



# CENTENNIAL TODAY

Monday March 4\* 2024 - Day 1\*

In order to speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.

*Bon appetit!*



*Menu*

~ LUNCH ~

*Bon appetit!*



**Soup of the Day: Cheesy Broccoli**  
Small \$2.50, Medium \$3.50, Large \$5.50

**A.M. Break**  
Bacon & Egg Breakfast Sandwich \$3

**Sandwiches**  
Grilled Cheese \$5  
BBQ Beef Burger \$5  
Chicken Burger \$5  
Baked Mac & Cheese \$5.50

**Salads**  
Centennial Salad \$5.00 w/ Chicken \$7.00  
Caesar Salad \$4.50 w/Chicken \$5.50

# ALL STUDENTS

## NEW ITEMS:

### ACTORS WANTED - @cent\_filmaking\_club

No experience needed and all grades are welcome!

If you're interested in being a part of a student made short film alongside some of your fellow Centaurs, and an opportunity to gain more acting experience, contact scowie@sd43.bc.ca or pcowie@sd43.bc.ca for more information. Auditions will be held on March 7th at lunch in the theatre!

### Music Department Fundraiser:

View our Gourmet Foods by scanning the QR code below  
All of your favorites are just a click away...



### Centennial Secondary Music Department NEUFELD FARMS FUNDRAISER

Orders In By: March 4 2024, end of day  
Pick up: March 12th 2024, 4:00 pm



<https://app.neufeldfarms.ca/fundraising/2024-centennial-secondary-music-department>

## Social Justice:

Are you passionate about social justice issues and making a difference throughout your community? Join the **Social Justice/Equity Committee IDS** (Independent Directed Studies) course for 2024-2025! Students in this committee can work independently or with other group members to delve into issues important to them and organize activities and events throughout the year. Examples of past and upcoming events include Asian Heritage Month activities and Asian Heritage Night event, a Pride Month event, the Red Dress Day Project display, Truth and Reconciliation assembly and activities, and more. It's a great opportunity to get involved and have an impact on our community! If you're interested, please fill out the form using the QR code below or contact Ms. Razzell.

Social Justice/Equity Committee  
Interest Form



## Course Selection Dates

\*The school-wide deadline for course selection is March 4 and the Course Planning Sheet will also be due on March 4. If you have trouble logging into the My Ed portal, please scan the QR code.

<https://forms.office.com/r/Qanzpm3hkj>

For those of you in grade 9, 10, and 11 course selection through the MyEd portal will open on the following dates:

Current Grade 11's: February 12-16

Current Grade 10's: February 19-23

Current Grade 9's: February 26 to March 8

MyEducation BC Password Reset



## D&D 11 and CHESS 10

Dungeons & Dragons 11 and Chess 10 are new full-credit elective courses available in your next school year. Sign up in your course selection to learn & play. See Mr. Novotny if you have any questions.

## Register for the Tech Leadership 10/11/12 Course Now!



JOIN  
TECH LEADERSHIP!  
2024-25

- LEARN ABOUT TECHNOLOGY AND SUPPORT WITH TECHNOLOGY
- GET INVOLVED WITH THE CENTENNIAL COMMUNITY
- DEVELOP A VARIETY OF SKILLS THAT WILL HELP YOU IN ANY FUTURE OPPORTUNITIES
- GO ON TECH-RELATED FIELD TRIPS- E.G., THE MICROSOFT HEADQUARTERS
- BE PART OF AN AMAZING TECH TEAM!

[@cent\\_tech\\_leadership](https://www.instagram.com/cent_tech_leadership)

Register through QR code or link in Instagram bio

# Grade 12 Students

Grade 12 students who may need help with getting a Grad dress or Tuxedo, please see Youth Worker, Tara. Deadline to put your name forward is March 7<sup>th</sup>.

## CAREER CENTRE

### **CAREER CENTRE**

Visit the online Centennial Career Centre Page [HERE](#)



**@cent43careercentre**

Employment/volunteering – Post Secondary Information-  
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm. **Support is available for all students! Appointments & Drop-in visits available in the counselling area or email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)**

### General

#### **PLANNING TO GET A JOB? 3 TIPS**

**#1 – SIN#** is required to work.

Check with your Parent/Guardian. If you do not have one you will need to apply: [Social Insurance Number – Apply - Canada.ca](#)

We are happy to support you with this.

**#2 – Resume’ –**

**To CREATE your resume:**

Go to the My Blueprint link below: SIGN UP or LOG IN using your **school email and password**

<http://www.myblueprint.ca/sd43>

Go to WORK tab

Select RESUME’

Select +Create Resume’ / Resume’ title

Enter info in any of the areas you would like to include. (you do not need to fill in all sections)

Use the **PREVIEW button** to see how it looks (here you can change the design and the order of the information)

Once complete, **EXPORT**

Download as PDF for uploading to job sites and/or printing. More info: [myBlueprint: Guides](#)

**#3 – Job Search**

#### **JOB SEARCH ENGINES**

- [INDEED Job Search – part time COQUITLAM](#)
- [BC jobs Coquitlam part time](#)
- [WorkBC](#)

Be sure to check the [Career centre website](#) for more information and resources.

## Biotechnology Career Awareness Workshop

NOW ACCEPTING APPLICATIONS for the BCIT Career Awareness Workshop. **Workshop B: Spring/Summer Term – April 15 – 19, 2024.**

I have attached an application package for you to send to your district and/or school contacts. We will be accepting 13 students with priority given to **Grade 12** students first and then Grade 11 and 10 students based on date order they apply and district allotment.

**IMPORTANT TIMELINES:** Applications close: **Monday, March 25, 2024** Details on the career centre

## GRADE 12 CAREER CENTRE INFO

[Douglas college info fair Coquitlam campus/Atrium](#) [March 12, 5pm](#) [3/12/2024](#)

[PARENTS AS EDUCATION AND CAREER COACHES WEBINAR FOR PARENTS OF SD43 STUDENTS\\*\\*\\*\\*\\*](#) [3/12/2024](#)

[Douglas College info fair - New West campus in person Thursday March 14th 5pm.](#) [3/14/2024](#)

### SFU- CHANGE YOUR PROGRAM

If you are a current applicant, you can change the program you have applied for in your [Student Center](#). This includes the option to add an alternate choice program if you did not select one when you applied to SFU. The deadline is March 31<sup>st</sup> for fall start (high school students) [Change your program - Undergraduate Admission - Simon Fraser University \(sfu.ca\)](#) If you have **already received an offer of admission, you can no longer change** your program prior to starting your studies at SFU.

### BCIT – ACE CERTIFICATE ONLINE INFO SESSION MARCH 4 6:30 – 7:30 VIA ZOOM

Are you a grade 12 student or recent high school grad considering a career in Architecture, Construction or Engineering? Then the ACE Certificate may be the right next step for you. Register: [Certificate in Essential Skills for Architecture, Construction & Engineering \(“ACE Certificate”\) – Online Info Session - BCIT](#)

### LOCAL AND DISTRICT SCHOLARSHIP PACKAGE FOR GRADS

The INFO SHEET and link to the APPLICATION FORM can be found here: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#) (Hard copies in counselling area)

An email will be sent out with both documents to all domestic grade 12's and their parents.

Deadline to Apply April 11 by 3:30

### INFO SESSION LINKS:

- ✓ [Events - Post-Secondary BC \(postsecondarybc.ca\)](#)
- ✓ Douglas [Information sessions | Douglas College](#)
- ✓ Post-secondary events are updated regularly [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

## SPORTS

### Fencing Club:

Trials will be held after school this Thursday.

### Tennis Club:

Hey Centaurs! Tennis Club has officially started this semester! If you missed Friday's meeting, please attend the meeting today (Monday) at room B108 during lunch.

Handball Intramurals:



Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 – 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 – 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13
BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25
ADVISORY/FLEX 1:29 – 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15