



CENTENNIAL TODAY

Friday April 12* 2024 - Day 1*

In order to speed up the process of serving you at lunch:

- 1. Please leave your backpacks or bags in your locker or outside the cafeteria service area**
- 2. Please read the menu in the Centennial Today before entering the lineup**
- 3. Use hand sanitizer before entering**
- 3. Have your payment ready before you order**
- 4. No touching items that you are not going to buy**
- 5. Only those buying are permitted to enter the lineup. This will help speed up service.**
- 6. No cutting into the line. Please wait your turn and line up in an orderly manner.**

Bon appetit!



Menu

~ LUNCH ~

Bon appetit!



Soup of the Day: Tomato Basil

Small \$2.50, Medium \$3.50, Large \$5.50

A.M. Break

Bacon & Egg Wrap \$3

Sandwiches

Grilled Cheese \$5.00

Grilled Ham & Brie w/ Granny Smith Apple \$5.50

Sweet Chilli BBQ Wrap \$5.50

Chicken Strips & Fries \$7.00

Korean Beef Cheese Steak Sandwich \$6.00

Salads

Centennial Salad \$5.00 w/ Chicken \$7.00

Caesar Salad \$4.50 w/Chicken \$5.50



Summer Learning

2024

Elementary

Eight locations, Tuesday July 9 - Friday July 26 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!
Free to all BC residents*.

Three locations, Tuesday July 9 - Friday July 26 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents*.

Middle

Two locations, Tuesday July 9 - Friday July 26 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

Secondary Skill Building

Two locations, Wednesday July 3 - Thursday August 8 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Secondary Full Credit OR Online Blended Fast Track Credit

To Register

Registration begins at 6:00am for ...
- Elementary: Tuesday April 30
- Middle & Secondary Skill Building: Friday May 3
- Secondary Full Credit: Wed. May 8
Phone 604-936-4261 for assistance.
*SD43 Residency requirements apply

WWW.SD43SUMMERLEARNING.CA / Phone 604-936-4261

Courses and locations listed above are subject to change



ALL STUDENTS

NEW ITEMS:

Free Books in the Library

The Library has a large number of books that have been removed from the collection which students may take, keep and enjoy! The books cover a wide range of subjects (fiction and non-fiction) and are on three carts (two double-wide and one single) in the Library. Bring your backpack or a box and help yourself!

International/ELL students



Field Trip opportunity May 6th 11:30am-3pm

Rocky Point Kayak - we will have a guided kayak tour. Please get a form from Ms. Sousa in E210/E206 Mon/Tues/Friday mornings 8:30-8:55am or during lunch/flex times. There is a limit of 30 students and a cost associated with this trip. First priority sign up for International students until April 15th. After this any ELL student can hand in their forms if there is space available. Rocky Point Kayak also requires a waiver - it's

online: <https://go.theflybook.com/Manage/BFCHQM#/lite>

LIBRARY POET-TREE

Hey Centaurs!

It is National Poetry Month, and the Poet-Tree in the Library has started to bloom! Come in during the month of April to write a poem, ode, lyrics, haiku, a prose - whatever speaks to you, and add it as a leaf to our Poet-Tree. Every entry gets a candy, and the chance to win one of four free lunches in the Centennial Cafeteria! We also have Magnetic Poetry happening on a two-sided white board, so stop by to express your creativity!

Social Justice/Equity Committee IDS



Are you passionate about social justice issues and making a difference throughout your community? Join the **Social Justice/Equity Committee IDS** (Independent Directed Studies – Foundations of Inquiry) course for 2024-2025! Students in this committee can work independently or with other group members to delve into issues important to them and organize activities and events throughout the year. Examples of past and upcoming events include Asian Heritage Month activities and Asian Heritage Night event, a Pride Month event, the Red Dress Day Project display, Truth and Reconciliation assembly and activities, and more. It's a great opportunity to get involved and have an impact on our community! If you're interested, please

fill out the form using the QR code or contact Ms. Razzell.

IDS: Foundations of Inquiry

Would you like to earn course credit for learning about your subject of choice? Foundations of Inquiry is the course for you! Offered during CENT time, you will be guided through the process of developing an inquiry question around your passions and supported as you explore and meet your goals for learning. For more information, please see Mrs. Caldwell in the library on Friday.



Attention all Grade 9's:

If you'd like to submit for the new Grade 9 Honour Roll—the Celebration of Learning Certificate and would like some help with your submission or are curious about this certificate, we are offering support sessions during the following dates and times for you. All 9's are welcome, but space is limited; however, there are many options to choose from below. Please bring a laptop with you. Here is the link to the informational PowerPoint about criteria and how to submit for this certificate: [Grade 9 Celebration of Learning Certificate.pptx](#)

- Friday, April 12th during Flex time in room E112

Grade 12 Students

Grade 12's!!

CAREER CENTRE

CAREER CENTRE

Visit the online Centennial Career Centre Page [HERE](#)



[@cent43careercentre](#)

Employment/volunteering – Post Secondary Information-
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm.

Support is available for all students! Appointments & Drop-in visits available in the counselling area or email dhealeywright@sd43.bc.ca

General



OUAC (ONTARIO Universities Application Centre) VIRTUAL INFO SESSION

MAY 22 5-7PM ET. A great opportunity for grade 10 and 11 students considering Ontario schools.

Junior Mountie Police Camp 10 – 14 year olds – July 15-19

[Coquitlam RCMP - 2024 Junior Mountie Police Academy \(rcmp-grc.gc.ca\)](#)

Applicants are selected by lottery, apply by April 19th. Camp is held at the Poirier Recreation Complex, July 15-19.

SUMMER JOBS ARE BEING POSTED

[Available Summer jobs near Coquitlam, BC \(with Salaries\) | Indeed.com](#)

[British Columbia Summer Jobs | Canada Government Jobs](#)

[Summer jobs in Vancouver, British Columbia | Summerjobs.ca](#)

AKCSE National Math Competition 2024 (fee to register)

The Association of Korean-Canadian Scientists and Engineers (AKCSE) is pleased to announce the National Math Competition (NMC) 2024. The goal is to promote interest in mathematics and careers in the fields of STEM. The exam problems will be based on the Canadian curriculum.

Who can participate: Students enrolled in British Columbia schools, from Grade 4 - 11.

Date & Time: Saturday, May 4, 11:00 AM – 12:30 PM All students must be checked in 30 minutes before the competition.

Location: Simon Fraser University, Burnaby Campus. **Sign up by April 30, 2024.** Registration fee is \$30. Register: [AKCSE - Simon Fraser University \(sfu.ca\)](#)

VOLUNTEER OPPORTUNITY

2024 Port Moody Golden Spike Days Festival We are currently looking for volunteers for this year's festival. Held **Sat June 29th to Monday July 1st**, 2024. If you are interested, **sign up** on our website [goldenspike.ca](#).

JOB SEARCH ENGINES

- [INDEED Job Search – part time COQUITLAM](#)
- [BC jobs Coquitlam part time](#)
- [WorkBC](#)

Be sure to check the [Career centre website](#) for more information and resources.

GRADE 12 CAREER CENTRE INFO

Grade 12

OFFERS OF ADMISSION VIA OUAC – information to note

From the OUAC website: [When I accept an offer of admission, does it mean that I will not be considered for any other offers? | Ontario Universities' Application Centre \(ouac.on.ca\)](#)

A student can only **accept one offer on the OUAC**. If the student gets another offer on the OUAC and wants to accept it, they must cancel the previous offer

***NEW TODAY Indo Canadian Business Association of British Columbia (ICBABC) Awards**

Just listed! For Indo-Canadian graduating students. Applications are due April 19th. Academics or Sports or Special Needs. Details on the career centre.

REMINDER TO STUDENTS ATTENDING POST-SECONDARY IN THE FALL –

PLEASE ENSURE YOU HAVE COMPLETED YOUR BCeID# and STUDENT TRANSCRIPT SELECTIONS. [Home - Province of British Columbia \(gov.bc.ca\)](#)

NEW SCHOLARSHIPS POSTED – VISIT [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

Coquitlam Express Humanitarian Scholarship The Coquitlam Express Hockey Club offers 2 scholarships of **\$1500**. The successful candidate must be a Canadian Citizen or Permanent Resident, in their graduating year from Centennial Secondary, with plans to attend post secondary school. Successful candidates should align with the core values of the Coquitlam Express: Community, Inclusion, and Perseverance. **Qualifications:** **School and Community Participation/Service Leadership Good Academic Standing**

The Coquitlam Express Hockey/Ringette Scholarship The Coquitlam Express Hockey Club offers one scholarship of **\$1500**. The successful candidate must be a Canadian Citizen or Permanent Resident, in their graduating year from Centennial Secondary, with plans to attend post secondary school. Successful candidates should align with the core values of the Coquitlam Express: Community, Inclusion, and Perseverance. **Qualifications:** **Registered** hockey player with BC Hockey, Minor Hockey, JPHL, BCHL, PJHL, WHL, or Ringette Canada, **School and Community Participation/Service, Leadership, Good Academic Standing**

CTA TRADES, ARTS AND EQUITY SCHOLARSHIPS ONLY FOR SD43 GRADS

Website [Scholarships – Coquitlam Teachers Association](#)

[scholarship-application-form-TradeArtsEquity-revisedJan2024.pdf \(coquitlamteachers.com\)](#)

Trades & Arts Scholarship (2 x \$1500)

– these scholarships will be awarded to students in SD43 pursuing a career in Trades or a career in Visual Arts or Fine & Performing Arts. Criteria: Secondary school coursework in the areas of **Trades or Fine & Performing Arts**. One page paper outlining why the applicant wants to pursue a career in Trades, Visual Arts or Fine & Performing Arts. Applicants are encouraged to include any information demonstrating financial need.

Equity Scholarship (4 x \$1500)

– these scholarships will be awarded to students who identify as **Indigenous, Black, a person of colour, LGBTQ2S+, or a person with a disability**.

Criteria: one page paper outlining what their chosen field is and why the applicant has chosen to pursue a career in that field. Applicants are encouraged to include any information demonstrating financial need.

Deadline to apply directly via CTA website June 1st 2024

SCHOLARSHIPS ON THE CAREER CENTRE – CHECK THEM OUT AT [THE LINK HERE ON PAGE TWO](#)

BC Adoptive Families Bursaries and Youth in Care Bursaries 4/15/2024

CHARLENE REAVELEY BURSARY PROGRAM 4/15/2024

Global Lift Equipment Scholarship (Essay) 4/15/2024

Jaymie Lynn Robertson 2024 Memorial Bursary (Epilepsy and Seizure education) 4/15/2024

KPU INTERNATIONAL SCHOLARSHIP INFO 4/15/2024

BC School Student Superintendents Association 4/16/2024

MyBlueprint H & R Block Awards 4/26/2024

BC Housing awards program 4/30/2024

Indigenous Forestry Scholarship program 4/30/2024

UVIC Entrance Scholarships - Various criteria 4/30/2024

Ringette Canada Awards [Scholarships & Awards](#) | [Ringette Canada](#)

CARA BROWN RINGETTE SCHOLARSHIP (2) - **\$1,500** per year Deadline to apply April 30th.

BCRPVPA scholarships

PCAHA Scholarships

Coquitlam Optimist – Robert Simms Memorial Scholarship

Various awards of \$500 only for SD43 students – Pursuing post-secondary, acceptable academic standing, financial need, community engagement. Due April 25th.

For graduating students: **[Vocational & Technical Education Scholarships - Horatio Alger Association Canada](#)**

TELUS Student Bursaries

TELUS Student Bursaries are awarded annually to more than 400 students who are experiencing critical financial need and are committed to making a difference in their communities. May remain open to April 24th. **[TELUS Student Bursary](#) | [TELUS Friendly Future Foundation](#)**

Theatre Society Legacy Fund (POCO Foundation)

<https://pocofoundation.com/> (website). \$2,000 awards in a full range of ‘arts’ - Deadline extended to April 22.

LOTUS LIGHT CHARITY SCHOLARSHIP

Due May 15th. Applicants are assessed on scholastic excellence and community volunteer involvement.

JEAN LUMB AWARDS

Due May 20th – Students in grades 9-12 with Chinese Heritage. 12 awards of \$1,000 in various categories.

NUPGE SCHOLARSHIP PROGRAM 2024

Applications are now open for these awards. **[Scholarship FAQ - NUPGE](#)** Due June 30th

SPORTS

Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 – 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 – 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 – 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13	BLOCK 2 11:15 – 12:17	Lunch 11:28 – 12:13
BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25	Lunch 12:17 – 1:05	BLOCK 3 12:13 – 1:25
ADVISORY/FLEX 1:29 – 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 – 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15