pm, with an Asian buffet, a bubble tea bar, musical and dance performances, and be entered to win amazing draw prizes! All are welcome to attend. Tickets for Asian Heritage Night are on sale now on schoolcashionline – don't miss out!



It is the Drama Club's self-written and directed show called "The Fall of Haley's".

When a Haley's Circus is having rehearsal on the eve of their most important performance to save their jobs, a murder takes place that must be solved. The family of circus folks band together and strain apart to figure out who-did-it.

Tickets: Sale at lunch in the foyer March 21st and 22nd.

\$5 for students \$7 for Adults. Or at the door!

Performance: June 4th-5th, 7:30-9 pm



A Crêpe Truck is coming to Centennial!!!

When? Thursday May 28th during Cent Time and Lunch

What? Delicious Sweet Crêpes (cash only)

Where? In front of the Foyer

Hosted by the Languages and ELL Departments



Current Grade 11s ~ It's Time to Start Thinking About Your Grad Year!

Please take a moment and vote for which grad hoodie design you like best. Grad Hoodies will be available for pre-order/purchase online in June

EUROTOUR 2027

ENGLAND FRANCE ITALY

Join us for an exciting tour of major European destinations during Spring Break 2027



CAREER CENTRE

Visit the online Centennial Career Centre Page
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://www.sd43.bc.ca/career-centre)



@cent43careercentre

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email dhealeywright@sd43.bc.ca

VOLUNTEER OPPORTUNITIES [Career Centre - Centennial Secondary School](https://www.sd43.bc.ca/career-centre)

SCHOLARSHIPS: [Career Centre - Centennial Secondary School](https://www.sd43.bc.ca/career-centre)

RISE AND SHINE (MINERVA) SUMMER SESSIONS FOR GIRLS

Spaces still open for this virtual program July 27th- 31st. [Rise and Shine Summer 2026 Registration Form Survey](#)

LANGARA INFO WEEK JUNE 1-4

Registration is now open! [Info Week Schedule](#)

VOLUNTEER THIS SUMMER WITH INTERNATIONAL EDUCATION - SUMMER SCHOOL Apply by June 10

Help support international students at summer school, earn volunteer hours and boost your resume!. [International Education Summer School - Student Volunteer Opportunity \(2026\) – Fill out form](#)



Summer job bank: Youth - Coquitlam

[Summer Jobs - Search - Job Bank](#)

Youth Jobs Canada.ca

[YouthJobsCanada - Connecting Youth with Employers in Canada](#)

Summer Seasonal Jobs - INDEED Coquitlam

[Discover 100 Summer Seasonal Jobs and Work Opportunities in Coquitlam, BC | Indeed](#)

SD43 SKILLED
**TRADES
EXPO**

CENTENNIAL SECONDARY
570 POIRIER ST. COQ

WED, JUNE 3RD 5-7PM

SCAN FOR
UPDATED LIST

OF WHO'S
COMING

EXPLORE TRADES
CAREERS
&
POST-SEC TRADES
PROGRAMS

MEET TRADES EMPLOYERS

FIND JOB OPPORTUNITIES

OR GO TO:
43CAREERS.COM & **CLICK 'READ MORE'**

SD43 SUMMER LEARNING VOLUNTEERS

COQUITLAM
**Summer
LEARNING**

SUMMER LEARNING SD43
VOLUNTEER SIGN UP
Mornings July 6th – 24th
Elementary or Middle schools

APPLICATIONS DUE BY JUNE 5TH

VOLUNTEERS FOR SUMMER LEARNING SD43 – DUE JUNE 5, 2026

The Coquitlam School District's Summer Learning program is pleased to once again offer a volunteer opportunity for our secondary students. Last year we placed over forty students into SD 43 Summer Learning classrooms, a valuable experience for students and teachers! Successful volunteers will be placed in local elementary or middle classrooms and earn necessary volunteer hours as well as a **letter of reference** from their sponsor teacher. **Spots are limited so submit a completed application early.**

[Summer Learning 2026 Volunteer Application Form – SECONDARY STUDENT – Fill out form](#)

Summer Volunteers: <https://royalsoccerclub.com/employment/british-columbia/>

Grade 12's

SCHOLARSHIPS FROM THE CAREER CENTRE MAY 20th-31st

RCAF Scholarships for STEM students entering Aerospace/Aviation ✳	... 5/20/2026
Jean Lumb Awards - Chinese Heritage, any grade	... 5/25/2026
Bank of Canada Scholarships	... 5/29/2026
Medavie Scholarship	... 5/29/2026
Resolute Legal Disability Lawyers Scholarship Program - Have a parent with a disability preventing them from working	... 5/30/2026
Builders of Tomorrow BC Foundation (construction-related program in BC)	... 5/31/2026
Alana James Memorial Culinary Scholarship	... 5/31/2026
ARFI (AUTOMOTIVE RETAILERS FOUNDATION) SCHOLARSHIPS AND BURSARIES	... 5/31/2026
Building Tomorrow Youth Trades Fair Scholarship	... 5/31/2026
Grace Family Network Foundation Scholarships	... 5/31/2026
Italian Cultural Centre Scholarships (Italian Heritage/Member of Cultural Centre/pursuing Italian language at post-secondary))	... 5/31/2026
Luke Santi Memorial Award for student Achievement (studying physics)	... 5/31/2026
MADD Canada Youth Bursaries	... 5/31/2026
Rose Family Student Bursary - loss of parent or guardian	... 5/31/2026
Tony Marzitelli Memorial Scholarship Fund	... 5/31/2026
Vancouver Korean Canadian Scholarship Foundation	... 5/31/2026

HORATIO ALGER SCHOLARSHIPS FOR GRADE 12'S

FINANCIAL NEED (Adversity may be in criteria for some awards) ENTERING A VOCATIONAL, TRADES OR TECHNICAL PROGRAM. Submit the eligibility form to have access to the application [Vocational & Technical Scholarship Eligibility - Horatio Alger Canada](#) **Open April 1 to June 15**

WINNERS OF SCHOLARSHIPS IN THE LOCAL PACKAGE AND THE DISTRICT PACKAGE WILL BE ANNOUNCED IN THE COMMENCEMENT PROGRAM

Winners will receive a letter about how to claim their awards.



HAVE YOU WON A SCHOLARSHIP OR AWARD? SHARE YOUR NEWS FOR THE COMMENCEMENT PROGRAM!

[Have you won a scholarship, bursary or award? – Fill out form](#)

CTA (COQUITLAM TEACHERS ASSOCIATION SCHOLARSHIPS

Email applications to Heidi Davis scholarship@cta43.org

Awards for SD43 students entering **TRADES**, (Visual, Fine or Performing)**ARTS, EQUITY**(BIPOC, including Indigenous or LGBTQ students) **TWO** awards for **children of CTA members**. 10 Awards total at \$500 to \$1500 each. **Due June 1**

Find more on the Career Centre: [Career Centre - Centennial Secondary School](#)

SPORTS

Go Centaurs!

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	<u>ExFLEX</u> 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

**Book your
FLEX and
CENT**

SCAN ME

