



# CENTENNIAL TODAY

**Tuesday, April 7, 2026 - Day 2**

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



## LUNCH MENU



### **Soup: Roasted Carrot Ginger**

Small \$2.50, Medium \$3.50, Large \$5.50

### **AM Break**

Bacon & Egg Breakfast Sandwich \$3.00

### **Menu**

Grilled Cheese \$5.00

Chicken Pesto Panini \$5.50

BBQ Pulled Pork Sandwich \$6.00

Hot Honey Chicken Sandwich \$6.00

BBQ Beef Smash Burger \$6.00



## Salad Bar

Cucumbers & Tomatoes  
Chili Lime Bean & Corn Salad  
Sundried Tomato Pesto Pasta Salad  
Chopped Romaine  
Spinach & Kale  
Ranch & Balsamic Vinaigrette



**ATTENTION: GRAD CLASS OF 2026**



### **Grad Guest Invitation Form Now Available!**

Grads who are planning on inviting a guest (*2026-2027 Grads only*) to Dinner-Dance and After-Grad must fill out a Guest Invitation Form (including all the details requested) for approval. The form is available for pick-up in our main office. **The deadline to return the form is no later than May 8th.** Late requests will not be accepted.

### **Grad Committee Meeting:**

Grad is soon approaching and we want your input. Our next Grad Committee meeting is ***Friday, April 10, at lunch in Ms. Mattson's classroom (E216).*** Please attend to have your ideas heard and put into action via your classmates.

### **Valedictorian Nominees**

[Congratulations](#) to the Class of 2026 Valedictorian Nominees who will be campaigning from April 7-14 and speaking to the student body during Cent Time on April 16th. Voting will commence immediately after the nominee speeches.

### **The Valedictorian nominees are:**

Aahil Sonawala  
David Wong  
Annaliesa Coupe  
Nimrit Maghera & Olivia Kubicsek  
Victoria Nadis  
Lucy Lee & Maxene Lubog  
Alec Chang

### **Grad Dinner-Dance and After-Grad**

Ticket sales for both Dinner-Dance and After-Grad will begin on ***May 4 and run through until May 22.*** Tickets can be purchased online via Schools Cash Online.

# ALL STUDENTS

## **Flex Login:**

**Log in: 076-email address**

**Password: student ID number**

**(You will be prompted to change this after you log in)**

**If you still cannot log in, please come down to the tech centre (in the library) to see us for support.**

**Everyone has a responsibility** for looking after our facilities at Centennial.

**If you see an issue with any of our washrooms, or any other concern, please report it.**

No toilet paper or soap... report it!

A mess on the floor... report it!

Vaping...report it!

Damage...report it!



## **LIBRARY POET-TREE**



Hey Centaurs!

**Starting on April 7<sup>th</sup>** come visit the library anytime to write a poem, ode, lyrics, or prose - whatever inspires you - and add it as a leaf to our Poet-Tree! Each entry receives candy and a chance to win one of four free lunches in the Centennial Cafeteria.



## SD43 CLOTHING SWAP



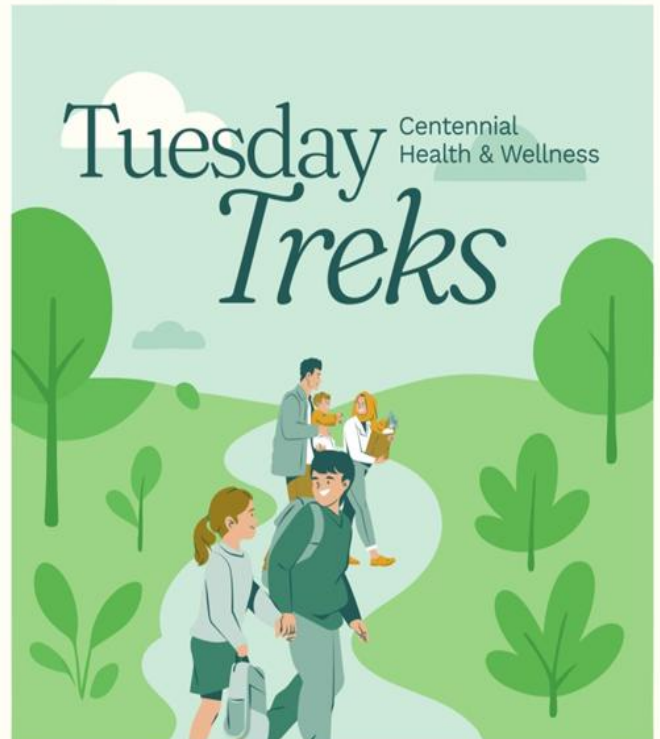
**Don't shop—Swap!** Give your pre-loved clothes a second life and find your new favorite outfit for FREE.

**SATURDAY APRIL 18, 2026**  
9:00 am (VIP) - 3:00 pm  
**Location:** Pinetree Community Centre  
1260 Pinetree Way, Coquitlam

**DONATION COLLECTION AT ALL SD43  
SECONDARY SCHOOLS. ASK AT OFFICE.**

### Who can participate?

- All SD43 families and friends are welcome, 10:00 am
- Donate and get VIP early entry, 9:00 am (See office for VIP pass)



**April 7, 14, & 21**  
Meet at the flagpole  
at 10:05AM!

**Walk & talk to Como Lake Park**  
Meet new people, enjoy the outdoors, and get in your steps!

**Permission slip required!**  
Please pick one up from  
Ms. Bourne (F202) or Ms. Singh (F219)

## CAREER CENTRE

Visit the online **Centennial Career Centre Page**  
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](http://sd43.bc.ca)



**@cent43careercentre**

### **Employment/volunteering – Post Secondary Information- Scholarships & Awards – Trades Training**

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

**VOLUNTEER OPPORTUNITIES ON THE CAREER CENTRE PAGE**

**VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER VOLUNTEER**

## **UBC WOMEN IN SCIENCE STEM WORKSHOP (20 SPOTS)**

- Date: Friday, May 15, 2026
- Sign-up deadline: April 24, 2026, at 11:59 PM
- Time: 1:00 - 2:30 PM

<https://docs.google.com/forms/d/e/1FAIpQLSeowizCIAFnWTn0EKscl8voNnLP32bfeX-letEg7WLEHFSQFQ/viewform?usp=dialog>

## **CAMP IGNITE - for young women**

Applications are open until May 1st. [Camp Ignite - Camp, Firefighting, Summer Camp](#) August 7th - 9th, 2026 3 full days and 2 overnights

**MOSAIC AWARDS FOR NEWCOMERS TO CANADA** Six \$5,000 awards are given to deserving recipients with financial need to support their educational and post secondary goals. Must be new arrivals or refugees, living in Canada less than 5 years. Accepted to an educational program of either academic, professional or vocational nature. Apply by April 30. [MOSAIC Educational Enhancement Award | Awards | MOSAIC](#)

**UNIVERSITY OF VICTORIA ENTRANCE SCHOLARSHIPS** Based on admission average and other criteria. Log into your UVic account and apply by April 30. Open to all domestic and international students in Canada.

## **BC SCHOOL SPORTS SCHOLARSHIPS BCSS**

Several scholarships to recognize **excellence in athletics, leadership, and community service**: 6 x \$1,000 Badminton scholarships, 2 x \$1,000 based on school spirit & healthy living & community involvement, 6 x \$1,000 based on leadership values. [2025/26 Scholarship Package Cover](#) Due May 1

## **VOLUNTEER INFO SESSION (CYC)**

April 16<sup>th</sup> 4pm-6pm Coquitlam Library

[Community Volunteer Connections | Volunteer Information Session](#)

## **GOLDEN SPIKE T SHIRT ILLUSTRATION CONTEST/BURSARY**

APPLY BY MAY 6TH - details on the career centre.

**Indigenous Trades Sampler Apr 29 - May 1 Apply by NEW APRIL 15TH DEADLINE**

[INDIGENOUS STUDENTS IN TRADES SAMPLER - APPLICATION 2026.pdf](#)



## **BIG BROTHERS SUN RUN VOLUNTEERS - APRIL 17-19**

[Community Volunteer Connections - Volunteer Now - Vancouver Sun Run - Big Brothers Charity Volunteer](#)

## **NEW\* COMMUNITY VOLUNTEER CONNECTIONS (CVC) VOLUNTEER HANDBOOK**

[Community Volunteer Connections | Volunteer - Individuals and Groups](#)

## **Grade 12's**



**BCIT BURNABY  
CAMPUS WELCOME**

Wed, April 8  
2-6 pm

Tour BCIT spaces  
and discover  
what's possible.



Register at  
[bcit.ca/InfoSessions](https://bcit.ca/InfoSessions)

**HORATIO ALGER VOCATIONAL AND TECHNICAL SCHOLARSHIPS FOR GRADE 12'S NOW OPEN**

**\$3,000 - \$9,000 Awards available (70+ awards for BC students only)**

[Vocational & Technical Scholarships - Horatio Alger Canada](#)

[Vocational & Technical Scholarship Eligibility - Horatio Alger Canada](#)

Fill out the form to receive the application link. Opens April 1.

**Trevor Linden Community Spirit Scholarship**

[https://canucks.formstack.com/forms/2026\\_tl\\_scholarship](https://canucks.formstack.com/forms/2026_tl_scholarship) 4X\$2500 Apply by April 30th.

Community/Volunteer involvement. Essay req'd

**Link to Local Scholarship & DAA form**

**Due April 9/2026**

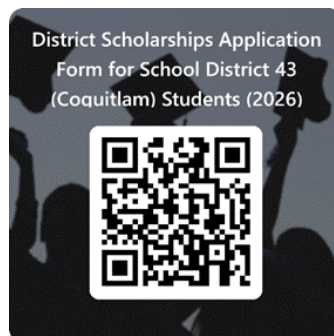


<https://forms.office.com/r/7BsNPJ3cjx>

**District 43 Scholarships, Awards and Bursaries**

**District SD43 Awards.**

**DUE Tuesday, APRIL 15th.**



<https://forms.office.com/r/c45ZxU7STv>

**METRO VANCOUVER HOUSING BURSARY PROGRAM**

- **Application deadline:** May 3, 2026, at 11:59 pm
- **7 x \$2,000** for students living in Metro Vancouver housing sites.

<https://metrovancover.org/services/housing/bursaries>

**LOOKING AT A TRADES FOUNDATION COURSE?**

TRADES TRAINING SEAT FINDER: [Trades Training BC - The Hub for BC's Public Trades Training Programs & Schedules](#)

**BCIT BURNABY CAMPUS WELCOME April 8th 2-6pm** <https://www.bcit.ca/event/burnaby-campus-welcome/>

## **SCHOLARSHIP MEETING INFO**

 [2026 CENTENNIAL LOCAL INFO SHEET MTG 2 SPRING.pdf](#)  
 [SCHOLARSHIP SLIDES 2025 2026 SPRING UPDATE PDF.pdf](#)

### **BC Ministry District Authority Awards (30 available for Centennial 2026 Grads)**

\$1250 for Excellence in one of 7 focus areas. CDN or PR Students apply via the Local Scholarship Form Details here:  [2026 CENTENNIAL LOCAL INFO SHEET MTG 2 SPRING.pdf](#)

Many **scholarships** have been added/updated for April - May: [Career Centre - Centennial Secondary School](#)

### **BCIT PATHWAY TO SUCCESS AWARDS**

IF YOU ARE PLANNING TO APPLY TO **BCIT FOR A TECHNOLOGY, TECHNICAL STUDIES OR TRADE PROGRAM**, there are 3 awards of \$3,000 for SD43 students! Application deadline for students: April 3, 2026

 [SFAA-23 V5-print.pdf](#)

 [SFAA-21 V10.pdf](#)

**FINANCE PAGE LINK (SCHOLARSHIPS):** [Career Centre - Centennial Secondary School](#)

## **SPORTS**

### **Centennial Paddling Club**




 **Calling All Paddlers!** 

Are you a Centennial student interested in Hawaiian Outrigger Paddling?  
We'd love to have you join us!

Come to our information meetings on Wednesday, March 4th and  
Wednesday, April 1st during lunch in Room B221 to learn more about the  
team and upcoming opportunities.

Can't make it to one of the meetings? No problem — stop by and see Mr.  
Asano for more information.

Come check it out and be part of the crew! 

# **Go Centaurs!**

# Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	ExFLEX 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

**Book your  
FLEX and  
CENT**

**SCAN ME**

