

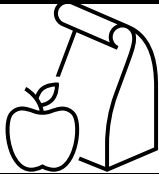


CENTENNIAL TODAY

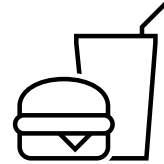
Thursday, April 23, 2026 - Day 2

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



Soup: Minestrone Soup

Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Bacon & Egg Breakfast Bagel \$4.00

Menu

Grilled Cheese \$5.00

Clubhouse on Texas Multigrain Toast \$6.00

Turkey Burger w/ Guacamole \$6.00

Chicken Souvlaki w/ Rice



Salad Bar

Greek Pasta Salad
Pickled & Grilled Vegetables
Quinoa Salad
Chopped Romaine
Mixed Greens
Spinach & Kale
Ranch & Italian Parmesan



ATTENTION: GRAD CLASS OF 2026



Grad Guest Invitation Form Now Available!

Grads who are planning on inviting a guest (*2026-2027 Grads only*) to Dinner-Dance and After-Grad must fill out a Guest Invitation Form (including all the details requested) for approval. The form is available for pick-up in our main office. **The deadline to return the form is no later than May 8th.** Late requests will not be accepted.

Grad Dinner-Dance and After-Grad

Ticket sales for both Dinner-Dance and After-Grad will begin on **May 4** and run through until **May 22**. Tickets can be purchased online via Schools Cash Online.



ALL STUDENTS

Flex Login:

Log in: 076-email address

Password: student ID number

(You will be prompted to change this after you log in)

If you still cannot log in, please come down to the tech centre (in the library) to see us for support.

Everyone has a responsibility for looking after our facilities at Centennial.

If you see an issue with any of our washrooms, or any other concern, please report it.

No toilet paper or soap... report it!
A mess on the floor... report it!
Vaping...report it!
Damage...report it!



GRADE 11 & 12 MINISTRY ASSESSMENTS

If you are in Grade 11 or 12 and still need to complete the Literacy 10, Numeracy 10 or Literacy 12 assessment, you would have received an email from Mr. Lore on a few occasions. You can now check the whiteboards in the main foyer which have the names for all students on the list for each assessment. **A reminder that these assessments are a requirement to graduate.**

Literacy 12: April 23

Time: 9:00 am - 12:00

Location: Library

FOODSAFE Level 1 will be offered on:

Friday, April 24

Time: 8:00 a.m. – 2:30 p.m.

Location: Sewing Room

Cost: \$40

There are 10 spots remaining.

To register, please see the chef in the cafeteria to sign up.

Asian Heritage Night is Looking for Performers!

Centennial's annual Asian Heritage Night will be Thursday, May 28th! **Are you a solo singer, a band member, dancer, or other type of performing artist** and want to showcase your talent at the event? Please **fill in the form below by Monday April 27th** to provide your information and details about the performance.



COSTA RICA

SPRING BREAK TRIP- MARCH 2027

**CROSS-COUNTRY TRAVERSE
HIKING, BIKING, PADDLING**

Scan here for trip information!

Scan here to APPLY!

EMAIL MS. CHYZOWSKI OR MS. MELVIN FOR INFO (ROOM F105)

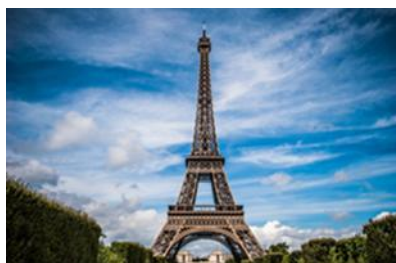
Costa Rica Spring Break 2027 - Final Notice

LAST CHANCE to join the Costa Rica Spring Break 2027 trip! If you have been considering this once in a lifetime opportunity to adventure across Costa Rica, please come see Ms. Chyzowski or Ms. Melvin ASAP. Scan QR codes for more information.

EUROTOUR 2027

ENGLAND FRANCE ITALY

Join us for an exciting tour of major European destinations during Spring Break 2027



LIBRARY POET-TREE



Hey Centaurs!
Visit the Library anytime in April to write a poem, ode, lyrics, or prose - whatever inspires you - and add it as a leaf to our Poet-Tree! Each entry receives a candy and a chance to win one of four free lunches in the Centennial Cafeteria.

Our second winner for the Poet-Tree contest is: **Alice Park!**



Come pick up your prize at the library circulation desk 😊

CAREER CENTRE

Visit the online Centennial Career Centre Page
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://www.sd43.bc.ca)



@cent43careercentre

Employment/volunteering – Post Secondary Information- Scholarships & Awards – Trades Training

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email dhealeywright@sd43.bc.ca

<https://www.carnavaldelsol.ca/volunteerwithus/>

July 10 - 12 Carnaval Del Sol

CARNIVAL DEL SOL

VOLUNTEER WITH US

DO YOU WANT TO DEVELOP NEW SKILLS, MEET NEW PEOPLE AND IMPROVE YOUR TALENTS?

AREAS TO VOLUNTEER

- Event Planning
- Event Coordinator
- Human Resources
- Culinary Arts
- Sales
- Marketing
- Social Media
- Graphic Design
- Photography
- Promotion
- Journalism
- Arts & Craft
- Video Production
- Kids Activities
- Fashion

Scan to Explore

CONTACT INFORMATION

E-mail: csolhr@latincoover.ca
[carnavaldelsol.ca/volunteerwithus](https://www.carnavaldelsol.ca/volunteerwithus)

Phone: (604) 566-0999

Hack Your Life 2026 via XdHacks Mini Vancouver

May 30 & 31 - BCIT Campus details on the career centre/experiences or [More info and registration here: https://forms.gle/P7E29VdHuxA5RyMF8](#)

KPU VISITS CENTENNIAL

May 7th at LUNCH in the foyer - BRING YOUR QUESTIONS!

BCIT HEALTH CARE COURSES (SUMMER) FOR HIGH SCHOOL STUDENTS

Healthcare Horizons and Preparation for Nursing Education. Starting in July 2026. Register here before spaces fill up! [Preparation for Health Careers – BCIT](#)

*****REFRIGERATION AND AIR CONDITIONING MECHANIC**

NEW PROGRAM AT VCC - SPOTS FOR FALL

[Refrigeration and Air Conditioning Mechanic Foundation - Vancouver Community College](#) Note: The tuition for this program is a great deal higher than other institutions. (10K)

TIM HORTONS HIRING DAYS Hiring for multiple positions and welcome applicants of all experience levels. Candidates are encouraged to bring their resumes and may also bring friends who are interested in applying.

📍 April 23, 2026, Tim Hortons – Austin Ave
#101 – 955 Austin Avenue, Coquitlam, BC 🕒 2:00 PM – 5:00 PM

📍 April 28, 2026, Tim Hortons – Port Coquitlam
1525 Lougheed Highway, Port Coquitlam, BC 🕒 2:00 PM – 5:00 PM

Events – April

INFO WEEK AT VCC APRIL 20 – 24TH ... 4/24/2026
EPBC Events APRIL ... 4/30/2026
KPU Indigenous – Open Doors, Open Minds April 30th – Langley campus ... 4/30/2026

EPBC Event Calendar [Event calendar](#) | [EducationPlannerBC](#) | [EducationPlannerBC](#)

Grade 12's

UP TO TEN EXTERNAL SCHOLASHIPS ARE DUE APRIL 30TH AND SIX DUE MAY 1 [Career Centre - Centennial Secondary School](#)

PLENTY OF SCHOLARSHIPS HAVE BEEN UPDATED FOR MAY AND JUNE DEADLINES [Career Centre - Centennial Secondary School](#)

Indo-Canadian Scholarships [Microsoft Word - ICBC-Student-Application-2026.docx](#) **OPEN TO GRADUATING INDO-CANADIAN STUDENTS PROCEEDING TO POST SECONDARY.** DUE APRIL 26TH

BCIT RADIO ARTS AND ENTERTAINMENT

<https://www.bcit.ca/programs/radio-arts-and-entertainment-diploma-full-time-6110dipma/> Applications are still open for this 2-year diploma program in September. Podcasting, Storytelling, Social Media, On mic positions...and more!

MOSAIC AWARDS FOR NEWCOMERS TO CANADA Six \$5,000 awards are given to deserving recipients with financial need to support their educational and post secondary goals. Must be new arrivals or refugees, living in Canada less than 5 years. Accepted to an educational program of either academic, professional or vocational nature. Apply by April 30. [MOSAIC Educational Enhancement Award](#) | [Awards](#) | [MOSAIC](#)

BC SCHOOL SPORTS SCHOLARSHIPS BCSS

Several scholarships to recognize **excellence in athletics, leadership, and community service:** 6 x \$1,000 Badminton scholarships, 2 x \$1,000 based on school spirit & healthy living & community involvement, 6 x \$1,000 based on leadership values. [2025/26 Scholarship Package Cover](#) Due May 1

CTA (COQUITLAM TEACHERS ASSOCIATION SCHOLARSHIPS

Email applications to Heidi Davis scholarship@cta43.org
Awards for SD43 students entering **TRADES**, (Visual, Fine or Performing)**ARTS, EQUITY**(BIPOC, including Indigenous or LGBTQ students) **TWO** awards for **children of CTA members**. 10 Awards total at \$500 to \$1500 each. **Due June 1**

GRACE FAMILY NETWORK FOUNDATION SCHOLARSHIPS

3 x \$1,000 Financial Need, Community Service,, Leadership Essay component. [Grace Family Network Foundation](#) Due May 31

BCTESOL SCHOLARSHIPS

[Scholarships - BCTESOL - BC Teachers of English to Speakers of Other Languages](#) Awards of \$1,000 each

For Immigrants & Studentss who started schooling in BC as Refugees/ELL. **Due April 30**

Find more on the Career Centre: [Career Centre - Centennial Secondary School](#)

MOSAIC AWARDS FOR NEWCOMERS TO CANADA

MOSAIC AWARDS FOR NEWCOMERS TO CANADA	...	4/30/2026
BCTESOL SCHOLARSHIPS (GRADS 2026)	...	4/30/2026
Dr.E. Bruce Hendrick National Scholarship 2026 - Hydrocephalus Canada	...	4/30/2026
Prospera Education grants	...	4/30/2026
Sylvia Helmer Scholarship	...	4/30/2026
Trevor Linden Community Spirit Scholarship	...	4/30/2026
UVIC Entrance Scholarships (Application required)	...	4/30/2026

HORATIO ALGER VOCATIONAL AND TECHNICAL SCHOLARSHIPS FOR GRADE 12'S NOW OPEN

\$3,000 - \$9,000 Awards available (70+ awards for BC students only)

[Vocational & Technical Scholarships - Horatio Alger Canada](#)

[Vocational & Technical Scholarship Eligibility - Horatio Alger Canada](#)

Fill out the form to receive the application link. Opens April 1.

Trevor Linden Community Spirit Scholarship

https://canucks.formstack.com/forms/2026_tl_scholarship 4X\$2500 Apply by April 30th.

Community/Volunteer involvement. Essay req'd

FINANCE PAGE LINK (SCHOLARSHIPS): [Career Centre - Centennial Secondary School](#)

SPORTS

Girls Hockey Team

The Cent Girls Hockey team....."*we have never lost a regular season game in 59 years*"..... tied Charles Best 4-4 with a depleted lineup yesterday afternoon. Missing a few key players, Cent Girls HC fell behind 4-2 in the 3rd period. Cent HC pulled their goalie with 1:20 left. Madi Wakida with the help of Julie Rukavina crashing the net, tied the game with 27 seconds left. Highlights: Spectacular saves from Regan Jones, unbelievable goals from our defense- - Avanni Lidder clapper from the point. Hard work and great plays from Elsa Romey, Amelia Haeber, and the rest of the team.

Next Game: Tue Apr. 28 vs Heritage Woods

Cent is tied for 1st place in the league

Track & Field

Come cheer on the Track & Field team at the Coquitlam Classic this **Thursday, April 23rd** at Percy Perry Stadium, Town Centre. Events run from 3:30 to 7:45pm. **Athletes, please check your email and TeamLinkt for all info!**

Go Centaurs!

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	ExFLEX 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

Book your
FLEX and
CENT

SCAN ME

