



# CENTENNIAL TODAY

**May 21, 2026 - Day 2**

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



## LUNCH MENU



**Soup: Indian Dahl (Vegan)**

**Small \$2.50, Medium \$3.50, Large \$5.50**

### **AM Break**

**Sausage & Egg Breakfast Sandwich \$3.00**

**Monte Cristo \$5.50**

### **Lunch Menu**

**Four Cheese Pizza \$5.50**

**Cajun Chicken & Pepper Pizza \$5.50**

**Italian Cold Panini \$5.50**

**Chicken Casar Wrap \$5.50**



## Salad Bar \$5.00

Pesto Pasta Salad

Quinoa Salad

Roasted Eggplant & Peppers

Fruit Salad

Spinach

Mixed Greens (Centennial Grown)

Italian & Ranch Dressing



## **ATTENTION: GRAD CLASS OF 2026**



### 🎓 **Grade 12 Games & Movie Night!** 🎬

Join us for a fun night to celebrate with your graduating class as we head into the final weeks of high school!

📅 **Date and Time:** May 21 6:00pm - 10:00pm

📍 **Location:** Red Gym

💰 **Cost:** \$10 (includes pizza, drinks, and snacks!)

Come hang out with friends, play games, and relax with a movie—don't miss this chance to make some great last memories together before graduation.

🎫 Tickets are available through school cash online, **LAST DAY TODAY!**

### 🎓 **Grade 12 Hypnotist Show – Sign Up!** 🎭

Interested in being part of the hypnotist show? Here's your chance!

📝 **Sign up for Cent Time with Ms. Chambers** to participate in this fun and interactive experience.

📅 **Date of Show and Time:** Thursday, May 28/Cent Time

📍 **Location:** Theatre

Whether you want to be on stage or just enjoy the show, make sure you sign up soon—spots may be limited!

Don't miss out on this unique opportunity to be part of an unforgettable event!



### **Grad Dinner-Dance and After-Grad**

Ticket sales for both Dinner-Dance and After-Grad will **run through until May 22**. Tickets can be purchased online via Schools Cash Online.

#### **Grad Dinner-Dance**

**Location:** Sheraton Wall Center Vancouver

**Date:** Saturday, June 20

**Time:** 6:00 – 11:00 pm

The **early bird** cost for Dinner-Dance is \$185 per ticket if purchased between **May 4 -22**.

**Tickets purchased from May 23 – June 12 will be \$205.**

Ticket pick-up will be available between **June 1-3 in the Foyer**. An opportunity for table reservations (up to 10) will take place on June 4-5.

## Dry After-Grad ("Starry Night")

Location: Poirier Recreation Center

Date: Saturday, June 20th

Time: 11:00 – 3:00 am

After-Grad price is \$75. No tickets are issued for this. Photo ID will be required for entry. Doors will close for entry at 12:30 am. Opportunity for many great prizes, however, must be in attendance to accept.

## ALL STUDENTS



**Flex Login:**

**Log in: 076-email address**

**Password: student ID number**

**(You will be prompted to change this after you log in)**

**If you still cannot log in, please come down to the tech centre (in the library) to see us for support.**

**Everyone has a responsibility** for looking after our facilities at Centennial.

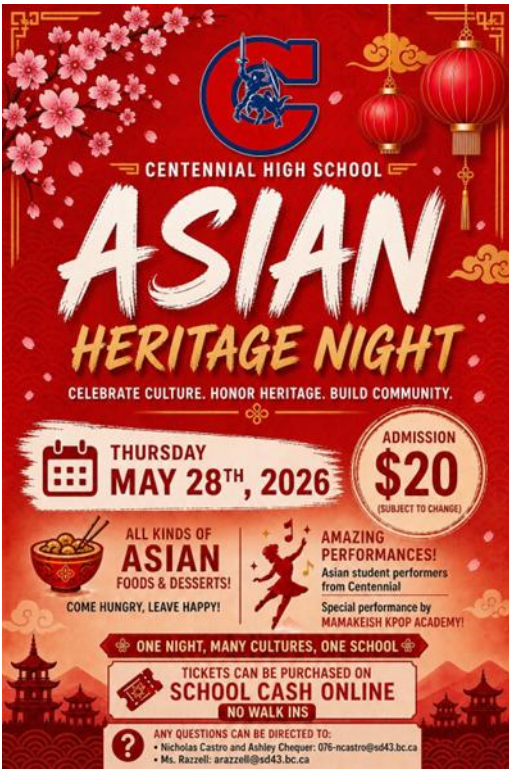
**If you see an issue with any of our washrooms, or any other concern, please report it.**

No toilet paper or soap... report it!

A mess on the floor... report it!

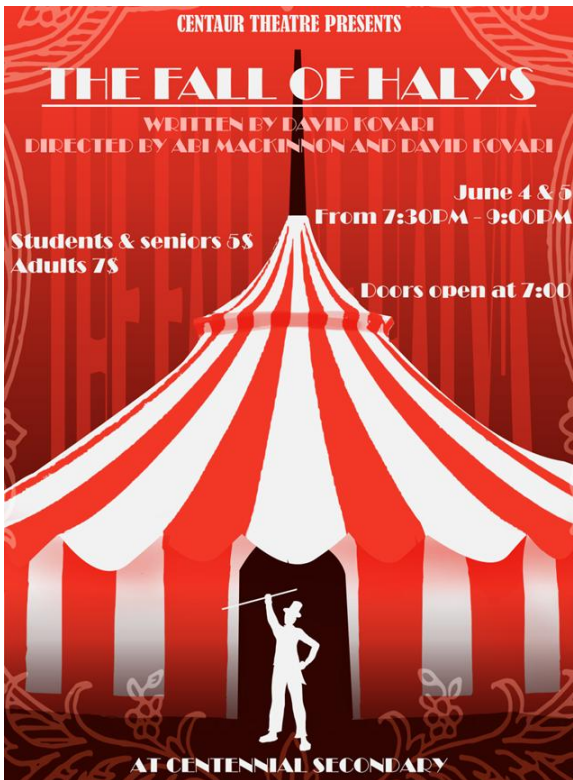
Vaping...report it! Damage...report it





**ASIAN HERITAGE NIGHT MAY 28<sup>th</sup>**

Celebrate Asian heritage at Centennial May 28<sup>th</sup> from 5-8pm, with an Asian buffet, a bubble tea bar, musical and dance performances, and be entered to win amazing draw prizes! All are welcome to attend. Tickets for Asian Heritage Night are on sale now on school cash online – don't miss out!



It is the Drama Club's self-written and directed show called "The Fall of Haley's".

When a Haley's Circus is having rehearsal on the eve of their most important performance to save their jobs, a murder takes place that must be solved. The family of circus folks band together and strain apart to figure out who-did-it.

**Tickets: Sale at lunch in the foyer March 21<sup>st</sup> and 22<sup>nd</sup>.**  
 \$5 for students \$7 for Adults. Or at the door!  
 Performance: June 4th-5th, 7:30-9 pm



**A Crêpe Truck is coming to Centennial!!!**

When? Thursday May 28th during Cent Time and Lunch  
 What? Delicious Sweet Crêpes (cash only)  
 Where? In front of the Foyer  
 Hosted by the Languages and ELL Departments



### **Current Grade 11s ~ It's Time to Start Thinking About Your Grad Year!**

Please take a moment and vote for which grad hoodie design you like best. Grad Hoodies will be available for pre-order/purchase online in June

## **EUROTOUR 2027**

**ENGLAND**

**FRANCE**

**ITALY**

Join us for an exciting tour of major European destinations during Spring Break 2027



## **CAREER CENTRE**

Visit the online Centennial Career Centre Page  
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](http://Career Centre - Centennial Secondary School (sd43.bc.ca))



**@cent43careercentre**

### **Employment/volunteering – Post Secondary Information- Scholarships & Awards – Trades Training**

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

**VOLUNTEER OPPORTUNITIES [Career Centre - Centennial Secondary School](#)**

**SCHOLARSHIPS: [Career Centre - Centennial Secondary School](#)**

### **RISE AND SHINE (MINERVA) SUMMER SESSIONS FOR GIRLS**

Spaces still open for this virtual program July 27th- 31st. [Rise and Shine Summer 2026 Registration Form Survey](#)

### **LANGARA INFO WEEK JUNE 1-4**

Registration is now open! [Info Week Schedule](#)

**VOLUNTEER THIS SUMMER WITH INTERNATIONAL EDUCATION - SUMMER SCHOOL** Apply by June 10

Help support international students at summer school, earn volunteer hours and boost your resume! [International Education Summer School - Student Volunteer Opportunity \(2026\) – Fill out form](#)



**Summer job bank: Youth - Coquitlam**  
[Summer Jobs - Search - Job Bank](#)

**Youth Jobs Canada.ca**  
[YouthJobsCanada - Connecting Youth with Employers in Canada](#)

**Summer Seasonal Jobs - INDEED Coquitlam**  
[Discover 100 Summer Seasonal Jobs and Work Opportunities in Coquitlam, BC | Indeed](#)

SD43 SKILLED  
**TRADES EXPO**

CENTENNIAL SECONDARY  
570 POIRIER ST. COQ

WED, JUNE 3<sup>RD</sup> 5-7PM

SCAN FOR  
UPDATED LIST

OF WHO'S  
COMING

OR GO TO:  
**43CAREERS.COM & CLICK 'READ MORE'**

EXPLORE TRADES  
CAREERS  
&  
POST-SEC TRADES  
PROGRAMS

MEET TRADES EMPLOYERS  
FIND JOB OPPORTUNITIES

### SD43 SUMMER LEARNING VOLUNTEERS

COQUITLAM  
**Summer LEARNING**

SUMMER LEARNING SD43  
VOLUNTEER SIGN UP  
Mornings July 6<sup>th</sup> – 24<sup>th</sup>  
Elementary or Middle schools

APPLICATIONS DUE BY JUNE 5TH

### **VOLUNTEERS FOR SUMMER LEARNING SD43 – DUE JUNE 5, 2026**

The Coquitlam School District's Summer Learning program is pleased to once again offer a volunteer opportunity for our secondary students. Last year we placed over forty students into SD 43 Summer Learning classrooms, a valuable experience for students and teachers! Successful volunteers will be placed in local elementary or middle classrooms and earn necessary volunteer hours as well as a **letter of reference** from their sponsor teacher. **Spots are limited so submit a completed application early.**

[Summer Learning 2026 Volunteer Application Form – SECONDARY STUDENT – Fill out form](#)

Summer Volunteers: <https://royalsoccerclub.com/employment/british-columbia/>

## Grade 12's

### SCHOLARSHIPS FROM THE CAREER CENTRE MAY 20th-31st

#### HORATIO ALGER SCHOLARSHIPS FOR GRADE 12'S

FINANCIAL NEED (Adversity may be in criteria for some awards) ENTERING A VOCATIONAL, TRADES OR TECHNICAL PROGRAM. Submit the eligibility form to have access to the application [Vocational & Technical Scholarship Eligibility - Horatio Alger Canada](#) **Open April 1 to June 15**

### WINNERS OF SCHOLARSHIPS IN THE LOCAL PACKAGE AND THE DISTRICT PACKAGE WILL BE ANNOUNCED IN THE COMMENCEMENT PROGRAM

Winners will receive a letter about how to claim their awards.



### HAVE YOU WON A SCHOLARSHIP OR AWARD? SHARE YOUR NEWS FOR THE COMMENCEMENT PROGRAM!

[Have you won a scholarship, bursary or award? – Fill out form](#)

### CTA (COQUITLAM TEACHERS ASSOCIATION SCHOLARSHIPS

Email applications to Heidi Davis [scholarship@cta43.org](mailto:scholarship@cta43.org)

Awards for SD43 students entering **TRADES**, (Visual, Fine or Performing) **ARTS, EQUITY** (BIPOC, including Indigenous or LGBTQ students) **TWO** awards for **children of CTA members**. 10 Awards total at \$500 to \$1500 each. **Due June 1**

Find more on the Career Centre: [Career Centre - Centennial Secondary School](#)

**SPORTS**

# Go Centaurs!

# Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
	ExFLEX 10:07 – 11:12		CENT TIME 10:07 – 11:12	
BLOCK 3 10:16-11:28	BLOCK 3 11:16 – 12:19	BLOCK 3 10:16-11:28	BLOCK 3 11:16 – 12:19	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

**Book your  
FLEX and  
CENT**

**SCAN ME**

