



# CENTENNIAL TODAY

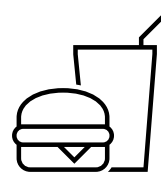
Friday, March 7, 2025 – Day 1

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



## LUNCH MENU



### Soup of the Day: Tomato Basil (GF) (Veg)

Small \$2.50, Medium \$3.50, Large \$5.50

### AM Break

Chorizo Sausage & Egg Breakfast Wrap \$3

Chicken Strips & Fries \$7.50

### Dessert

Red Velvet Cake \$3.00

### Today's Menu

Grilled Cheese \$5.00

Sweet Chili BBQ Chicken Wrap \$5.50

Chicken Strips & Fries \$7.50

Pork Carnitas Burrito \$6.00

### Salads

Centennial Salad \$ 5.00 w/ Chicken \$7.00 (GF)

Caesar Salad \$4.50 w/ Chicken \$5.50

Chopped Salad \$4.50 (GF)

# ALL STUDENTS

**Please pick up your pictures and student ID from the office – during lunch or after school**

## **EUROTOUR 2026: PARIS! THE FRENCH RIVIERA! FLORENCE! ROME!**

Join us on this exciting tour of France and Italy

Spring Break 2026

Travelling to Europe is a true adventure! It's filled with diverse countries, cultures, cuisines, history and languages making a trip to Europe educational, inspiring and just plain fun! Join Ms. Chambers and Ms. Mattson on **March 11 at 7:00 pm** in Centennial Theatre for an informational meeting about EUROTOUR 2026: France and Italy (Spring Break 2026). You must bring a parent(s) to the meeting. See Ms. Mattson or Ms. Chambers if you are unable to attend.



**Student emergency forms are due, please hand them in to the office.**

### **International Students**

#### **Event details:**

#### **Inside Douglas – A Student Perspective**

Choosing the right post-secondary path is a big decision, and we know how overwhelming it can feel. That's why we're inviting you to **Inside Douglas: A Student Perspective**, where current Douglas College students - who were in your shoes just last year - will share their experiences, insights, and advice on academics, campus life, and more.

This interactive panel discussion is your chance to connect with students who have navigated the same questions and challenges you may have. Hear firsthand about their transition from high school to college, explore program options, and ask questions to help you make an informed decision for your next steps.

We look forward to seeing you there! If you have any questions, please do not hesitate to email Hana Tran at [trant26@douglascollege.ca](mailto:trant26@douglascollege.ca)

**Paws Rescue Club:** Paws Rescue Club is up and running! We help injured and unadoptable animals. Last year, we sponsored Bubba the cat! Please scan the QR code to join.

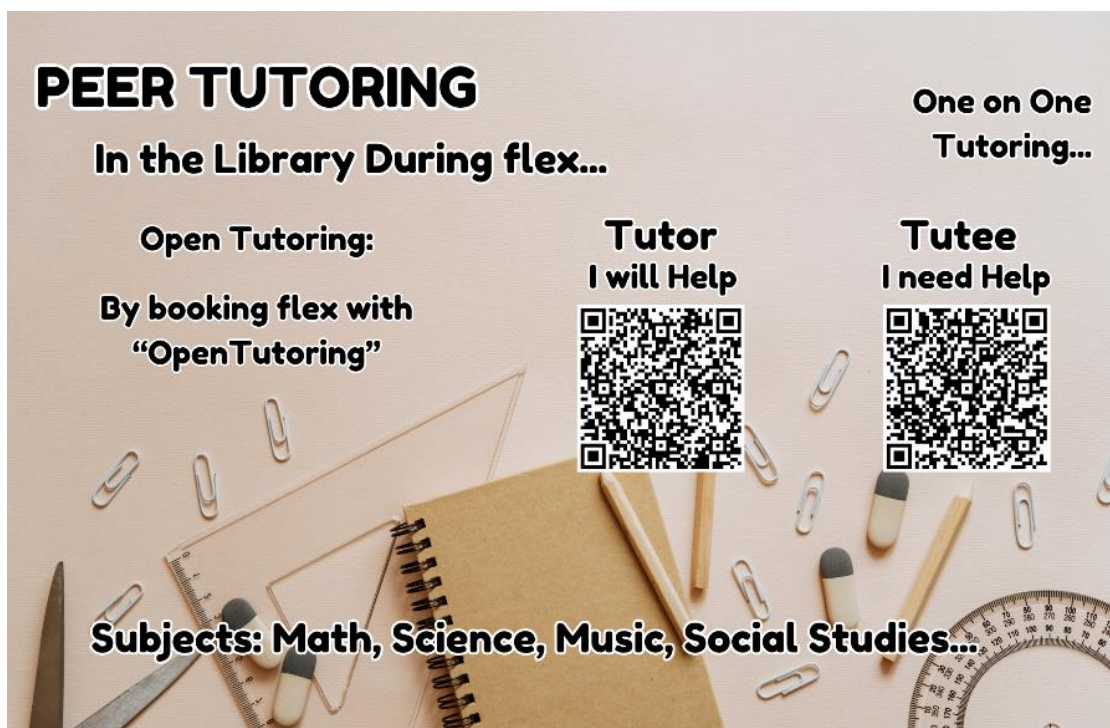
### **The Q&A (Queers and Allies) Club**

Will be meeting Tuesday March 11 at the lunch in the makerspace in the library to design and make buttons all supplies will be included Everyone is welcome! If you have any questions, please talk to Ms. Munroe, Illing, or Mr. Mogensen. 😊

**Would you like to support** the school as a **tech leader**? Please come to the library to speak to Ms. Olchoway or Mrs. Caldwell anytime to find out more!

### **Are you interested** in becoming a Peer Tutor?

We are looking for students to make a once/week commitment during a Flex block. Please fill in the QR code to apply!



**PEER TUTORING**  
In the Library During flex...

Open Tutoring:  
By booking flex with  
"OpenTutoring"

**Tutor**  
I will Help

**Tutee**  
I need Help

One on One  
Tutoring...

**Subjects: Math, Science, Music, Social Studies...**

## CAREER CENTRE

Visit the online Centennial Career Centre Page - [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



[@cent43careercentre](https://www.instagram.com/cent43careercentre)

Employment/volunteering – Post Secondary Information-  
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Tuesday, Wednesday and Friday 8:00am – 3:30 pm.  
email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

## General Information

### UBC RESOURCES:

What can I do with my \_\_\_\_\_ degree? [Your degree](#) | [Student Services](#)

### OPPORTUNITIES

SFU CAMPS – Volunteer and employment opportunities opening soon!

Visit the website to see available positions

[Volunteer Opportunities - SFU Camps - Simon Fraser University](#)

[Employment Opportunities - SFU Camps - Simon Fraser University](#)

LAST CALL FOR JILL OF ALL TRADES AND INFIGENOUS TRADES SAMPLER  
APPLICATIONS ARE DUE BY MARCH 7<sup>TH</sup>

### **FREE BOOKS IN THE LIBRARY!**


The library has two carts of deleted books available to students on the main (stacks) level past the circulation desk. If you'd like some books for your home library, please stop by and help yourself!

### **NOW ACCEPTING APPLICATIONS for the BCIT Career Awareness Workshop**

**Workshop B: Spring/Summer Term – April 28 – May 2, 2025.**

We will be accepting 24 students with priority given to Grade 12 students first and then Grade 11 and 10 students based on date order they apply and district allotment.

#### **IMPORTANT TIMELINES:**

Applications close: Friday, March 21, 2025  [2025 Career Awareness Workshop B Package April 2025.pdf](#)

### **PLACE DES ARTS - SPRING BREAK CAMP VOLUNTEERS NEEDED**

14+ DEADLINE TO APPLY EXTENDED TO MARCH 5TH. CHECK THE BULLETIN BOARD OR THE CAREER CENTRE FOR AVAILABLE SHIFTS AND EMAIL [volunteer@placedesarts.ca](mailto:volunteer@placedesarts.ca)

### **Education USA zoom Information session for SD43**

March 6<sup>th</sup> from 5-6pm - Join Zoom Meeting

<https://fulbrightcanada.zoom.us/j/85471673671?pwd=zZGhkoDUmHuwIEuFA3zDwx14WNTNqf.1>

Meeting ID: 854 7167 3671 Passcode: 159127

### **TIDBITS OF CHANGE YOUTH BURSARIES (PROJECTS WITH PARENT/MENTOR)**

[tidbitsofchange.org/youth-bursaries/](http://tidbitsofchange.org/youth-bursaries/) Summaries of your initiative and post secondary plans. Awards of \$1,000 - \$ 5,000. Deadline March 31

### **SFU ENTRANCE AWARDS AND BURSARIES (Academics/Community or Aid)**

[High School Students - Financial Aid and Awards - Simon Fraser University](#) Deadline March 31.

### **DOUGLAS COLLEGE ENTRANCE AWARDS AND SCHOLARSHIPS**

[entrance-scholarship-application-2025-2026 0.pdf](#) Deadline March 31

### **BCIT ENTRANCE AWARDS AND BURSARIES**

[Entrance Awards - BCIT](#)

[BCIT: :SFAA: :Entrance Award Descriptions.pdf](#) Deadline April 15<sup>th</sup>

## **Grade 12's**

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BURSARY ALERT - no applicants yet!

Theatre Society Legacy Fund Bursary Apply now! Deadline March 15<sup>th</sup> for grads entering programs in drawing, painting, sculpting, photography, digital art, performance art, dance, music, poetry, prose, theatre, and culinary arts.

### **NEW - DR. JENNIFER TONG MEMORIAL SCHOLARSHIP \$1,000 Dr. Jennifer Tong Memorial Scholarship – BC Council for Exceptional Children**

The scholarship is to honour the determination and perseverance of a Grade 12 student who has overcome adversity to achieve personal success. Deadline to apply April 15.

### **DOUGLAS COLLEGE VIRTUAL INFO SESSIONS FOR ADMITTED STUDENTS**

**Admissions, Financial aid, Course Registration, Student Services**

Tuesday, March 11<sup>th</sup> at 11:30am - [Please share this link](#)

Wednesday, March 12<sup>th</sup> at 5:00pm - [Please share this link](#)

### **BCIT ENTRANCE AWARDS**

Available to students who are planning to attend our institute starting May 1, 2025, to April 30, 2026. Up to 25 BCIT President's Entrance Awards, available only to current BC High School students Valued up to \$4,000 each. Deadline: April 15, 2025. **Financial Aid & Awards - BCIT**

### **DISTRICT AUTHORITY AWARDS \$1,250 FOR GRADS WHO EXCEL IN ONE OF SEVEN FOCUS AREAS\***

#### **BC Ministry – DISTRICT AUTHORITY SCHOLARSHIPS ~ 35 AWARDS OF \$1250**

Review Eligibility: [District/Authority Scholarships - Province of British Columbia \(gov.bc.ca\)](#)

**Open to Canadian students and Permanent Residents only.**

**FOR STUDENTS who *EXCEL* and have *SUPERIOR ACHIEVEMENT* in a focus area:**

**APPLIED SKILLS, FINE/PERFORMING ARTS, PHYSICAL ACTIVITY, TECHNICAL/TRADES TRAINING, INT'L LANGUAGES, INDIGENOUS LANGUAGES AND CULTURE, COMMUNITY SERVICE (Volunteer Activity)**

**Apply within the Local Scholarship Form - Details on the INFO SHEET.**

**\*Attendance, - Punctuality - Work habits – Cooperation\* are considered**

### **TELUS Student Bursary | TELUS Friendly Future Foundation OPEN NOW**

Who is eligible to apply:

- Youth between the ages of 17 and 29 in financial need
- Accepted into, or attending, a first undergraduate degree or diploma program at a college, university or polytechnic institute in Canada
- Canadian citizen, permanent resident or Protected Person
- Students committed to delivering a social impact initiative during the course of their studies that will have a positive social or environmental impact in their community

Application opens March 5 for a maximum of two weeks or until 700 applications are received.

[Apply now](#)

ATTENTION - ALL DOMESTIC GRADUATING GRADE 12'S APPLYING FOR THE LOCAL SCHOLARSHIP PACKAGE:

THE UPDATED DEADLINE IS WEDNESDAY APRIL 9TH.

**(The SD43 Form is due April 15th.)**

**[2025 CENTENNIAL LOCAL INFO SHEET Update.pdf](#)**

**Details: [Career Centre - Centennial Secondary School](#)**

# Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 - 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 - 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13
BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25
ADVISORY/FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15