



Family Day

February 11, 2013

Celebrate Family Day in Coquitlam with these family-friendly events:

FAMILY FIT N' FROLIC WALK/RUN – RAIN OR SHINE!

\$5.00

Get your family's heart pumping with a 5 kilometre walk/run.

Dogs are welcome on a leash. Refreshments and activities at Glen Pine Pavilion after the run.

10:00 a.m. – 12:00 p.m.

Spirit Square, 3005 Burlington Drive

FAMILY DAY SKATE

Free admission and rentals

10:00 a.m. – 11:15 a.m.

11:45 a.m. – 1:00 p.m.

Poirier Sport & Leisure Complex

FAMILY DAY SWIM

Special Family Rate

All Day

Poirier Sport & Leisure Complex