



CENTENNIAL TODAY

May 22, 2026 - Day 1

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



LUNCH MENU



Soup: Tomato Basil

Small \$2.50, Medium \$3.50, Large \$5.50

AM Break

Ham & Egg Breakfast Wrap \$3.00

Monte Cristo \$5.50

Menu

Chicken Strips & Fries \$7.50

Baked Penne Chicken Alfredo \$5.50

BBQ Turkey Burger \$6.00

Cajun Chicken & Pepper Pizza \$5.50

Four Cheese Pizza \$5.50

Beef Burrito w/ Guacamole & Fresh Salsa \$7.00



ATTENTION: GRAD CLASS OF 2026



Grade 12 Hypnotist Show – Sign Up!

Interested in being part of the hypnotist show? Here's your chance!

 **Sign up for Cent Time with Ms. Chambers** to participate in this fun and interactive experience.

 **Date of Show and Time:** Thursday, May 28/Cent Time

 **Location:** Theatre

Whether you want to be on stage or just enjoy the show, make sure you sign up soon—spots may be limited!

Don't miss out on this unique opportunity to be part of an unforgettable event!

Grad Dinner-Dance

Location: Sheraton Wall Center Vancouver

Date: Saturday, June 20

Time: 6:00 – 11:00 pm

The **early bird** cost for Dinner-Dance is \$185 per ticket if purchased between **May 4 -22**.

Tickets purchased from May 23 – June 12 will be \$205.



Ticket pick-up will be available between **June 1-3 in the Foyer**. An opportunity for table reservations (up to 10) will take place on June 4-5.



Dry After-Grad (“Starry Night”)

Location: Poirier Recreation Center

Date: Saturday, June 20th

Time: 11:00 – 3:00 am



After-Grad price is \$75. No tickets are issued for this. Photo ID will be required for entry. Doors will close for entry at 12:30 am. Opportunity for many great prizes, however, must be in attendance to accept.

ALL STUDENTS

Flex Login:

Log in: 076-email address

Password: student ID number

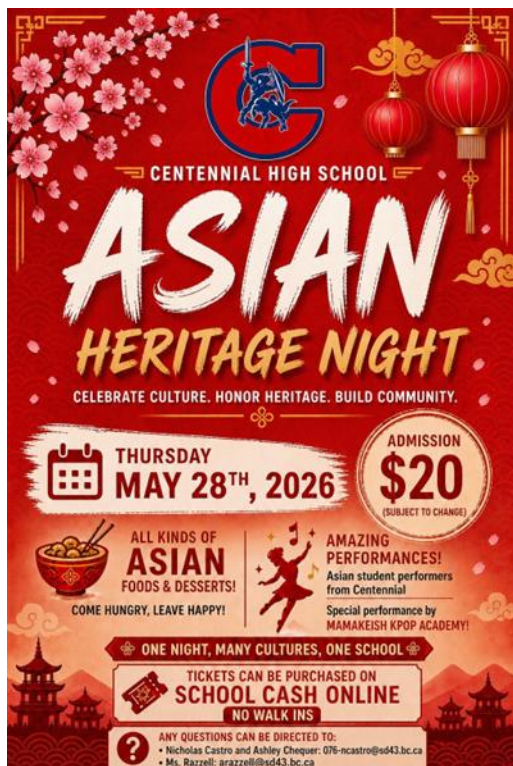
(You will be prompted to change this after you log in)

If you still cannot log in, please come down to the tech centre (in the library) to see us for support.

Everyone has a responsibility for looking after our facilities at Centennial.

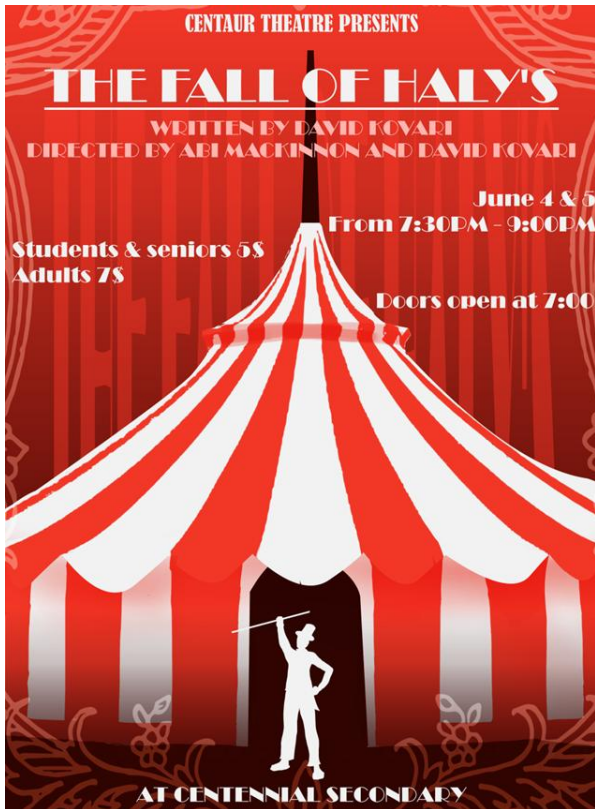
If you see an issue with any of our washrooms, or any other concern, please report it.

No toilet paper or soap... report it!
A mess on the floor... report it!
Vaping...report it! Damage...report it



ASIAN HERITAGE NIGHT MAY 28th

Celebrate Asian heritage at Centennial May 28th from 5-8pm, with an Asian buffet, a bubble tea bar, musical and dance performances, and be entered to win amazing draw prizes! All are welcome to attend. Tickets for Asian Heritage Night are on sale now on school cash online – don't miss out!



The Drama club has been working hard to present their self-written (David Kovari) and directed (David Kovari and Abi Mackinnon) show called "The Fall of Haly's". Their hope/mission is to fundraise a bursary that is given to a grade 12 student who wishes to pursue theatre performance or technical training for post-secondary. Tickets will be on sale at lunch today in the foyer, but here is a little bit about the show!

Synopsis:

When Haly's Circus is holding a rehearsal on the eve of one of their most important performances yet, a murder takes place that must be solved. The family of circus folks ban together and strain apart to figure out "whodunit".

Tickets: \$5 for students \$7 for Adults. Also sold at the door!

Date: June 4th and 5th

Run time: 1 hour and 30 mins

Doors open: 7pm (7:30pm- 9pm)



A Crêpe Truck is coming to Centennial!!!

When? Thursday May 28th during Cent Time and Lunch

What? Delicious Sweet Crêpes (cash only)

Where? In front of the Foyer

Hosted by the Languages and ELL Departments

CAREER CENTRE

Visit the online Centennial Career Centre Page
[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



[@cent43careercentre](https://www.instagram.com/cent43careercentre)

Employment/volunteering – Post Secondary Information-Scholarships & Awards – Trades Training

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm. email dhealeywright@sd43.bc.ca

GOLDEN SPIKE DAYS - volunteers needed

We are still looking for volunteers! Please email volunteers@goldenspike.ca if you would like more detailed information.

SD43 Trades Expo at Centennial

June 3rd from 5-7pm. Over 40 Employers and Trade related booths.
[Exhibitor list.pdf](#)



[2026 Trades Expo -](#)



[Langara Info Week | Langara](#)

DOUGLAS COLLEGE - NEXT INFO SESSION JUNE 23 AT 5PM VIA ZOOM [Information sessions | Douglas College](#)

VOLUNTEER OPPORTUNITIES [Career Centre - Centennial Secondary School](#)

SCHOLARSHIPS: [Career Centre - Centennial Secondary School](#)

RISE AND SHINE (MINERVA) SUMMER SESSIONS FOR GIRLS

Spaces still open for this virtual program July 27th- 31st. [Rise and Shine Summer 2026 Registration Form Survey](#)

LANGARA INFO WEEK JUNE 1-4

Registration is now open! [Info Week Schedule](#)

VOLUNTEER THIS SUMMER WITH INTERNATIONAL EDUCATION - SUMMER SCHOOL Apply by June 10

Help support international students at summer school, earn volunteer hours and boost your resume'.
[International Education Summer School - Student Volunteer Opportunity \(2026\) – Fill out form](#)



Summer job bank: Youth - Coquitlam

[Summer Jobs - Search - Job Bank](#)

Youth Jobs Canada.ca

[YouthJobsCanada - Connecting Youth with Employers in Canada](#)

Summer Seasonal Jobs - INDEED Coquitlam

[Discover 100 Summer Seasonal Jobs and Work Opportunities in Coquitlam, BC | Indeed](#)

SD43 SKILLED
**TRADES
EXPO**

CENTENNIAL SECONDARY
570 POIRIER ST. COQ

WED, JUNE 3RD 5-7PM

SCAN FOR
UPDATED LIST
OF WHO'S
COMING

OR GO TO:
43CAREERS.COM & CLICK 'READ MORE'

EXPLORE TRADES
CAREERS
&
POST-SEC TRADES
PROGRAMS

MEET TRADES EMPLOYERS
FIND JOB OPPORTUNITIES

SD43 SUMMER LEARNING VOLUNTEERS

COQUITLAM
**Summer
LEARNING**

SUMMER LEARNING SD43
VOLUNTEER SIGN UP
Mornings July 6th - 24th
Elementary or Middle schools

APPLICATIONS DUE BY JUNE 5TH

VOLUNTEERS FOR SUMMER LEARNING SD43 – DUE JUNE 5, 2026

The Coquitlam School District's Summer Learning program is pleased to once again offer a volunteer opportunity for our secondary students. Last year we placed over forty students into SD 43 Summer Learning classrooms, a valuable experience for students and teachers! Successful volunteers will be placed in local elementary or middle classrooms and earn necessary volunteer hours as well as a **letter of reference** from their sponsor teacher. **Spots are limited so submit a completed application early.**

[Summer Learning 2026 Volunteer Application Form – SECONDARY STUDENT – Fill out form](#)

Summer Volunteers: <https://royalsoccerclub.com/employment/british-columbia/>

Grade 12's

SCHOLARSHIPS FROM THE CAREER CENTRE MAY 20th-31st

HORATIO ALGER SCHOLARSHIPS FOR GRADE 12'S

FINANCIAL NEED (Adversity may be in criteria for some awards) ENTERING A VOCATIONAL, TRADES OR TECHNICAL PROGRAM. Submit the eligibility form to have access to the application [Vocational & Technical Scholarship Eligibility - Horatio Alger Canada](#) Open April 1 to June 15

WINNERS OF SCHOLARSHIPS IN THE LOCAL PACKAGE AND THE DISTRICT PACKAGE WILL BE ANNOUNCED IN THE COMMENCEMENT PROGRAM

Winners will receive a letter about how to claim their awards.



HAVE YOU WON A SCHOLARSHIP OR AWARD? SHARE YOUR NEWS FOR THE COMMENCEMENT PROGRAM!

[Have you won a scholarship, bursary or award? – Fill out form](#)

CTA (COQUITLAM TEACHERS ASSOCIATION SCHOLARSHIPS

Email applications to Heidi Davis scholarship@cta43.org

Awards for SD43 students entering **TRADES**, (Visual, Fine or Performing) **ARTS**, **EQUITY** (BIPOC, including Indigenous or LGBTQ students) **TWO** awards for **children of CTA members**. 10 Awards total at \$500 to \$1500 each. **Due June 1**

Find more on the Career Centre: [Career Centre - Centennial Secondary School](#)

SPORTS

Boys Hockey



Come support the Boys Hockey team today (Friday) at 3:30 on rink 4 Planet Ice Coquitlam. Centennial is facing off against Burnaby North in the semi-finals. We are down a few players and need some fan support. Go Cent Go!!!

Go Centaurs!

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	ExFLEX 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

**Book your
FLEX and
CENT**

SCAN ME

