

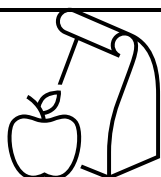


CENTENNIAL TODAY

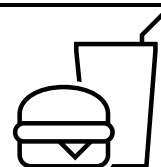
Thursday April 30, 2026 - Day 2

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



Soup: Minestrone Soup

Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Bacon & Egg Breakfast Sandwich \$3.00

Menu

Grilled Cheese \$5.00

Sweet Chili BBQ Chicken Wrap \$5.50

Centennial Charcuterie \$7.00

**Butter Chicken w/ Naan Bread & Basmati Rice
\$7.00**

Texas BBQ Beef Brisket w/ Baked Beans \$7.00



Salad Bar

Greek Pasta Salad w/ Lentils
Southwest Quinoa Salad
Roasted Yams
Fruit Salad
Butter Lettuce
Spinach & Kale
Ranch & Italian Parmesan



ATTENTION: GRAD CLASS OF 2026



Grad Dinner-Dance and After-Grad

Ticket sales for both Dinner-Dance and After-Grad will begin on **May 4 and run through until May 22**. Tickets can be purchased online via Schools Cash Online.



Grad Dinner-Dance

Location: Sheraton Wall Center Vancouver

Date: Saturday, June 20

Time: 6:00 – 11:00 pm

The early bird cost for Dinner-Dance is \$185 per ticket if purchased between May 4 -22. Tickets purchased from May 23 – June 12 will be \$205. Ticket pick-up will be available between June 1-3. An opportunity for table reservations (up to 10) will take place on June 4-5.

Dry After-Grad (“Starry Night”)

Location: Poirier Recreation Center

Date: Saturday, June 20th

Time: 11:00 – 3:00 am

After-Grad price is \$75. No tickets are issued for this. Photo ID will be required for entry. Doors will close for entry at 12:30 am. Opportunity for many great prizes, however, must be in attendance to accept.

*Students can bring a guest to these events; however, they need to pick up a Guest Invitation Form from our office to be filled out, returned and approved by administration. Guests must be from the 2026-2027 graduation years only

Grad Guest Invitation Form Now Available!

Grads who are planning on inviting a guest (*2026-2027 Grads only*) to Dinner-Dance and After-Grad must fill out a Guest Invitation Form (including all the details requested) for approval. The form is available for pick-up in our main office. **The deadline to return the form is no later than May 8th.** Late requests will not be accepted.

ALL STUDENTS

Flex Login:

Log in: 076-email address

Password: student ID number

(You will be prompted to change this after you log in)

If you still cannot log in, please come down to the tech centre (in the library) to see us for support.

Everyone has a responsibility for looking after our facilities at Centennial.

If you see an issue with any of our washrooms, or any other concern, please report it.

No toilet paper or soap... report it!

A mess on the floor... report it!

Vaping...report it!

Damage...report it!



EUROTOUR 2027

ENGLAND

FRANCE

ITALY

Join us for an exciting tour of major European destinations during Spring Break 2027



LIBRARY POET-TREE



Hey Centaurs!

Visit the Library anytime in April to write a poem, ode, lyrics, or prose - whatever inspires you - and add it as a leaf to our Poet-Tree! Each entry receives a candy and a chance to win one of four free lunches in the Centennial Cafeteria.

CAREER CENTRE

Visit the online Centennial Career Centre Page

[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



@cent43careercentre

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email dhealeywright@sd43.bc.ca



RIBFEST VOLUNTEER FOR PORT MOODY RIBFEST

[Volunteer | Port Moody RIBFEST](#) July 17 – 19, 2026 | 11:00 am – 9:00 pm  [ribfest VolunteerSpotDescriptions-v1-0 \(1\).pdf](#)

VISIT THE ONLINE CAREER CENTRE FOR UPDATED OPPORTUNITIES [Career Centre - Centennial Secondary School](#)

FIRST AID AND CPR TRAINING (SD43)

Apply by **May 06**. Course date: **Friday May 22 8:39 - 4:30**

 [First AidCPR Application 2026.pdf](#)

DUAL CREDIT OFFERINGS via SD 43 CAREER AND TRADES:

Earn high school and post-secondary credit!

CAD AND DRAFTING -KPU

HEADSTART IN ART - EMILY CARR UNIVERSITY

NURSING PREP FOR HIGH SCHOOL STUDENTS - KPU

See details here: [Career Centre - Centennial Secondary School](#)

Listed under miscellaneous.

WOMEN IN ORTHOPAEDICS (worth) WORKSHOP (UBC AT BC CHILDRENS HOSPITAL - IN PERSON)

The workshop will take place on Saturday, June 6th, 2026, from 9 am to 3 pm. Admissions will be based on the quality of the application and student career interests Details for registration can be found here: https://ubc.ca1.qualtrics.com/jfe/form/SV_1XJPwIPVpcUuytU.

Deadline to submit the workshop application is **May 24, 2026**.

KPU VISITS CENTENNIAL

May 7th at LUNCH in the foyer - BRING YOUR QUESTIONS!

BCIT HEALTH CARE COURSES (SUMMER) FOR HIGH SCHOOL STUDENTS

Healthcare Horizons and Preparation for Nursing Education. Starting in July 2026. Register here before spaces fill up! [Preparation for Health Careers – BCIT](#)

EPBC Event Calendar [Event calendar](#) | [EducationPlannerBC](#) | [EducationPlannerBC](#)

Grade 12's



HAVE YOU WON A SCHOLARSHIP OR AWARD? SHARE YOUR NEWS FOR THE COMMENCEMENT PROGRAM!

[Have you won a scholarship, bursary or award? – Fill out form](#)

PLENTY OF SCHOLARSHIPS HAVE BEEN UPDATED FOR MAY AND JUNE DEADLINES [Career Centre - Centennial Secondary School](#)

CTA (COQUITLAM TEACHERS ASSOCIATION SCHOLARSHIPS

Email applications to Heidi Davis scholarship@cta43.org

Awards for SD43 students entering **TRADES**, (Visual, Fine or Performing) **ARTS**, **EQUITY** (BIPOC, including Indigenous or LGBTQ students) **TWO** awards for **children of CTA members**. 10 Awards total at \$500 to \$1500 each. **Due June 1**

GRACE FAMILY NETWORK FOUNDATION SCHOLARSHIPS

3 x \$1,000 Financial Need, Community Service, Leadership Essay component. [Grace Family Network Foundation](#) Due May 31

Find more on the Career Centre: [Career Centre - Centennial Secondary School](#)

SPORTS

Boys Tennis

Game day today against Port Moody at Port Moody Rec.

Go Centaurs!

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	ExFLEX 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

**Book your
FLEX and
CENT**

SCAN ME

