



CENTENNIAL TODAY

Tuesday, March 31, 2026 - Day 1

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



The salad bar will return April 7th and run until May 28th

Soup: Cheesy Broccoli

Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Sausage Breakfast Sandwich \$3.00

Menu

Grilled Cheese \$5.00

Chicken Pesto Panini \$5.50

Veggie Lasagna \$5.00

BBQ Pulled Pork Sandwich \$6.00

Italian Sub \$5.50

Meatball Sub \$6.00

Salad

Caesar Salad \$4.50 w/Chicken \$5.50

Greek Orzo Pasta Salad w/Chicken \$4

ALL STUDENTS

Flex Login:

Log in: 076-email address

Password: student ID number

(You will be prompted to change this after you log in)

If you still cannot log in, please come down to the tech centre (in the library) to see us for support.

Everyone has a responsibility for looking after our facilities at Centennial.

If you see an issue with any of our washrooms, or any other concern, please report it.

No toilet paper or soap... report it!

A mess on the floor... report it!

Vaping...report it!

Damage...report it!



DRAG RACE CLUB



REMINDER: Drag race club meeting, Wednesday April 1st at lunch in room A205



SD43 CLOTHING SWAP

Don't shop—Swap! Give your pre-loved clothes a second life and find your new favorite outfit for FREE.

SATURDAY APRIL 18, 2026

9:00 am (VIP) - 3:00 pm

Location: Pinetree Community Centre
1260 Pinetree Way, Coquitlam

**DONATION COLLECTION AT ALL SD43
SECONDARY SCHOOLS. ASK AT OFFICE.**

Who can participate?

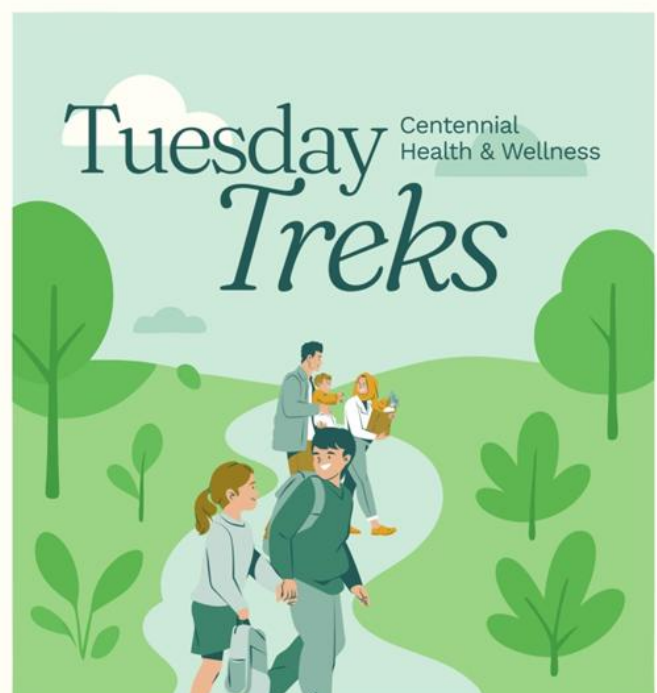
- All SD43 families and friends are welcome
- Donate and get VIP entry, (see office for VIP pass)
- All others entry with min \$2 donation to go to the SHARE Community Foodbank



Organizer: SD43 District
Sustainability Leadership
Committee - DSL



Box located next to the cafeteria.



April 7, 14, & 21
Meet at the flagpole
at 10:05AM!

Walk & talk to Como Lake Park
Meet new people, enjoy
the outdoors, and get in your
steps!

Permission slip required!
Please pick one up from
Ms. Bourne (F202) or Ms. Singh (F219)

CAREER CENTRE

Visit the online Centennial Career Centre Page
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](http://sd43.bc.ca)



@cent43careercentre

Employment/volunteering – Post Secondary Information- Scholarships & Awards – Trades Training

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email dhealeywright@sd43.bc.ca



GOLDEN SPIKE T SHIRT ILLUSTRATION CONTEST/BURSARY APPLY BY MAY 6TH - details on the career centre.

Indigenous Trades Sampler Apr 29 - May 1 Apply by NEW APRIL 15TH DEADLINE **INDIGENOUS STUDENTS IN TRADES SAMPLER - APPLICATION 2026.pdf**



BIG BROTHERS SUN RUN VOLUNTEERS - APRIL 17-19

[Community Volunteer Connections - Volunteer Now - Vancouver Sun Run - Big Brothers Charity Volunteer](#)

NEW* COMMUNITY VOLUNTEER CONNECTIONS (CVC) VOLUNTEER HANDBOOK **[Community Volunteer Connections | Volunteer - Individuals and Groups](#)**

Grade 12's



**BCIT BURNABY
CAMPUS WELCOME**

Wed, April 8
2-6 pm

Tour BCIT spaces
and discover
what's possible.



Register at
bcit.ca/InfoSessions

Link to Local Scholarship & DAA form

Due April 9/2026



<https://forms.office.com/r/7BsNPJ3cix>

District 43 Scholarships, Awards and Bursaries

District SD43 Awards.

DUE Tuesday, APRIL 15th.



<https://forms.office.com/r/c45ZxU7STv>

METRO VANCOUVER HOUSING BURSARY PROGRAM

- **Application deadline:** May 3, 2026, at 11:59 pm
- **7 x \$2,000** for students living in Metro Vancouver housing sites.

<https://metrovancover.org/services/housing/bursaries>

LOOKING AT A TRADES FOUNDATION COURSE?

TRADES TRAINING SEAT FINDER: [Trades Training BC - The Hub for BC's Public Trades Training Programs & Schedules](#)

BCIT BURNABY CAMPUS WELCOME April 8th 2-6pm <https://www.bcit.ca/event/burnaby-campus-welcome/>

COQUITLAM FOUNDATION SCHOLARSHIPS - APPLY NOW!



[Scholarships and Bursaries | Coquitlam Foundation - Invest . Enrich . Inspire](#)

(DUE MARCH 31) (\$750 - \$2,000)

SCHOLARSHIP MEETING INFO



[2026 CENTENNIAL LOCAL INFO SHEET MTG 2 SPRING.pdf](#)



[SCHOLARSHIP SLIDES 2025 2026 SPRING UPDATE PDF.pdf](#)

BC Ministry District Authority Awards

(30 available for Centennial 2026 Grads)

\$1250 for Excellence in one of 7 focus areas. CDN or PR Students apply via the Local Scholarship Form Details here: [2026 CENTENNIAL LOCAL INFO SHEET MTG 2 SPRING.pdf](#)

March 31 deadlines (External Scholarships) Career Centre - Centennial Secondary School

*****COQUITLAM FOUNDATION BURSARIES now openCOQUITLAM and/or SD43 STUDENTS ONLY!*****DUE MARCH 31	... 3/31/2026
*****COQUITLAM FOUNDATION BURSARIES*****COQUITLAM and/or SD43 STUDENTS ONLY!	... 3/31/2026
BC HYDRO POWER PIONEERS COMMUNITY SERVICE AWARDS	... 3/31/2026
BC Tech Scholarships	... 3/31/2026
BCRVPA BC Retired	... 3/31/2026
Capilano Entrance Awards/Scholarships	... 3/31/2026
CAPU Additional Entrance Awards	... 3/31/2026
DOUGLAS COLLEGE ENTRANCE SCHOLARSHIP APPLICATIONS DUE MARCH 31ST	... 3/31/2026
Douglas College Entrance Scholarships Oct 1 to March 31	... 3/31/2026
Eagle Ridge Hospital Auxiliary Bursary (2)	... 3/31/2026
GRADE 11 - HORATIO ALGER NATIONAL ENTREPRENEURIAL SCHOLARSHIPS	... 3/31/2026
GRADE 11 Canadian Scholarships	... 3/31/2026
https://www.yvraf.com/our-program-resources/emerging-artists-scholarships/	... 3/31/2026
Kochhar & Co.	... 3/31/2026
Manulife Life Lessons Scholarship/contest (Loss of parent or guardian)	... 3/31/2026
Nature Vancouver Scholarships	... 3/31/2026
PCAHA - Pacific Coast Amateur Hockey Association Scholarships	... 3/31/2026
SFU ENTRANCE AWARDS, BURSARIES AND SCHOLARSHIPS - deadline March 31	... 3/31/2026
SFU ENTRANCE AWARDS, BURSARIES AND SCHOLARSHIPS (to March 31)	... 3/31/2026
Theatre Society Legacy Fund Bursary (Entering a formal arts program - defined as a creative activity that expresses imaginative or technical skills. It produces a product or an objectexperience. It includes drawing, painting, sculpting, photography, digit	... 3/31/2026

Many **scholarships** have been added/updated for April - May: [Career Centre - Centennial Secondary School](#)

BCIT PATHWAY TO SUCCESS AWARDS

IF YOU ARE PLANNING TO APPLY TO **BCIT FOR A TECHNOLOGY, TECHNICAL STUDIES OR TRADE PROGRAM**, there are 3 awards of \$3,000 for SD43 students! Application deadline for students: April 3, 2026

 [SFAA-23 V5-print.pdf](#)

 [SFAA-21 V10.pdf](#)

FINANCE PAGE LINK (SCHOLARSHIPS): [Career Centre - Centennial Secondary School](#)

SPORTS

Centennial Paddling Club



 **Calling All Paddlers!** 

Are you a Centennial student interested in Hawaiian Outrigger Paddling? We'd love to have you join us!

Come to our information meetings on Wednesday, March 4th and Wednesday, April 1st during lunch in Room B221 to learn more about the team and upcoming opportunities.

Can't make it to one of the meetings? No problem — stop by and see Mr. Asano for more information.

Come check it out and be part of the crew! 🏄‍♀️

Go Centaurs!

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	ExFLEX 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

Book your
FLEX and
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SCAN ME

